

THETAN CONTROL (part 1) – HANDLING OCCLUSION

A lecture given on 8 October 1953

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[Clearsound.]

This is October the 8th, eight o'clock. And we're going to cover this morning a little more technical data.

This morning I want to talk to you very specifically on the subject of technique.

You notice we're covering in the morning, to some degree, the rough case and in the afternoon we're covering the easy case. And that is no reason why you should concentrate all of your auditing talent upon the tough case.

Tough cases are expendable. I mean, the day I found out – the day I found out this thing about the "poor thetan" – the poor thetan. He – this rough, rough, rough, rough case. He couldn't get out – I did this to about five cases, by the way. He couldn't get out. He couldn't move out. He couldn't run concepts and nothing had any reality to him. And he was really – he was really having a rough time.

And then I discovered that if you could reduce the morale – the physical morale of the body sufficiently, they'd leave. They had no slightest difficulty in doing so. They were not stuck to the body. They'd kind of get stuck a little bit once in a while when they hit MEST too hard because – that was because they were too close up to it. They had no difficulty. They moved right out – complete, though, with everything they had.

It was the same – but it was the same sort of operation that you and I would – well, you and I would not like to move out of a house that we'd been living in for a long time and so forth with all of our treasured possessions and everything. And somebody suddenly comes along and kicks – kicks us out. We wouldn't like that.

Well, this was about the same frame of mind, about the same reluctance. He was not stuck to the body – this first one I ran. And the succeeding four that I made this test on were not stuck. They moved right out. They weren't stuck.

The thetan has approximated the exact shape of the body as near as possible. And outside of the energy he is generating, that energy which he is packing around is not necessarily impinged upon this universe. Now, think of that carefully.

Now let's take this magazine I'm holding in my hand here and we see that when I reach over and touch this wall here with the magazine, the magazine is impinged upon the wall. The magazine is impinged upon this universe. Now, you understand that? Okay. It's impingement.

Okay. This magazine is impinged upon the wall here. And therefore we would be able to run the magazine through the wall very easily if – of course, we had to have had sufficient velocity and so forth, but we would make a hole in the wall, wouldn't we?

Speaking of high pressure jets and things like that – you can actually take a jet of water and cut steel with it, and so forth. But it would cut the wall like the bamboo splinter that goes through the palm tree in a hurricane. You could – but it would make a hole in the palm tree. You see this now?

We're taking a piece of the MEST universe – this magazine – and we are pushing it up against a piece of the MEST universe. So we are then accustomed to believe that that thing which is up against something is necessarily convinced that it is up against something. Just because something is convinced it is up against something, we are accustomed to believing that the thing is up against something.

Now, this sounds like one of those horribly obvious points; just like Q and A. The way across – there's this tribe of Indians that had these phrases like "The way to cross the lake is to cross the lake," "The way to eat duck is to eat duck." They had all of these – these maxims by which they guided their way. Boy, they were really identified. "The answer to the problem is the answer to the problem." That's all. That's all it is.

But let's take this again and now let's realize that we have this observation, this continual observation and thought in mind. We have this continually: that when we take a piece of something and push it up against a piece of something, the two are necessarily touching each other. And if we take the first something and shove it hard enough or fast enough at the second something, we get a hole in the second something and we get penetration and we get damage of some sort against this first something. Now you understand that. I mean I'm just laboring something that we see every day. We put our foot, our shoe, down on the ground. And if it were dirt, we would leave a footprint on the ground.

Now just – just see that very clearly because it is true only in terms of the MEST universe and is not true in terms of the thetan versus the MEST universe. He is – simply thinks he is this magazine impinged against this wall. The wall is of one order of magnitude and the magazine is the same order of magnitude, but if the magazine were a thetan, you've got a different order of energy. And the different order of energy, if you please, cannot make a hole in the wall with great ease simply by being thrust at the wall, but only becomes certain that it can.

So we put a thetan in a quart can. Let's see this. We put a thetan in a quart can. He would think he could press against the edges of the quart can and assume the internal shape of the can. Well, he's a very clever fellow because he can only approximate the internal

dimensions of the can. And he has to be awfully careful not to slop over because he would not be contained in the quart can – he would be a quart and a half See? Because he doesn't – with the energy he's packing around, at its order of magnitude with relationship to its spatial structure, and so forth – he doesn't approximate this can.

But the occluded case has become certain – it's the only difference between, really, an occluded case and a wide-open one – the occluded case is quite certain that he has. The occluded case knows he cannot walk through doors. He knows this very well. And yet when he's audited, his main concern and his real worry is getting – getting wrong about the way he's approximating the body. And if he's really worried about anything it's because he's not approximating the body properly.

You see, he is doing – he is doing a pervasion. That's all he's doing. But he's doing a perfect pervasion and a recognized pervasion. And he gets down Tone Scale to a point where he's afraid to realize that all he can do is approximate. So he tries to reconvince himself by approximating with great exactness.

And your occluded case thinks he's more or less the shape of the body. And as you maul this character around and give him concepts and so forth, he's liable to assume the shape of some earlier body. He gets upset. And he's sure he's not doing this body. He's a little bit upset. But he knows he's doing a body and this is as close as he can come to it because he can't quite get to the end of his nose anymore.

And if you really want to make this person happy without clearing him at all, just fix him up so that he'll be able to approximate the shape of his nose and the shape of his eyes and the shape of the back of his head and fill in all the blank spots in the body and he'd be very happy. That's why communication is so vital. He's approximating the same shape as the body. He isn't pervading it.

You've gone a step down, you see, on his ability. The wide, pardon, not the wide-open case, but the easily exteriorized case – the Step I case – pervades the body. He can pervade anything. He can pervade automobiles, light globes, the sun, anything. He can approximate any of these things and pervade them. He can approximate anything and he can pervade anything because he's not afraid to be there. See, he isn't quite that upset about being there.

Well if a person goes along for a while, they get that upset about being there so they're not pervading and they're afraid they're just approximating. And when they get a hollow spot in their nose and a hollow spot in the top of their head, they become very certain that all they're doing is approximating and they're no longer pervading. And they get sick and they get very sad because they know now they're a fake.

And the main trouble occluded cases have is this computation of pretense. And they're very afraid of being discovered in a state of pretense. They become extremely truthful. All the bad things that you can say about cases, the one thing that you can say rather uniformly about an occluded case is that it – he gets real upset with himself for lying. He's quite truthful.

Whereas your wide-open case, which is the delusive level above that, which has gone out to the line where they know they can't even approximate – they're just a facsimile. They know this. Oh, they're just – they're one step out. They're very thin. They're not quite there.

They can dub in anything. They're going to have to make a mock-up. They're going to have to make a mock-up at every turn because they're really getting unreal there, see? They can't pervade. They can't approximate. Now all they can do is make a mock-up and they'll say this mock-up is a memory. Fantastic that these cases respond. A wide-open case that you think very often is a very easy case – they say, "Got sonic and visio? Oh, yes, yes, yes." They're just doing a mock-up.

So they get straightened up by next-to-the-last list in Self Analysis – "Can you remember something real?" and so forth. This case gets real delusive.

Now, how do you know the case is delusive and how do you know the case is actually pervading? Well, you'd better look at the general structure of the being himself to get your first alertness to this. Because your wide-open case has endocrine difficulties of magnitude. If you want a single index: Somebody comes wobbling in to see you and stumbling in and androgen/estrogen failure, thyroid failure; the fatty tissue on the backs of the ankles is all shot to the devil; they got diabetes – any one of these various things which designates this. You can take that case and if that case says, "Oh yes, I've got sonic and I've got visio and I've got all these other beautiful things," and so on, you just don't happen to match. This character just doesn't match.

But you work this case for a little while, by the way, and they click through into an occlusion and then they click through into an ability to pervade. And when they can pervade, that's fine. They don't have to have any further upset about life at all. I mean, they can pervade.

But you get them any distance away from – you get anybody any distance away from the body and he becomes unsure of himself He'll throw up a mock-up before he'll pervade something. He'll throw up a mock-up and pervade it rather than just pervading it.

So quite often you run Reach and Withdraw (that is, Contact or Step VII of SOP 8) on a Step I. If you are very explicit as to how he does it – which was done here yesterday, which I'm making a point out of – if you're very explicit as to how he must reach and withdraw and so forth, your thetan is liable to get uncertain and things are liable to be quite unreal to him because if you say he has to do so-and-so and he has to do so-and-so, that might not be – might not be his capability of operation at that point. So you tell him to reach and withdraw; well, he'll go over and sit on the wall and then move off the wall. That's good enough.

But if you tell him to put out a beam on the wall and do it this way and do it that way and he gets uncertain about what he's doing because he doesn't put – well, you've thrown him two imponderables. In the first place, he hasn't been drilled on how to handle beams, let's say, or he hasn't even really been drilled much on how to move around. And all of a sudden you're asking him to do this thing specifically and then do something else, which is contact.

I said in the lectures something that should have been modified: I said there was no interchange of energy. I should have said there is no gross interchange of energy between thetans. When we speak of energy, I was speaking of force energy. That's your physicist's definition of energy. There is an interchange of flow between the two and light energies.

If two thetans were in wonderful condition, they could probably – probably throw blocks of energy to each other and be very happy about it. But they'd have to approximate each other's wavelength as far as the energy is concerned. Nothing can become more invisible, and more puzzlingly invisible, to something else than a thetan to another thetan. They'll shift their wavelength. They'll become invisible. And they'll shift their wavelengths and they'll become visible.

Well, a thetan has to be – he has to be, oh, in terrific shape. I mean, he's got to be an Operating Thetan plus, plus, plus, plus in order to shift his energy down far enough – this is just theoretical – shift his energy down far enough to get into solid matter. Now, he'd really have to shift wavelength down. He certainly would be – he'd have to be able to – ptew! – pull everything together.

But get carefully here – carefully get this: that your thetan is approximating or pervading. And the difference between approximating and pervading is simply that he actually has – approximating – he simply has a sort of a mock-up of what he's supposed to be and then he pervades the mock-up. And in pervasion he simply directly pervades the MEST object.

Well, how does he pervade it? He pervades it by assuming its shape. And then, having assumed its shape, he can then assume its characteristics. And if it has a hard time pushing against walls, then he can assume that he's having a hard time pushing against walls. How neat. There's nothing to it – you see the thetan's pushing against the wall.

Now, I introduced a drill in the Doctorate Course whereby you went up to the wall and took your theta hands and put them against the wall. It was an effort to show people that they could shift down, but at the time I was overshooting the cases. Cases can't shift down that easily. And you take some guy in pretty good shape, just take his hands, you might say, out.

Now, the second that your thetan stops pervading, as soon as he stops pervading and starts putting a mock-up there and then approximating it – approximating the shape he'd like to pervade with a mock-up – then you start to get into errors. He starts to make errors. He's not in bad shape. And to hell with whether or not he's making errors; you're not worried about that.

Most of the Step I's that you exteriorize will immediately go out and they'll make a mock-up of what they're looking at and then pervade the mockup. They won't take a look at what they're looking at and then pervade it. This is just chronic. This is just a chronic upset that he runs into because "Things are dangerous." And that's why you have to drill him an awful long time on Step I. And that's why you go all the rest of the Steps with a Step I.

He gets to a point, finally, where if – see, if he can approximate a generator and then sit in the middle of the generator and then be fairly satisfied as to what he's doing, you wouldn't – you'd never explain to him what he's doing. He's doing a good job, really. He looked at the generator and then he approximated the generator and then he occupied the center of the approximation. Mock-up, see? But the mock-up was coincident to a large degree with the generator.

Now, a thetan is doing this higher on the Tone Scale in a very peculiar way. He'll not just approximate the generator, he will put another generator over the generator. Originally,

on the track, this is how he occupied bodies. Boy, when a thetan occupied a body and just simply made a mock-up of the body while he was pervading the body, he would make it heavy enough, solid enough, so that he could then just move his mock-up and the body, being sort of like a fly in a trap, couldn't help but move. MEST couldn't help but move the second he moved. And this is simply a problem of energy.

Well, let's take the occluded case – making my point very sharp to you here – you just take the occluded case and the case which you run into normally that's in rather bad condition, and you take the magazine and you push it up against the wall. The magazine pushes against the wall. The thetan – Step V, Step IV – Step III, Step II – he is more certain than certain that he is trapped one way or the other by walls. He's approximated a mockup. See, he's taken this mock-up – approximating a body, rather – and then he pervades this mock-up. And then he fits this mock-up in the body, and he's just having a picnic for himself . He's just all snarled up.

And now you ask him all of a sudden to move out; he can't move out because a mock-up is his body. And he's very confused when you ask him to do this. But if the body gets sick, he has to come back to battery and stop his pretending, stop this feeling of pretense, and so on, and just move out and he feels real sad.

But does he move out of anything? No, he doesn't move out of anything. He's all through, over, on and in. And a Step V is so thoroughly over, through, on and in that he's just a little bit frantic on one point, is: Can he keep lined up with this thing? He's got to keep lined up with it at all times, you see, to play the game right. And can he keep lined up? That's his anxiety.

So he'll happily run any damn thing you ask him to run, and so forth. But don't start moving in to a point which moves his location in space in some other direction or manner than the body, because here's his anxiety. His anxiety is "Can I keep lined up with and approximating the mock-up which I have in the space of the body? Can I keep lined up with the mock-up I am pervading which approximates the body which I am occupying?" See, he's gone too many steps. He's too far removed from an easy assumption of a body. And he's afraid that if he got a little bit moved one way or the other, by God, he wouldn't be able to control that body; he just wouldn't be able to. His primary concern is just that: Can he control this body or can't he?

Well now, he gets in bad shape when he finds out that he as a body cannot control somebody else as a body. And of course, he's doing silly things there. That's the silliest thing of all: trying to control with words. Trying to control with words and commands. Ah, boy, there the thetan digs his grave every time.

There's only one method of control if you just have to control and that is force. And then there are devious ways and they're – all fall into the category of words. Because usually people who are anxious about control are also pulling another gag. They don't dare admire anything. Why don't they dare admire anything? They think if they admire something they'll melt this approximation, this mock-up, they've got. They're having a hell of a time for themselves. See, if they start to admire something they're liable to melt and then they'd get out of line with the body.

Now, if you could think of a black-gauze webbing of some sort which was in the shape of a body which lined up – which had feet and hands and everything – you've got this webbing system. It's black gauze. And bodies are kind of scared of black gauze and they're easy to control.

Now, if you let this... Old friend Korzybski – great guy, Korzybski. I'm going to have to read something of his sometime. When you line up two spaces coincident here, you'll see exactly what the condition is with a thetan. Here's a body over here. It hasn't any thetan in it. Here's a body – just a guy. And now we put this black-gauze approximation of the body – now we move these two things into the same space. Well now, supposing we could just.

If we shoved a little bit too hard, the black-gauze thing would just move on outside and appear on the other side of the body. If we went over there, see, and we gave it a little shove, it'd move three or four inches on the other side of the body. If we gave it a real hard shove, it just goes through. You can shove it up above, you can shove it down through and it would be a good magician's trick. A magician would be very pleased to have a trick like this where he could have a shadow that he could shove, for the edification of an audience, through and in front of, in back of a solid object. The shadow obviously has mass and the solid object obviously has mass. Well, the thetan gets into a terrific state of anxiety because all you have to do is give him a tiny little push and he'll just skid right on through.

He's just got to start thinking all the time. When people wake up in the morning, by the way, they're seldom quite lined up. And they've lain there all night trying to keep the body from knowing that they were wide awake and so they've convinced themselves that they'd better go to sleep too. Their anxiety extends out to having to do everything the body does, you see? They have to approximate everything the body does. They make mock-ups of everything the body does. They guide themselves the same way as they do a body. This is nonsense because they don't even vaguely have to do this.

You see, by doing all these things of identification, you've got a complete identification. And they think they have to have this complete identification to get sufficient solidity – not particularly bad this complete identification, see – get enough solidity to make the legs go and the head nod and the face move and so on, see? They think they have to have all this.

So, they go to the point of being unconscious when the body is being unconscious, being asleep when the body's asleep, and so on. Well, you start to bring somebody up Tone Scale and he'll find himself lying there all night thinking about something else. And then once in a while he'll have a game with himself. He'll have what people have been calling dreams. It's about as much of a dream as it is for you to uncross your legs. I mean, the thetan knows this very well. It's a joke. It's a real big joke he's playing – he's playing on himself.

But his other methods of controlling the body are the methods which other people have used to control the body. Now, please, please get that. People have controlled this body with words and commands. He's seen, then, this darn body – he didn't take responsibility for all the things it did, of course; he couldn't – he's seen this body jump up and run and he's seen this body cower and he's seen this body say, "Yes, Mother," on a stimulus-response mechanism.

This is wonderful. So he starts saying, "Jump up and run," and "Yes, Mother," and so on, and you get your genus of circuits. He's using this word method to control the body.

Well, this word method to control the body is no good at all. It's just nonsense. People who start to control other people with words don't get very far unless they have controlled people physically. If they can control people physically fairly easily – that is to say, if they can control the body, you know, reach over and put your hands on a body and fix it in space or lift it up in the air... Toss a little baby around, by the way, if you want to come under – in final command of the baby's body. Not because you command the baby at all but because the baby as a thetan will realize that you can now control the body with words and so he'll start using words on the baby. He's perfectly willing to accept any method of control.

Now, a case that's become occluded is afraid of relaxing any level or giving away any method of control because his anxiety is on the basis of control of a body. You can exteriorize many occluded cases simply by making them run a concept. Now, this sounds very strange. Try to get them to run the concept on themselves, not on the body. Because a lot of your auditing is just being thrown to the body by the thetan. See, you're auditing a thetan which is auditing a body. You're not auditing a thetan.

You'd better look at a preclear. If a preclear isn't wobbling around very much and isn't floundering around and doesn't occasionally curl up in a ball and do other strange things, you're not auditing him. You are auditing the – you are auditing something that is auditing something else. A fellow who just sits there rather dispassionately, so on – he's scared to let you take anything away from him, so he just passes it on. And he's very happy about you a lot of the time because, you see, you're helping him out to get this body in shape so he can control it.

Well, if you can run the concept on him "I can control this body from two feet behind it," or "I can control this body from the left shoulder," or "I can control this body from alongside of it," why – and, "I can't control this body."

You'll start in "I can't control this body" on rising-scale postulates and just give him "I can't control this body from a distance. I can control this body from a distance," all of a sudden he'll say, "What do you know, I'm – why not." And he'll just give a shove. And he'll just be at a little distance and find out.

Now if he happens to run into MEST hard or he happens to get into another situation which makes him believe that things are very strange and peculiar and so on, he's liable to get scared.

[End of tape.]