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Number 6 for „*Universes and the War between Theta and Mest*“ cassettes.

## **GROUP PROCESSING: SAFE PLACE FOR THINGS**

5 April 1954

[Note that significant time is given after each command to let the students do it]

And this is April the 5<sup>th</sup>, 1954. An hour's processing.

I want you to find some places now where problems would be safe. Find some places where problems would be safe. Find at least one place and then some more.

Let's find some more places where problems would be safe.

Now let's find some heads that problems would be safe in.

All right. Let's spot some more places where those heads might be where the problems would be safe.

Find some more places where problems would be safe. Get this with some certainty now.

And some more places where problems would be safe.

Okay. Let's see if we can find some places where problems do not exist. Spot some places where problems don't exist.

And some more places where problems don't exist.

And some more places where problems do not exist.

Some more places where problems do not exist.

And let's spot some more places where problems don't exist.

Okay. Now some places where problems would be safe.

And some more places where problems would be safe.

And more places where problems would be safe.

And now some places where problems don't exist.

Some more places where problems don't exist.

And yet some more places where problems do not exist.

And now some places where problems would be safe.

And some more places where problems would be safe.

And some more places where problems would be safe.

Okay. Now some places where problems do not exist.

And now some places where problems would be safe.

Now let's find a couple of objects and hold on and don't think.

Okay. Let go. And find some places where you are not.

Now let's find some places where energy would be safe. Some places where energy would be safe.

Some more places where energy would be safe.

And now some places where energy would make you safe.

Some more places where energy would make you safe.

And more places where energy would place you to make you safe.

And some more places where energy would place you to make you safe.

And some places where you could place energy so that it would be safe.

And some places where energy could place you so that you would be safe.

And some more places where energy could put you to make you safe.

And some more places where energy could place you to make you safe.

And now some places where energy would think you were safe. Some places where energy would think you were safe.

Some more places where energy would think you were safe.  
And some more places where energy would think you were safe.  
And now some safe places for energy.  
Some more safe places for energy.  
And some more safe places for energy.  
And now some places where energy would find you safe.  
Okay. Let's find a couple of objects and hold on and don't think.  
Okay. Let go. And find some places where you're not.  
And now let's check off some things which for sure you're not trying to make disappear. Some things you're not trying to make disappear. People, objects, spaces that you're not trying to make disappear.  
Okay. Now let's get some more things which you're not trying to make disappear.  
Some more things which you're not trying to make disappear.  
And now let's find some things which you're not trying to make appear. Some things which you're not trying to make appear - objects, people, animals.  
Get some with great certainty that you're not trying to make appear.  
Okay. Now some things you're not trying to make disappear.  
Some more things you're not trying to make disappear.  
And now some things you're not trying to make appear.  
Some things you're not trying to make disappear.  
And some things you're not trying to make appear.  
And some things you're not trying to make disappear.  
Now some things you're not trying to make appear.  
And some things you're not trying to make disappear.  
And some things you're not trying to make appear.  
And some things you're not trying to make disappear.  
Okay. Let's find a couple of objects and hold on and don't think.  
Okay. Let go. And find some places where you're not.  
All right. Let's find two things you're not trying to connect.  
And some more sets of two that you're not trying to connect. First get two for sure, then more sets of two.  
All right. Now let's find a series of two each of things you're not trying to disconnect.

All right. Now two things you're not trying to connect together and then a series of two each.

And now a series of two each of things you're not trying to disconnect.

All right. Now two things you're not trying to pull apart. And a series of two more.

Now let's find two places you're not trying to push together. And a series of two more each.

And now let's find a couple of places you're not trying to pull apart. And a series of two each.

Okay. Now let's check over some things you're not afraid of.

Some more things you're not afraid of.

Okay. Now let's find some safe places.

Some more safe places.

And some more safe places.

Okay. Now let's find something you know for sure. Something you know for sure.

Okay. Experience it. And then some more things.

Some other things you know for sure - get good certainty on this - that you know you know.

Some more things you know you know.

Okay. Let's find a couple of objects and hold on to them and don't think.

Okay. Let go. Find some places where your condition does not exist. The exact condition you have - find some places where it doesn't exist.

Okay. Find the floor beneath your feet.

End of Session.

(end of lecture)

## **APPENDIX**

Found in the back of Volume I of transcripts of „*Universes and the War between Theta and Mest*“ cassettes. (Volume II has the same materials in the Appendix.)

1. STANDARD OPERATING PROCEDURE 8
2. SOP 8-C FORMULAS AND STEPS
3. ADVANCED COURSE DATA SHEET
4. ADVANCED COURSE PROCEDURE
5. SOP 8-D

## **APPENDIX 1. STANDARD OPERATING PROCEDURE 8**

(excerpt from The Journal of Scientology Issue 16-G)

### STANDARD OPERATING PROCEDURE 8

STEP I: Ask preclear to be three feet behind his head. If stable there, have him be in various pleasant places until any feeling of scarcity of viewpoints is resolved. Then have him be in several undesirable places, then several pleasant places; then have him be in a slightly dangerous place, then in more and more dangerous places until he can sit in the center of the sun. Be sure to observe a gradient scale of ugliness and dangerousness of places. Do not let the preclear fail. Then do remaining steps with preclear exteriorized.

STEP II: Have preclear mock up own body. If he does this easily and clearly, have him mock up own body until he slips out of it. When he is exteriorized and knows it thoroughly (the condition of all exteriorization) do STEP I. If his mock-up was not clear, go to STEP III immediately.

STEP III: SPACATION. Have preclear close his eyes and find upper corners of the room. Have him sit there, not thinking, refusing to think of anything, interested only in the corners until he is completely exteriorized without strain. Then do a spacation (constructing own space with eight anchor points and holding it stable without effort) and go to STEP I. If preclear was unable to locate corners of the room easily with his eyes closed, go to STEP IV.

STEP IV: EXPANDED GITA. (This is an extension of Give and Take Processing.) Test preclear to see if he can get a mock-up he can see, no matter how vague. Then have him waste, accept under duress, desire and finally be able to take or leave alone each of the items listed below. He does this with mockups or ideas. He must do the sequence of waste, etc., in the order given here for each item. He wastes it by having it at remote distances in places where it will do no good, being used or done or observed by something which cannot appreciate it. When he is able to waste it in vast quantities the auditor then has him accept it in mock-up form until he no longer is antagonistic to having to accept it even when it is unpleasant and great force is applied to make him take it. Again, with mock-ups, he must be able to bring himself to desire it even in its worst form; then, by mock-ups of it in its most desirable form he must come to be able to leave it entirely alone or take it in its worst form without caring. Expanded GITA remedies contrasurvival abundance and scarcity. It will be found that before one can accept a very scarce (to him) thing, he has to give it away. A person with a milk allergy must be able to give away, in mock-up, enormous quantities of milk, wasting it, before he can accept any himself. The items in this list are compounded of several years of isolating what factors were more important to minds than others. The list lacks very few of the very important items, if any. Additions to or subtractions from this list should not be attempted. Viewpoint, Work and Pain should be heavily and often stressed and given priority.

Waste, Have Forced Upon, Desire, Be Able to Give or Take, in that order, each of the following: (Order of items here is random.) Viewpoint, Work, Pain, Beauty, Mo-

tion, Engrams, Ugliness, Logic, Pictures, Confinement, Money, Parents, Blackness, Police, Light, Explosions, Bodies, Degradation, Male Bodies, Female Bodies, Babies, Children Male, Children Female, Strange and Peculiar Bodies, Dead Bodies, Affinity (Love), Agreement, Beautiful Bodies, People, Attention, Admiration, Force, Energy, Lightning, Unconsciousness, Problems, Antagonism, Reverence, Fear, Objects, Time, Eating Human Bodies, Sound, Grief, Beautiful Sadness, Hidden Influences, Hidden Communications, Doubts, Faces, Dimension Points, Anger, Apathy, Ideas, Enthusiasm, Disagreement, Hate, Sex, Reward, Eating Parents, Eaten by Mother, Eaten by Father, Eating Men, Eaten by Men, Eating Women, Eaten by Women, Start, Broken Communications, Written Communications, Stillness, Exhaustion, Women Stopping Motion, Men Stopping Motion, Changing Motion Women, Changing Motion Men, Changing Motion Babies, Changing Motion Children, Starting Motion Men, Starting Motion Women, Starting Motion Children, Starting Motion Objects, Starting Motion Self, Omens, Wickedness, Forgiveness, Play, Games, Sound, Machinery, Touch, Traffic, Stolen Goods, Stolen Pictures, Homes, Blasphemy, Caves, Medicine, Glass, Mirrors, Pride, Musical Instruments, Dirty Words, Space, Wild Animals, Pets, Birds, Air, Water, Food, Milk, Garbage, Gases, Excreta, Rooms, Beds, Punishment, Boredom, Confusion, Soldiers, Executioners, Doctors, Judges, Psychiatrists, Alcoholic Liquor, Drugs, Masturbation, Rewards, Heat, Cold, Forbidden Things, God, The Devil, Spirits, Bacteria, Glory, Dependence, Responsibility, Wrongness, Rightness, Insanity, Sanity, Faith, Christ, Death, Rank, Poverty, Maps, Irresponsibility, Greetings, Farewells, Credit, Loneliness, Jewels, Teeth, Genitalia, Complications, Help, Pretense, Truth, Lies, Assurance, Contempt, Predictability, Unpredictability, Vacuums, White Clouds, Black Clouds, Unattainables, Hidden Things, Worry, Revenge, Textbooks, Kisses, The Past, The Future, The Present, Arms, Stomachs, Bowels, Mouths, Cigarettes, Smoke, Urine, Vomit, Convulsions, Saliva, Flowers, Semen, Blackboards, Fireworks, Toys, Vehicles, Dolls, Audiences, Doors, Walls, Weapons, Blood, Ambitions, Illusions, Betrayal, Ridicule, Hope, Happiness, Mothers, Fathers, Grandparents, Suns, Planets, Moons, Sensation, Looking, Incidents, Waiting, Silence, Talking, Knowing, Not Knowing, Doubts, Fac One, Remembering, Forgetting, Auditing, Minds, Fame, Power, Accidents, Illnesses, Approval, Tiredness, Faces, Acting, Drama, Costumes, Sleep, Holding Things Apart, Holding Things Together, Destroying Things, Sending Things Away, Making Things Go Fast, Making Things Appear, Making Things Vanish, Convictions, Stability, Changing People, Silent Men, Silent Women, Silent Children, Symbols of Weakness, Symbols of Force, Disabilities, Education, Languages, Bestiality, Homosexuality, Invisible Bodies, Invisible Acts, Invisible Scenes, Accepting Things Back, Games, Rules, Players, Restimulation, Sexual Restimulation, Space Reduction, Size Reduction, Entertainment, Cheerfulness, Freedom for Others to Talk, Act, Feel Pain, Be Sad, Thetans, Personalities, Cruelty, Organizations. TRY FIRST: Healthy Bodies, Strong Bodies, Good Perception, Good Recall.

**WARNING:** Should your preclear become unstable or upset doing this process take him to STEP VI. Then return to this list.

**COMMENT:** The mind is sufficiently complicated that it can be expected to have computations on almost all the above. Thus there is no single clearing button and search for it is at the dictate of a circuit, the mechanism of circuits being to search for

something hidden. Thus, your preclear may begin to compute and philosophise and seek to find the “*button*” that will release all this. All this releases all the buttons so tell him to relax and go on with the process every time he starts to compute.

NOTE: Running the above will bring to the surface without further attention the „*computation on the case*“ and the service facsimile. Do not audit these. Run Expanded GITA.

STEP V: PRESENT TIME DIFFERENTIATION, EXTERIORIZATION BY SCENERY. Have preclear, with his body's eyes, study and see the difference between similar real objects such as the two arms of a chair, the spaces between the legs, two cigarettes, two trees, two girls. He must see and study the objects. It is not enough to remember the objects. The definition of a Case V is „*no mock-ups, only blackness.*“ Have him continue this process until he is alert. Use liberally and often.

Then exteriorize by having the preclear close his eyes and move actual places on Earth under him, preferably places he has not been. Have him bring these up to him. Find two similar things in the scene and observe the difference between them. Move him over oceans and cities until he is certain that he is exteriorized.

Then, preferably while exteriorized, have him do STEP I. This case has to know before he can be. His viewpoint is in the past. Give him present time viewpoints until he is a STEP I by the methods given for STEP V.

(COMMENT: Present Time Differentiation is a very good general technique and resolves chronic somatics and improves tone.) Assume other people's viewpoints as a drill-not what they think about things, but as they look at things in the material universe. Attempt to be in the location of a leaf, blade of grass, car headlamp, etc., and view the universe.

STEP VI: ARC Straightwire using next-to-last list of Self Analysis in Scientology which asks preclear to recall something really real to him, etc. Then use the lists in Self Analysis. This level is the neurotic. It is identified by the preclear having mock-ups which will not persist or which won't go away. Use also Present Time Differentiation. Then go to STEP IV. At any drop in tone, return case to STEP VI.

STEP VII: PSYCHOTIC CASES. (Whether in or out of body.) The psychotic appears to be in such desperate straits that the auditor often errs in thinking desperate measures are necessary. Use the lightest possible methods. Give case space and freedom where possible. Have psychotic imitate (not mock up) various things. Have him do Present Time Differentiation. Get him to tell the difference between things by actual touch. Have him locate, differentiate and touch things that are really real to him (real objects or items). If inaccessible, mimic him with own body, whatever he does, until he comes into communication. Have him locate corners of the room and hold them without thinking. As soon as his communication is up, go to STEP VI, but be very sure he changes any mock-up around until he knows it is a mock-up, that it exists, and that he himself made it. Do not run engrams. He is psychotic because viewpoints in present time are so scarce that he has gone into the past for viewpoints which at least he knew existed. By Present Time Differentiation, by tactile on objects,

restore his idea of an abundance of viewpoint in present time. If he has been given electric shock, do not process it or any other brutality. Work him for very brief periods, for his attention span is short. Always work psychotics with another auditor or a companion present.

NOTE: All steps for all cases. If in doubt as to condition of case, test with STEP VI

NOTE: An Operating Thetan must also be able to manufacture particles of admiration and force in abundance.

L. RON HUBBARD

## **APPENDIX 2. SOP 8-C FORMULAS AND STEPS**

(excerpt from The Journal of Scientology Issue 24-G)

### SOP 8-C FORMULAS AND STEPS

Opening Procedure: (Ten minutes to two hours-with MEST body)

- a. Send preclear to exact places in room, one place at a time.
- b. Have preclear select places in the room and move to them one at a time, still under auditor's direction.
- c. Have preclear drill in physically holding on to and letting go of objects and spaces on his own decision to hold on, decision to let go.

Step I: Location

PRELOGIC: Theta orients objects in space and time.

AXIOM: In life experience space becomes beingness.

FORMULA I: Permitting the preclear to discover with certainty where people and things are not in the present, past and future recovers sufficient orientation to establish his knowledge and certainty of where he is and they are; the application of this is accomplished by negative orientation of beingness, havingness and doingness on each of eight dynamics in the present, past and future.

STEP I

a. Ask preclear to be three feet back of chair. Ask him for things, people which are not giving him directions (orders). For things, persons he is not giving orders to. For things, persons which are not giving directions to other things. Ask preclear for goals he does not have. For goals others do not have for others. For goals another does not have for him. For goals he does not have for another. For persons he is not. For animals he is not. For places where he is not. Where bacteria are not. Where objects are not. For places where he is not thinking.

Note:

- a. All of the above are done in „*brackets*“ for present, past, and future.



- b. (If exteriorized). Have him drill while exteriorized into holding on to and letting go of objects on his specific decision. Ask him to be in places which are safe, dangerous, pleasant, unpleasant, beautiful, ugly.

## Step II: Bodies

AXIOM: In life experience energy becomes doingness.

AXIOM: Compulsive position precedes compulsive thinking.

AXIOM: That which changes the preclear in space can evaluate for him.

FORMULA II: Permit the preclear to discover that he handles bodies and allow him to handle bodies in mock-ups and actuality; and remedy his thirst for attention which he has received by contagion from bodies.

## STEP II

- a. Have preclear mock up bodies and unmock them. Have him get somethingnesses and nothingnesses of bodies until he feels better about them. Ask him to be three feet back of chair.
- b. If exteriorized. Have him complete 11(a) many times and then move body while he is outside.

## Step III: Space

PRELOGIC: Theta creates space and time and objects to locate in them.

DEFINITION: Space is a viewpoint of dimension.

AXIOM: Energy derives from imposition of space between terminals and a reduction and expansion of that space.

FORMULA III: Permit the preclear to regain his ability to create space and impose it upon terminals, to remove it from between terminals and to regain his security concerning the stability of MEST space.

## STEP III

- a. Have preclear hold two back corners of room and not think.
- b. (If exteriorized) Have preclear complete Spacation.

NOTE: If not exteriorized return to Step I.

## Step IV: Havingness

AXIOM: In life experience matter becomes havingness.

OBSERVATION: To a thetan, anything is better than nothing.

OBSERVATION: Any preclear is suffering from problems of too little havingness and any reduction of his existing energy, if not replaced, will cause him to drop in tone.

FORMULA IV:

- a. The remedy of problems of havingness is accomplished by creating an abundance of all things.
- b. As the preclear has rendered automatic his desires and ability to create and destroy, and has thus placed havingness beyond his control, the auditor should place in the control of the preclear his automaticities of havingness and unhavingness and permit him, on his own self-determinism, to balance his havingness.
- c. How to make havingness: Have preclear put out eight anchor points of size, thus creating a space. Have him pull in these eight to the center and have him retain the resulting mass. Do this using large and various objects for anchor points. Do this until he is willing to release such old energy deposits as engrams and ridges but still continue to make havingness.

#### STEP IV

Have preclear remedy problems of havingness by mocking up and pulling together sets of eight anchor points. Do this many times. Do not have him make anchor points explode in this fashion. Have him save masses thus created. Have preclear adjust anchor points in body.

#### Step V: Terminals

AXIOM: Space exists by reason of anchor points.

DEFINITION: An anchor point is any particle or mass or terminal.

AXIOM: Energy is derived from mass by fixing two terminals in proximity in space.

AXIOM: Self determinism is related to the ability to impose space between terminals.

AXIOM: Cause is a potential source of flow.

AXIOM: Effect is a potential receipt of flow.

AXIOM: Communication is the duplication of the receipt-point of that which emanated at a cause-point.

AXIOM: Wrongness in terms of flow is inflow.

#### FORMULA V:

The thetan is rehabilitated as to energy and terminals by remedying his postulates about outflow and inflow and drills relating to the outflow and inflow of energy according to the above axioms.

#### STEP V

- a. Ask preclear for times he could do something. Times when he couldn't do anything. For things he can do. For things he can't do. For things other people can, can't do. For things other people can do for others. For things another specific person can't do for him. For things he cannot do for another or others.

- b. Ask preclear for objects, actions, persons, ideas he is not destroying. For objects, actions, persons, ideas he is not making survive (persist). For objects, actions, persons, ideas he is not creating. Present, past and future in brackets. (Note: Ideas are the most important here, in brackets.)
- c. Ask preclear for objects, persons, energies, times which are not touching him. Which he is not touching. Which are not reaching for him. For which he is not reaching. For objects, persons, times from which he is not withdrawing. Which are not withdrawing from him. In brackets.
- d. Ask preclear for sights which will not blind him. For people he will not blind if they see him. For noises which will not deafen him. For people he will not deafen. For spoken words that will not hurt him. For spoken words which will not hurt others. In brackets.
- e. Ask preclear for ideas that will not destroy, cause to survive (persist), create, or upset others. In brackets.
- f. Ask preclear for ideas, sounds, sights that will not fix people or unfix them from specific places.
- g. Ask preclear for ideas he is not trying to fix in things. For ideas he is not trying to unfix from things. In brackets.
- h. Have him unmock and mock up terminals and move them together and apart until he can make them generate currents.

## Step VI: Symbolization

DEFINITION: A symbol is an idea fixed in energy and mobile in space.

FORMULA VI: The thetan who has been moved about by symbols is strengthened by mocking up and moving about and fixing in space ideas which have formerly moved him.

### STEP VI

Have preclear create symbols which mean nothing. Ask pc for ideas he is not trying to destroy. For ideas he is not trying to make survive (persist). For ideas he is not trying to create.

Note: The above are done in brackets. Have him mock up ideas and move them about.

## Step VII: Barriers

AXIOM: The MEST universe is a game consisting of barriers.

DEFINITION: A barrier is space, energy, object, obstacles or time.

### FORMULA VII:

Problems of barriers or their lack are resolved by contacting and penetrating, creating and destroying, validating and neglecting barriers by changing them or substituting

others for them, by fixing and unfixing attention upon their somethingness and nothingness.

## STEP VII

- a. Have preclear reach and withdraw (physically, then as himself) from spaces, walls, objects, times.
- b. Have preclear do Six Ways to Nothing.
- c. Have him create and destroy barriers.

## Step VIII: Duplication

FUNDAMENTAL: The basic action of existence is duplication.

LOGIC: All operating principles of life may be derived from duplication.

AXIOM: Communication is as exact as it approaches duplication.

AXIOM: Unwillingness to be cause is monitored by unwillingness to be duplicated.

AXIOM: Unwillingness to be an effect is monitored by unwillingness to duplicate.

AXIOM: An inability to remain in a geographical position brings about an unwillingness to duplicate.

AXIOM: An enforced fixation in a geographical position brings about an unwillingness to duplicate.

AXIOM: Inability to duplicate on any dynamic is the primary degeneration of the thetan.

AXIOM: Perception depends upon duplication.

AXIOM: Communication depends upon duplication.

AXIOM: In the MEST universe, the single crime is duplication.

FORMULA VIII: The primary ability and willingness of the thetan to duplicate must be rehabilitated by handling desires, enforcements and inhibitions relating to it on all dynamics.

## STEP VIII

- a. Ask preclear for actions, forms and ideas which do, do not, duplicate specific other people. For actions, forms, ideas by which specific other people do, do not, duplicate specific other people. For actions, forms, ideas of others which do, do not, duplicate him.
- b. Have preclear duplicate physical objects and people and possess himself of duplicates.
- c. Have him make „*no-duplicates*“ of objects and people.
- d. Have him duplicate somethings and „*nothings*.“

L. RON HUBBARD

### APPENDIX 3. ADVANCED COURSE DATA SHEET

#### ADVANCED COURSE Phoenix, Arizona

#### DATA SHEET

(For use as basic information by students of the Advanced Clinical Course as of 10 April 1954.)

**GOALS:** Life has solutions for many things. It has never had a solution for aberration until now. The target of the auditor is not simply the eradication of aberration. It is the relegation of aberration to the status of a solved problem.

Primary in auditing procedures is getting the preclear to change his mind. When he can shift postulates easily and at will he will continue to be in good condition. When he cannot, this is a problem of other universes in which he is „trapped.“ In any universe one is subject to the postulates of the god of that universe. Therefore, when a preclear cannot be brought to change his postulates he must be having trouble with other universes.

A problem with universes is primarily a problem in spaces. Secondarily it is a problem in energy and matter. Any preclear having difficulty with other universes is having difficulty with space.

The definition of space is „a *viewpoint of dimension*.“ Thus other universes are created by other viewpoints. When a pc has been changed in space a great deal by another viewpoint and when he has many impacts in common with it, he may believe that he is in another universe and, mechanically, this is so. In such a way, a preclear may be found in Mother's universe, in Father's, in a pet's, in his body's and is, of course, in the MEST universe where the postulates, he conceives, are those of God. The nuclear physicist studies God's postulates.

Whenever a preclear cannot change his own postulates easily, we conceive that he is operating upon other postulates than his own and thus, that he is in another universe. We resolve space only insofar as we need to resolve other universes.

Where the preclear is in a universe which operates upon psychotic postulates he is immediately pressed to face aberration.

This is an E-Meter problem, that of other universes and is resolved by asking the pc while on the meter whose commands he would obey, whether Father's, Mother's, etc. The meter will experience its biggest drop on those universes where he is having the greatest conflict. However, the meter will not necessarily respond on universes in which he is entirely enclosed. Removing the „reacting“ (biggest drop) universes one at a time, will exteriorize the pc from all universes.

The key command in all Universe Processing is „Where (Father, Mother, wife, pet) would be safe.“ The Pc must then SPOT points in space where he is certain the person in question would be safe. Various regular phenomena then occur. The replies are not, of

course, very rational. Getting the PC to spot spots in space is of the essence. He must be brought to spot spots in MEST space.

It will be found that spotting a spot in space is almost impossible for some pcs. They give conditions, not locations. Or, even in using Opening Procedure, they cannot easily spot a location in space without their attention flicking quickly to objects.

**KNOW-SEX SCALE:** There is a scale of behavior, patterned on the Tone Scale, which starts at the top with KNOW and goes as follows downscale. This is also a scale of tolerance of viewpoints or tolerance of space or interiorization in universes and furnishes a fast diagnosis. KNOW- can create space. LOOK-is creating space. EMOTE-is combining space and energy. EFFORT-is condensing space. THINK-is wandering in condensed spaces. SYMBOLS-has codified spaces into words and other significances. EATING-is content with spaces already condensed but belonging to others. SEX-finds no space tolerable for present beingness but looks to other and future beingnesses as the only chance for the universe.

**COMMUNICATION:** The graph of communication is CAUSE ... to .. EFFECT. Or CAUSE-DISTANCE-EFFECT. Or C distance E. A perfect communication occurs when whatever is at cause-point is duplicated exactly at effect-point. Thus a perfect communication contains duplication. A thetan seeking to communicate seeks to send impulses or particles from himself at C to the receipt-point at E, WITHOUT FORM. Thus, a thetan has NO-FORM as a condition of a perfect communication. A body, on the other hand, when it communicates, places the condition of FORM into any communication it sends. Thus a thetan, working obsessively, would seek to make NO-FORM at all effect-points while a body would attempt to create FORM at effect-points. A body seeks to make something out of every communication, hence, significance and deeper meanings and prior causes.

A thetan seeks to make NO-FORM out of all communications, hence a nothingness. These are the mechanics of communication. They are also the mechanics of human behavior. The perfect duplication of a communication is seldom possible, hence the dwindling spiral. BUT harm in communication only occurs when there is no KNOWING about communication. Impulsive or obsessive communication alone takes exception, on the part of a thetan, to something, on the part of the body, to nothingness.

**NON-EXTERIORIZED CASES:** When cases are difficult to exteriorize the auditor is involved, basically, with a tangle of universes. The thetan cannot LOOK because he is in another universe where looking (the making of space) is forbidden. Occlusion of various kinds, facsimile looking, are present only when the thetan is in another universe than his own. In his own he can easily look even into other universes. Occlusion and non-exteriorization are then stemming from the same cause.

**THE MORE DIFFICULT THE CASE, THE LESS TOLERANCE OF SPACE.** This is resolved by having the pc spot space, using the body perception or not. He can do this via Opening Procedure as well as by spotting distant MEST spaces. The SPOT in space is more important than the object in space. Thus one has him spot

spots until he can with ease. One then begins the task of separating him from universes using Universe Processing.

**CHANGE OF SPACE:** This process has been standard for some time. It is not used on pcs until they are exteriorized. It can be approximated by non-exteriorized cases by having them spot spots in space. The goal of Change of Space is bringing the preclear up to present time in all MEST spaces. Rapid spotting or changing into various locations where the pc has been in difficulty keynotes this process.

**INTERIORIZATION-EXTERIORIZATION:** The preclear must be able to interiorise into and out of objects and spaces at will. Drills which interiorise and exteriorize him rapidly time after time from the interior to the exterior of rocks, planets, animals and people remedy his ability. It must be noted however that this decreases havingness and this decrease must be remedied.

**HAVINGNESS:** The preclear has so long had that he believes he must have. This lack of havingness is run by discovering what is acceptable to the pc in the way of mass and having him pull many such objects in upon him. Pulling in enough mass will run out the engram bank. Engrams are in restimulation only because they represent energy which the pc or the body pulls in. Universe Processing, run correctly, DOES NOT UPSET HAVINGNESS and is the one process which escapes it. Avalanches of planets and stars can be started inward and outward by remedying havingness. This is beneficial rather than otherwise. Such avalanches should be put into the control of the preclear with starting, stopping and changing their inflow and outflow.

**GRAND TOUR:** This is the process of taking the newly exteriorized pc to various locations in this solar system and is Change of Space and Interiorization-Exteriorization combined. The pc is sent to places near the Earth, the moon, the sun, Mars, etc. This is done rapidly and many times. He is then exteriorized-interiorized out of and into these heavenly bodies. He is made to move down to planet surfaces and to centres as opposed to being in positions, but he is also made to be in positions. In other words, he is rapidly changed in space and is also, during other intervals, made to move through space. A Grand Tour is completed, actually, by Change of Space through all the important spots (where he has had experience on the whole track) of the MEST universe.

**SOP 8-C:** This process, as developed, continues to be successful in general hands and is recommended for instruction of auditors in other than the Advanced Clinical Course and for use by book auditors. It is a powerful weapon and is chalking up many successes.

**OTHER PROCESSES:** There are many patch-up and emergency processes. They are of varying value. None of them have been abandoned. Where an auditor has these as part of his know-how, he should use them in relationship to their effectiveness in his experience. He should not, however, compulsively continue with a process which he is not finding very useful in his hands simply because it „*makes nothing*“ or „*makes something*“ of the preclear. A case in point is the obsessive use, by many auditors, of the early processes of Dianetics. These auditors have fixated on „*making nothing of pictures*.“ In Scientology we have better processes and have had better processes for some time.

In fact, Scientology processes are so much better than this that we terminated the temporary use of the word „*Dianetics*.“ Older processes and emergency processes in particular have not been invalidated. Auditors would, for instance, discover that engrams can be made to vanish by having the preclear remedy his havingness or by „*finding places where pictures would be safe*“ for a few hours. Any phenomena can be remedied by 8-C or Universe Processing. The results of these have the great advantage of being stable when attained.

## **APPENDIX 4: ADVANCED COURSE PROCEDURE**

### ADVANCED COURSE PROCEDURE

Continually working with students in the Advanced Course, I have been able to codify procedures in such a way that they work very consistently for auditors.

First: Establish a two-way communication with the preclear, either by discussion or questioning in generalities. Get him to talk a little. Then run next-to-last list of Self Analysis to measure his communication lag for future reference and to avoid falling into „*one of THOSE cases*“ unawares.

Second: Run from ten minutes to two hours of Opening Procedure

(a) until the preclear is happy to take orders from an auditor and

(b) UNTIL THE PC CAN LOCATE SPOTS IN SPACE WITHOUT HIS ATTENTION SNAPPING ONTO MEST OBJECTS.

Third: Run SOP 8-C Step I. If at this point pc exteriorizes with certainty, run the remainder of this procedure (Advanced Course Procedure). IF PC DOES NOT EXTERIORIZE EASILY he is having a major problem with universes. This problem with universes must be resolved somewhat before he can be made to exteriorize. Resolve some of the universe problems, then go to the second step (ACP) above, then run this step (8-C Step I) again. If he still doesn't exteriorize, resolve more universe problems. To run Universe Processing, have pc, first, spot spots in space. Then have him find places where E-Meter reacting personnel (Mother, Father, etc.) „*are safe*.“ This is actually all there is to the process. One stays with the person selected until the charge is greatly lessened or until the phenomena of „*separating universes*“ takes place. The key command is „*Where are viewpoints safe?*“ Have the pc actually spot spots in space and make sure that he IS certain that the viewpoint (or person) is safe there. The clue to this „*safe*“ is, of course, „*senior survival*.“ The pc gets into the winning valence because that had senior survival. Thus he takes the viewpoints of MEST objects or people which have senior survival. Beingness Processing is another process similar to but less powerful than (but complementing) Universe Processing.

Fourth: Beingness Processing. By which the auditor has the preclear BE various things until he finds things the PC can be with certainty. The goal here is to get the pc able to be anything in any universe or to be any universe. Which is to say, to assume the viewpoint of anything. This clears up spots which the pc cannot tolerate, also forms of which he is afraid. When the PC is discovered being something compul-



sively, one finds „*where that would be safe*“ for it is a winning valence. This includes getting the Pc to be his first piece of space, and his first piece of energy. The reason one does this last is to „*undercut*“ his first period of „*unknowingness*.“ The PC is asked to be the space, then himself, back and forth, many times. Then to be the energy, then himself, back and forth many times. A variation, when the PC is compulsively discovered being something, is to have him be that thing, then to find places where a thetan would be safe from the viewpoint of that thing he is being. Again the goal is to get the PC to a point where he can be any object or space in any universe.

Fifth: Universe Processing and Step I of 8-C on the EXTERIORIZED PC, alternating.

Note: When the PC goes into apathy on Universe or Beingness Processing, the auditor should take care that he himself, by communication breaks, has not brought on the condition. Running Opening Procedure on a case which has heavily bogged into apathy is a good repair measure. But apathy results in Beingness Processing when the thetan has been something compulsively and is just beginning to be himself in that situation. Asking him to be the object and then be himself will run out this apathy. The apathy is the halfway mark of Coming out of a winning valence and is rather inevitable. Apathy is more alive than the object the PC was being.

Sixth: The Grand Tour (see earlier part of this data sheet). The Grand Tour now includes Change of Space to the entrance point of the MEST universe, etc., etc., etc. It also includes exteriorization-interiorization drills.

Note: If PC boils or gets dull, REMEDY HAVINGNESS. If this does not alter the condition, it is a problem in universes and Universe Processing should be used.

Seventh: Run SOP 8-C in its entirety on preclear including brief Opening Procedure.

Eighth: SOP 8-O as released in April.

ADVANCED COURSE HAS Phoenix, Arizona April 15, 1954

## **APPENDIX 5: SOP 8-D**

SOP 8-D This procedure is for use by a trained Scientologist. It can be used in conjunction with ADVANCED COURSE PROCEDURE and its primary goal is the delivery of heavy cases; however, it can be extensively applied to all cases. It is better to run a Step I well on 8-C before using this process upon him.

OPENING PROCEDURE: Have pc move his body around the room locating SPOTS IN MEST SPACE. Have him locate many such spots and designate them with his finger. Have him do this until he can do it very well and until he obeys an auditor's directions easily.

STEP I: Ask pre clear to be three feet back of his chair. This is the total step. The auditor does not press the matter further even if the pc is.

STEP II: Have preclear look at his environment and whatever he sees have him duplicate it many times. Then have him duplicate a nothingness he makes or finds many times.

STEP III: Have preclear hold the two back corners of the room (two minutes at least or two or more hours). Then have him locate spots in space where he is not.

STEP IV: AN E-METER STEP. Give pc a full assessment by putting him on an E-Meter at this point and asking him to name the people with whom he has been associated since birth. The auditor writes these down and indicates by a symbol after each name whether the action of the needle is stuck, small, medium or violent. On a consistently stuck needle, use next-to-last list Self Analysis until needle frees. Then choose that person who got the biggest reaction on the meter and using this person have preclear find spots or spaces where this person would be safe. The preclear must be certain of the fact. The auditing command is, *„Find some places where \_\_\_\_\_ would be safe.“* One continues this until the needle shows no further reaction, on just this first person. Then one goes to OPENING PROCEDURE and starts all the way through the steps again. Now one takes the same person as the auditor first chose and runs this processing question only: *„Spot some things which your \_\_\_\_\_ does not own.“* This is the total question. (One- to two-hour communication lag may not be unusual.) The auditor continues to ask this question and the preclear continues to spot things which this person does not own until the needle is relatively inactive. Then the auditor goes to OPENING PROCEDURE above and continues through the steps. But now he takes a new assessment and proceeds exactly as before. *„Places where \_\_\_\_\_ would be safe“* is Universe Processing. *„Things \_\_\_\_\_ does not own“* is Ownership Processing. No variations of command of any kind whatsoever should be used by the auditor as these are not dichotomies and variation can be very hard on the preclear, even making him ill. The auditor should add *„The spirit of man, „The spirit of woman,“ „God,“* and the body.

STUDY THIS PROCESS WELL BEFORE USING IT. DO NOT DEPART FROM IT OR VARY IT UNTIL PRECLEAR IS STABLY EXTERIORIZED. THE ACTUAL GOAL OF THIS PROCESS IS TO BRING THE PRECLEAR TO TOLERATE ANY VIEWPOINT.

L. RON HUBBARD