SCIENTOLOGY AND DIANETICS

BOOKLET 42
of the
PROFESSIONAL COURSE

BY L. RON HUBBARD

Invasions and Reality

Technique 88

(This Booklet is a Summarization of Tape Lecture 88L4B)

Ron's Org Grenchen Switzerland

TO THE STEADFAST AND LOYAL SUPPORTERS OF TOMORROW AND THE THINKING MEN OF YESTERDAY

COMPILED IN WRITTEN FORM BY

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ADDITIONAL STUDY MATERIAL FOR THIS LECTURE MAY BE FOUND IN THE FOLLOWING BOOKS:

- ADVANCED PROCEDURE AND AXIOMS
- Self Analysis
- HANDBOOK FOR PRECLEARS
- DIANETICS: MODERN SCIENCE OF MENTAL HEALTH (1950)
- SCIENCE OF SURVIVAL (1951)
- SYMBOLOGICAL PROCESSING
- LECTURES OF L. RON HUBBARD

PAMPHLET COVERS ONE LECTURE

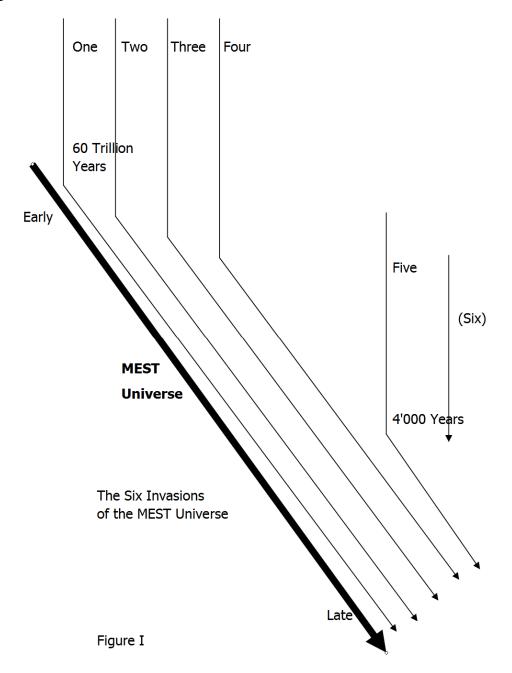
- COMMUNICATIONS SYSTEMS (HOW TO LIVE THOUGH AN EXECUTIVE)
- INDIVIDUAL TRACK MAP
- What to Audit

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INVASIONS AND REALITY

1. Research indicates that there have been several "invasions" of the MEST universe by beings who wished to conquer it and make it their own.

Figure I shows these invasions divided into six waves.



The first invasion may have occurred in the neighborhood of sixty-trillion years ago. The last, or fifth invasion, may have begun as recently as a few thousand years ago. The sixth invasion is not yet properly an invasion, since its members have not yet appeared on the scene, but indications are that it is on its way and may appear in the future.

As far as has been ascertained at this writing, most homo sapiens who are to be found on this planet came in with the first invasion of MEST. There are evidently, however, a few individuals who have arrived with invasions as late as the fourth. Data from preclears tends to indicate that the personnel of the fifth invasion may have some direct connection with the odd phenomena which are daily reported in the newspapers: flying saucers, glowing lights, etc., etc. It seems unlikely that there are more than a handful of the fifth invasion personnel on the surface of this planet, though the prevalence of such unexplained phenomena in our everyday skies suggests strongly that the fifth invaders (or someone) are to be found in considerable numbers not very far above the surface of Earth.

It is interesting to note the coincidence between such stubbornly persistent phenomena, which defy all the efforts of "experts" to explain them away, with consistent reports from preclears that they have some knowledge of the persons who are (or may be) operating these ships, or force fields, or whatever they may be.

As in all research of this or any kind, it is quite possible that we have jumped to conclusions on insufficient evidence. It is possible that there are no flying saucers, and it is possible that there were no invasions of the MEST universe.

It is equally possible that there are and were.

We are now going on the temporary assumption that there are and were, because we have encountered phenomena, in the skies and on the couch, which indicate that something is going on. The theories which are here presented represent the best explanation which we have been able to make of these phenomena to date. Later, we may find a better explanation.

The probability, however, remains high that we shall not be able to explain *away* these phenomena. Phenomena, once observed, have a habit of presenting themselves over and over, again, to many and different observers, in spite of all efforts of authorities to make them vanish. Witness the innumerable attempts of Air Force authorities, journalists, psychologists, noted astronomers, and others to cause the vanishment of flying saucers by explaining them as balloons, delusions, reflections of automobile headlights, the planet Venus, ionized clouds, lyonnaise potatoes, and so on. These attempts have not altered in any particular the observations which continue to be made by standard, everyday, normal individuals, some of them professional sky watchers in various fields.

Similarly, the repeated recall by a very wide variety of preclears of the unbelievable and impossible incidents of the whole track leads us to suspect that unbelievable and impossible as these incidents are they are just as real as the '52 Ford, and that if we do not wish to come to grief we should not ignore them and deny their existence any more than we should step off the curb in front of a fast-moving automobile

simply because we are in favor of the return of the horse and buggy.

In spite of the efforts of the Air Force to invalidate flying saucers, an alert section of that organization is working constantly to solve the problem of their appearance and to solve it in any terms which the problem presents. In other words, they are no longer trying to explain away the phenomenon. They are now trying to explain it.

In a like manner, some individuals who have studied Scientology have, at first glance, rejected the theory of the whole track. They have said that self-determinism, thought, emotion, and effort processing, attention-unit and concept running are fine, but that these wild dreams of electronic incidents a billion years ago are going a bit too far. Subsequently, some of these individuals have, against their will and with a strong desire to prove that it is all a lot of hogwash, allowed themselves to be processed through whole-track material. It is interesting to note the anger which has been manifested in such sessions by the preclear who finds that he can and does recall experiences exactly like those described in the theory. Pre-clears have been known to hammer the couch with their fist and exclaim: "Do I have to admit that Hubbard is right?"

It is interesting that even individuals dead - set upon proving that these incidents do not exist will run them as nicely as though they had been bribed and suborned by Mr. Hubbard himself. Unfortunately, Mr. Hubbard is not wealthy enough to have bribed all the preclears who have contacted, run, and experienced benefit from such unheard-of material.

Now, the question which comes up in such cases, "Do I have to admit that Hubbard is right?" is an interesting one. The answer, of course, is, "No, you do not."

Nobody has to admit that the material on the whole track exists, any more than any one has to admit that a critical mass of plutonium will cause severe atmospheric disturbances. There may be another, better, "more rational" explanation to both phenomena. Until such a better explanation is found, however, those of us who are working in Scientology will follow the theory of Mr. Hubbard that whole-track incidents exist, and the theory of Dr. Oppenheimer that fission occurs.

Whether any given individual follows either of these theories, however, it would be difficult not to admit that *something* is happening. The unfortunate inhabitants of Hiroshima may never have heard of atomic energy, but when all the buildings fell down, they knew that something had occurred. The preclear who finds himself in the middle of an electronic incident may have his doubts about the six invasions or the superfluousness of a body, but the somatics and visios which he experiences lead him to suspect that there is something going on of which he has not hitherto been aware.

Scientology is merely an attempt to explain in a useful way phenomena which appear to many observers to exist. Physics is the same kind of an attempt, in a more restricted field. It is possible for scientists to have some doubts of their theories without having to doubt their entire method of operation and the experience of their own senses. There was a considerable difference of opinion among reputable scientists as to whether an atom bomb would blow up the entire planet by chain reaction. This difference of opinion did not lead them to be-

lieve that the bomb did not actually exist. It only made them a little nervous about what might happen when it should go off.

The development of Scientology has been such that though minor revisions are constantly being made, the main body of theory continues undisturbed by new evidence and in fact is regularly validated by new evidence. This indicates that the theory is good. The question, "Are there six invasions, or one, or none?" implies an uncertainty about how to evaluate the reports of preclears. It does not imply uncertainty about the significance of the reports or the existence of the preclears. Of some things we are reasonably sure.

Mr. Hubbard encounters these reports directly and indirectly in processing. He evaluates them. He presents his evaluations quickly and confidently. Sometimes further observations and evaluations cause him to change his position on some of the details – occasionally, on some major points. But those of us who have observed him over several years have found that his evaluations are remarkably durable. Many of us have, by our own experiences, been forced to "admit that Hubbard is right."

Now, it is sometimes annoying to find that another human being got there before you did. But, if by getting there he manages to save your life, strike off your chains, brighten your world, and relieve your runny nose, he can, perhaps, be forgiven for having a quick mind and an unlimited horizon.

2. There has been some discussion of the benefits of not having a body – or of not having to have a body if one does not want to have. Figure II shows a "wanted" poster which might ap-

pear in the post offices of the land if the right individual should develop the right amount of control over bodies. We may assume that, in a society of quite aberrated individuals, this thetan would be able to assume control of bodies upon which were trapped thetans of lesser power (due to greater aberration).

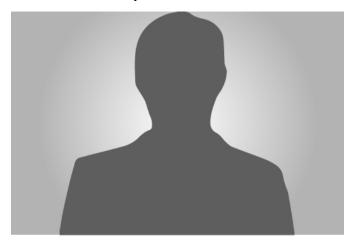
(NOTE: This poster is *not an actual poster put out by the F.B.I.* but only an imaginary representation of what might happen under the proper circumstances. Any resemblance to persons living or between lives is purely coincidental.)

3. The greater latitude of living conditions an individual had, the harder he would be to control. Above, we consider the individual who needs no body, but as a lesser state let us consider merely an individual whose tolerance band is doubled.

WANTED!! By the F. B . 1.

ASA GUNLATCH

Aliases: John Potter, Ralph Bigbe, Sheila McGowan, Satsuma Nagashima, Sophocles Pappadopilous, Henry Sirk, Raphael McGillicuddy, Isaac Gold, Bronislav Schmerkin, Alice Feeny, Ray Stonk, Bill Effmann, Booker B. Harver, Vasanta M. Rajagopal, Esposita diVulgere, Sidney Running Horse, Yu-Shan Wong, Armando Garcia, Mohammed Bey, Zrstvl Ztuchbas, etc. etc.



No Photo Available

Gunlatch is wanted in connection with reports of the above-named persons, whose names he has used, that they have been "taken over internally" by someone who admits that his name is Asa Gunlatch, and *used* to perform certain legal and illegal actions against their will. DiVulgere, for example, was apprehended taking a bath in the President's private tub in the White House, Washington, D.C., but when questioned alleged that he had been forced into this act by Gunlatch. He was not armed.

A reward of \$5, 000 is offered for any information leading to the arrest or materialization of Gunlatch.

He probably is unarmed but is to be considered VERY DANGEROUS.

Figure II

Human life takes place between certain temperatures, certain pressures, certain breathing mixtures and densities, certain

rates of radiation. If, by running out a few facsimiles, an individual could double even this tiny range, he would be very difficult to control. He could cross high mountains on foot without freezing, survive in burning buildings, live in the open desert for days without water – in short, he could do as a matter of course what desperate men occasionally have done to save their lives, and when pressed he could lead his pursuers such an impossible chase that they would be sure to give him up for dead when he was in reality only tired and footsore.

It is not suggested that such exercises are among the goals of processing, but still, one must consider what may be the results, of processing in some cases. The harsh realities of an irrational society are not particularly selective as to victims. There are places in the world today where to think for one's self is to be accused of treason.

It is highly conceivable that the time-table of history may so unfold itself that the very techniques which we outline here and which we shall outline in the immediate months ahead will prove to be the secret weapon which defeats the wave of totalitarianism that sweeps toward us – or, failing that makes possible the survival and ultimate triumph of an underground movement.

In spite of the apparent calm and security of our daily lives at the moment of this writing, a month or a year or five years may see the greater part of what we call our world swept away before the insane rage of a control society in its last violent efforts to dominate the entire planet. This is not a dire prediction, but a cold fact. The probability of such an event is not low. The slender, bright current of knowledge which flows within this science may be enough to nourish the birth of a new world of sanity amid ruins which hollowly echo the tramp of massed police, and bring about the reconquest of a planet in the grip of men whose god is made of mud. If Scientology should fail in this task, what other magic would come to our hand? We look about us, but see none.

3. Figure III is a representation of what may be happening when the preclear begins to be confused and says that he is at two places at the same time, or behaves as though he were two different people having two different adventures.

This may apply particularly when the preclear is running a death or a serious injury in which he nearly died. Suddenly, he will begin to see a scene or have perceptions which just do not fit the incident that he has been running and which he yet cannot separate from that incident. He stubbornly maintains that they are both happening to him at the same time but in different places, and he is confused and bewildered about it.

At this point, the auditor will do well to be familiar with the double track phenomenon. This is a manifestation brought about by definite incidents and practices.

At (a) in Figure III we see a MEST body which is being held prisoner in some sort of device which maintains it in a somnolent state. This MEST body belongs to the preclear (who is, of course, a theta body) and the preclear has been convinced that he cannot get along without this body, that it is very dear and necessary to him, and that the persons who have placed it in this container are taking care of it for him

and will take care of it only so long as he reports back to it between the lives which he is leading elsewhere.

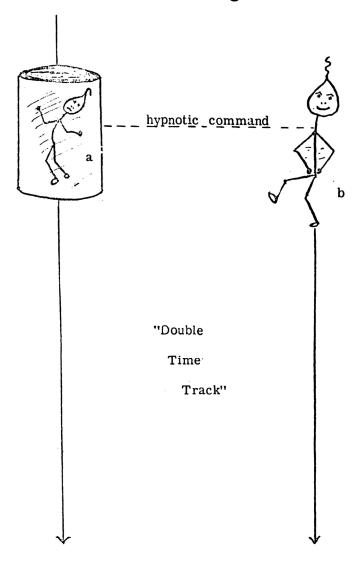


Figure III

At (b) we see a MEST body which is elsewhere and is under the control of the preclear. The preclear has forgotten about the body at (a), and he will not remember about it until he dies, at which time he will deem it necessary to report back to it in order to fulfill his part of the bargain. When he dies, he reports back and is quickly sent out again to another MEST body. He lives another life, oblivious of his commitment to the body at (a), and then reports back again.

The appearance of a double time track occurs because the preclear is unaware of the double-body situation. The first explanation that springs to his mind (and perhaps to that of the auditor) is that two times are involved. But actually it is two places that are involved: (a) and (b).

As in all processing the auditor does not, upon reaching the conclusion that he has hit a "doable track" incident, begin to explain this to the preclear. In the first place, the auditor may be wrong in assuming that this particular incident is a "double track" incident. In the second place, even if the auditor is right, the preclear's self-determinism will not be advanced by having the auditor expound in detail an incident which is still occluded or confusing. If the auditor has misjudged the incident, time will be wasted and the preclear, at best, will become annoyed with the auditor for not knowing what he is talking about. At worst, he will accept the auditor's mistaken evaluation and will become even more confused. If the auditor has judged the incident correctly, the preclear will get the impression that the auditor knows more about him than the preclear himself knows, that the auditor can read his thoughts when he cannot read them himself, and that the auditor is CAUSE and he himself is only an EFFECT. When he begins to feel this way, his ability to run will drop and the incident may be lost from view, having become the central point of a big maybe about auditing itself.

Even if the auditor recognizes the incident minute for minute and inch for inch he must not tell the preclear anything about it. He must get the preclear to tell him. Not, "You have two bodies, haven't you? And one of them is being held by force, isn't it? And you have been told to report back between lives, haven't you." Rather, "Are you definitely operating a body? Well, is there another body anywhere about that you are attached to in some way? Are these two bodies in the same place? Well, do they exist at the same time? Do you have any idea why you are mixed up with two bodies at the same time? Have you received some instructions about this from someone? Do you know who? Well, can you remember the content of the instructions? Is there something you are supposed to do about one or the other of these bodies? What about the one which is being held, is there something you are supposed to do about that one? To report back? Do you remember thinking that there was something to be gained by reporting back? Was it something very desirable or beautiful? What was your attitude toward this prisoner body? How do you feel about it now? etc. etc.

The auditor, in every case of whole track processing, uses his knowledge of the incidents on the track and of the operation of thought not to educate and indoctrinate the preclear but to ask the preclear questions which will permit him to discover the truth for himself. It is only truth that the preclear has discovered for himself which will be of any use to him. This means that the preclear must be CAUSE during the session. The best way to assure that the preclear will be CAUSE is to wish him to be CAUSE and to express that wish in questions, not in statements.

This does not for one minute mean that the auditor is not CAUSE. Remember that an auditing session is a group. Both

members of the group are CAUSE: The auditor, by asking the right question, which only he can ask; the preclear, by giving the right answer, which only he can give. If the preclear knew what the right question was, he would not need an auditor.

If the auditor knew what the right answer was, he would BE the preclear. Perhaps we shall some day (tomorrow or next century) have auditors who know the right answer, but we haven't got them at this writing, to the best knowledge of this writer. When we get them, processing will be faster.

4. What is Technique 88 and what is Technique 80?

The student will find in these booklets and in the lectures of Mr. Hubbard some confusion as to just what these terms refer. The writer is now prepared to essay again the definition of these two labels.

Technique 88 is processing the thetan on the whole track (including, of course, this life).

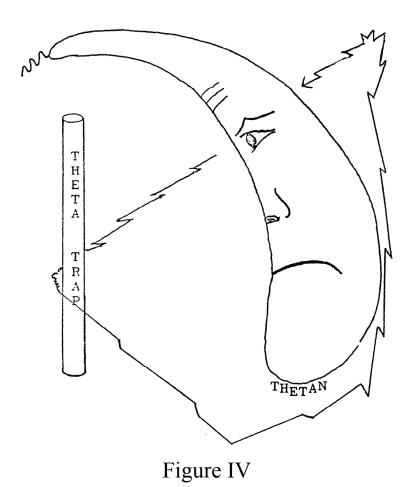
Technique 80 is the use of motivator-overt and DED-DEDEX sequences in processing.

It is likely that these definitions will hold up for some time, since Mr. Hubbard seems to have settled upon them fairly definitely. The experienced student of Scientology would not be surprised, however, if they should change next week. This is known as randomity.

Perhaps it may serve a useful purpose to make a further statement: All methods and techniques which were developed before 80 and 88 have just one major goal — to locate and rehabilitate the thetan to the point that he can be run on the whole track.

5. Techniques 80 and 88 do not make previous techniques superfluous. They merely go beyond them to a greater goal. Figure IV is a representation of the theta trap.

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The thetan, unencumbered by a body, approaches the theta trap, which is a "post" of some kind. He sends an exploratory stream of energy toward it. The trap takes the energy which it receives from the thetan and sends it back at him in a "tractor wave" - a wave which tries to pull the thetan to the post.

When the thetan feels that he is being pulled to the post, he tries to resist by sending out a repulsor wave, but the trap merely takes this energy and uses it against him in another tractor wave.

The thetan feels that he is being overcome by this powerful enemy. He sends out his total energy to destroy the post. It comes back at him destructively. He does not realize that he is being deceived into holding himself there and beating himself with his own strength. He becomes apathetic, thinking that he has been bested by an enemy.

When he becomes apathetic his energy dwindles. Still, whatever force he puts out occasionally in an attempt at escape comes back at him to hold him still a prisoner.

Later incidents in which the individual becomes trapped by gravity on a large planet (when he has a MEST body) may easily attach themselves to the theta-trap chain.

SUMMARY BOOKLET 42

Seminar Questions

- 1. What Invader Force might the "flying saucers" represent?
- 2. What is the purpose of such invasions? What was the extent of your involvement?
- 3. Why are past life theories so bitterly controversial?
- 4. Would you process a death of a relative under Technique 80 or 88? How about a prenatal?
- 5. How can you avoid "theta traps"?