

CHANGE PROCESSES, ACTION

A lecture given on 19 October 1953

1st ACC – 28

Transcript of lecture by L. Ron Hubbard AICL-23, renumbered 12A and again renumbered 28 for the "Exteriorization and the Phenomena of Space" cassette series. This is tape number 676 on the Flag Master List.

NOTE: AICL-24 renumbered 12B, 19 Oct. 1953, "Change Processes, Continued" is omitted from the "Exteriorization and the Phenomena of Space" cassette series. It is possible that the two tapes were combined into one. Since this transcript is longer than many of the others in this set, we consider it likely that both tapes are included together here in this transcript.

[Based on the clearsound version only.]

This is the afternoon of October the 19th.

Now, we've – we're working with a process which is in essence Change Processing. Let me give you another definition of this processing. This is an objective process – an objective process, not a subjective process – and it is the first of a series of processes that involve action.

If you will see now that Six Steps to Better Beingness run with action is not Six Steps to Better Beingness run with no motion, you will understand the difference between what you're doing and the results you're getting and what went before. It is very difficult, if not impossible, to indoctrinate a public such as the public of America into an action process. Another thing, to release material which has the word action tabbed onto it immediately confuses it with at least a half a thousand schools. People immediately know that they know all about this because it has something to do with action; like psychodrama, which means that the insane person wants to go insane so you let him go insane. You let him claw the walls, and they claw the walls. And they want to claw walls and eat bedspreads so you make them eat bedspreads. Only you all of a sudden start running "What is the significance of what you are doing?" on them. You'll have them go around being Papa and being Mama and so forth.

By the way, any insane person will be very, very happy to play this game with you. They will play it for hours. They will play it for days. I've never seen the like of their avidity for playing the game of being something. "You want me to be a dog? All right, I'll be a dog. Woof woof" And boy, the most savage dog barks you ever heard in your life. Real dog right there – pam. They'll roll around on the floor and roll under the sofa and eat a bone. They'll do anything you want. But you can just keep them acting – as long as they're producing an effect

on you, why, they're in beautiful shape. So psychodrama is not too good for their health and sanity, but it's awfully amusing.

So that – you can get – this is razzle-dazzle, most of this talk I'm giving you here, but let me tell you that it's nothing compared to the amount of razzle-dazzle that's gone on in the community in action and psychotherapy. Don't for a moment suppose anybody knows how to do this. In the first place, you have to know the whole bulk and body of Scientology in order to produce these effects.

It's easy to forget how much you know and just go on knowing it, you know, and performing with it. But if you didn't know about the thetan, and you didn't know about possible electronics, and you didn't know about possible whole track action, the action of space, if you didn't know what space was, have some idea of what time was, know what facsimiles were and what engrams were, you would simply play hell getting any results with the techniques which you're doing right this minute.

You would go just so far into the case and then you'd get scared. Or you would say, "Well, let's do something else more interesting." You wouldn't recognize it for what it was. That's a fact; for the good reason that you're now coasting and had begun to coast with objective processing on a tremendous bank full of very interesting experience. You know your own experience and you're willing to use it.

There isn't any reason under the sun why you can't get technique – results with these techniques on a purely rote basis. We take some fellow by the name of Joe Burkowitz and put him in a turban, and we could tell him, "All right, now" – tell somebody to be back of his head and back him into the Empire State Building and use the Empire State Building for a body and something or another. And he would do this just about so long. It wouldn't be making sense to him – up to the moment when he himself would key in about what you really did with somebody when you told him to get out of a body. And then they'd suddenly – he'd suddenly say to himself, "Gee, it's a wonderful idea. I've been having trouble with my wife, Mimi, and well, why don't I just send this preclear down to my wife and get her loused up, or something. That's the thing to do." And then all of a sudden the preclear blows a ridge, goes into apathy. He doesn't know what's happened. See, his imagination would cease at that moment. He'd get any kind of a deviant idea.

And by the way, a few billion to the billionth power deviant ideas can come from just this thing which you're doing because you're sitting right there toward the top, not at the top, but toward the top of all there is to motion and action. So fellows start to run this and then they'll start to develop and evolve ways and means to use it. But whereas this might make a wonderfully random pattern, it is not necessarily psychotherapy.

So don't think that when we ran all these subjective techniques we were wasting time. I've been trying to give you some sort of solid reality on what a subjective technique was and what the mind was trying to respond to and trying not to respond to. I hope you have some of that reality today. Because the chances of your seeing it again, as such, are faint unless you want to start fooling around with a preclear.

Yet the techniques you've been handling in the last two weeks are superior to any psychotherapy anybody ever had. But get the validity of this. That's no pat on the back from me or anybody else. It just happens to be at the level of truth.

Get this: Your operation with this Change Process – motion processing of the character you've been doing – used with gradient scales will crack to pieces cases which have been tremendously resistant. And if you're smart enough, if you're clever enough and know which inverted dynamic to enter a case on, you can bust psychos this way. You can bust them quick. You can take apathy cases, you can break them loose. You can remedy any kind of a situation you ever heard of.

All right. You just take – just take this Formula H. You know, Formula H. Just because you know Formula H is no reason you should use it. That's what theta is trying to do. It's trying to reach and withdraw. You can make somebody reach and withdraw for present time. You can do all sorts of interesting things with it and you can produce more effect than you produced with a lot of other things.

But remember that the formula, reach and withdraw, is only a small section of Change Processing. It's just phenomena which happens to show up in Change Processing. You'd better know what the phenomena is.

Now, you start running reach and withdraw on this basis: Get the fact that you must reach but can't reach or must withdraw-can't withdraw. The second you run one or the other of those things, you turn on an emotion very often in a case and that emotion is called insanity. Insanity is not a condition of mind, it is a condition of motion. It's an inhibited compulsion. It's "can't go no place but got to," "can't get away from there but have to." That's insanity. And it produces a sort of an overlapping wave action. It's very silly, but it's produced not by the thought – it's an energy sensation. And this "Neoww, my God, I'm going crazy," is that sensation. That is the sensation which is produced.

Now, do you think for a moment you're not going to run into this sensation the second you run into Change Processing? You get a guy flipping from one thing to another thing to back to back to back to back and forth. Boy, you sure will. All of a sudden this fellow is liable to turn on this terrific emotion. He's going crazy. He knows it.

You have to be able to realize that you're asking him to reach and withdraw from that subject or class of subjects on which he has this compulsion-inhibition, see? And you've asked him right there on the button. You started him in. You got him on an inverted dynamic and maybe you misestimated it a slight bit because he shouldn't get a tremendous bad reaction from this, and off he goes. Away he goes.

You have to know it for what it is.

What is it? Reach and withdraw. It's just reach and withdraw. He's run into Formula H, that's all. That's all there is to it.

All of a sudden he's completely stuck. He's stuck up against his face and the most horrible feeling of frozen horror comes over him. Well, if you weren't well trained, you'd all of a sudden think to yourself "Well, he's discovered a facsimile which is horrible." No he hasn't. He's run into the null point of "can't reach-can't withdraw, can't grasp and can't let go."

And all of that in a bundle accumulates and means one thing, and that's horror. Is he afraid of anything? No sir. You've just run into a condition of motion.

Now, if you remember the old lectures where we described these various cycles of motion. We said apathy. All right, you could tell whether or not a preclear is in apathy. You remember any demonstrations I've ever given in lectures that had to do with chairs or with my hand, where I show, all right, apathy – the guy – we put his hand down, you know, and his hand is down. Now, we're going to find out what kind of a case we've got. All right. We take his hand and we move it. And it simply goes over and stays where we move it to. That guy's an apathy case.

His hand is there. We try to pick it up and it's real heavy. But we can drag it over to the place. He's in grief.

Now, his hand is there. We pick up his hand and we put it over here and after a moment he puts his hand back. What's he in? He's in covert hostility.

We start to move his hand. His hand is sitting there and we start to move his hand and we – happily we're going to pick his hand up, see, neowww, goes right back into position again. You don't pick his hand up, you've got instantaneous resentment. He is in anger, which is 1.5.

Now we start to pick up his hand and we put our hand over toward his to pick it up and he comes to meet our hand and he goes slap. We don't want – he doesn't want that hand near him, see? That's antagonism. And when he comes over – you could come over to pick up his hand and you start moving his hand a little bit, so on, "Sure," he'll say. "Why – why not. You want to move my hand someplace? Well go ahead and move it someplace." He'll take it over and move it, sort of a "the hell with you," bored with the whole thing, you see.

All right. Now, you're going to move his hand someplace. You're going to move his hand over to the left and you reach for his hand and he's – looks before he puts his hand down. But he moves his hand, you don't. You just indicate you want it over there on the left and he's co-operating. But he looks to see where he puts – before he puts it down. That's conservatism.

And right above that level, if you reach over for his hand and you say – he'll notice that you're going to put his hand over on the tea table or something, he's going to co-operate. "Well, oh boy, sure. Let's get this demonstration on," and he'll put his hand over there. And he'll put it over there very rapidly. Probably more rapid than you could've put his hand over there. He's in enthusiasm.

What are these hand signals? You see what they all are? They just have to do with motion and nothing but motion.

And so it is that every emotion comes in and ties in with motion itself and ties in with nothing else but motion. There are your emotions. Now, there are these things on various levels, so that there's a low-level span and a high-level span and a much higher-level span and a much lower-level span – each one.

What's apathy? You can move his hand around at will.

What's grief? There's a slight resistance to the hand being moved, but merely because it's heavy, not because it has any determinism. It's a hold, grief is.

What's fear? Fear is "do it quick and then get it back again. Let's not even show them we're afraid." So his hand moves over and flips back, rather covertly. When you're not looking again, he'll put his hand back in the same place. He'll probably have some reason why he does it and he'll do it rather obviously so as not to hurt your feelings. All kinds of things.

And when you try to move his hand and he's in anger, you're just not going to move his hand.

And he's in antagonism, you try to move his hand, he'll push your hand away.

And boredom: Sure, you can move his hand. Sure, he's bored about it. To hell with it. Boredom is a kind of a high-level apathy, you see?

And conservatism: He'll have to inspect the place before he lets his hand be put down, but he will put his hand down.

And enthusiasm: He'll find out what you're doing, he'll co-operate so damn fast you'll wish to Christ you never started it sometimes.

All right. Now, those are the levels of motion. Now, it's strange to find a thing called pain at 1.8 on the Tone Scale. Right there, pang, right on the button. Fascinating; it's just above hold. Below that they get an anesthesia. The guy's got to be able to push out a little bit more than he pulls in, in order for something to hurt. The end of a cycle is anesthesia. And although the pain may knock him flat, at the first moment that it starts to hurt, he's pushing against it harder than it's pushing against him. In other words, it isn't an interlock.

All right, then, horror is a harmonic of anger itself. And horror is a little delicate harmonic which is down there below anger. But grief and apathy are results of people who have already been in horror. So there's another position right in there.

Now, what's insanity? Insanity could be anyplace up and down that level, according to my present scan of it. I haven't figured out exactly where it goes. But boy, it's nothing more nor less than a wavelength.

Now, a wavelength would be something different than a harmonic. It would be a characteristic or something of the sort. Every harmonic level has its own wavelength. You could have all the wavelengths at 1.5. You see, it would be what the wave is doing rather than what the wave is expressing.

Okay. So you could look for any of these things to show up. What do you do about them? You do more of the same thing. Well, does this require better or worse handling of a pc? It requires better handling of a pc. It requires a very professional manner on your part.

What should you know, what little facts should you know, to handle a pc well and keep from getting in trouble? What little things should you know? That your pc is trying to do what you want him to do. He's trying to do that. Therefore you must start in on a gradient that he can do. He can obey you. If you fix it so he can't obey you, he's going to spring about. Now, you give him some heavy process and he goes on, but it's too heavy for him – it's too

heavy for him – he's trying to do. And the conflict is between you and the pc, not you – not the pc and the technique because you're asking him to do this and it's too heavy for him. And so he's going to try and now he'll be able to do the most fantastic things that he'd never be able to do by himself simply because you're an auditor. And yet at a certain moment along the line he is going to get into this kind of a condition: it's too much for him; he thinks he needs some encouragement, some help, something of the sort; he'll ask for it. He'll ask for a slightly lighter dose, something. Well, don't – don't ignore it. If you keep on insisting that he take the same dose, he will flip back against you and become disobedient as far as a pc is concerned and he will begin to believe that he can't do what you ask him to do.

The first thing of which you must convince a pc is that he can do what you ask him to do. Therefore it's much better to start in with a pc with a very, very light technique that he can do. As a matter of fact, the lightest technique which I use on a pc I think I'm going to have any trouble with is make him sit in all the chairs in the room. Make him move around the room. Why – why does this suddenly make him a better pc? Ha-ha! You've moved him all around the room, therefore you can evaluate for him. Same reason a drill sergeant drills men in close-order drill: they're more obedient.

Now, our goal is not obedience on the part of the pc because we're about to apply techniques which knock obedience flat. But we'd better establish it before we start sailing into this case. Just a little bit. You can even establish it with a little chatter. You could just make him agree with you two or three times, that's all. If you start it the other way to, where he's doing all the flowing, however, toward you, and then you think you're going to audit him, you're crazy. You shut off that flow and get it turned around the other way because the sooner you do, the better off you're going to be.

Now, supposing your pc all of a sudden, in the middle of the session, starts to hit one of these reach and withdraw things and just feels like he's just going nuts – he's just going to fly apart. And you've already demonstrated to him that you don't have good control over him. Oh boy, he's really scared and that whole emotion will magnify a thousand times over and it will practically master him.

But if you've already demonstrated that you have good control of him, you haven't got a thing to worry with. You just say, "Well, do it a couple of more times." You just give him a couple of more. And although he can't possibly do it, because you have him in your control, he'll do it. And all of a sudden he'll be out of the woods.

The handling of the person has a keynote. That is to say, you let him do what he's trying to do a little bit better. Now, if a pc has your permission to go batty for a moment – you know, he's at – he's at a terrific moment of strain. If he has your permission to be at a terrific moment of strain, you would think offhand that this would kind of louse him up if you said, "Well, go ahead." But it won't. The pc jumps out of a chair and starts to crawl the walls, you just make sure that he crawls all the walls. Not kind of meanlike, so forth, but as though you just had that in mind all the time and as though that was what was supposed to happen at that moment of the case. He practically scares you out of your wits. He flies a foot out of the chair and damn near busts the wall in half with his fist or some sort of thing, you say, "Well, all right now. Now turn your weight around and slam it against the other wall, and get some

equalization there." And you'll be utterly amazed, he will do just that and you've got him right back in control again immediately; just helping him to do what he has to do, because you've suddenly taken control of that thing which threw him against the wall. You haven't selected it out for randomness. You're not continuing to fight it, you've all of a sudden taken control of it.

Something, whatever it was, some thought, some strain, some impulse, suddenly shows up and slams him against the wall so you just take advantage of it. You own it now. And it goes into apathy – pam – right now, and the pc sits right down back in the chair and starts the processing again.

Somebody decides they're going to go nuts and you say, "Well," instead of saying "Who – who decided they were nuts; who – who went crazy in your family?" instead of going into any research action like this, you give them some kind of a drill that actually includes in it some sort of action. The guy starts to go into an agitated motion. Well, for heaven's sakes, give him an agitated motion which can then be brought into a co-ordinated motion. How do you tame a river? Do you tame a river by putting out your two little lily-white hands into a cup and moving it into a new channel? No, you don't. You build a dam and then you channel the river in and you channel all of it in. So you'd have to start building the dam, however, with one stone. And if you're going to put insanity under control, you build it with one stone. That's a gradient scale. And then you put two stones in there. And if you have to wind up by having to put ten billion stones in there, you'll still have trained the river into a new path and made it run true and straight. But you're not going to suddenly do it by jumping into the middle of the stream and just saying, "River, go the opposite direction." It won't do it.

Same way with insanity. It's a tremendous overpowering impulse on the part of the individual. The individual thinks that he can't possibly control this and finally bursts asunder; he's lost all possible method of handling himself or anybody else around him – he's gone, he thinks, see? And you notice that his method of insanity is to shriek. Well, you know that he's not supposed to shriek. The office building in which you're situated is strictly "no shriek." Well, it would be an excellent idea if you were to give him a couple of shrieks. Just that. Instead of saying, "No shriek," tell him to take a long breath before the next shriek.

It's too obvious if you simply say, "Oh, cry again," or "Scream again." He thinks you're mocking him. You say, well, something devious. You have to be right on the ball; use your imagination. Say, "Well, now, before the next one, take a long breath and oxygenate your body, hold your head up, scream." He will. You've asserted the control of his head rather than the control of his scream. On the third scream you'll have control of the scream, too.

That is the way the MEST universe operates. It takes over a little bit and then it takes over a little bit more and takes over a little bit more. And once in a while it has to withdraw and attack all over again. If some pc gets so fouled up that you possibly couldn't bail him out in a million years, why, you tell him that you're going to lay all this aside for three days and he's to come back at the end of that time. You tell him with a very controlled, matter-of-fact tone of voice about the whole thing, as though this was routine, regular: "Cases such as yours usually settle down in about three days, and I think yours will be settled down in about three days and we will have gotten over the first part of the little trial you have to bear." He's in

horrible shape. He's coming down with pneumonia or something of the sort and you can't get him into communication enough to do a thing about it.

The moment when you think you should wash your hands of the whole thing, just withdraw for another attack. You'll think it over for three days and your own nerves will be a lot better and three days later the guy will come back again, and he'll say, "Well, all right, now, let's go over that again," so forth. Well, he's made up his mind that you're cool enough and matter-of-fact enough in order to handle his case.

You say, "I very often do this to a person so he can get in better control of his body." Anything you want to tell him. But the whole thing of it is, is do more of it. Make it more so. And if that doesn't work then draw back for a completely new attack. Either right in the session itself or days later.

Now, you can draw back in an attack. He goes just so far and he's just getting loopier and loopier and loopier, and you say, well, we can't process on here for hours and hours and hours. Your mistake would be to go on and process for hours. What do you do? Just withdraw the whole attack.

I've even gone to the point of telling a preclear when he was writhing on the floor, and so forth, to "mock up a case. Now, you got that?" The guy can hardly get your communication at all. "Now stand up and walk over to the window. Open the window and throw it out." He does this. It's distracting. He is now not rolling around on the floor. Now you say, "Now let's sit down. Okay." Now a brand-new technique, see, "Remember something real. Mock up your schoolteacher." Anything. Completely off balance. And although he'll try to scream, scream, scream the way he was, or writhe, writhe, writhe, he'll make a bit of an effort because you're telling him to – to scream, scream, scream.

Now, the only way you can break rapport with the pc is to impose a control on him which is antipathetic to his survival according to him. And you really have to be real tough. How an auditor managed to break rapport with a case, I don't know, because I handle cases with baseball gloves. I don't handle cases easily, I handle them real hard, real tough.

One fellow told me over and over again that he just could not stand the feeling or the thought of a hand around his throat. This was what he was really worried about, so forth. So I told him to put his own hand around his throat. I just gave him some present time processing. "Put your own hand on your throat. Now take it away. Now put your own hand on your throat again. Take it away. Now put your own hand on your throat again. All right. Now take it away. Now put your other hand on your throat. Now take it away. Now ..."

He said, "You know, that's a funny thing. My hands are all tingly."

"Well, put it on your throat. Take it away again," and so forth.

And he said, "Well, this is silly. It isn't doing me any good. I'm just getting more and more hectic."

And I said, "Well, probably take somebody else's hand," and grabbed him by the back of the neck and choked him. Took my hand away. "Now," I said, "you tell me to choke you." So he did. "Now tell me to take the hand away." He did. "Now tell me to choke you." I did.

Ran a bracket. You get the idea? Just a silly one. You don't have to worry about pcs. Now that you know something about the center pinning of action itself, there's no reason at all why you should be worried about giving people phrases inside a session or yapping at them too hard. Now, I've told you that you can evaluate for a preclear after he's been shifted around the universe by you a few times. Well, the only thing that will happen in that case, if you tell him something off the groove, something which is antipathetic to your own process, even jokingly, he's liable to take you seriously. So just cut down exterior or extraneous, rather, communication to him. Just don't chatter at him. Now, I may not have made that too plain this morning. But don't be careful of him. You get the idea? Like "I don't dare repeat phrases to him. I don't dare run an engram at him. If I sit here, and so forth, why, he's liable to get an idea – he's terribly antipathetic to women, therefore I have to be careful not to be a woman while I'm processing. I'll talk to him man to man," or something on this order, see?

To hell with it. Your technique is more powerful than the errors that could be made with it. Now, that's a good thing. Don't – don't get timid. Most of you aren't using sufficient force in your processing. You're going too – slow and you're not using sufficient force. I'm giving you the same comment I gave you the other day. You're doing lots better, but not near good enough yet, see? Let's start to work up here on a level of...

Now, on doing an assessment, you will very often hit the center button of a case – ping. You just hit it – bang, see? And yet, if the center button were VII or VIII, you could practically spin this pc by running a roughly on him right off the bat. You have to be willing to go ahead and go on and spin him by running a roughly right off the bat; or be sensible and give him a little Straightwire first. Settle him out; square him around. You'd make it easier on yourself if you gave him a little Straightwire. It's a more gradient scale. But you can always do something. You can always do something.

There's an old cavalry – this one too – there's an old cavalry – I mean, I guess it's an infantry manual phrase. And it says that any plan, even poorly conceived, is better than none if carried out with diligence and intention. Any plan is better than none if carried out with diligence and intention.

So no matter – if you get all looped up on some case or you're tremendously emotionally involved – all of a sudden you're sitting there and you get emotionally involved about this because there's been a terrific amount of pressure put to you. This person was about to commit suicide or you've let yourself into some kind of a level like that and you wish to – you wonder, "How the hell did I ever get here?" and "I can't possibly get out of it," and you can't think of anything to do because you might be tired or something like this. Why, you simply just get any plan, no matter how poorly conceived, and carry it into action. That's better than no plan. Just get some kind of an idea of what you're doing, and you say, "Well, we'll give this guy – we'll give this guy five minutes of Straightwire and then we'll give him five minutes of 'Holding the back corners of the room.'" Then, by God, if you've made up your mind to do that, why, don't shift in midflight. Just do it. Just give him five minutes of Straightwire and five minutes of "Holding the back corners of the room."

So, six minutes deep into the processing, you decide he's not going to follow – show any improvement at all because his attention span is too close, and so on. Well, you don't have

to be bulldog and so forth and go right on through just because of that. If it becomes impossible, it becomes impossible. But remember that it's better if you just carry it right on through because the six-minute mark is not the ten-minute mark. And at the end of ten minutes he might be in beautiful condition.

Any plan, no matter how badly planned, is better than not doing nothing about nothing. Now, you'll find yourself in hot water with this technique every once in a while. Life is not quiet, life is not dull using this type of processing. But you should know this: that the very light levels of this process are always applicable.

What would you do with a psycho who kept flying around the room? You started to process somebody and you didn't realize he was a psycho. You didn't see that wild light in his eye and the sweat pouring down the back of his neck. And he started flying around the room... And you find that you weren't processing the wife of – the lady who is the wife of the general manager of the Fooba corporation, and you are only processing her because he asked you because he was interested in putting in an industrial communication system. And you all of a sudden find yourself with a – with an electric shock, insulin shock case and one of the hottest psychos you ever ran into. You've been roped in, but hard, but plenty. She's two days out of the sanitarium and still screaming, and yet you didn't notice this; she was dressed in dinner clothes. This will happen to you every once in a while.

You'll give this little, light demonstration and find yourself in hot water. You just don't look before you jump. But there's no reason to look before you leap. The question is just don't leap, just do it. All right.

And you've asked her to do this process and she's just not vaguely in communication on the thing and so forth. What would you do? What would you do? She's not in communication. She can't think about it. She won't do anything. She won't obey what you're doing. Did it ever occur to you that you could pick her up and put her in chair one and then pick her up and put her in chair two and then pick her up and put her in chair one and then pick her up and put her in chair two and pick her up and put her in chair one and then put her in chair two, and the first thing you know, she'll notice the room. She will! There's nothing easier than this. Now, that's about the lowest level of gradient scale you can get. You kick the corpse from one chair to the other chair. But supposing she weighs three hundred pounds and you only weigh a hundred and twenty or something? Well, damn it, at least shove her from one end of the couch to the other.

When you start determining her actions, she'll pay attention to you. Well, I wouldn't go so far as to say that you'd hit a man on the jaw who was – who was getting real upset and floundering all over the place and screaming and yelling at you, but I have noticed an immediate calm ensue such an action.

I tell you, I – one day an alcoholic – met an alcoholic; he'd never seen me before. I didn't even have time to fix him in the eye the way the bullfighters fix their bulls, you know? I had no time for anything. I entered the room and there was a tremendous crash over on the right side of me and the pitcher had hit the wall. He'd been in that room for three days chained up by his wife. Oh boy, this was a real picnic, a real picnic. I didn't know what I was letting myself – "Would you come over and see John? He's been wanting to see you." He didn't hear

of me from Adam, see? He didn't know who I was. He didn't want to see anybody. All he wanted was a drink! And the instantaneous response was simply to – as he made the second lunge – was to catch him on the point of one knee and the point of the jaw simultaneously and drop him on the bed.

By the way, this is very bad medicine, because his wife, no matter how much she wanted him electric-shocked, now hates you like poison because you've done him in, or something of this sort. You'll be in hot water if you do such a thing any time in this society. But every once in a while you have to protect yourself. Well, the funny part of it is the guy comes to very shortly afterwards and he listens to reason. Boy, is he reasonable! In fact, it's the source of all reason.

I would not be a bit surprised but what the whips of Bedlam were better therapy than most of those being used today. There's – certainly the whips of Bedlam were better therapy than the straitjackets they use in most of the states of the Union today.

It's action. It's sensation. Now, I'm not advocating cruelty. I'm not advocating violence. I'm just saying you, as an auditor, don't happen to have any top limit. And right here and now we'd better get it through our heads that if we're going to accomplish any kind of a mission of higher motion and higher action, there's going to be casualties, not amongst you. But if you start running out a large number of people, you're going to have some of them flop. They'll flop for reasons that have nothing to do with you, but everybody will try to say they did. You won't have anything much to do with it.

This guy, he was in perfectly good shape until he came to your group. And you were processing him in a group and everything else and he was in perfectly good shape. Everybody says so. And all of a sudden you get a phone call from his wife and his wife says, "And ever since – ever since Georgie came home, we have been trying to get him back, but he just keeps talking and talking and talking. And it's the most strange and terrible thing and he's never done anything like this before, and it's because you've processed him in a group and you used that horrible thing called Scientology. I've tried to get him to promise not to go down there. I told him he'd go crazy if he did." You want to right away start asking questions. You want to say, "Well now, which – which break is this? What number?" As though this is important therapeutically. And they'll tell you oh, they've lost count. It's fifty-two or something like this or he does this every weekend or it will be something like this. But they'll try to hang you with it. The society will try to hang you in general with any sudden manifestation.

If you were to start running the processes which you have now for individuals on a group level, you'd get a lot of these phone calls. And you wouldn't run the cases out, you'd just run them so far and the guy'd appear to be all right when he left the Group Processing room, and when he got home, God help us! Therefore Group Processing at the level of Self Analysis, Short 8 and Six Steps to Better Beingness is pretty good. But Six Steps to Better Beingness is too tough if you've got a question about your group.

If you know members of your group, you can use Six Steps to Better Beingness. If you don't know members of the group, you sure better use Short 8.

All right. A psycho can't tolerate Ten Minutes of Nothing. Possibly, unless you'd experienced processing people with it, you wouldn't have recognized its frailty is in that first step: Ten Minutes of Nothing. They can't take it. The bank starts falling in on them because they've got to have something. They don't know what it is, but they sure have got to have it.

All right. In handling cases, in handling cases in general, if you're going to use a beefed-up, skyrocket process and you're going to use a speedup process and if you're going to use an action and a motion process, then you had better maintain yourself in a pretty high level of action and motion. Furthermore, you shouldn't fool around with a case to get it up into a level of motion. You shouldn't keep victimizing yourself, in other words, by running cases which are running too slow, see? Because they'll slow you down and then you'll eventually agree with the case and you'll be running slower than molasses and nothing's going to happen. What you want is action and motion.

It would be ideal if you could take the people you were going to process and put them in a group and process them up into a high level of motion so they would all have a high level of motion and communication and then you'd process them. That's before you had to address them individually or before you had to suffer from the communication lag. Unfortunately there wouldn't be any reason to process them individually if you did this. Because that's the goal that you're trying to accomplish. You're trying to get these people into fast, high communication.

All right. Whenever you start processing a preclear, you're going to find yourself confronted with the first decision: Am I going to process him or not going to process him? That's your first decision. It's up to you how you answer that. Very much up to you how you answer it. But make sure you answer it. You know, I'm not saying that lightly. Make sure you answer that question:

Am I going to process him or not?

Because you'll find yourself going through the motions of processing him under the decision not to process him. Now, we're not dealing with the delicacy of a postulate. You get you up Tone Scale and you can fill a room with a postulate. I don't mean full of people, I mean full of postulate.

You've got this poor, weak, floppy, flabby preclear sitting in the middle of the beingness of you, and you say, "I don't want to process this son of a bitch. Hell, bum show." Now that doesn't mean you have to restrain your thoughts from the preclear or put up any force screens on the matter. There's an easier way about it than this. You just make up your mind. You say, "I don't want to process you. Goodbye." See, that's simple. Why subject yourself to anything about this, see? "I just don't want to."

Or, if somebody's got you under duress and you've got to process him anyhow, you just do all of your sighing before the session. And you say, "Well, let's see. What would happen if I fixed him up so that he was in better shape? I guess he looks like the truant officer who used to always be calling around at my house. I suppose that's got something to do with it. It doesn't matter. We'll free the guy up. All right. He's a tough case, I'll take off this afternoon and process him." Again, that's – we enter the second level. If you've said, "All

right, I'll process him," okay, go on and process him. But don't process somebody that you've said, "I don't want to process him," and then go ahead and process him. You get the idea? Because that's a maybe. And you'll sit there trying to get a maybe result to make yourself right – Q and A.

All right, go – now, the second question you've got to answer is, "Am I going to straighten him up this afternoon or this week?"

Now, you think I'm being funny, but right now you can say, "How long am I going to process this case before he springs out and is Clear?" Now, if your practice is going to ribbons because you keep processing everybody in ten minutes, you can say, "All right, we'll process him for an hour." But for heaven's sakes, don't say, "I will clear him in an hour," or "I will finish off the case with an hour's processing." Just make some kind of a very honest estimate. That's just a method of slowing you down, you see? Make a very honest estimate of how long you're going to be, and then you want to put in an hour with the case. Well, give him the first fifty minutes of Self Analysis, and clear him in the last ten.

If you – if you're just bound and determined that you're going to process somebody on hourly assignments and so forth, out of honesty with yourself and so forth, you shouldn't check yourself back just to make a processing session pass.

Now, to you people here, that doesn't mean too much, but you're going to be training people, and make sure you tell them that because the people you will be training may not be as high-level people or as ethical people as you are. This country does produce something below optimum every once in a while – crawl out from underneath stones. You'll process somebody well, for God's sakes tell them this. At least be honest with the amount of time you are really going to put in on the case. In other words, that's a plan of operation, isn't it?

One, you've got to decide – got to decide how long – pardon me, whether you're going to process him or not, and the next thing you've got to decide is how long you're going to take to spring the case.

Another thing you ought to decide is how far you want to spring this case. Probably that's a simultaneous decision. "I want to process this case. I want to process this case so he'll stop worrying about his wife." And then you do just that. It doesn't matter what you do to make him stop worrying about his wife, but if you can't make a man stop worrying about his wife with ten or fifteen minutes of some of the oldest techniques you know, you ought to quit. Because that's too easy. That's real easy. And with Change Processing, you ought to be able to stop him from worrying about his wife in five or six minutes, unless it's the center of his case at which you will plunge him into his case and may find yourself taking considerably more time than that. There is that.

And that is not a piece of randomness, by the way. You'll look at this guy and you know whether he's an inverted two or not. You can just look at him, and if he's having trouble with his wife and he's an inverted seven and you're going to process him to – so that he won't have any trouble with his wife, and the main difficulty he's having with his wife is she doesn't want him to be a mystic, you've got from seven back to two, fella!

So, an assessment of the case is what establishes "What am I going to do for him?" So that's a decision, really, that you don't make simultaneously. You make it after you've looked the guy over.

The next thing that you'll find yourself doing with a case is deciding how much you're going to be restimulated by him. You probably think I'm joking with all this. I'm trying to keep you in contact with the human race and trying to keep you from being nailed at the same time by human foibles.

You make all these decisions yourself and they only carry into effect when you make them. You may not realize that entirely right this minute. But are we going to make with this case an Operating Thetan? If so, then remember that it takes you as much time as it takes you to make an Operating Thetan. You're going to invert every single condemned dynamic from eight back to one. And you're going to push up into a good level of beingness at least from one to three to make an Operating Thetan. And it isn't that that's going to take a long time. That has nothing to do with it. It's going to take plenty of drill, though. Because you're going to have to rehabilitate him in the MEST universe almost across the boards. So there's a little time involved in drilling.

But more than this, you're doing it with him in an environment which is restimulative to him: his home and his food and so on. He's in a body. He's around a body. He's still eating. He still has human interests and all these sort of things. And you can expect him to slip and slop and slide and he'll go for three, four days and you'll see him. He never gets into really bad condition but you'll keep estimating it. And every time you estimate him, he will have changed a little bit from exactly what you expected. Why? His self-determinism starts getting up higher and higher and higher. And you're going to have to kick him over hump after hump where he redecides to be human or something. Then you just kick him up the line.

So this is not really a project to which you assign time. And it's a finite result which is more of an ideal result. We're going to push this guy up so high he'll remain stable. Of course, we probably overestimate it and when we pushed him up so high we were just pushing him through the roof.

That's a very critical level you're trying to measure. You're saying, "We're going to push this fellow up to this height and then we're going to keep him in communication all the time with the body." That's real, real rough.

Now, it's much better to pick out something that is wrong with a preclear and call that end of case, and then not tell him so. He said, "I have these terrible, terrible humerasoids and I don't know quite how to get rid of them or what I'm going to do." And all he can talk about is that.

Well, you happen to notice – you happen to notice something about his skin. And you decide that you're going to process him until he gets a certain skin color. Now, I wasn't joking the other day when I said I processed this girl until her eyes were hazel again. I don't know whether her eyes stayed hazel or not, that's beside the point. That's just how long I decided to process the girl. I just simply decided I would change her eye color from washed-out blue to hazel, and succeeded in doing so but it took me quite a while. But nevertheless, it was end of

project. The case is now completely off my conscience. If she walked out underneath a bridge tomorrow, it would have no effect upon me at all because that's an end of case. And for Christ's sakes get what this is. This is end of cycle.

Don't let your preclear – please, if this afternoon I teach you nothing else, hear this – don't let your preclear go on and on and on as an unfinished cycle of action. Finish the cycle every session.

And how do you finish the cycle? The person comes up and is a preclear. Pick something minor on the case and do it. Say you're going to do something for sport or for action on the case. But pick what you're going to do in that case at that time and kick it out of your mind. And by golly, you won't be going home at night worrying about preclears. And you won't be walking away from group meetings worrying about preclears.

You say, "I'm going to process these people until they cheer." Or, "I'm going to process this group till that old lady, third from the back in that row in that side of the room, until she's wearing a beatific smile." All of a sudden it's still fifteen minutes to go until the end of the Group Processing and you've got this beatific smile, you see? And you say, "End of process." And so you just give them "end of session" from there on, you see? Just slow it down to nothing and just finish it off. You've done your processing cycle.

And somebody comes around later and says, "You know that Group Processing you've been giving out? That Group Processing you've been giving out hasn't been doing me a bit of good at all. And as a matter of fact I was talking the other night to Josephine and Josephine says she hadn't been getting any results from it either."

You say, "Is that so?" You're not emotionally involved. You've finished your cycle of action on that Group Process. You made the old lady smile.

Finish your cycles of action, and then you don't keep laying them up; and that is the only way you enter a dwindling spiral on processing, is your first failure compounds with the next failure and with every preclear going on as an unfinished case. Week in and week out and month in and month out, your first preclear is still on the back of your neck.

So just pick out what you're going to do and call your shots. Get to be as good an auditor as Hoppe is a billiard player. When you say the fifth ball in the end pocket, knock it in, dust off your hands, bow politely and walk away.

I may be talking to you about something you wonder why I'm talking to you like this. I'm just talking to you on this order, not because I think you're going to do something illegal or unethical or something with regard to a preclear. I'm going to tell you that there's only one aberration as far as ethics is concerned and that's to deny yourself. And you start kidding yourself about what you're doing in processing and you've set yourself up right down there at the end of the alley to be hit by every cannonball that comes your way. Don't kid yourself. And that isn't me talking. That's just fact.

You get up and – you get a thetan and get a thetan terribly concerned with going over and straightening out the Moscow situation? Oh yeah? He'd get over there and he'd say, "Okay, yeah, I was over in Moscow a few minutes ago." And he's really worked him up to

where he's got real horsepower. He can make light bulbs light in the room and every other doggone thing, you see? This is a real hot boy.

"Why don't we send him over to Russia and straighten everything out?" See, you aren't up to his level yet. And he goes over there and pretends that he's doing something. "Yeah, sure, sure, sure." It's not that important to him. And he sits there for a little while, and so forth, and he finally comes back and he says, "You know what? You know what? The women – the women around the south side of Moscow have fleas in their hair."

You say, "Oh, come, come. Here we're waiting for this world revolution. We're trying to straighten this out. Now go back over and do something about it."

"Okay." Very sincere. They go back over and say – and all of a sudden, if his body is in any kind of communication with him and at all responsive, he might start to assume a very pleasant smile; something of that order. You wonder what the devil he's doing now. "Well, he's sure – he's sure busted up the Russian government now. Yes sir. Now here he goes. Here he goes. Gee, he's getting a big kick out of that."

The fellow comes back and says, "Gosh, Cossack ponies ride fast!"

"Oh, hell."

You try to explain to a person like that and say, "Life is serious. This is real. This is important."

He has lost the meaning of those words, fortunately. He's not convinced. You've unconvinced him. But he can have a hell of a lot of fun. And he can be very sincere. He can actually be tremendously – but don't ask him to jibe in with 1.5 and 1.1 purposes like "let's surreptitiously knock out the sultan of Pagmor, because we can do something or other." He owns – this thetan owns all of Pagmor. You get the level of responsibility? You're saying he should do something about Pagmor in order to free Pagmor. We could only free Pagmor from this thetan because he went over and took a look at it, and after that he owned it. That's as much as he ever wants to own anything when he's up Tone Scale. Good place!

And a guy's liable to get reasonable too. He's liable to start looking at both sides of things, saying, "Well, you know, the guy probably does have a heck of a time with all the crooks and criminals around there," and so forth. "Gee, I saw one guy down on the street. He had these great big mustaches – these huge mustaches. Had fleas in it." Just not serious.

You realize – you realize that a human being takes something seriously that you probably will stop taking seriously. The only thing serious that you can really do is deny yourself. And if you go on denying yourself endlessly, you can pretend to, but for heaven's sakes remember you did. Because that's how you got into the cycle.

So when you start to process a preclear, you can kid him all you want to. And you can say, "Why these techniques, yes, yes. These techniques come from the top of the Himalayan chain." "Really?" "And these are all refined and they're all this way and they're all that way," and so forth, and you can tell him anything you want to. But you're sure you know what you're doing. That's the only thing you do because only in that way will you get that result

upon him. And the people you train are the ones that have to have this pounded in. Not you that I'm training. So remember it on a second echelon.

It's just that. Make up your mind whether you're going to process him or not. Then when you've made up your mind, why, figure out what you're going to do for him and then figure out how long it's going to take you, and you don't do it with figuring at all, you just forecast it. And you can have a pleasant afternoon or a pleasant ten minutes.

You know I think we found out this morning that time is a very speeded up factor, didn't we Bill, on these processes.

Male voice: Exactly.

So, that's not important, how long we take. If we take longer, do it. But finish a cycle of action every time you do anything.

Say, "Well, we're going to process this preclear until she puts on her hat." That's a real safe one. Because you simply, at the end of the thing, tell her to put on her hat.

And if all this goes wrong and you forget it all, just get back about ten, twelve feet from your head and zap the ridge where it all laid up and blow the postulates. But don't let the thing stick around. It's – no sense in it.

You can build up a pattern of processing which can become in itself, iniquity itself, as far as you're concerned. You can say, "Well, I have to process this preclear," – you're going to find this out not too long from now – "I have to process this preclear and get him to do this and get him to do that, because this poor preclear has an earache."

By golly, if a few weeks from now you can't do this, I'd disown you. He's got an earache. And you haven't – don't want to fool around with it so you just blow the ridge. You got that? You just look over and blow the ridge. You don't reach over and blow the ridge. You just look at him and blow the ridge, if you want to, because there's no kickback. If you really want to process right and handle energy right, do that.

[Please note: At this point in the lecture, a gap exists in the original master recording. We now return to the class where the recording resumed.]

The entire point of this October the 19th talk is on the introduction of a workable process and trying to fit it into your own frame of reference and trying to fit it into the society's frame of reference.

You'd be very surprised to find out that when you have a workable process – and processes that you'll be getting from now on are pretty workable – that the main difficulty with the process is trying to fit it into the society. It's what I started talking to you about this morning – acceptance level.

What's the acceptance level of a pc that you suddenly treat and he's well? You treat him pretty fast and he's well. There's a lot more you have to know to really get an instantaneous level on a process. But what's his acceptance level?

If that were reduced to about thirty seconds, you'd better go buy a turban. That's all that society would accept from you. They wouldn't accept that you were a doctor or were

using a science or anything else. They would go immediately into apathy about you – would be the second manifestation.

The truth of the matter is we could take these processes right now and all of us get white robes and gold belts and turbans and so forth and go around the world and change the civilization. There'd be no trouble with this outside of the fact that it would drive everybody and every civilization that you hit into apathy. You would drop into the immediate lap of the Catholic church. You would have made superstition and sainthood come true. And if you've ever had any difficulty explaining Scientology to a fairly well-educated person, think of the difficulties you'd have explaining it to somebody from the Bronx. You get that? It would be a rough deal, see, trying to put it across to them that this and that and so forth.

You could actually – you could actually be a great faith healer. You could actually be a miracle worker or anything you want to be in this category. The main danger is starting to think of yourself as one. Because that is a limited beingness. There's nothing duller than accepting the sick when you yourself don't have an acceptance level of sick bodies. And it's going on accepting sick bodies ad infinitum that spins these people in.

So what you do, what you do is to a large degree your business, but don't deny yourself in the process of doing it. Know what you're doing, say what you're going to do. Even if you don't tell anybody but yourself, at least tell yourself. And always end the cycle of action every time you process somebody. Even if you – even if it's as weak as this: "I'm going to make him feel a little better." At least tell yourself that's what you're going to do.

And then if you never bother to ask him what you did – if you never do – you never become an effect of the preclear.

Please, I hope to get this class up to a level where you never have to ask how you are. I do just to be polite. A little bit later on we'll start reading – reading pcs. That's an interesting subject all in itself. You know whether he's good or bad or indifferent.

For instance, a pc was in class this morning – I won't say who – that told me, or mentioned (didn't tell me directly, particularly): "Terrible condition, just terrible shape," and so forth. And yet do you know that two very significant, terrific things have happened to this pc? Very, very terrific – all indexed by skin color. The pc is suffering from a sudden shift of endocrine system. Of course – upset! They always are for two or three days. The GE's endocrine system does a complete flip.

And when the GE's endocrine system starts doing this, there's going to be some racketing around, believe me. What's the index? Skin color. You can tell by the difference of the translucence and color of skin, but particularly its translucence, how the pc is.

When you ask the pc how the pc is, you invalidate yourself, just bluntly and flatly, because you're asking, not looking.

You don't worry about his subjective reality because you can see it. Now, I don't ask you to look at energy and go into mumbo-jumbo particularly, but you should be able to shift your wavelength and take a look at somebody.

Of course, you'll run this one as soon as you start doing that. You'll go through some kind of a phase and start processing a preclear and you know what's wrong with the preclear; you can just take a look at him, see?

For instance, I diagnosed a preclear this morning without looking at him with my body. Called one of you in who processed the preclear for a few minutes while I went out in the anteroom, while I was sitting at my desk, and took a look at the preclear – took a look at the facsimiles sitting in front of the preclear – and then came back and laid down the diagnosis. And I think it was the proper diagnosis, wasn't it?

Well, there was nothing much to this because there's no trick to doing it. It's not a trick. It's just looking, not thinking about it. It's being willing to look at a facsimile, being able to look at a ridge, look at what's around the preclear's head and so on. Of course, you do this when you're pretty well down Tone Scale, you can practically flip yourself. You can practically go crazy doing this, as long as there's a big uncertainty to it. But you shouldn't start doing this, really, until you get the same level of certainty if you look at the desk, is the desk there? Yes, the desk is there. Well, that's perfectly certain, so you can use the technique. But don't use it on this basis: "There's a word in the air."

"Oh, is there a word in the air? What does the word say?"

"Well, a word is just in the air, there. Can't you see it?"

"No, I just really can't imagine seeing it there. It's pretty thin, and so forth."

"Well, if you strained real hard you could see it."

This is mysticism. What's the difference between mysticism, reading ridges and that sort of thing, and seeing auras and all that sort of thing? It's because they don't see them. They don't see them. They just don't, that's all.

A person that's really taking a look – they're not looking. The way you tell is the person's communication lag. The person who has a terrific communication lag and is talking in uncertainties all the time, saying – not knowing whether they did this or did that, and has this long communication lag, and then they tell you they're looking at somebody's aura! Oh yeah? They're not. They can't see!

How do you establish whether or not a person sees? Well, sometimes you can just tell whether or not he's looking. See how simple all that is? But we're right off, in even talking about it, into an uncertainty because if you can't see a ridge and know that it's – you're looking at a ridge to the same degree and level that you see this desk in looking at the desk, you have no business looking at ridges. See this?

If you can't, out of your body, go into the waiting room, take a look at the pc, size it up, take a squint at the facsimile, go around in back of his eyes and see what the score is with that and come on back with a complete diagnosis and then write down the man's life history and his engram bank and what he did for breakfast, you ought to quit – if you can really look. You'd set yourself up for a marvelous seer.

I don't care what you do. And I don't really care what you do because life is life. But I do care about you as individuals, and your state of case and state of beingness and so forth

goes along just as well as you go along with a certainty of accomplishing what you say you're going to accomplish. And if you just make a practice of doing what you say you're going to do, you will be in wonderful condition.

And if you take it all on randomness and hit or miss and you're going to be the effect of the preclear and the preclear can get up and say, "I feel terrible," and this crushes you utterly, and you don't know how the preclear feels or anything, you're in a big uncertainty.

If you say to yourself, "I'm going to make this fellow feel a little better," or "I'm going to process him until he gets up out of the chair," anything, you finish the cycle of action and the postulate at the moment. That's what you ought to be doing.

Now, you should be giving some attention right now to how you process people. Do you process them sloppily? Slowly? Is your mind all foggy when you start in on a guy, or is it bright and alert? Do you say what you're going to do? Do you actually forecast a result? Do you have an attitude inside yourself that means the guy's going to be well, or you're going to break his neck? What kind of an attitude do you have inside yourself? Well, let's introvert to the degree of asking, huh?

Go back to what you're doing now, and this afternoon, please, while auditing, do this: Look at yourself to find out what you are doing. Just look. Just look, that's all. And as pcs, look at the auditor and find out if auditor presence does have anything to do with your own case. You're all high enough now so that you won't have to worry about it.

Okay?

Thank you very much.

[End of lecture.]