

Independent Checksheets
Independent Checksheets Foundation

CHECKSHEET OF 2 MAY 2010

Non-Confidential Downloads

**THE INDEPENDENT
METHOD ONE CO-AUDIT**

NAME: _____ ORG: _____

POST/OCCUPATION: _____

DATE STARTED: _____ DATE COMPLETED: _____

PREREQUISITES: There are no prerequisites for this course. (HQS is recommended).

Note: One can receive Method One Word Clearing in the HGC. This course is for anyone who wishes to get Method One Word Clearing by co-auditing it with another.

The Method One Co-audit Checksheet is normally done just before the Student Hat. However, if you cannot receive Method One immediately due to case reasons (e.g., being in the middle of a major auditing action), one can do the Student Hat while completing the necessary auditing actions and then do the Method One Co-audit Checksheet.

PURPOSE: To train a student to co-audit Method One Word Clearing.

STUDY TECH: The second section of this course teaches important basics of study technology. They are to be applied in full as you learn them and as you continue through the course.

By initialing the black after each checksheet entry, you are attesting that you fully understand and can apply the data. DRILLS ARE TO BE DONE FULLY TO THEIR RESULTS.

MATERIALS: Independent Method One Co-Audit Course Pack
A E-Meter
Book: *Introducing the E-Meter*
Book: *E-Meter Essentials*
Book: *The Book of E-Meter Drills*
Book: *The Fundamentals of Thought*

You are required to maintain a standard course schedule. Study and work during your class periods and outside of class. You have a lot to study and get checked out on in order to complete this course. You can't afford to waste time.

This course is done with a twin, per HCOB 21 Aug. 79, TWINNING.

You may be credited with materials you have studied on previous checksheets.

PRODUCT: A student who has successfully co-audited on Method One Word Clearing.

CERTIFICATE: INDEPENDENT METHOD ONE CO-AUDIT COURSE GRADUATE.

LENGTH OF COURSE: Three to four weeks full time, at eight hours per day, five days per week (four days to complete the checksheet up to the co-auditing section).

NOTE: THIS IS A CO-AUDIT COURSE. COMPLETION OF THIS COURSE DOES NOT QUALIFY ONE AS A PROFESSIONAL AUDITOR OR WORD CLEARER, NOR DOES IT ENTITLE ONE TO DO ANY KIND OF AUDITING OR WORD CLEARING OTHER THAN CO-AUDITING METHOD ONE WORD CLEARING.

SECTION A: KEEPING SCIENTOLOGY WORKING

- | | | | | | |
|----|---------------------|--|-------|-------|-------|
| 1. | HCO PL 7 Feb. 65 | KSW Series 1 KEEPING SCIENTOLOGY WORKING | _____ | _____ | _____ |
| 1. | HCO PL 17 June 70RB | KSW Series 5R TECHNICAL DEGRADES | _____ | _____ | _____ |

SECTION B: STUDY TECH BASICS

- | | | | | | |
|----|--|--|-------|-------|-------|
| 1. | HCOB 21 Sept. 70 | Study Series 1 STUDY DEFINITIONS | _____ | _____ | _____ |
| 2. | <p>PRACTICAL: See the Course Supervisor for a copy of the issue laying out the student points system. Work out your student points for the study you have done so far. (You will be continuing to keep track of your student points and turning them in to the Course Supervisor daily.</p> | | _____ | _____ | _____ |
| 3. | HCOB 25 June 71R | Word Clearing Series 3R BARRIERS TO STUDY | _____ | _____ | _____ |
| 4. | <p>PRACTICAL: Describe a time when you experienced the symptoms of each of the following. Write your descriptions on a piece of paper, and place your write-up on the Supervisor's desk when you have finished.</p> | | | | |
| | a. | Lack of mass. | _____ | _____ | _____ |
| | b. | Too steep a gradient. | _____ | _____ | _____ |
| | c. | A misunderstood word. | _____ | _____ | _____ |
| 5. | HCO PL 23 July 81R I Rev. 10.1.84 | Study Series 12 THE USE OF DEMONSTRATION | _____ | _____ | _____ |
| 6. | <p>DEMO: Demonstrate, using a demo kit, a student studying.</p> | | _____ | _____ | _____ |
| 7. | HCOB 17 July 79RB I Rev. 26.2.89 | Word Clearing Series 64RB THE MISUNDERSTOOD WORD DEFINED | _____ | _____ | _____ |
| 8. | <p>DEMO: Describe a time when you experienced the symptoms of each of the following. Write your descriptions on a piece of paper, and place your write-up on the Supervisor's desk when you have finished.</p> | | | | |
| | a. | A false (totally wrong) definition. | _____ | _____ | _____ |
| | b. | An invented definition. | _____ | _____ | _____ |
| | c. | An incomplete definition. | _____ | _____ | _____ |
| | d. | An incorrect definition. | _____ | _____ | _____ |
| | e. | An unsuitable definition. | _____ | _____ | _____ |

- f. A homonymic definition. _____
 - g. A substitute definition. _____
 - h. An omitted (missing) definition. _____
 - i. A no-definition. _____
 - j. A rejected definition. _____
9. **ESSAY:** Write up five different examples of how a word could be misunderstood or not understood. Turn your essay into the Course Supervisor. _____
 10. HCOB 23 Mar. 78RB Word Clearing Series 59RB
CLEARING WORDS _____
 11. **PRACTICAL:** Turn to the beginning of your course pack and review HCO PL KEEPING SCIENTOLOGY WORKING. Starting from the top of the HCO PL find and clear any words you did not fully understand, restudying the issue as you go. Write up what you did and the results and turn your write-up in to the Course Supervisor. _____
 12. HCOB 4 Sept. 71 III Word Clearing Series 20
SIMPLE WORDS _____
 13. HCOB 13 Feb. 81R Word Clearing Series 67R
Rev. 25.7.87 DICTIONARIES _____
 14. **DEMO:** How to select a good dictionary for your own use as a student. _____
 15. HCOB 19 June 72 Word Clearing Series 37
DINKY DICTIONARIES _____

SECTION C: THE AUDITORS CODE

1. HCO PL 14 Oct. 68RA THE AUDITOR'S CODE
Rev. 19.6.80 _____
 2. **DEMO:** Each point of the Auditor's Code. _____
1. _____ 2. _____ 3. _____ 4. _____
 5. _____ 6. _____ 7. _____ 8. _____
 9. _____ 10. _____ 11. _____ 12. _____
 13. _____ 14. _____ 15. _____ 16. _____
 17. _____ 18. _____ 19. _____ 20. _____
 21. _____ 22. _____ 23. _____ 24. _____
 25. _____ 26. _____ 27. _____ 28. _____
 29. _____

SECTION D: TRAINING ROUTINES

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|-----|--|--|-------|-------|-------|
| 1. | Book: <i>The Fundamentals of Thought</i> Chapter: "The ARC Triangle" | | _____ | _____ | _____ |
| 2. | DEMO: | | | | |
| | a. Affinity | | _____ | _____ | _____ |
| | b. Reality | | _____ | _____ | _____ |
| | c. Communication | | _____ | _____ | _____ |
| | d. How increasing one corner of the ARC triangle affects the other corners. | | _____ | _____ | _____ |
| | e. The formula of communication. | | _____ | _____ | _____ |
| 3. | HCOB 24 May 68I | COACHING | _____ | _____ | _____ |
| 4. | DEMO: The purpose of a coach. | | _____ | _____ | _____ |
| 5. | HCOB 16 Aug. 71R II Rev. 5.7.78 | TRAINING DRILLS REMODERNIZED Through the section on OT TR 0 | _____ | _____ | _____ |
| | [Note to the Supervisor: These TRs are supposed to be done at co-audit gradient per HCOB 30 May 80R, SUPERVISING CO-AUDIT TRs. | | _____ | _____ | _____ |
| 6. | DRILL: Do OT TR 0 with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill. | | _____ | _____ | _____ |
| 7. | HCOB 16 Aug. 71R II Rev. 5.7.78 | TRAINING DRILLS REMODERNIZED section on TR 0 | _____ | _____ | _____ |
| 8. | DRILL: Do TR 0 with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill. | | _____ | _____ | _____ |
| 9. | HCOB 16 Aug. 71R II Rev. 5.7.78 | TRAINING DRILLS REMODERNIZED section on TR 0 Bullbait | _____ | _____ | _____ |
| 10. | DRILL: Do TR 0 Bullbait with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill. | | _____ | _____ | _____ |
| 11. | HCOB 16 Aug. 71R II Rev. 5.7.78 | TRAINING DRILLS REMODERNIZED section on TR 1 | _____ | _____ | _____ |
| 12. | DRILL: Do TR 1 with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill. | | _____ | _____ | _____ |
| 13. | HCOB 16 Aug. 71R II Rev. 5.7.78 | TRAINING DRILLS REMODERNIZED section on TR 2 | _____ | _____ | _____ |

| | | | | |
|-----|--|---------------------------|-------|-------|
| d. | Chapter: "The Needle" | _____ | _____ | _____ |
| e. | Chapter: "The Tone Arm" | _____ | _____ | _____ |
| f. | Chapter: "Needle Action" | _____ | _____ | _____ |
| g. | Chapter: "Meter Repair" | _____ | _____ | _____ |
| h. | Chapter: "Get E-Meter Training" | _____ | _____ | _____ |
| 2. | Book: <i>The Book of E-Meter Drills</i> Forward | _____ | _____ | _____ |
| 3. | HCOB 24 May 68l | E-METER DRILL COACHING | _____ | _____ |
| 4. | DRILL: E-Meter Drill 1: "Touch and Let Go of the E-Meter" | _____ | _____ | _____ |
| 5. | DRILL: E-Meter Drill 2: "E-Meter Familiarization" | _____ | _____ | _____ |
| 6. | DRILL: E-Meter Drill 3: "Setting Up and Reading a Tone Arm Counter" (Refer to the owner's manual for your meter as needed.) | _____ | _____ | _____ |
| 7. | DRILL: E-Meter Drill 3A: "Calibration Check of the E-Meter by External Precision Resistors" (Refer to the owner's manual for your meter as needed.) | _____ | _____ | _____ |
| 8. | DRILL: E-Meter Drill 4: "Setting Up an E-Meter" (Refer to the owner's manual for your meter as needed.) | _____ | _____ | _____ |
| 9. | HCOB 11 May 69R Rev. 8.7.78 | METER TRIM CHECK | _____ | _____ |
| 10. | DRILL: Doing a meter trim check per HCOB 11 May 69R. The coach adjusts the meter so that it is slightly out of trim before the student does the check. He than turns the meter over to the student, who dos a standard after-session meter trim check and notes down the TA position found on the check. Coach gives a flunk for any departure from the meter trim check HCOB violated. The drill is passed when the student has demonstrated he can do a standard an accurate meter trim check | _____ | _____ | _____ |
| 11. | DRILL: E-Meter Drill 5RB: "Can Squeeze" | _____ | _____ | _____ |
| 12. | DRILL: E-Meter Drill 6: "Handling the Tone Arm and Sensitivity" | _____ | _____ | _____ |
| 13. | DRILL: E-Meter Drill 7: "Tone Arm Reading" | _____ | _____ | _____ |
| 14. | DRILL: E-Meter Drill 10: "Tone Arm Blowdowns" | _____ | _____ | _____ |

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|-----|-----------------|---|-------|-------|-------|
| 15. | DRILL: | E-Meter Drill 11: "Superlative Tone Arm Handling" | _____ | _____ | _____ |
| 16. | Book: | <i>E-Meter Essentials</i> Chapter F | _____ | _____ | _____ |
| 17. | HCOB 21 July 78 | WHAT IS A FLOATING NEEDLE? | _____ | _____ | _____ |
| 18. | DRILL: | E-Meter Drill 12: "Needle Actions" | _____ | _____ | _____ |
| 19. | DRILL: | E-Meter Drill 14: "Needle Motion and No Motion Recognition" | _____ | _____ | _____ |
| 20. | DRILL: | E-Meter Drill 15: "Familiarization with Reading an E-Meter" | _____ | _____ | _____ |
| 21. | DRILL: | E-Meter Drill 16: "The Production of Needle Actions" | _____ | _____ | _____ |
| 22. | DRILL: | E-Meter Drill 17: "What Makes the E-Meter Read and Cleaning a Read" | _____ | _____ | _____ |
| 23. | HCOB 5 Aug. 78 | INSTANT READS | _____ | _____ | _____ |
| 24. | DRILL: | E-Meter Drill 19: "Instant Reads" | _____ | _____ | _____ |
| 25. | HCOB 22 July 78 | ASSESSMENT TRs | _____ | _____ | _____ |
| 26. | DRILL: | E-Meter Drill 24: "Assessment by Instant Read" | _____ | _____ | _____ |
| 27. | DRILL: | E-Meter Drill 26: "Differentiation Between Sizes of Needle Reads" | _____ | _____ | _____ |
| 28. | DRILL: | E-Meter Drill 27: "Needle Observation" | _____ | _____ | _____ |

SECTION F: AUDITOR ADMIN

| | | | | | |
|----|-----------------------------------|---|-------|-------|-------|
| 1. | HCOB 6 Nov. 69R | Auditor Admin Series 14RA THE WORKSHEETS | _____ | _____ | _____ |
| 2. | DEMO: | The purpose of the session worksheets. | _____ | _____ | _____ |
| 3. | HCOB 5 Nov. 87 | Auditor Admin Series 13RA THE AUDITOR'S REPORT FORM | _____ | _____ | _____ |
| 4. | DEMO: | The purpose of the Auditor's Report Form. | _____ | _____ | _____ |
| 5. | HCOB 17 Mar. 69R Rev. 12.11.87 | Auditor Admin Series 12RA SUMMARY REPORT FORM | _____ | _____ | _____ |
| 6. | DEMO: | The purpose of the Summary Report Form. | _____ | _____ | _____ |

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|-----|---|--|-------|-------|-------|
| 7. | HCOB 31 Oct 87 | Auditor Admin Series 7RA THE FOLDER SUMMARY | _____ | _____ | _____ |
| 8. | DEMO: The purpose of the Folder Summary. | | _____ | _____ | _____ |
| 9. | HCOB 13 Nov. 87 Rev. 12.11.87 | Auditor Admin Series 3RA THE PC FOLDER AND ITS CONTENTS | _____ | _____ | _____ |
| 10. | PRACTICAL: Make up the following, assemble them in proper sequence and turn them in to the Supervisor: | | _____ | _____ | _____ |
| | a. | A dummy set of worksheets showing the process “Do birds fly?” run to EP. | _____ | _____ | _____ |
| | b. | A dummy Auditor’s Report Form showing the session where the process “Do birds fly?” was run. | _____ | _____ | _____ |
| | c. | A dummy Summary Report Form for the above session. | _____ | _____ | _____ |
| | d. | A dummy Folder Summary entry for the session. | _____ | _____ | _____ |

SECTION G: BASIC SESSION ACTIONS

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|----|--|---|-------|-------|-------|
| 1. | HCOB 4 Dec. 77R Rev. 19.8.87 | CHECKLIST FOR SETTING UP SESSION AND AN E-METER | _____ | _____ | _____ |
| 2. | HCOB 9 Aug. 78 II | Word Clearing Series 52 CLEARING COMMANDS | _____ | _____ | _____ |
| 3. | DRILL: Clearing commands on a doll. Coach answers for the doll and holds the cans, squeezing the cans to simulate reads. The student clears the commands “Do fish swim?” and “Do birds fly?” On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can standardly clear commands, keeping accurate worksheets. | | _____ | _____ | _____ |
| | [Note: The following HCOB, MODEL SESSION, includes instructions on the use of rudiments and Havingness. These procedures are not taught as part of this co-audit course. Unless you have been trained on flying rudiments earlier, the Supervisor will arrange for another to fly ruds if they are needed in your co-audit sessions.] | | _____ | _____ | _____ |
| 4. | HCOB 11 Aug. 78 II | MODEL SESSION | _____ | _____ | _____ |
| 5. | DRILL: Model session, on a doll. Coach answers for the doll and squeezes the cans to simulate reads. The student starts, runs and ends a dummy session in which the processes “Do fish swim?” and “Do birds fly?” are run. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when the student has demonstrated he can do model session procedure (excluding rudiments and Havingness, unless trained on these earlier). | | _____ | _____ | _____ |

SECTION H: METHOD ONE WORD CLEARING

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|----|---|--|-------|-------|-------|
| 1. | HCOB 30 June 71RC II Rev. 3.3.89 | Word Clearing Series 8RC STANDARD C/S FOR WORD CLEARING IN SESSION METHOD ONE | _____ | _____ | _____ |
| 2. | DIAGRAM: Draw a diagram showing how a subject is cleared using Method One Word Clearing procedure including finding and clearing earlier words in the subject, finding and handling earlier-similar subjects, and taking the subject to EP with all words found F/Ned. Turn your diagram in to the Supervisor. | | _____ | _____ | _____ |
| 3. | DEMO: The EP of: | | _____ | _____ | _____ |
| | a. | Handling a single word. | _____ | _____ | _____ |
| | b. | Handling a subject. | _____ | _____ | _____ |
| | c. | Method One Word Clearing | _____ | _____ | _____ |
| 4. | DEMO: The full Method One Word Clearing procedure. | | _____ | _____ | _____ |
| 5. | DRILL: Method One Word Clearing procedure on a doll. Coach answers for the doll and squeezes the cans to simulate reads. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when he has demonstrated he can do the full Method One Word Clearing procedure with metering and admin in. | | _____ | _____ | _____ |
| 6. | DRILL: A full Method One Word Clearing session, on a doll. Coach answers for the doll and squeezes the cans to simulate reads. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when he has demonstrated he can do a complete Method One Word Clearing session, from start to finish. | | _____ | _____ | _____ |
| 7. | HCOB 4 Dec. 78 | HOW TO READ THROUGH AN F/N | _____ | _____ | _____ |
| 8. | DRILL: Sit down in front of the meter with an F/Ning student on the cans and assess the prepared lists in <i>The Book of E-Meter Drills</i> . Spot each time you get a “check” or a “slow” or any change in an otherwise continuing F/N. Coach sits behind student and flunks any miscalled reads, referring the student to the exact LRH reference violated. The drill is passed when the student can read through an F/N and is adept at this. | | _____ | _____ | _____ |

SECTION I: STUDENT THEORY COMPLETION

1. STUDENT ATTEST:

I Attest that I have no misunderstands on the course materials and can successfully apply the materials of this course.

STUDENT ATTEST: _____ DATE: _____

2. SUPERVISOR ATTEST:

I attest that the above-named student has fully completed the checksheet, knows and can apply the materials of the course and has no misunderstands.

SUPERVISOR ATTEST: _____ DATE: _____

3. EXAMINATION:

An examination is fully passed in Qual on the materials of this checksheet. Passing grade is 85 percent. Missed questions are handled in Cramming.

STUDENT EXAMINER: _____ DATE: _____

SECTION J: CO-AUDITING

CO-AUDITING ON THIS COURSE IS DONE IN THE COURSE ROOM. UNDER SUPERVISION. IF YOU RUN INTO TROUBLE IN A SESSION, PUT YOUR HAND BEHIND YOUR BACK AND THE SUPERVISOR WILL COME AND ASSIST YOU.

- 1. Audit your twin on Method One Word Clearing to completion.

C/S: _____

- 2. Receive Method One Word Clearing from your twin to completion.

C/S: _____

SECTION K: COURSE COMPLETION

1. STUDENT ATTEST:

I Attest that I have no misunderstands on the course materials and can successfully apply the materials of this course.

STUDENT ATTEST: _____ DATE: _____

SUPERVISOR ATTEST:

I attest that the above-named student has fully completed the checksheet, knows and can apply the materials of the course and has no misunderstands.

SUPERVISOR ATTEST: _____ DATE: _____

2. STUDENT ATTEST AT C&A:

I attest :

- a. I have exchanged for my course. _____
- b. I have studied and understand all the materials on the checksheet. _____
- c. I have done all the drills on the checksheet. _____
- d. I can produce the results required in the materials of the course. _____

STUDENT ATTEST: _____ DATE: _____

C&A: _____ DATE: _____

3. CERTS AND AWARDS:

This graduate has been issued a certificate of INDEPENDENT METHOD ONE CO-AUDIT COURSE GRADUATE.

C&A: _____ DATE: _____

(Route this checksheet to the Course Admin for filing in the student's folder.)

Revision by
Independent Checksheet Compilations

DK:jaw