SCIENTOLOGY AND DIANETICS

BOOKLET 47

of the

PROFESSIONAL COURSE

BY

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Energy Flows and Ridges

Technique 88

(This Booklet is a Summarization of Tape Lecture 072452A)

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TO THE STEADFAST AND LOYAL SUPPORTERS OF
TOMORROW AND THE THINKING MEN OF YESTERDAY

COMPILED IN WRITTEN FORM BY

D. FOLGERE
AKA RICHARD DE MILLE

ADDITIONAL STUDY MATERIAL FOR THIS LECTURE MAY BE FOUND IN
THE FOLLOWING BOOKS:

- ADVANCED PROCEDURE AND AXIOMS

- SELF ANALYSIS

- HANDBOOK FOR PRECLEARS

- DIANETICS: MODERN SCIENCE OF MENTAL HEALTH (1950)

- SCIENCE OF SURVIVAL (1951)

- SYMBOLOGICAL PROCESSING

- LECTURES OF L. RON HUBBARD

     PAMPHLET COVERS ONE LECTURE

- COMMUNICATIONS SYSTEMS (HOW TO LIVE THOUGH AN EXECUTIVE)

- INDIVIDUAL TRACK MAP

- WHAT TO AUDIT

ENERGY FLOWS AND RIDGES

1.   Before an auditor can take a preclear through electronic incidents successfully, he must have a working knowledge of the energy flows which the preclear has experienced in the incident and the energy flows which the preclear is using to try to control the facsimile of the incident.

We have seen that the various flows which are found in the preclear's facsimiles come from both motivator and overt incidents. They are flows both to and from the preclear. For every flow there is a counter-flow.

In physics, we have a law of motion which says: for every action there is an equal and opposite reaction.

The same is true, at least approximately, in terms of the energy flows in the preclear's facsimiles. When the preclear has a facsimile in present time which contains a flow against him, how does he stop that flow from hitting him, in facsimile? He finds, from anywhere he can, a facsimile which contains an equal and opposite flow, and he uses this to stop the flow against him.

If the auditor does not know this, he is not going to be very successful in running out these facsimiles.

2.   Figure I is a very simplified diagram of the flows which may be encountered in some "maybe" that the preclear has in present time.

Let us suppose that an automobile (a) speeds down around a curve and runs into a stone wall (b). The auditor wants to run out the facsimile which the preclear has of this action. The

preclear has, at one time, run his automobile into a stone wall. Perhaps he has even killed himself doing it. The auditor asks him to run the incident.

The preclear contacts the incident and finds himself immediately tangled in the wreckage at the stone wall. He does not know what happened before that point. All he knows is that there is a knot of violent confusion at the stone wall and he is at the center of the knot. He cannot get off the wall and go earlier in the incident. And why not?

This stone wall is a ridge. Energy is striking the preclear in two directions: from the wall and from the car. In order to get off the ridge, the preclear will have to run it as a ridge. He will have to feel the energy striking him from both sides.

When he has run this for awhile, he will be able to get off the ridge and go to the beginning of the flow, at (a). Then he can run the flow through to where it strikes the wall again. The auditor has him do this a few times.
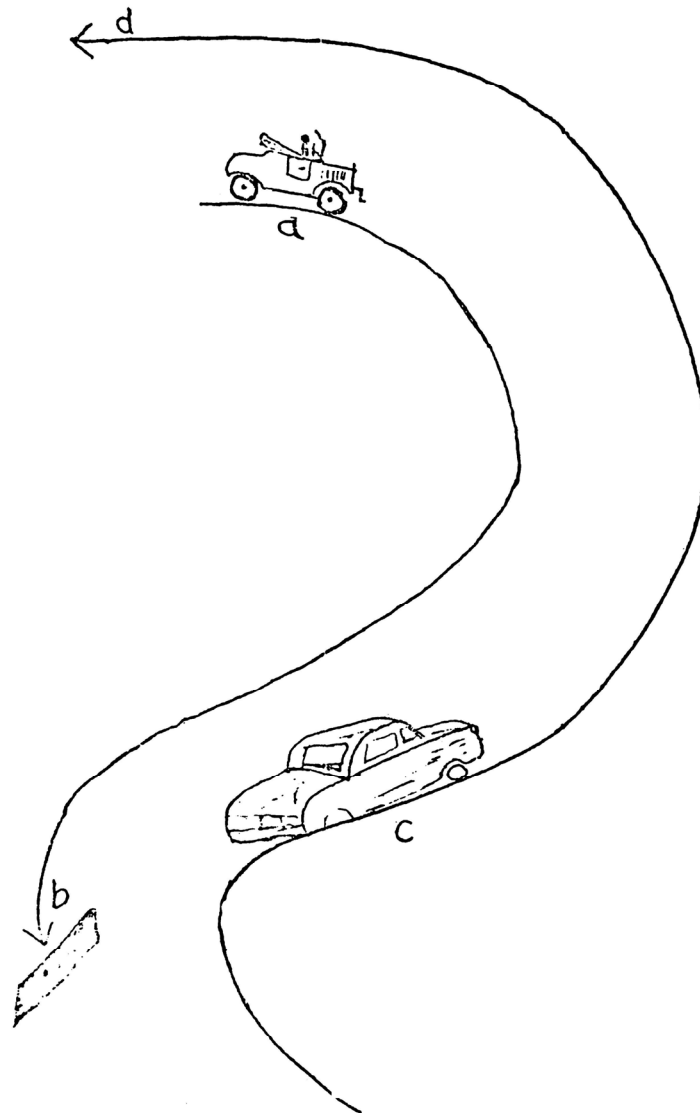
Figure I

Presently, however, the preclear discovers that he can no longer make the incident run through to the point where he hits the wall. Something is stopping him and keeping him away from the wall. The preclear may even tell the auditor that the incident no longer bothers him and that he wants to go to a later incident. If the incident has not really blown, that means that the preclear has been bounced right out of the incident.

What is this force that is holding the preclear away from the wall or bouncing him out of the incident? It is merely a flow in the opposite direction to the one he has been running. In order to get the preclear to the wall again, the auditor must have him run this opposite flow.

Following the example which we have set up, the auditor asks the preclear if something is coming at him from that direction of the wall, and the preclear discovers another automobile, coming the other way. The auditor asks him to run the motion of this other automobile a few times. The preclear does this, and then he is able to run the motion of the first automobile (a-b) again.

In order to run this incident out, the auditor will have to alternate between the two automobiles whenever the movement of one of them slows down and refuses to run.

Interestingly enough, however, when the incident has been run until some of the charge is off it, the preclear will discover probably that the other automobile is actually from another incident, an earlier incident.

The auditor realizes that the preclear has been using the facsimile of this motion (c-d) to slow or stop the facsimile of motion (a-b). In order not to re-experience this auto crash, he has used a memory of a car which was going the other way. The two motions have balanced each other out, and no motion has resulted.

When the auditor first begins to run this incident, he will find that he can run either of the two motions (if they are in balance) for a little while, but then as it is weakened, the other

motion will slow it or stop it, so that it will not run. The auditor must then shift to the other motion and run that.

The preclear will keep the two incidents together just as long as he needs motion (c-d) to protect him from motion (a-b) – but no longer .

This example of an automobile running into a stone wall is only a crude representation of the electronic incidents which will, for the most part, be run with this kind of technique. In reality, the situation is more complex, though it follows the same principle.

2. Geometrically speaking, the individual is surrounded by a sphere. There are 360 - times - 360 points from which flows can come at him.

Naturally, when running the preclear, we do not try to deal with all of these points at the same time. We ask the preclear, "What is the direction of this flow? From where is it coming?"

We know, however, that no matter what direction we may arbitrarily choose, the preclear has experienced a flow from that direction.

How do we know this? It is a simple matter of looking at the length of the time track. The preclear has been around as a being for such a long time, under such arduous circumstances – he started out with such an adventurous spirit, and he has been beset by such powerful adversaries – that there is nothing he has not been through. Trillions of years have provided him with a counter-effort from every point of the compass.

This does not mean that he is holding every one of these flows in present time, or that every one of them must be run out. It means only' that he may be holding any one of them in present time and that any one of them may have to be run out.

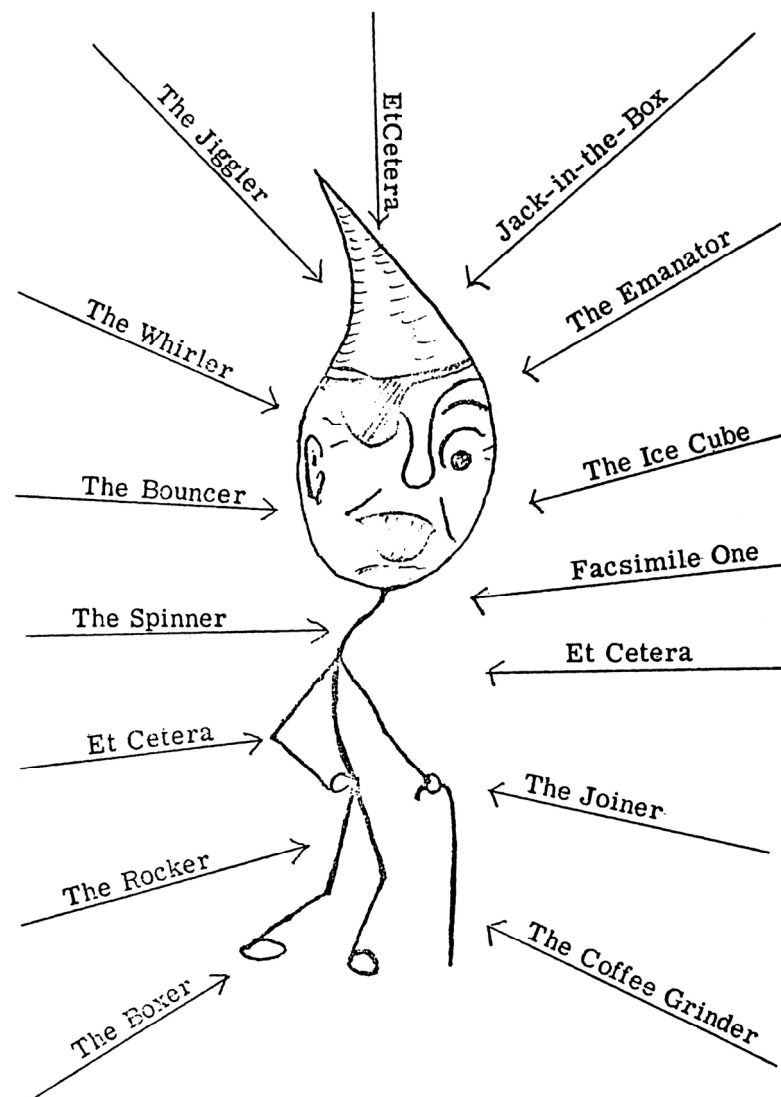Figure II illustrates the flows which have come against the individual.

Figure II

Figure III, on the other hand, shows the flows which have proceeded from the individual toward someone or something else. What we have said about the inexhaustibility of the flows which have approached the individual is equally true of the flows which have emanated from the individual, or from his general direction. There is one going out for every one that is coming in – and. if there is not one going out which exactly fits the one coming in, then the individual will pick the one which most nearly fits.
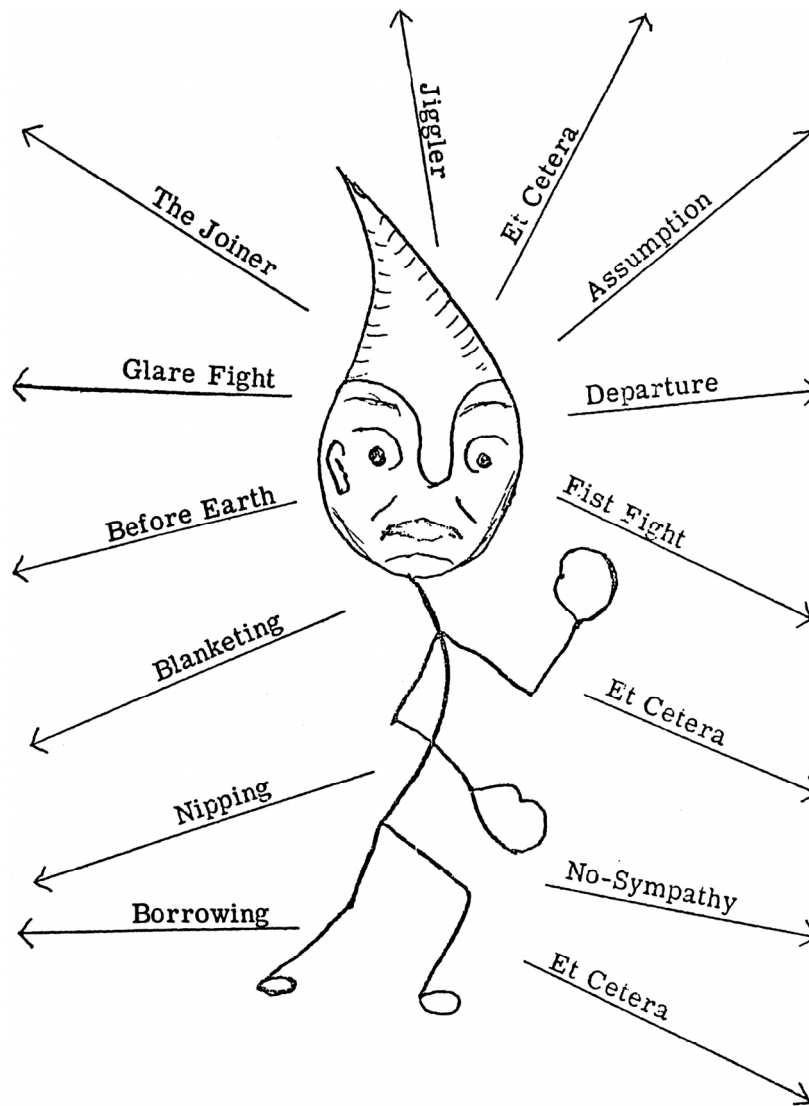

Figure III

All this should make it clear to the auditor that the flows and counter-flows which he finds in an "incident" which the pre-clear presents will be much more closely related by their magnitude and compass direction than by their proximity in time.

Let us assume that the individual's facsimile of "The Rocker" has been restimulated. In Figure II, we have arbitrarily chosen a flow and labeled it "The Rocker". Assuming that this is the flow which has been restimulated how is the individual going to protect himself against this flow?

Obviously, he is going to need another facsimile, which contains a flow that will counteract this one. Where does he find that facsimile? Does he pick a facsimile which happened on same day as "The Rocker", in order not to confuse the auditor, who may not have heard that theta is not bound by time? Or does he pick one which contains the flow which will best counteract this "Rocker" flow, no matter where in space or from what part of the time track he may have to pick it? Obviously, he does the latter.

If we look at Figure VI, we see that the best flow to counteract "The Rocker" would be "Nipping". Therefore, the individual dredges up this "Nipping" facsimile, like a handful of mud, and slaps it against the leak in the dike which is letting the "Rocker" come through.

There is no consideration for the time sense of the auditor.

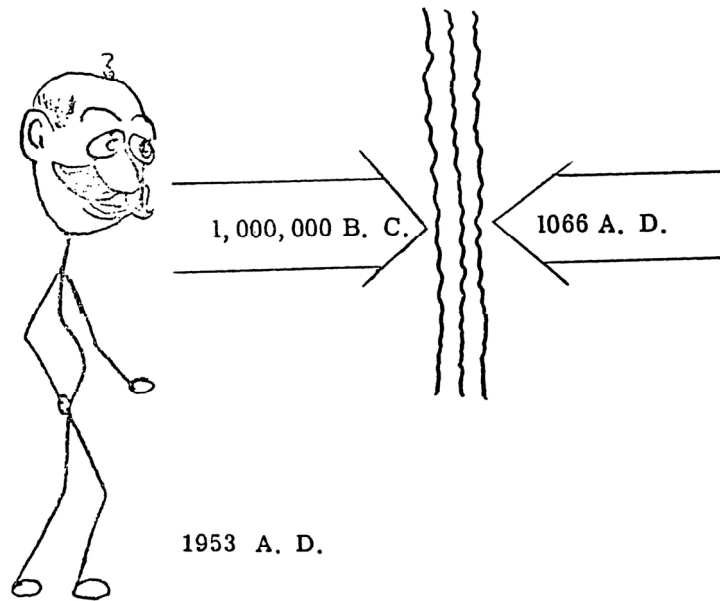Figure IV is a closer look at-this same kind of situation.

Figure IV

A flow, comes at the individual, about the time of William the Conqueror. Perhaps he is a Briton, and this flow is a Norman arrow. The date: 1066.

In 1953, the individual puts his attention on the exact spot in front of him from which the arrow came, while he is at the sea shore with someone who has a French accent. The 1066 incident is restimulated. The motion, in facsimile, comes against him again.

Quickly, he puts up a counter-motion, to stop it, so that he will not have his chronic sore throat. Of course, he thinks, "I must not get a sore throat, the way I always do when I come to the beach." But the auditor knows it goes back farther than that.

The counter-motion which the preclear finds to stop this Norman arrow comes from one million B.C.: the time he drove the spear into the loungesauros. He puts that counter-motion up, and avoids the sore throat.

But what has he done to time? He has brought one million B.C. and 1066 A.D. and January 3, 1953, all into present time, where they will stay until something happens to deactivate them. All these dates are firmly embedded in the ridge between these two motions.

In a like manner, many other facsimiles become embedded in ridges around the individual, and these ridges (because of overts and DEDs) are identified with past bodies of self and others. For this reason, running ridges out of a case is very fast processing, since it deactivates innumerable facsimiles.

3.   There is a special kind of wave known as a tractor wave. It is a wave which comes at the preclear from a source but instead of hitting him it pulls him. This may prove confusing both to the preclear and to the auditor, unless the auditor is alert for such a phenomenon.

The reaction of the individual who is hit by a tractor wave is to back away from it. He uses his strength to hold himself out of the grasp of this wave. In so doing, he creates a dead area between himself and the wave, as shown in Figure V. This dead area, if unrecognized, may prevent the running of the flows.
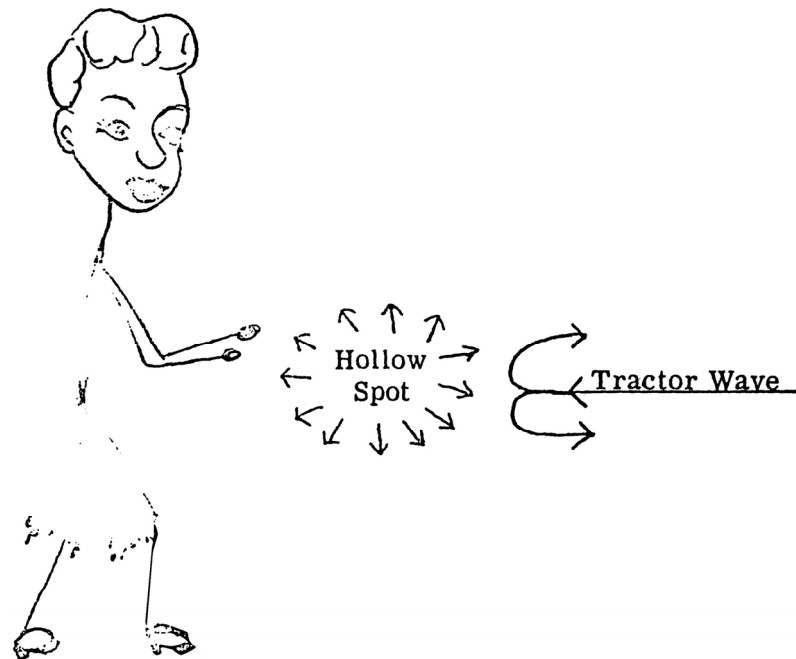
Figure V

There is the flow of the tractor wave, out and back. And there is the dispersal flow from this dead area which is between the individual and the tractor wave.

If the preclear does not run this dispersal, he may not be able to get close enough to the tractor wave to run it. Conversely, the dead area acts as a disguise for the tractor wave and permits the tractor wave to hold the individual, unknown to him. He does not feel that anything is touching him, but still he is held by something. Very mysterious. This fact makes this kind of incident a very good holder, and the facsimile will tenaciously cling to present time.

4.   Figure VI illustrates the action of a thetan (a) in attempting to implode an individual he detests (b).
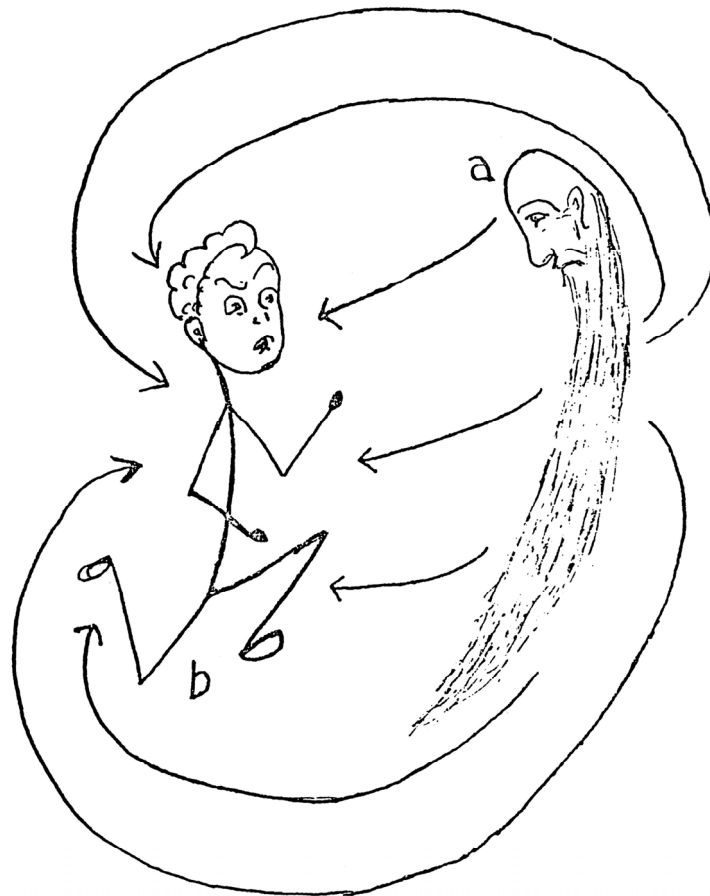
Figure VI

He throws a strong tractor wave around the individual to pull him in and at the same time sends a heavy wave directly against him. He surrounds this individual with force in this manner, hoping to cause the individual to collapse inward into nothing (which action we call an implosion).

When, however, the implosion takes place, the thetan may get sucked into it and may find himself mixed up with the imploded victim. This would be particularly likely to happen if the thetan went down the tone scale at the time of the implosion, due to a wave of apathy coming from the victim; followed by the restimulation of overt acts and motivators occasioned by this wave; followed by sympathy for the vic-

tim occasioned by these overt acts and motivators; followed by identification with the victim occasioned by this sympathy; (there being a natural curve of no-sympathy, sympathy, identification.)

This produces the effect that the individual (a) will find himself obsessed by thoughts of persons he particularly detests. He finds himself unable to get them out of his mind. And why? Because he is using a tractor wave on them and not letting them get away. The whole procedure is just a re-enactment of the situation shown in Figure VI.
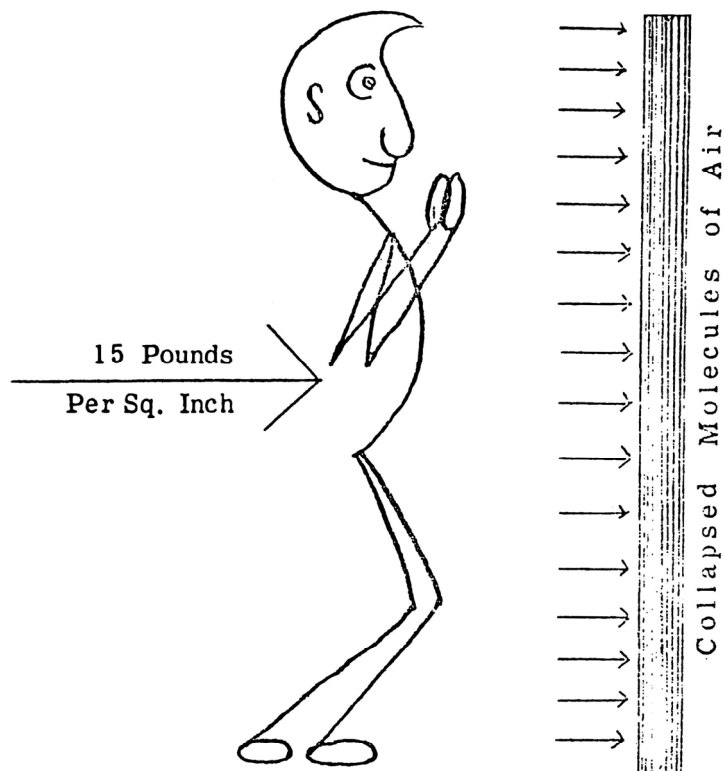

Figure VII

5.   Figure VII shows what a thetan could do if he knew how to collapse the air molecules in front of someone. He could cre-

ate a moving vacuum in front of this person, into which this person would continually fall. This would be the rough equivalent of a tractor wave.

Theoretically, it should be possible to take all or nearly all the space out of a molecule of air. This would produce no pressure where there was pressure before. If this were done at sea level on earth, it would produce a pressure of 15 pounds per square inch on the back of the victim, which would be a force of several thousand pounds.

In this way, by the application of the presumably small energy needed to bring about the collapse of the air, the strong force of the normal air pressure could be used to advantage. This principle already has been applied to aircraft – in science fiction stories only, however.

It is presumed that the auditor may encounter such maneuvers in incidents on the time track, in motivators and overt acts.

5[1]. Why is it that only those (many) facsimiles which the preclear holds in present time can aberrate him?

One way of explaining this is to say that the flows of energy which are recorded in facsimiles are "dead" flows. In order for them to have any power or life, a new flow of attention must be played over them by the individual.

From this we may deduce the fact that all facsimiles which are aberrating the individual are being fed the power to do this by the individual himself.

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[1] Nr. 5 is repeated, typo in the original.

In other words, he is doing it to himself, right now, in present time.

That is a basic principle. No matter what is wrong with the individual, he is the one who is keeping it that way.

Of course, that does not mean that he can read these words on this page and suddenly stop doing it to himself – unfortunately. At least, we have not seen anyone who has done this, though numerous reports have come in from far and wide of individuals who have taken startling steps in this direction.

On the other hand, though the recognition of this fact may not produce a miracle, it is definitely necessary to successful processing. The auditor must know about it, and the preclear will not get far until he himself knows it.

Whatever is wrong with us, we did it, and we are still doing it.

Scientology is, among other things, a collection of techniques for undoing it. All this time we have been hitting ourselves on the head with a hammer. Scientology is saying, "Hey! Why don't you put down that hammer?"

Scientology is an advance in technique because: (1) it recognizes that we are doing it to ourselves, and (2) it has spotted the hammer in our hand, whereas previous investigations had only spotted the bump on our head and then had decided to operate for a tumor.

SUMMARY BOOKLET 47

Seminar Questions

1.   What is an electronic flow? From where does it emanate?

2.   How can one be stuck in several similar incidents along the time track at once? What happens to the preclear when this occurs?

3.   Who sets up ridges? What is their purpose?

4.   Differentiate between tractor and pressor beams.

5.   How can one "become" the person he detests?