

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

HCO POLICY LETTER OF 13 MAY 1980
ISSUE I

Survival RD
Only
Tech
Qual

Survival Rundown Series 12

SURVIVAL RD TRs AND CO-AUDIT

COURSE CHECKSHEET

NAME: _____ ORG: _____

DATE STARTED: _____ DATE COMPLETED: _____

PREREQUISITES: (1) PURIFICATION RD COMPLETION
(2) Step 00 of Survival RD
(Conditional Review Step)

PURPOSE: To increase an individual's intention and ability to communicate and to provide him with the skills needed to audit Scientology Objective Processes.

LENGTH: Full Time (9:00 a.m. - 10:30 p.m.) = 4 weeks
Part Time (9:00 a.m. - 6:00 p.m.) = 6 weeks
Foundation hours = 14 weeks

STUDY TECH: This course is done by (a) reading the theory (b) doing the practical. If the student has difficulty getting through a practical step, he restudies the theory and then returns to the practical. If the supervisor can't easily handle the student's misunderstandings then the student is sent to Review for Word Clearing. The supervisor personally checks out the student's practical application of the processes as needed, to ensure correct session application will occur. (If a student has done a checksheet action previously, he may sign it off after supervisor verification.)

END PHENOMENA: Certainty that you have improved your understanding of Communication, increased your ability to communicate, experienced raised intention and can audit someone on Scientology Objective Processes successfully.

PRODUCT: An individual who has increased communication and intention and who can successfully audit Scientology Objective Processes.

CERTIFICATE: SURVIVAL RUNDOWN TRs AND CO-AUDIT COURSE GRADUATE.

SECTION 0 - DAILY VITAMINS & EXERCISE:

- | | | | |
|----|---------------|-----------------------|-------|
| 1. | HCOB 5 May 80 | CONTINUATION OF DAILY | _____ |
| | SRD Series 5 | VITAMINS & EXERCISE | _____ |
| 2. | | | _____ |
| 3. | | | _____ |
| 4. | | | _____ |

SECTION I - LOCATIONAL & REACH/WITHDRAW:

1. HCOB 6 May 80 ENVIRONMENT LOCATIONAL
SRD Series 6
2. PRACTICAL: Drill the Environment Locational process steps exactly per the HCOB. --- --- ---
3. CO-AUDITING: Environment Locational --- --- ---
 - a) Audit the Environment Locational on another student. --- --- ---
 - b) Receive auditing on the Environment Locational from another student. --- --- ---
4. HCOB 7 May 80 REACH AND WITHDRAW ON
SRD Series 7 MEST LOCATIONS
5. PRACTICAL: Drill the Reach and Withdraw on MEST Locations exactly per the HCOB. --- --- ---
6. CO-AUDITING: Reach and Withdraw on MEST Locations --- --- ---
 - a) Audit Reach and Withdraw on MEST Locations on another student. --- --- ---
 - b) Receive auditing on the Reach and Withdraw on MEST Locations from another student. --- --- ---

SECTION II - DEMONSTRATION AND TWINNING DATA:

1. HCOB 14 May 80 DEMONSTRATIONS
2. DEMO: When a student uses his Demo Kit. --- --- ---
3. HCOB 21 Aug 79 TWINNING (sections "Why Twinning?" through "Morale and Production") --- --- ---
4. DEMO: Why a student is responsible for his twin's progress through course. --- --- ---

SECTION III - COMMUNICATION AND TRs:

1. BOOK: PROBLEMS OF WORK
Chapter 6: Affinity, Reality and Communication. --- --- ---
2. DEMO: a) Affinity between two people. --- --- ---
b) Reality between two people. --- --- ---
c) Communication between two people. --- --- ---
3. BOOK: FUNDAMENTALS OF THOUGHT
Chapter 5: A-R-C Triangle
4. DEMO: a) Using A and R to improve Communication. --- --- ---
b) How using A, R and C leads to Understanding. --- --- ---
5. BOOK: DIANETICS 55'
Chapter VII: Communication
6. HCOB 5 Apr 73 AXIOM 28 AMENDED
7. CLAY DEMO: The Communication Formula, showing each of its parts, and the result when it is fully applied. --- --- ---
8. HCOB 16 Aug 71RA TRAINING DRILLS
Rev. 5.7.78 REMODERNIZED
Re-rev. 7.7.79
9. HCOB 23 Sept 79 CANCELLATION OF
DESTRUCTIVE BTBs AND
BPLs ON TRs --- --- ---
10. HCOB 24 Dec 79 TRs BASICS RESURRECTED --- --- ---
11. CLAY DEMO: How one uses ARC & U in TRs. --- --- ---

12.	HCOB 2 Jun 71	Study Series 2 CONFRONTING	---	---	---
13.	HCOB 23 May 71R IV Rev 4.12.74	Basic Auditing Series 4R COMMUNICATION CYCLES WITHIN THE AUDITING CYCLE	---	---	---
14.	DEMO:	The various comm cycles within the auditing cycle.	---	---	---
15.	HCOB 24 May 68	COACHING	---	---	---
16.	ESSAY:	Why it is important to coach with Reality, Purpose and Intention.	---	---	---
17.	HCOB 26 Apr 71 I	TRs AND COGNITIONS	---	---	---
18.	DRILL:		---	---	---
	OT TR 0		---	---	TR 1
	TR 0		---	---	TR 2
	TR 0 BB		---	---	TR 2½
19.	HCOB 5 Apr 80	Q & A, THE REAL DEFINITION	---	---	---
20.	DRILL:		---	---	---
	TR 3		---	---	---
	TR 4		---	---	---
21.			---	---	---
22.			---	---	---
23.			---	---	---

SECTION III - UPPER INDOC TRs:

1.	DEFINE:	Indoctrination (regular dictionary)	---	---	---
2.	DEFINE:	8-C (Tech dictionary)	---	---	---
3.	HCOB 7 May 68	UPPER INDOC TRs (Section on TR 6)	---	---	---
4.	HCOB 16 Nov 65	COMMANDS FOR UPPER INDOCS	---	---	---
5.	DEMO:	The purpose of TR 6.	---	---	---
6.	DRILL:	TR 6, 8-C.	---	---	---
7.	HCOB 7 May 68	UPPER INDOC TRs (Section on TR 7)	---	---	---
8.	DEMO:	The purpose of TR 7.	---	---	---
9.	DRILL:	TR 7, High School Indocs.	---	---	---
10.	DEFINE:	a) Tone 40 (Tech dictionary) b) Tone 40 Command (Tech dictionary) c) Tone 40 Auditing (Tech dictionary)	---	---	---
11.	HCOB 7 May 68	UPPER INDOC TRs (Section on TR 8)	---	---	---
12.	BTB 22 May 71R	TR 8 CLARIFICATION	---	---	---
13.	DEMO:	The purpose of TR 8.	---	---	---
14.	DRILL:	TR 8, Tone 40 on an object.	---	---	---
15.	HCOB 7 May 68	UPPER INDOC TRs (Section on TR 9)	---	---	---
16.	DEMO:	The purpose of TR 9.	---	---	---
17.	DRILL:	TR 9, Tone 40 on a person.	---	---	---
18.	ESSAY:	How the use of Upper Indoc TRs can aid your survival.	---	---	---
19.	PRACTICAL:	USE Tone 40 in several real life SITUATIONS AS THEY OCCUR (outside of class). Write up a full report and hand it in to the supervisor.	---	---	---
20.			---	---	---
21.			---	---	---
22.			---	---	---

SECTION IV - BASIC AUDITING DATA:

1.	HCO PL 17 Apr 71	AN AUDITOR AND "THE MIND'S PROTECTION"	---	---	---
2.	HCOB 30 Apr 69	AUDITOR TRUST	---	---	---
3.	HCO PL 27 May 65	PROCESSING	---	---	---
4.	HCOB 16 Oct 71	FORCING A PC	---	---	---
5.	DEMO: The difference between getting the PC through something and forcing the PC.		---	---	---
6.	HCO PL 14 Oct 68R	THE AUDITOR'S CODE	---	---	---
	Revised 1.1.76		---	---	---
7.	HCO PL 1 Jul 65	COMM CYCLE ADDITIVES	---	---	---
8.	DEMO: Show your twin (using your body and voice) 5 different comm cycle additives.		---	---	---
9.	DEMO: How comm cycle additives affect the PC.		---	---	---
10.	HCOB 23 May 71	AUDITOR FAILURE TO UNDERSTAND	---	---	---
11.	HCOB 3 Feb 59	FLATTENING A PROCESS	---	---	---
12.	DEFINE: Exteriorization (Tech dictionary)		---	---	---
13.	HCOB 7 Mar 75	EXT AND ENDING SESSION	---	---	---
14.	HCOB 15 May 80	HOW TO WRITE UP A SESSION (FOR NEW AUDITORS)	---	---	---
15.	HCOB 16 May 80	PREPARING AN OBJECTIVES TABLE	---	---	---
16.			---	---	---
17.			---	---	---
18.			---	---	---

SECTION V - CCHs:

1.	HCOB 1 Dec 65	CCHs	---	---	---
2.	HCOB 7 Aug 62	RUNNING CCHs	---	---	---
3.	HCOB 5 Apr 62	CCHs AUDITING ATTITUDE	---	---	---
4.	HCOB 19 Mar 78	QUICKIE OBJECTIVES	---	---	---
5.	DEMO: Why Objectives must not be quickied.		---	---	---
6.	HCOB 8 May 80	CCH 0 - LOCATIONAL	---	---	---
	SRD Series 8	PROCESSING STEP	---	---	---
7.	PRACTICAL: Do CCH 0 - Locational Processing step on a doll keeping report form and worksheets.		---	---	---
8.	HCOB 19 Jun 78	NED Ser 3, OBJECTIVE ARC	---	---	---
9.	PRACTICAL: Do Objective ARC on a doll keeping report form and worksheets.		---	---	---
10.	CO-AUDITING: CCH 0 and Objective ARC		---	---	---
	a)	Audit CCH 0 - Locational Processing step on another student.	---	---	---
	b)	Audit Objective ARC on another student.	---	---	---
	c)	Receive auditing on CCH 0 - Locational Processing step from another student.	---	---	---
	d)	Receive auditing on Objective ARC from another student.	---	---	---
11.	BTB 30 Sept 71RA V	DRILL - MODEL SESSION FOR CCHs I to IV	---	---	---
12.	PRACTICAL: Do CCHs I to IV on a doll using CCH I to IV Model Session and keeping report form and worksheets.		---	---	---
13.	CO-AUDITING: CCHs I to IV		---	---	---
	a)	Audit CCHs I to IV on another student.	---	---	---
	b)	Receive auditing on CCHs I to IV from another student.	---	---	---

- | | | | | | |
|-----|---------------------------------|--|-----|-----|-----|
| 14. | HCOB 30 Sept 71 VI | CCHs 5, 6 & 7 (under "Number: CCH 5") | --- | --- | --- |
| 15. | BTB 30 Sept 71R VII | DRILLS - MODEL SESSION FOR CCHs 5, 6 & 7 (under "Number: CCH 5") | --- | --- | --- |
| 16. | <u>PRACTICAL:</u> | Do CCH 5 on a doll using CCH 5 Model Session and keeping report form and worksheets. | --- | --- | --- |
| 17. | <u>CO-AUDITING:</u> | CCH 5 | --- | --- | --- |
| | a) | Audit CCH 5 on another student. | --- | --- | --- |
| | b) | Receive auditing on CCH 5 from another student. | --- | --- | --- |
| 18. | HCOB 30 Sept 71 VI | CCHs 5, 6 & 7 (under "Number: CCH 6") | --- | --- | --- |
| 19. | BTB 30 Sept 71R VII | DRILLS - MODEL SESSION FOR CCHs 5, 6 & 7 (under "Number: CCH 6") | --- | --- | --- |
| 20. | <u>PRACTICAL:</u> | Do CCH 6 on a doll using CCH Model Session and keeping report form and worksheets. | --- | --- | --- |
| 21. | <u>CO-AUDITING:</u> | CCH 6 | --- | --- | --- |
| | a) | Audit CCH 6 on another student. | --- | --- | --- |
| | b) | Receive auditing on CCH 6 from another student. | --- | --- | --- |
| 22. | HCOB 30 Sept 71 VI | CCHs 5, 6 & 7 (under "Number: CCH 7") | --- | --- | --- |
| 23. | BTB 30 Sept 71R VII | DRILLS - MODEL SESSION FOR CCHs 5, 6 & 7 (under "Number: CCH 7") | --- | --- | --- |
| 24. | <u>PRACTICAL:</u> | Do CCH 7 on a doll using CCH Model Session and keeping report form and worksheets. | --- | --- | --- |
| 25. | <u>CO-AUDITING:</u> | CCH 7 | --- | --- | --- |
| | a) | Audit CCH 7 on another student. | --- | --- | --- |
| | b) | Receive auditing on CCH 7 from another student. | --- | --- | --- |
| 26. | HCOB 11 Jun 57
Reiss 12.5.72 | TRAINING AND CCH PROCESSES (Page 10 - under CCH 8 long form) | --- | --- | --- |
| 27. | <u>PRACTICAL:</u> | Do CCH 8 on a doll using CCH 8 Model Session and keeping report form and worksheets. | --- | --- | --- |
| 28. | <u>CO-AUDITING:</u> | CCH 8 (long form) | --- | --- | --- |
| | a) | Audit CCH 8 on another student. | --- | --- | --- |
| | b) | Receive auditing on CCH 8 from another student. | --- | --- | --- |
| 29. | HCOB 11 Jun 57
Reiss 12.5.72 | TRAINING AND CCH PROCESSES (Page 10 - under CCH 9) | --- | --- | --- |
| 30. | <u>PRACTICAL:</u> | Do CCH 9 on a doll using CCH 9 Model Session and keeping report form and worksheets. | --- | --- | --- |
| 31. | <u>CO-AUDITING:</u> | CCH 9 | --- | --- | --- |
| | a) | Audit another student on CCH 9. | --- | --- | --- |
| | b) | Receive auditing on CCH 9 from another student. | --- | --- | --- |
| 32. | HCOB 11 Jun 57
Reiss 12.5.72 | TRAINING AND CCH PROCESSING (Page 11 - under CCH 10) | --- | --- | --- |
| 33. | <u>PRACTICAL:</u> | Do CCH 10 on a doll using CCH 10 Model Session and keeping report form and worksheets. | --- | --- | --- |

- 34. CO-AUDITING: CCH 10
 - a) Audit another student on CCH 10.
 - b) Receive auditing on CCH 10 from another student.
- 35. _____
- 36. _____
- 37. _____

SECTION VI - SCS:

- 1. HCOB 18 May 80 START-CHANGE-STOP COMMANDS
- 2. PRACTICAL: Do SCS on an Object as a coached doll drill and keep report form and worksheets.
- 3. CO-AUDITING: SCS ON AN OBJECT
 - a) Audit SCS on an Object on another student.
 - b) Receive auditing on SCS on an Object from another student.
- 4. PRACTICAL: Do SCS on a doll keeping report form and worksheets.
- 5. CO-AUDITING:
 - a) Audit SCS on another student.
 - b) Receive auditing on SCS from another student.

SECTION VII - SOP 8-C:

- 1. BOOK: CREATION OF HUMAN ABILITY
R2-16 SOP 8-C (pages 44-47)
- 2. PRACTICAL: Do SOP 8-C on a doll keeping report form and worksheets.
- 3. CO-AUDITING: SOP 8-C
 - a) Audit SOP 8-C on another student.
 - b) Receive auditing on SOP 8-C from another student.

SECTION VIII - OP PRO BY DUP:

- 1. BOOK: CREATION OF HUMAN ABILITY
R2-17 OP PRO BY DUP (pages 47-48)
- 2. PAB #48 OP PRO BY DUP (page 2)
- 3. HCOB 4 Feb 59 OP PRO BY DUP
- 4. BTB 24 Oct 71R OP PRO BY DUP -
Rev. 2.1.75 END PHENOMENA
- 5. BTB 30 Sept 71RA DRILL-MODEL SESSION
FOR OP PRO BY DUP
- 6. PRACTICAL: Do Op Pro By Dup on a doll using the Model Session and keeping report form and worksheets.
- 7. CO-AUDITING: OP PRO BY DUP
 - a) Audit Op Pro By Dup on another student.
 - b) Receive auditing on Op Pro By Dup from another student.

SECTION IX - FINAL SURVIVAL RD OBJECTIVES:

1. BOOK: CREATION OF HUMAN ABILITY
R2-69 PLEASE PASS THE OBJECT (pp. 162-164) _____
2. PRACTICAL: Drill R2-69 exactly per the book. _____
3. CO-AUDITING: R2-69 _____
 - a) Audit R2-69 on another student. _____
 - b) Receive auditing on R2-69 from another student. _____
4. BOOK: CREATION OF HUMAN ABILITY
R2-22 SPANNING ATTENTION (pp. 57-60) _____
5. PRACTICAL: Drill R2-22 exactly per the book. _____
6. CO-AUDITING: R2-22 _____
 - a) Audit R2-22 on another student. _____
 - b) Receive auditing on R2-22 from another student. _____

SECTION X - HANDLING OF DISORGANIZATION & DISORDER:

1. HCOB 9 May 80 HANDLING OF DISORGANIZATION
SRD Series 9 PROCESS _____
2. PRACTICAL: Drill the Handling of Disorgani-
zation Process exactly per the HCOB. _____
3. CO-AUDITING: Handling of Disorganization
Process _____
 - a) Audit the Handling of Disorganization
Process on another student. _____
 - b) Receive the Handling of Disorganization
Process from another student. _____
4. HCO PL 14 Feb 80 ORDER VERSUS DISORDER _____
5. HCO PL 10 May 80 ORDER VERSUS DISORDER _____
SRD Series 10 STEP #2 EXPANDED
6. PRACTICAL: Demo each step of the above PLs
and drill as needed. _____
7. CO-AUDITING: _____
 - a) Do the full inspection and handling steps of
the Order Vs Disorder PL (including Step #2
Expanded) on another student. (Keep work-
sheets.) _____
 - b) Have another student do the full inspection
and handling steps of the Order Vs Disorder
PL (including Step #2 Expanded) on you. _____
8. HCOB 11 May 80 FINAL REACH AND WITHDRAW
SRD Series 11 STEP _____
9. CO-AUDITING: Final R/W Step _____
 - a) Audit another student on the final R/W step
of the RD (if your pc is C/Sed for it). _____
 - b) Receive the final R/W step of the RD from
another student (if you have been C/Sed to
receive it). _____
10. _____ _____
11. _____ _____
12. _____ _____

SECTION XI - ADMIN TRs:

1. DEFINE: ADMINISTRATION (Admin Dictionary - definition #4) _____
2. HCOB 17 May 80 ADMINISTRATIVE TRAINING _____
DRILLS - ADMIN TRs (page 1) _____
3. DEMO: The purpose of Admin TRs. _____
4. PRACTICAL: Drill each of the Admin TRs in the above HCOB. These drills are done one at a time by:
 - a) Reading the section about the TR (read it)
 - b) Drilling the TR (drill it)

TR MEST 0	_____	TR PEOPLE 0	_____
TR MEST 1	_____	TR PEOPLE 1	_____
TR MEST 2	_____	TR PEOPLE 2	_____
TR MEST 3	_____	TR PEOPLE 3	_____
TR MEST 4	_____	TR PEOPLE 4	_____

5. PRACTICAL: Drill each of the bullbaited Admin TRs. These drills are done one at a time (using HCOB 17 May 80) by:
 - a) Reading the section about the TR (read it)
 - b) Drilling the TR (drill it)

TR MEST BB 0	_____	TR PEOPLE BB 0	_____
TR MEST BB 1	_____	TR PEOPLE BB 1	_____
TR MEST BB 2	_____	TR PEOPLE BB 2	_____
TR MEST BB 3	_____	TR PEOPLE BB 3	_____
TR MEST BB 4	_____	TR PEOPLE BB 4	_____
		TR R/W PEOPLE	_____

6. _____
7. _____
8. _____

I ATTEST I HAVE COMPLETED THIS CHECKSHEET AND CAN AND HAVE FULLY APPLIED THE DATA.

DATE: _____ STUDENT'S NAME: _____

I ATTEST THAT THE STUDENT HAS STUDIED THESE MATERIALS WITH FULL STUDY TECH AND HAS APPLIED THEM TO GOOD RESULT ON THIS COURSE.

DATE: _____ THEORY SUPERVISOR: _____

DATE: _____ CO-AUDIT SUPERVISOR: _____

STUDENT ATTEST AT C & A:

- I ATTEST THAT I HAVE:
- a) Properly enrolled on the course,
 - b) Paid fully for the course or have signed a no charge staff invoice,
 - c) Studied and understood all the materials of the checksheet and
 - d) Can produce the results required in the materials of the course.

DATE: _____ STUDENT ATTEST: _____

DATE: _____ C & A ATTEST: _____

L. RON HUBBARD
FOUNDER

As Assisted by
Tech Project I/C

for the

BOARDS OF DIRECTORS
of the
CHURCHES OF SCIENTOLOGY

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SURVIVAL RD
DAILY REPORT

DATE: _____

NAME: _____

POST: _____

CASE LEVEL: _____

TRAINING LEVEL: _____

DATE YOU STARTED THE RD: _____

RD STEP YOU ARE CURRENTLY ON: _____

WINS OR COGS: _____

ANY DIFFICULTIES: _____

ANY COMMENTS CONCERNING THE RD OR A RD STEP: _____

HOW ARE YOU DOING ON CONTINUING YOUR DAILY
EXERCISE AND VITAMINS? _____

WHAT VITAMINS TAKEN? _____

WHAT EXERCISE DONE? HOW LONG? _____

Signature

Supervisor Comments: _____