Independent Checksheets
Independent Checksheets Foundation

CHECKSHEET OF 11 MAY 2010

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INDEPENDENT SCIENTOLOGY LEVEL 0
HUBBARD RECOGNIZED SCIENTOLOGIST (HRS)

NAME: _____ ORG: _____

POST/OCCUPATION: _____

DATE STARTED: _____ DATE COMPLETED: _____

This Checksheet contains the knowledge vital for survival of Scientology ARC Straightwire and Level 0 technology. It covers the technology dealing with “memory” and “communication”.

PREREQUISITES: The Student Hat
A Professional TRs Course
Method One Word Clearing

(Method One Word Clearing is a prerequisite for training at this level, except where waived by a qualified C/S as covered in HCO PL 25 Sept. 79RB II, Rev. 1.7.85, METHOD ONE WORD CLEARING.)

MATERIALS: The Level 0 Course Pack
The Level 0 Tapes
Self Analysis
Dianetics 55!
Introducing the E-Meter
E-Meter Essentials
The Book of E-Meter Drills
Dianetics and Scientology Technical Dictionary
E-Meter

STUDY TECH: Study tech is to be applied in full throughout this course. The materials are to be studied and drilled in sequence. By initialing the blank after each checksheet entry, you are attesting that you fully understand and can apply the data.

DRILLS ARE TO BE DONE FULLY TO THEIR RESULT. If you are not a fast flow student, you must star-rate check out on all items marked with an asterisk (*). (Ref. HCOB 13 Aug. 72RA, FAST FLOW TRAINING) The course does not require twinning.

PRODUCT: A Hubbard Recognized Scientologist who is able to audit others to ARC Straightwire Recall Release and Grade 0 Communications Release standardly.

CERTIFICATE: Upon successful completion of this course, the student may be awarded the certificate of PROVISIONAL HUBBARD RECOGNIZED SCIENTOLOGIST.

LENGTH OF COURSE: Two weeks full time (40 hours per week).

SECTION I:
ORIENTATION

* 1. HCO PL 7 Feb. 65 KSW Series 1
KEEPING SCIENTOLOGY
WORKING ____ ____ ____

*	2.	HCO PL 17 June 70RB Re-Rev. 25.10.83	KSW Series 5R TECHNICAL DEGRADES	____	____	____
*	3.	HCO PL 22 Nov. 67RA Rev. 12.4.83	KSW Series 25 OUT-TECH	____	____	____

SECTION II:
CLASS 0 AND GRADE 0

*	1.	CLASSIFICATION, GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATE – Class 0 Auditor section, ARC Straightwire Expanded and Grade 0 Expanded section.		____	____	____
	2.	HCO PL 23 Oct. 80R II Rev. 16.11.87	CHART OF ABILITIES GAINED FOR LOWER LEVELS AND EXPANDED LOWER GRADES	____	____	____
	3.	DEMO: The Abilities Gained for ARC Straightwire Release.		____	____	____
	4.	DEMO: The Abilities Gained for Grade 0 Release on each flow.		____	____	____

SECTION III:
SELF ANALYSIS

1.	INTRODUCTION	____	____	____
2.	Chapter: “On Getting to Know Ourselves”	____	____	____
3.	Chapter: “On the Laws of Survival and Abundance”	____	____	____
4.	DEMO: The relationship of abundance to survival and how you can apply this in life.	____	____	____
5.	Chapter: “On the Death of Consciousness”	____	____	____
6.	Chapter: “On Our Efforts for Immortality”	____	____	____
7.	DEMO: What happiness is.	____	____	____
8.	Chapter: “On Raising Our Level of Consciousness”	____	____	____
9.	DEMO: Restore an individual’s full consciousness and you restore his full life potential.	____	____	____
10.	Chapter: “On Raising our Level of Life and Behavior”	____	____	____
11.	Chapter: “The Hubbard Chart of Human Evaluation”	____	____	____
12.	DRILL: Use the Chart of Human Evaluation and find the characteristics of someone you like on the chart.	____	____	____
13.	ESSAY: Write an essay specifically on how you could have used the Chart of Human Evaluation as an employer, in choosing a partner or in forming a friendship, and if you had used this chart what would have happened.	____	____	____

14. Chapter: “Tone Scale Tests” ____ ____ ____

15. DRILL: Do test Number One. ____ ____ ____

16. Chapter: “How to Use the Disk” ____ ____ ____

17. DRILL: Drill using the disc on a doll, as described.
Use List 1, giving the questions to the doll. ____ ____ ____

18. Chapter: “Processing Section” ____ ____ ____

19. DEMO: How the recall of the type of incidents called for
in Self Analysis can benefit a preclear. ____ ____ ____

20. List 1: “General Incidents” ____ ____ ____

21. List 2: “Time Orientation” ____ ____ ____

22. List 3: “Orientation of Senses” ____ ____ ____

a. “Time Sense” ____ ____ ____

b. “Sight” ____ ____ ____

c. “Relative Sizes” ____ ____ ____

d. “Sound” ____ ____ ____

e. “Olfactory” ____ ____ ____

f. “Touch” ____ ____ ____

g. “Personal Emotion” ____ ____ ____

h. “Organic Sensation” ____ ____ ____

i. “Motion Personal” ____ ____ ____

j. “Motion External” ____ ____ ____

k. “Body Position” ____ ____ ____

23. List 4: “You and the Physical Universe” ____ ____ ____

24. List 5: “Assists to Remembering” ____ ____ ____

25. List 6: “Forgetter Section” ____ ____ ____

26. List 7: “Survival Factors” ____ ____ ____

27. List 8: “Imagination” ____ ____ ____

28. List 9: “Valences” ____ ____ ____

29. List 10: “Interruptions” ____ ____ ____

30. List 11: “Invalidation Section” ____ ____ ____

31. List 12: “The Elements” ____ ____ ____

32. Chapter: “Special Session Lists” ____ ____ ____

SECTION IV:
THE TONE SCALE

1. HCOB 25 Sept. 71 RB Rev. 1.4.78 — TONE SCALE IN FULL ____ ____ ____

2. HCOB 26 Oct. 70 III — OBNOSIS AND THE TONE SCALE ____ ____ ____

3. DRILL: With another student (who acts as coach) go around the course room. The coach takes the student around so the student can clearly see other individual students (without interrupting them) and asks the student doing this drill, "What do you see?" The Coach accepts nothing that isn't plainly visible. The drill is passed when the student has demonstrated that he can see just what is there, visible and plain to the eye. ____ ____ ____

SECTION V:
THE AUDITOR'S CODE

* 1. HCO PL 14 Oct. 68RA Rev. 19.6.80 — THE AUDITOR'S CODE ____ ____ ____

2. DEMO: Each point of the Auditor's Code:

1.	____ ____ ____	2.	____ ____ ____		
3.	____ ____ ____	4.	____ ____ ____		
5.	____ ____ ____	6.	____ ____ ____		
7.	____ ____ ____	8.	____ ____ ____		
9.	____ ____ ____	10.	____ ____ ____		
11.	____ ____ ____	12.	____ ____ ____		
13.	____ ____ ____	14.	____ ____ ____		
15.	____ ____ ____	16.	____ ____ ____		
17.	____ ____ ____	18.	____ ____ ____		
19.	____ ____ ____	20.	____ ____ ____		
21.	____ ____ ____	22.	____ ____ ____		
23.	____ ____ ____	24.	____ ____ ____		
25.	____ ____ ____	26.	____ ____ ____		
27.	____ ____ ____	28.	____ ____ ____		
29.	____ ____ ____				

SECTION VI:
METERING

NOTE: The student first reads and then thoroughly drills each of the E-Meter drills in this section.

1. BOOK: Introducing the E-Meter

   a. Chapter: “How the E-Meter Works” ____ ____ ____

   b. Chapter: “Setting Up the E-Meter” ____ ____ ____

   c. Chapter: “The Sensitivity Knob” ____ ____ ____

   d. Chapter: “The Needle” ____ ____ ____

   e. Chapter: “The Tone Arm” ____ ____ ____

   f. Chapter: “Needle Actions” ____ ____ ____

   g. Chapter: “Meter Repair” ____ ____ ____

   h. Chapter: “Get E-Meter Training” ____ ____ ____

2. BOOK: E-Meter Essentials, Chapter A ____ ____ ____

3. BOOK: The Book of E-Meter Drills, Foreward ____ ____ ____

4. HCOB 10 Dec. 65 E-METER DRILL COACHING ____ ____ ____

5. DRILL: E-Meter Drill 1: “Touch and Let Go of the E-Meter” ____ ____ ____

6. DRILL: E-Meter Drill 2: “E-Meter Familiarization” ____ ____ ____

7. DRILL: E-Meter Drill 3: “Setting up and reading a Tone Arm Counter” (Refer to the owner’s manual for your meter as needed.) ____ ____ ____

8. DRILL: E-Meter Drill 3A: “Calibration Check of the E-Meter by external Precision Resistors” (Refer to the owner’s manual for your meter as needed.) ____ ____ ____

9. DRILL: E-Meter Drill 4: “Setting up an E-Meter” (Refer to the owner’s manual for your meter as needed.) ____ ____ ____

10. HCOB 11 May 69R METER TRIM CHECK ____ ____ ____

11. DRILL: Doing a meter trim check per HCO 11 May 69R. The Coach adjusts the meter so that it is slightly out of trim before the student does the check. He than turns the meter over to the student, who does a standard after-session meter trim check and notes down the TA position found on the check. Coach gives a flunk for any departure from standard procedure and shows the student the exact point of the meter trim check HCOB violated. The drill is passed when the student has demonstrated he can do a standard and accurate meter trim check. ____ ____ ____

12. BOOK: E-Meter Essentials

    a. Chapter B ____ ____ ____

    b. Chapter C ____ ____ ____

    c. PRACTICAL: Demonstrate what tone arm action is by moving the tone arm of your meter to the positions described in Chapter C of E-Meter Essentials. ____ ____ ____

    d. Chapter D ____ ____ ____

    e. Chapter E ____ ____ ____

13. DRILL: E-Meter Drill 5RB: "Can Squeeze" ____ ____ ____

14. HCOB 14 Oct. 68 I METER POSITION ____ ____ ____

15. HCOB 23 May 71 IX Basic Auditing Series 11 METERING ____ ____ ____

16. DRILL: E-Meter Drill 6: "Handling the Tone Arm and Sensitivity" ____ ____ ____

17. DRILL: E-Meter Drill 7: "Tone Arm Reading" ____ ____ ____

18. HCOB 21 Jan. 77 RB FALSE TA CHECKLIST
    Re-rev. 25.5.80 ____ ____ ____

19. DRILL: Checking for false TA using the False TA Checklist. Coach holds the cans and the student does each step of the checklist including going through the actual physical universe handlings for each step if that step were found to be out. For example, student checks the coach's hands to see if they are too dry, and does the handling that would be done if he found that they were actually too dry. (The last two steps of the checklist include audited handlings which would have to be done by a higher-classed auditor: these audited handlings are not drilled as part of the drill.) On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can do each step of the checklist and that he can use the checklist to find and handle the reason(s) for a false TA. ____ ____ ____

20. DRILL: E-Meter Drill 8: "Tone Arm Motion and No Motion Recognition" ____ ____ ____

21. DRILL: E-Meter Drill 9: "Tone Arm Motion and Body Motion" ____ ____ ____

22. DRILL: E-Meter Drill 10: "Tone Arm Blowdowns" ____ ____ ____

23. DRILL: E-Meter Drill 11: "Superlative Tone Arm Handling" ____ ____ ____

24. BOOK: E-Meter Essentials

    a. Chapter F ____ ____ ____

b. Chapter G ____ ____ ____

c. Chapter H ____ ____ ____

d. Chapter I ____ ____ ____

e. Chapter J ____ ____ ____

d. Chapter K ____ ____ ____

e. Chapter L ____ ____ ____

* 25. HCOB 21 July 78 WHAT IS A FLOATING NEEDLE? ____ ____ ____

26. DRILL: Learn the definition of a floating needle verbatim from HCOB 15 July 78 to a pass by the Course Supervisor. ____ ____ ____

27. DRILL: E-Meter Drill 12: “Needle Action” ____ ____ ____

28. DRILL: E-Meter Drill 13: “Body Reactions” ____ ____ ____

29. DRILL: E-Meter Drill 14: “Needle Motion and No Motion Recogniton” ____ ____ ____

30. DRILL: E-Meter Drill 15: “Familiarization with Reading an E-Meter” ____ ____ ____

31. DRILL: E-Meter Drill 16: “The Production of Needle Action” ____ ____ ____

32. DRILL: E-Meter Drill 17: “What Makes the E-Meter Read and Cleaning a Read” ____ ____ ____

33. DRILL: E-Meter Drill 18: “Instant Rudiments Read” ____ ____ ____

* 34. HCOB 5 Aug. 78 INSTANT READS ____ ____ ____

35. Tape: 6205C24: E-Meter Data: Instant Reads (Part 1) ____ ____ ____

36. Tape: 6205C24: E-Meter Data: Instant Reads (Part 2) ____ ____ ____

* 37. HCOB 28 Feb. 71 C/S Series 24 METERING READING ITEMS ____ ____ ____

* 38. HCOB 20 Sep. 78 AN INSTANT F/N IS A READ ____ ____ ____

39. DEMO: What an instant F/N on an item means and when this should be taken up by the auditor. ____ ____ ____

40. DRILL: E-Meter Drill 19: “Instant Reads” ____ ____ ____

41. DRILL: E-Meter Drill 20: “How to Dirty and Clean a Needle” ____ ____ ____

42. DRILL: E-Meter Drill 24: “Assessment by Instant Read” ____ ____ ____

43. DRILL: E-Meter Drill 26: “Differentiation Between Sizes of Needle Reads” ____ ____ ____

44. DRILL: E-Meter Drill 27: “Needle Observation” ____ ____ ____

SECTION VII:
F/N DATA

*	1.	HCOB 20 Feb. 70	FLOATING NEEDLE AND END PHENOMENA	____	____	____
	2.	CLAY DEMO:	The end phenomena of a Scientology process.	____	____	____
*	3.	HCOB 8 Oct. 70	C/S Series 20 PERSISTENT F/N	____	____	____
	4.	DEMO:	A persistent F/N and what the auditor does when he sees one in session.	____	____	____
	5.	HCOB 10 Dec. 76RB	C/S Series 99RB SCIENTOLOGY F/N AND TA POSITION	____	____	____
	6.	DRILL:	On a doll, drill the correct auditor procedure for out-of-range F/Ns in a session. Coach answers for the doll and holds the cans changing his grip on the cans to simulate TA positions. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can standardly handle out-of-range F/N in session.	____	____	____

SECTION VIII:
DIANETICS 55!

1.	Preface	____	____	____
2.	Chapter: “Dianetics”	____	____	____
3.	Chapter: “The Fundamentals of Life”	____	____	____
4.	Chapter: “The Awareness of Awareness Unit”	____	____	____
5.	DEMO: An awareness of awareness unit in relation to an analytical mind, a reactive mind, a body, clothes, etc.	____	____	____
6.	Chapter: “Accent on Ability”	____	____	____
7.	DEMO: The ARC triangle, its component parts, and how they equate into understanding.	____	____	____
8.	Chapter: “The Auditors Code”	____	____	____
9.	Chapter: “Trapped”	____	____	____
10.	DEMO: The factors of entrapment and how communication relates to bringing about freedom.	____	____	____
11.	Chapter: “Communication”	____	____	____
12.	DEMO: The cycle of communication.	____	____	____
13.	Chapter: “The Applications of Communication”	____	____	____

14. Chapter: “Two-Way Communication” ____ ____ ____

15. DEMO: Two-way communication. ____ ____ ____

16. ESSAY: Write up how you will apply two-way communication to handle a specific situation in your life. ____ ____ ____

17. Chapter: “Communication Lag” ____ ____ ____

18. Chapter: “Pan Determinism” ____ ____ ____

19. Chapter: “The Six Basic Processes” ____ ____ ____

20. Chapter: “The Processing of Communication” ____ ____ ____

21. Chapter: “The One Shot Clear” ____ ____ ____

22. Chapter: “A-R-C Processing” ____ ____ ____

23. DEMO: What is meant by “processing toward truth: and why this is important. ____ ____ ____

24. Chapter: “Exteriorization” ____ ____ ____

SECTION IX:
THE COMMUNICATION CYCLE IN AUDITING

1. HCOB 5 Apr.73 AXIOM 28 AMENDED ____ ____ ____

2. DEMO: Axiom 28 ____ ____ ____

3. Tape: 6402C06: THE COMMUNICATIONS CYCLE IN AUDITING ____ ____ ____

4. HCOB 23 May 71R I Rev. 4.12.74 Basic Auditing Series 1R THE MAGIC OF THE COMMUNICATION CYCLE ____ ____ ____

* 5. HCOB 23 May 71R II Rev. 6.12.74 Basic Auditing Series 2R THE TWO PARTS OF AUDITING ____ ____ ____

* 6. HCOB 30 Apr. 71 AUDITING COMM CYCLE ____ ____ ____

7. Tape: 6308C20: THE ITSA LINE ____ ____ ____

8. Tape: 6308C21: THE ITSA LINE (CONT.) ____ ____ ____

* 9. HCOB 23 May 71R III Basic Auditing Series 3 THE THREE IMPORTANT COMMUNICATION LINES ____ ____ ____

10. CLAY DEMO: Demonstrate in clay the three important communication lines, showing their relationship to the auditing comm. Cycle. ____ ____ ____

11. HCOB 14 Aug. 63 LECTURE GRAPHS (for Tape: 6307C25) ____ ____ ____

12. Tape: 6307C25: COMM CYCLES IN AUDITING ____ ____ ____

13. Tape: 6308C06: AUDITING COMM CYCLES ____ ____ ____

* 14. HCOB 23 May 71R IV Rev. 4.12.74 — Basic Auditing Series 4R COMMUNICATION CYCLES WITHIN THE AUDITING CYCLE ____ ____ ____

15. HCOB 23 May 71R V Rev. 29.11.74 — Basic Auditing Series 5R THE COMMUNICATION CYCLE IN AUDITING ____ ____ ____

16. DEMO: Each part of the Auditing Comm Cycle. ____ ____ ____

* 17. HCOB 23 May 71 VI — Basic Auditing Series 6 AUDITOR FAILURE TO UNDERSTAND ____ ____ ____

* 18. HCOB 23 May 71 VII — Basic Auditing Series 7 PREMATURE ACKNOWLEDGEMENT ____ ____ ____

* 19. HCOB 5 Feb. 66 II — Basic Auditing Series 8 “LETTING THE PC ITSA” THE PROPERLY TRAINED AUDITOR ____ ____ ____

* 20. HCOB 23 May 71 X — Basic Auditing Series 9 COMM CYCLE ADDITIVES ____ ____ ____

21. DEMO: Three examples of comm cycle additives.

1. ____ ____ ____ 2. ____ ____ ____

3. ____ ____ ____

22. HCOB 1 Oct. 63 — HOW TO GET TONE ARM ACTION ____ ____ ____

23. DEMO: What causes TA motion and how. ____ ____ ____

SECTION X: STYLES OF AUDITING

* 1. HCOB 6 Nov. 64 — STYLES OF AUDITING (Section Headed LEVEL 0 LISTEN STYLE) ____ ____ ____

2. DEMO: What is meant by “Listen-Style Auditing”? ____ ____ ____

SECTION XI: AUDITOR MUST-NOTS

* 1. HCOB 5 Apr. 80 — Q&A, THE REAL DEFINITION ____ ____ ____

2. DEMO: Three examples of Q&A and what the auditor should do.

1. ____ ____ ____ 2. ____ ____ ____

3. ____ ____ ____

3. HCOB 3 Aug. 65 AUDITING GOOFS, BLOWDOWN INTERRUPTION ____ ____ ____

4. DEMO:

a. The effect on a pc of interrupting a blowdown. ____ ____ ____

b. Correct auditor procedure when a blowdown is occurring. ____ ____ ____

* 5. HCO PL 27 May 65 KSW Series 31 PROCESSING ____ ____ ____

6. DEMO: The three oldest rules in processing.

1. ____ ____ ____ 2. ____ ____ ____

3. ____ ____ ____

SECTION XII: AUDITOR ADMIN

1. HCOB 6 Nov. 87 Auditor Admin Series 14RA THE WORKSHEETS ____ ____ ____

2. DEMO: The purpose of the session worksheets. ____ ____ ____

3. HCOB 5 Nov. 87 Auditor Admin Series 13RA THE AUDITOR'S REPORT FORM ____ ____ ____

4. DEMO: The purpose of the Auditor's Report Form. ____ ____ ____

5. HCOB 17 Mar. 69R II Rev. 12.11.87 Auditor Admin Series 12RA SUMMARY REPORT FORM ____ ____ ____

6. DEMO: The purpose of the Summary Report Form. ____ ____ ____

7. HCOB 5 Mar. 71 Auditor Admin Series 10 THE FANTASTIC NEW HGC LINE ____ ____ ____

8. DEMO: ____ ____ ____

a. The purpose of the C/S form the auditor fills out after each session. ____ ____ ____

b. Why the C/S gives each session a grade. ____ ____ ____

9. HCOB 31 Oct. 87 Auditor Admin Series 7RA THE FOLDER SUMMARY ____ ____ ____

10. DEMO: The purpose of the Folder Summary. ____ ____ ____

11. HCO PL 8 Mar. 71 Auditor Admin Series 11 EXAMINATION FORM ____ ____ ____

12. HCOB 13 Nov. 87 Auditor Admin Series 3RA THE PC FOLDER AND ITS CONTENTS ____ ____ ____

13. PRACTICAL: Make up the following, assemble them in proper sequence and turn them in to the Supervisor for a pass:

a. A dummy set of worksheets showing the process “Do birds fly?” ____ ____ ____

b. A dummy Auditor’s Report Form showing the session where the process “Do birds Fly?” was run. ____ ____ ____

c. A dummy Summary Report for the above session. ____ ____ ____

d. A dummy Examiner’s Report. ____ ____ ____

e. A dummy Auditor’s C/S showing the next process to run is “Do fish swim?” ____ ____ ____

f. A dummy Folder Summary for the session. ____ ____ ____

SECTION XIII:
PREPARING THE PC

* 1. HCOB 21 June 72R I — Word Clearing Series 38 METHOD 5 ____ ____ ____

* 2. HCOB 8 July 74R I Rev. 24.7.74 — Word Clearing Series 53R CLEAR TO F/N ____ ____ ____

3. DRILL: Method 5 Word Clearing on a doll. Coach answers for the doll and holds the cans. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can standardly do Method 5 Word Clearing on a meter, keeping accurate worksheets. ____ ____ ____

* 4. HCOB 9 Aug. 78 II — CLEARING COMMANDS ____ ____ ____

5. DRILL: Clearing commands on a doll. Coach answers for the doll and holds the cans, squeezing them to simulate reads. Student clears the commands “Do fish swim?” and “Do birds fly?” per HCOB 9 Aug. 78, CLEARING COMMANDS. On Any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can standardly clear a command, keeping accurate worksheets.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

* 6. HCOB 15 July 74 RA Rev. 10.3.84 — SCIENTOLOGY AUDITING C/S-1 ____ ____ ____

7. DEMO: The purpose of doing a Scientology C/S-1. ____ ____ ____

* 8. HCOB 7 Aug. 78 — HAVINGNESS, FINDING AND RUNNING THE HAVINGNESS PROCESS ____ ____ ____

9. DEMO:

   a. The final definition of havingness. ____ ____ ____

   b. No-havingness. ____ ____ ____

10. HCOB 6 Oct. 60R Rev. 8.5.74 THIRTY-SIX NEW PRESESSIONS ____ ____ ____

11. DRILL: Finding and running a Havingness Process on a doll. Coach answers for the doll and holds the cans, squeezing them to simulate reads. Any flunks are handled by the coach showing the student the exact LRH reference violated. The drill is passed when the student has demonstrated that he can smoothly and standardly find and run a pc's Havingness Process. ____ ____ ____

* 12. HCOB 23 Aug. 71 C/S Series 1 Auditor's Rights ____ ____ ____

SECTION XIV: MODEL SESSION AND RUDIMENTS

1. HCOB 4 Dec 77R Rev. 19.8.87 CHECKLIST FOR SETTING UP SESSIONS AND AN E-METER ____ ____ ____

2. DRILL: Drill doing the steps of setting up for a session per HCOB 4 Dec. 77R. Coach observes each step the student does, following along on a copy of the checklist. Flunks are given for any step missed or incompletely or incorrectly done, with reference to the exact checklist point violated. The drill is passed when the student has demonstrated he can quickly set up a session with all checklist points in. ____ ____ ____

* 3. HCOB 11 Aug. 78 I RUDIMENTS, DEFINITION AND PATTER ____ ____ ____

* 4. HCOB 6 June 84 III MISSED WITHHOLD HANDLING ____ ____ ____

5. CLAY DEMO:

   a. ARC Break ____ ____ ____

   b. Present time problem ____ ____ ____

   c. Missed withhold ____ ____ ____

6. DEMO: A pc who is in session. ____ ____ ____

7. DRILL: E-Meter Drill CR0000-4R: "See the Session" ____ ____ ____

8. DRILL: Flying ruds on a doll. Coach answers for the doll and holds the cans, squeezing them to simulate reads. On any flunk, the coach shows student the exact LRH reference violated. Each part of the drill is done on a gradient, building up to the point where the student can do the action bullbaited, handling the meter and

keeping worksheets. Each step includes drilling the standard use of Suppress and False buttons.

a. Drill flying the ARC break rud.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

b. Drill flying the present time problem rud.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

c. Drill flying the missed withhold rud.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

d. Drill flying three ruds.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

* 9. HCOB 11 Aug. 78 II MODEL SESSION ____ ____ ____

10. DRILL: Running a session on a doll from start to end using full Model Session procedure. (Process to be run in the session is “Do birds fly?”) Coach answers for the doll and squeezes the cans to simulate reads. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when he has demonstrated he can run full, Stand Model Session.

a. Unbullbaited ____ ____ ____

b. Bullbaited ____ ____ ____

* 11. HCOB 7 Mar. 75 EXT AND ENDING SESSION ____ ____ ____

12. DRILL: On a doll, drill the standard auditor action when a pc goes exterior in session. Student runs “Do birds fly?” on a doll, with the coach holding the cans and answering for the doll, Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when the student has demonstrated he can smoothly take the standard action when a pc goes exterior in session. ____ ____ ____

SECTION XV:
COMMUNICATIONS PROCESSES

* 1. HCOB 10 Dec 64 LISTEN-STYLE AUDITING ____ ____ ____

2. DEMO: When a prompter is used. ____ ____ ____

* 3. HCOB 11 Dec 64 PROCESSES ____ ____ ____

* 4. HCOB 26 Dec 64 ROUTINE 0A (EXPANDED) ____ ____ ____

5. CLAY DEMO: The whole design of Level 0 is "Recover the pc's ability to talk to others freely." ____ ____ ____

* 6. HCOB 23 June 80RA CHECKING QUESTIONS ON
Rev. 25.10.83 GRADES PROCESSES ____ ____ ____

7. DEMO: The rules regarding checking questions or commands Grades Processes. ____ ____ ____

* 8. HCOB 3 Dec 78 UNREADING FLOWS ____ ____ ____

9. DRILL: Checking process questions for a read, on a doll. Coach answers for the doll and holds the cans, squeezing them to simulate reads. Student checks the questions "Do birds fly?" and "Do fish swim?" for a read, including use of buttons when needed. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when the student can smoothly and standardly check process questions for a read. ____ ____ ____

10. HCOB 7 Aug. 59 THE HANDLING OF COMMUNICATION PROCESSES, SOME RAPID DATA ____ ____ ____

11. DEMO: Why generalized terminals are used in auditing commands. ____ ____ ____

12. HCOB 8 Sept. 78RB MINI LIST OF GRADE 0-IV
Rev. 16.11.87 PROCESSES (1,2,3,4) ____ ____ ____

13. DRILL:

a. Study the commands for #1 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. On any flunk, the coach shows the student can standardly run the process with the meter and keep session admin.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

b. Study the commands for #2 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student can standardly run the process with the meter and keep session admin.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

c. Study the commands for #3 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. From time to time the coach (as pc) gives the student a situation requiring use of the prompters, and the student must handle. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student can standardly run the process with the meter and keep session admin.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

d. Study the commands for #4 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student can standardly run the process with the meter and keep session admin.

Unbullbaited ____ ____ ____

Bullbaited ____ ____ ____

SECTION XVI:
EXPANDED GRADE 0

1. HCOB 14 Nov. 87 I — EXPANDED ARC STRAIGHTWIRE GRADE PROCESS CHECKLIST ____ ____ ____

2. HCOB 14 Nov. 87 II — EXPANDED ARC GRADE 0 PROCESS CHECKLIST ____ ____ ____

3. HCOB 17 Mar. 74 — TWO-WAY COMM, USING WRONG QUESTIONS ____ ____ ____

4. DEMO: Why you would not use the question “Who have you had trouble communicating with?” to find terminals to use in running a process on Expanded Grade 0. ____ ____ ____

SECTION XVII:
STUDENT AUDITING

1. HCO PL 8 June 70RC II Rev. 11.1.85 — STUDENT AUDITING ____ ____ ____

SECTION XVIII:
STUDENT THEORY COMPLETION

1. STUDENT ATTEST:

The following attest is to be signed off, point by point, before the student begins to audit ARC Straightwire or Grade 0 processes.

If the student has any question or reservation about attesting to any of the points below, he should retread himself in that area.

Only when the student has acquired these skills without question will he or she achieve good results on ARC Straightwire and Grade 0 processes:

a. I know and can fully apply the study technology given in the Student Hat. ____

b. I have applied the study technology of the Student Hat fully while on this course. ____

c. I understand the E-Meter and how to use it. ____

d. I acquired good TRs 0 to 4 on a Pro TR Course. ____

e. I fully understand and can apply the Auditor's Code. ____

f. I have, with reservation, a good grasp of the theory of communication and can apply it. ____

g. I know and can apply the steps of setting up for an auditing session. ____

h. I understand session admin and can do a standard session report and enter it correctly in the pc's folder. ____

i. I understand the Scientology Auditing C/S-1 and can apply it. ____

j. I understand and can apply the data on clearing commands. ____

k. I am able to find and run a Havingness Process. ____

l. I understand rudiments procedure and can fly ruds. ____

m. I know Model Session and can run a session using it. ____

n. I fully understand the theory and procedure for checking questions or commands on Grades processes and can apply them. ____

o. I understand Listen-Style Auditing and can apply it. ____

p. I understand use of the prompters and am able to use them correctly. ____

STUDENT ATTEST: _____ DATE: _____

2. CONDITIONAL:

If the student has not completed Method One Word Clearing, an examination is fully passed in Qual on the materials of this checksheet.

EXAMINER: _____ DATE: _____

SECTION XIX:
STUDENT AUDITING

The student now begins student auditing of ARC Straightwire and Grade 0 processes. Pcs are procured per HCO PL 8 June 70RC II, STUDENT AUDITING.

The student must not and cannot be required by anyone to audit processes above

his training level. Where upper-level processes are necessary for a case, upper-level students should be called upon to audit the actions.

NOTE: YOU ARE NOW QUALIFIED TO BEGIN CO-AUDITING OF EXPANDED ARC STRAIGHTWIRE AND EXPANDED GRADE 0 (WITH C/S OK), AND MAY DO SO IF YOU WISH. YOU ARE NOT REQUIRED T AUDIT THESE EXPANDED GRADES IN ORDER TO COMPLETE THIS CHECKSHEET.

Ref: HCOB 8 Sept. 78RB, Rev. 16.11.87 – MINI LIST OF GRADE 0-IV PROCESSES

1. PRACTICAL: Audit #1 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. ____

2. PRACTICAL: Audit #2 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. ____

3. PRACTICAL: Audit #3 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. ____

4. PRACTICAL: Audit #4 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. ____

5. CONDITIONAL: Get any errors or misunderstandings on the standard application of the materials of ARC Straightwire and Level 0 reviewed and corrected. ____

6. ATTESTATIONS: ____

I attest that I have successfully fulfilled the auditing requirements for certification on Level 0, as given above.

STUDENT ATTEST: _____ DATE: _____

I attest this student has successfully fulfilled the Level 0 auditing requirements for certification, as given above, and has demonstrated his competence in auditing the style of this level.

SUPERVISOR ATTEST: _____ DATE: _____

STUDENT C/S ATTEST: _____ DATE: _____

CONDITIONAL: If the student is not fast flow, the Examiner inspects auditing reports from sessions that the student has given, verifying that they are legible, properly kept and show success with pcs on the processes of the level.

EXAMINER: _____ DATE: _____

SECTION XX:
STUDENT COURSE COMPLETION

1. STUDENT COMPLETION:

I have completed the requirements of this checksheet and I know and can apply this material.

STUDENT ATTEST: _____ DATE: _____

I have trained this student to the best of my ability and he has completed the requirements of this checksheet and knows and can apply the checksheet data.

SUPERVISOR ATTEST: _____ DATE: _____

Only when the student has acquired these skills without question will he or she achieve good results on ARC Straightwire and Grade 0 processes:

2. STUDENT ATTEST AT C&A:

I attest:

a. I have exchanged for my course. ____

b. I have studied and understand all the materials on the checksheet. ____

c. I have done all the drills on the checksheet. ____

d. I can produce the results required in the materials of the course. ____

STUDENT ATTEST: _____ DATE: _____

C&A: _____ DATE: _____

The student is awarded the certificate of HUBBARD RECOGNIZED SCIENTOLOGIST (Provisional).

(Route this checksheet to the Course Admin for filing in the student's folder.)

Revision by
Independent Checksheet Compilations

DK:jaw