

**Independent Checksheets**  
**Independent Checksheets Foundation**

**CHECKSHEET OF 29 AUGUST 2010**

Non-Confidential Downloads

**THE PROFESSIONAL TR COURSE**

NAME: \_\_\_\_\_ ORG: \_\_\_\_\_

POST/OCCUPATION: \_\_\_\_\_

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

**PREREQUISITES:** 1. The Student Hat  
2. Must not be in the Middle of a major auditing action (Ref: HCOB 26 May 71R, C/S Series 38R, TRs COURSE AND AUDITING, MIXING MAJOR ACTIONS)

**MATERIALS:** Dianetics 55!  
Scientology: The Fundamentals of Thought  
The Problems of Work  
Dianetics and Scientology Technical Dictionary  
The Professional TR Course Pack  
The Professional TR Course Lectures

**LENGTH OF COURSE:** Two weeks full time (eight hours per day, five days per week).

**PRODUCTS:**

1. A Professional auditor who with communication handling alone can keep a pc interested in his own case and willing to talk to the auditor.
2. A being who can handle anyone with communication alone and whose communication can stand up faultlessly to any session or social situation on matter how rough.

**END PHENOMENON:** A Being who knows he can achieve both of the above flawlessly and from here on out.

**SEQUENCE:** This checksheet is studied once through in the sequence listed on the checksheet.

**CERTIFICATE:** Upon successful completion of this course, the student may be awarded the certificate of PROFESSIONAL TR COURSE GRADUATE.

**SECTION I:  
ORIENTATION**

- |      |   |  |       |       |       |
|------|---|--|-------|-------|-------|
| * 1. | HCO PL 7 Feb. 65                        | KSW Series 1<br>KEEPING SCIENTOLOGY<br>WORKING | _____ | _____ | _____ |
| * 2. | HCO PL 17 June 70RB<br>Re-Rev. 25.10.83 | KSW Series 5R<br>TECHNICAL DEGRADES            | _____ | _____ | _____ |
| * 3. | HCO PL 22 Nov. 67RA<br>Rev. 12.4.83     | KSW Series 25<br>OUT-TECH                      | _____ | _____ | _____ |

**SECTION II:  
INTRODUCTION TO THE PRO TR COURSE**

- |    |   |                           |       |       |       |
|----|---|---------------------------|-------|-------|-------|
| 1. | PAB 147, 1 Nov. 58  | COMMUNICATION COURSE      | _____ | _____ | _____ |
| 2. | <b>DEMO:</b> The importance of intention in doing TR1   |                           | _____ | _____ | _____ |
| 3. | HCOB 23 Aug. 79   | DEFINITION OF TRs         | _____ | _____ | _____ |
| 4. | HCOB 24 Dec. 79R<br>Rev. 19.6.86  | TRs BASICS<br>RESURRECTED | _____ | _____ | _____ |
| 5. | <b>DEMO:</b> The 5 factors as contained in HCOB 24 Dec. 79R which make the difference between an unsuccessful and successful TR course. |                           |       |       |       |
| 1. | _____   | _____                     | _____ | 2.    | _____ |
|    | _____   | _____                     | _____ | 3.    | _____ |
|    | _____   | _____                     | _____ | 4.    | _____ |
| 5. | _____   | _____                     | _____ |       |       |

**SECTION III:  
ARC: AFFINITY–REALITY–COMMUNICATION**

- |    |  |       |       |       |
|----|--|-------|-------|-------|
| 1. | <b>BOOK:</b> <i>Scientology: The Fundamental of Thought</i><br>Chapter: "The ARC Triangle" | _____ | _____ | _____ |
| 2. | <b>BOOK:</b> <i>The Problems of Work</i><br>Chapter: "Affinity, Reality and Communication" | _____ | _____ | _____ |
| 3. | <b>FALSE DATA STRIPPING:</b> Receive False Data Stripping on ARC.                          | _____ | _____ | _____ |
| 4. | <b>CLAY DEMO:</b> How the ARC triangle works.  | _____ | _____ | _____ |

**SECTION IV: TRs THEORY**

**A. TRAINING DRILLS REMODERNIZED**

- |   |    |  |                                 |       |       |       |
|---|----|--|---------------------------------|-------|-------|-------|
| * | 1. | HCOB 16 Aug. 71R II  | TRAINING DRILLS<br>REMODERNIZED | _____ | _____ | _____ |
|   | 2. | <b>DEMO:</b> The 6 factors given on the first page of HCOB 15 Aug. 71R II, TRAINING DRILLS REMODERNIZED. |                                 |       |       |       |
|   | 1. | _____  | 2.                              | _____ | 3.    | _____ |
|   | 4. | _____  | 5.                              | _____ | 6.    | _____ |

**B. OT TR0, TR0, TR0 BULLBAIT**

- |    |                           |                      |                            |       |       |       |
|----|---------------------------|----------------------|----------------------------|-------|-------|-------|
| 1. | Ability 52, Aug. 57       | CONFRONTING          | _____                      | _____ | _____ |       |
| 2. | Ability 54, Sept. 57      | MORE CONFRONTING     | _____                      | _____ | _____ |       |
| *  | 3.                        | HCOB 4 Jan. 73       | Study Series 9<br>CONFRONT | _____ | _____ | _____ |
| 4. | <b>DEMO:</b> Confronting. |                      |                            |       |       |       |
| 5. | HCOB 3 Feb. 79 II         | CONFRONT TECH HAS TO | _____                      | _____ | _____ |       |

BE PART OF THE TR  
CHECKSHEET

6. **FALSE DATA STRIPPING:** Student is to receive False Data Stripping on OT TR 0, TR 0, TR0 Bullbait.

**C. TR 1**

1. HCOB 25 Sept. 71RB TONE SCALE IN FULL  
Rev. 1.4.78
2. HCOB 31 Jan. 79 MOOD DRILLS
3. **DEMO:** How you would use Mood Drills to handle another student who had a stuck or fixated mood.
4. **FALSE DATA STRIPPING:** Student is to receive False Data Stripping on TR 1.

**C. TR 2, TR 2½**

1. HCOB 15 Sept. 58 MORE ON TRAINING DRILL  
TWO
2. PAB 149, 1 Dec. 58 DUMMY AUDITING  
Step Two: Acknowledgment
3. HCOB 12 Jan. 59 TONE OF VOICE –  
ACKNOWLEDGMENT
4. **DEMO:** The role of acknowledgment in controlling communication.
5. **FALSE DATA STRIPPING:** Student is to receive False Data Stripping on TR 2 and TR 2½.

**D. TR 3**

1. PAB 150, 15 Dec. 58 DUMMY AUDITING  
Step Three: Duplication
2. HCOB 24 May 62 Q AND A
3. HCOB 7 Apr. 64 Q AND A
4. HCOB 20 Nov. 73 I ANTI – Q AND A DRILL
5. HCOB 5 Apr. 80 Q&A, THE REAL DEFINITION
6. **CLAY DEMO:** Q and A.
7. **PRACTICAL:** Describe 3 Examples of Q & A you have observed. Hand your write-up in to the Supervisor.
5. **FALSE DATA STRIPPING:** Student is to receive False Data Stripping on TR 3.

**E. TR 4**

- |    |  |   |       |       |       |
|----|--|---|-------|-------|-------|
| 1. | PAB 151, 1 Jan. 59   | DUMMY AUDITING<br>Step Four: Handling<br>Originations | _____ | _____ | _____ |
| 2. | <b>Tape: 6307C24</b>   | “ARC Breaks and the Comm Cycle”                       | _____ | _____ | _____ |
| 3. | <b>DEMO:</b> An example of a partially detected communication.                   |   | _____ | _____ | _____ |
| 5. | HCOB 1 Oct. 65R<br>Rev. 24.2.75  | MUTTER TR   | _____ | _____ | _____ |
| 5. | <b>FALSE DATA STRIPPING:</b> Student is to receive False Data Stripping on TR 4. |   | _____ | _____ | _____ |

**F. TR DEMONSTRATIONS**

This section contain 3 LRH auditing tapes which are practical demonstrations of TRs. They are listened to by the student as an aid to developing and upgrading his own natural TRs and presence. When the student begins drilling TRs, he may relisten to them as needed to help bring his own TRs up to a passing standard. These LRH model auditing tapes are not to be robotically copied by the student and are not a substitute for the student’s *own* understanding of and ability to do TRs.

- |    |                      |   |       |       |       |
|----|----------------------|---|-------|-------|-------|
| 1. | <b>Tape: 5911C09</b> | “Demo of an Assist”                                   | _____ | _____ | _____ |
| 2. | <b>Tape: 6205C23</b> | “Check on ‘What’ Questions and ”<br>Havingness Probe” | _____ | _____ | _____ |
| 3. | <b>Tape: 6205C23</b> | “Fish and Fumble – Checking Dirty<br>Needles”         | _____ | _____ | _____ |

**G. ADDITIONAL MATERIALS ON TRs AND COACHING**

- |    |  |   |          |       |       |
|----|--|---|----------|-------|-------|
| 1. | <b>Tape: 5707C15</b>   | “Scientology and Effective Knowledge”             | _____    | _____ | _____ |
| 2. | <b>DEMO:</b> “And therefore, the road out is marked by simplicity and direct observation. And the road in is more and more and more vias, vias, vias, complexity, complexity, complexity.” |   | _____    | _____ | _____ |
| *  | 3.   | HCOB 24 May 68                                    | COACHING | _____ | _____ |
| 4. | <b>CLAY DEMO:</b> What a coach is.   |   | _____    | _____ | _____ |
| 5. | <b>DEMO:</b>   |   | _____    | _____ | _____ |
|    | a.   | Coaching with a purpose.                          | _____    | _____ | _____ |
|    | b.   | Coaching with reality.                            | _____    | _____ | _____ |
|    | c.   | Coaching with an intention.                       | _____    | _____ | _____ |
|    | d.   | In coaching, taking up only one thing at a time.  | _____    | _____ | _____ |
| 6. | <b>ESSAY:</b> You are coaching another student on TRs. Describe how you would handle each of the following situations as his coach:  |   | _____    | _____ | _____ |
|    | a.   | Student cannot “be there comfortably” on OT TR 0. | _____    | _____ | _____ |

- b. Student continually wants to look for misunderstandings on TR 0 rather than do the drill.
- c. Student gets upset while doing TR 0 Bullbait.
- d. Student cannot reach you with his TR1.
- e. Student's TR 2s do not come across as appropriate.
- f. On TR 2½, the student keeps overacknowledging.
- g. On TR 3, the student's questions each sound the same as every other question.
- h. Student's TR 4 handlings are robotic.

Write down the action you would take to correct the student, explaining why and cite the reference to back up your handling. Turn your write-up in to the Supervisor.

- |   |   |   |  |  |  |
|---|---|---|--|--|--|
|   | 7. HCOB 25 Apr. 71 I  | TRs AND CoGNITIONS                              |  |  |  |
|   | 8. <b>CLAY DEMO:</b> "In the presence of rough TRs coginitions do not occur." |   |  |  |  |
|   | 9. HCOB 7 Aug. 83   | ROBOTIC TRs                                     |  |  |  |
|   | 10 <b>DEMO:</b> The anatomy of a robot.                                       |   |  |  |  |
|   | 11 HCOB 8 Aug. 83   | CYCLING THROUGH TRs ON A PROFESSIONAL TR COURSE |  |  |  |
|   | 12 <b>DEMO:</b> The redefinition of cycling through TRs.                      |   |  |  |  |
| * | 13 HCOB 5 July 89   | COACHING TRs 0 – 4                              |  |  |  |

**SECTION V:  
THE COMMUNICATION FORMULA AND  
THE CYCLE OF COMMUNICATION**

- |   |   |  |  |  |  |
|---|---|--|--|--|--|
|   | * 1. <b>BOOK:</b> <i>Dianetics 55!</i><br>Chapter: "Communication"  |  |  |  |  |
|   | 2. <b>DEMO:</b> What a life unit must be willing to experience in order to communicate.   |  |  |  |  |
|   | 3. HCOB 23 May 71R I<br>Rev. 4.12.74  | Basic Auditing Series 1R<br>THE MAGIC OF THE COMMUNICATION CYCLE |  |  |  |
| * | 4. HCOB 5 Apr. 73   | AXIOM 28 AMENDED   |  |  |  |
|   | 5. <b>CLAY DEMO:</b> "Communication is the consideration and action of impelling an impulse or particle from source-point across a distance to receipt-point, with the intention of bringing into being at the receipt-point a duplication and understanding of that which emanated from the source-point." |  |  |  |  |

**SECTION VI:  
TRs CLAY TABLE PROCESSING  
AND TRs 0 – 4 IN CLAY**

At this point the student begins receiving auditing as contained in the Clay Table Processing Picture Book. Later the student will be checked out by the Supervisor on how to deliver this auditing and will audit another on it as well.

The Supervisor signs off the checksheet below after the student has completed each section of TRs Clay Table Processing.

Note: Student may not begin drilling on the TRs until he has fully completed TRs Clay Table Processing and TRs 0 – 4 in clay.

1. **AUDITING:** Receive TRs Clay Table Processing:

a. Indoctrination steps, using the *Clay Table Processing Picture Book*. \_\_\_\_\_  
Supervisor Signature

b. TRs Clay Table Processing Section I:  
AFFINITY, REALITY, COMMUNICATION AND  
UNDERSTANDING \_\_\_\_\_  
Supervisor Signature

c. TRs Clay Table Processing Section II:  
KNOWLEDGE, RESPONSIBILITY AND CONTROL \_\_\_\_\_  
Supervisor Signature

d. TRs Clay Table Processing Section III:  
THE CYCLE OF ACTION \_\_\_\_\_  
Supervisor Signature

e. TRs Clay Table Processing Section IV:  
THE CYCLE OF COMMUNICATION RELATED TO  
THE CYCLE OF ACTION \_\_\_\_\_  
Supervisor Signature

f. TRs Clay Table Processing Section V:  
THE FULL CYCLE OF COMMUNICATION AND ALL  
OF ITS PARTS \_\_\_\_\_  
Supervisor Signature

2. HCOB 26 Oct. 89 TRs CLAY TABLE  
PROCESSING:  
INSTRUCTIONS FOR THE  
STUDENT AUDITOR

(This bulletin may be studied anytime after completion of Section I, but must be done before you are eligible to begin auditing another student on Clay Table Processing.)

3. **CLAY DEMO:** Do a clay demo of OT TR 0, showing the parts of the full cycle of communication which apply to this drill. \_\_\_\_\_  
\_\_\_\_\_

4. **CLAY DEMO:** Do a clay demo of TR 0, showing the parts of the full cycle of communication which apply to this drill. \_\_\_\_\_  
\_\_\_\_\_

5. **CLAY DEMO:** Do a clay demo of TR 0 Bullbait, showing \_\_\_\_\_  
\_\_\_\_\_

the parts of the full cycle of communication which apply to this drill.

- 6. **CLAY DEMO:** Do a clay demo of TR 1, showing the parts of the full cycle of communication which apply to this drill. \_\_\_\_\_
- 7. **CLAY DEMO:** Do a clay demo of TR 2, showing the parts of the full cycle of communication which apply to this drill. \_\_\_\_\_
- 8. **CLAY DEMO:** Do a clay demo of TR 2½, showing the parts of the full cycle of communication which apply to this drill. \_\_\_\_\_
- 9. **CLAY DEMO:** Do a clay demo of TR 3, showing the parts of the full cycle of communication which apply to this drill. \_\_\_\_\_
- 10. **CLAY DEMO:** Do a clay demo of TR 4, showing the parts of the full cycle of communication which apply to this drill. \_\_\_\_\_
- 11. **CLAY DEMO:** The primary valuable final product of TRs. \_\_\_\_\_
- 12. **CLAY DEMO:** The secondary valuable final product of TRs \_\_\_\_\_
- 13. **CLAY DEMO:** The end phenomenon of TRs. \_\_\_\_\_

**SECTION VII:  
DEMONSTRATING TRs**

- 1. **DEMONSTRATION:** The student now demonstrates to the Supervisor how TRs are done, both as a student and a coach. This is NOT a clay demo nor a “demo kit” demo, but the student simply demonstrating each TR as a student and then as a coach coaching it – just to show him what it is.

NOTE: Student is NOT to be stuck into any TR, but runs through the TRs one after another, as both a student and coach, on a demo basis. It does not take as much as 5 minutes either way. No flunks are given.

Student must realize that he is not actually drilling the TRs at this point; he is only demonstrating how to do the drill as a student and how to coach the drill as a coach.

No verbal tech is to be given. Student, as a student or coach, simply duplicates exactly what the HCOB references state regarding the TRs.

When the student has demonstrated the TRs as both a student and a coach, the Supervisor signs below that he has done so.

- a. OT TR 0 as a student. \_\_\_\_\_
- b. OT TR 0 as a coach. \_\_\_\_\_
- c. TR 0 as a student \_\_\_\_\_
- d. TR 0 as a coach. \_\_\_\_\_
- e. TR 0 BB as a student \_\_\_\_\_
- f. TR 0 BB as a coach. \_\_\_\_\_

- g. TR 1 as a student. \_\_\_\_\_
- h. TR 1 as a coach. \_\_\_\_\_
- i. TR 2 as a student. \_\_\_\_\_
- j. TR 2 as a coach. \_\_\_\_\_
- k. TR 2½ as a student. \_\_\_\_\_
- l. TR 2½ as a coach. \_\_\_\_\_
- m. TR 3 as a student. \_\_\_\_\_
- n. TR 3 as a coach. \_\_\_\_\_
- o. TR 4 as a student. \_\_\_\_\_
- p. TR 4 as a coach. \_\_\_\_\_

SUPERVISOR: \_\_\_\_\_ DATE: \_\_\_\_\_

**SECTION VIII:  
HARD TRs DRILLING**

In this section the student and his twin drill each TR, OT TR 0 through TR 4, to a full pass from the Supervisor on each. They alternate as student and coach on each TR (except on OT TR 0, which is coached per HCOB 5 July 89, COACHING TRs 0 – 4).

Drilling and coaching are done exactly per the materials in the course pack.

1. **DRILL:** OT TR 0 to a full pass by the Supervisor. \_\_\_\_\_
2. **DRILL:** TR 0 to a straight, uninterrupted 2 hours of good, acceptable confront passed by the Supervisor. \_\_\_\_\_
3. **DRILL:** TR 0 Bullbait to a full pass by the Supervisor. \_\_\_\_\_  
**COACHING:** Twin has received a full pas on TR 0 Bullbait from the Supervisor. \_\_\_\_\_
4. **DRILL:** TR 1 to a full pass by the Supervisor. \_\_\_\_\_  
**COACHING:** Twin has received a full pas on TR 1 from the Supervisor. \_\_\_\_\_
5. **DRILL:** TR 2 to a full pass by the Supervisor. \_\_\_\_\_  
**COACHING:** Twin has received a full pas on TR 2 from the Supervisor. \_\_\_\_\_
6. **DRILL:** TR 2½ to a full pass by the Supervisor. \_\_\_\_\_  
**COACHING:** Twin has received a full pas on TR 2½ from the Supervisor. \_\_\_\_\_
7. **DRILL:** TR 3 to a full pass by the Supervisor. \_\_\_\_\_  
**COACHING:** Twin has received a full pas on TR 3 from the \_\_\_\_\_



Supervisor.

8. **DRILL:** TR 4 to a full pass by the Supervisor. \_\_\_\_\_

**COACHING:** Twin has received a full pas on TR 4 from the Supervisor. \_\_\_\_\_

**SECTION XI: STUDENT COURSE COMPLETION**

**A. STUDENT COMPLETION:**

I have completed the requirements of this checksheet and I know and can apply the materials studied.

STUDENT ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

I have trained this student to the best of my ability and he/she has completed the requirements of this checksheet and knows and completely applies study tech.

STUDENT ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

**B. STUDENT EXAMINER:**

Student has passed 100 percent on a written examination on the materials of The New Student Hat.

EXAMINER: \_\_\_\_\_ DATE: \_\_\_\_\_

**C. STUDENT ATTEST AT C&A:**

I attest that.

- a. I have studied and understood all the materials of this checksheet.
- b. I have done all the drills on this checksheet.
- c. I produce the results required in the materials of this course.
- d. I can apply these materials to self and others to improve study duplication.

STUDENT ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

C&A: \_\_\_\_\_ DATE: \_\_\_\_\_

The student is awarded the certificate of PROFESSIONAL TR COURSE GRADUATE.

(Route this checksheet to the Course Admin for filing in the student’s folder.)

Revision Completed by  
Independent Checksheet Compilations

DK:jaw