

## 2ND ACC - "BODIES" 2/2

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(continued from part 1)

Transcript of Taped Lecture by L. Ron Hubbard 2 ACC 19B - 5312 C09

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### **BODIES**

So, fear in it's exhibition and agreement upon what one should be afraid of is an index to the degree of hypnosis under which your preclear is laboring. Why hypnosis? Well, it must be an agreement on fear, hmm? So a deep agreement on any subject is a hypnosis. So he's just hypnotized into believing he's afraid. He doesn't start out being afraid, you see. He just gets into agreement with everybody and then he finally agrees that this is the thing to do, to start making postulates about being afraid when he's run through society after society, after society on whole track doing this.

Anybody who has formerly been in space operas finally agreed that it was dangerous and upsetting to hit a meteorite flight with a ship at two light years per second, or something. Anybody, almost anybody has agreed, finally, that this, that this is not an optimum experience and one should be afraid that it will happen. What do you know, they didn't start the track early like that. They just reported back to base and got a new ship and body, until, what do you know, you were up there on Blue Run 68 and shot full of holes. Why don't you sweep that area up? Where's my body? Now, a Mark VIII body, okay. I see they've improved the wristlets. That's about as emotional as it was, and then after a while I suppose somebody started a college or some place and they got scared all over again. It got fashionable and then one day they said, "*Gee, I wouldn't like to go on that run because gee, I might get on Run 68 and there might be a dust speck there and it might dent the windshield, so we won't go in for space opera anymore.*" "*Where's a nice safe planet?*" (Laughing) See, that's agreements on fear.

Well, if you get a preclear sitting in a chair or being in the center of the room exteriorized, and have him put into the six walls of the room, fear, you've got in essence, an agreement on fear. He has certain banks of fear and certain postulates about what he

should be afraid of. In other words, what is sensible. What to be afraid of and what is sensible are synonymous remarks, you know. And he sits in the center of the room and puts some fear into the wall. We have in essence, a double terminal agreement, see that. So you're running it out. So you make it possible for him to agree on any god's quantity of fear because what he's basically afraid of is the emotion known as fear.

I don't know if anybody here might have ever had the experience of actually becoming terrified. I mean really terrified. That's, that's, that's a bad experience. I'm sure you've had it some place on the track but in this lifetime, I don't know. It might have happened because it's a sort of uncontrollable proposition. But what one has started to fight, you see, and resist, one thinks one might be afraid of something and then he starts to resist it and then he resists it harder and it resists him and he resists it, and all of a sudden he gets bang and it blows up a great big piece of fear someplace, you know.

He's just got lots of it and it's overwhelming fed to him in this much dosage in this space of time. It might be set off by a shell and oddly enough, maybe two or three years after the war, it might be set off by an automobile backfiring in the street. So, it goes into terror. And that is grim stuff. I mean, he goes out of control. And when he's had one of these experiences, and you as an auditor auditing him and you don't know about this experience, oh no, no, you're just not going to get any place with this case, not unless you start specializing on fear, one way or the other. You just start straight out and start specializing on fear but then you've got that ... already it's down here as one of these steps. So, we cut down the tremendous unknowness of each experience, and everything, down to a rather pat step. Mind you, if you're dealing with a current lifetime, you're dealing with a dual fear. The GE and he were scared at the same time. So, this puts fright solidly on the track in one chunk.

Very often, by the way, a person has spent part of his life terrified or scared or very upset about something and has gotten over it and will tell you, every once in a while it's customary for him to tell you that, well he's all over that, he doesn't have that anymore - ahuh. That's not true. He has conquered it by suppressing it and you're trying to set him free and he's trying to suppress something. So the harder you try to set him free, the harder he's going to recognize that you're this fear charge which is going to .. he has to suppress, so he starts suppressing you and suppressing the auditing and so forth. But again we're dealing with a central emotion there - fear - terror.

It's better to just locate it and be real smart about it and locate it right straight off and handle it and let that go to that, see, with and an E-meter. That's the best way to do it, cuts short the auditing or just start handling it and putting it in the walls. That's all. You just recognize your case is not making progress after you've run the first three steps, and you've run them rather rapidly. He just doesn't show any signs of shaking out of it, so you could just say, well the hell with it, put fear in the bulkhead. Well, he right away is being kind of upset with you, maybe at the idea that you've suddenly saddled him with having been afraid of something.

Well, I would like to see the Thetan on the whole track that had never been scared this way because he's gone in through consecutive agreements with fright. Now you could know all about all the societies he's gone through but all we're interested in any society he's gone through is contained on these two pieces of paper, SOP-8C. That's the only mechanisms we're interested in. We're not interested in the other mechanisms he's gone through. But he feels he has frightened up something and if you just dig it up and handle it and fear on that particular subject, just postulates and so forth, you'll make lots of space. But there's where judgment comes in, in using these, these two pages. Now that's about the only place it comes in. You have to know what you're doing.

The human mind is always a servo-mechanism. I'm sorry if I've maligned the young officers of World War II, I would rather shoot them (laugh). The point is that the human mind is a servo-mechanism to all mathematics. So the human mind is a servo-mechanism to all mathematical or symbolical communication systems. Western Union is a symbolical communication system if you want to know precisely what I mean by a communication system. A conversation down on the corner depends upon a specific and direct and very, very critically pinpointed communication system between two people.

There's one Thetan who was using certain apparatus in order to force air in certain directions across certain tensions which makes air vibrate in a certain way against somebody else's ... other Thetan's ear drums. The information is taken there, is re-rationalized, is put into the vocal chords of a second Thetan and they set the air in vibration which goes into the ears of the first Thetan. That's a relay system. It's a real complex system. But a Thetan gets sold on one of these communication systems and he wants to make it rigid, and it's another thing you might run into. It's slightly outside our sphere of interest, but he runs into one of these communication systems. It's so lovely, it's so patterned, it's so good, and he'll set it up as a system. He sets it up as something to do, rather than something which will do something.

So you can audit somebody after a while with a specific system that has no surprises in it and he'll pattern it as a system, and after that you audit what he's audited as a pattern system. You see, you've audited what he set up as a pattern system after you've audited him too long. The way to really wreck him and upset him endlessly in doing this and throw it out the window, is simply to audit communication directly. We notice this, this auditing has gotten down to a long grind on some preclear. He's not making any progress, he's just going through the motions. We can assume that he has set up some kind of a communication system on the subject and if he's being audited partly over a pat thing like SOP-8C, why he's too willing to set up a communication system.

What he's unwilling to face is the effort of communication. Well, why won't he face it? It's because we go right straight back ... see how nice these factors work out ... we go right straight back to invalidation. Well why do we go back to invalidation? Because a communication system has to do with a motion of particles through definite relay points and this means that the individual is afraid of being hit. So, he doesn't go near the relay points, he stays on the line and therefore he's afraid of being hit. So,

you just handle it as afraid of being hit, or must hit, or must be hit, see, or mustn't be hit. He's afraid of being hit, and we're back again to fear. He's not dangerous to a communication system. A communication system is dangerous to him, so he just steps off. He sets it up as a system as soon as he can and then steps off the lines, gets off the lines and skips it. See that? So after that you're auditing something else.

Anybody who will self-audit, this is some thing an E-meter will tell you faster than the preclear, anybody who self-audits rather consistently and continually runs a liability of simply setting it up as a circuit. He just sets up a communication system on the subject of auditing, and anybody who is audited long and arduously and monotonously, will set up a communication system which eventually will start to audit him. See, he sets up a circuit and the second the auditor is gone, that circuit is still there.

Well, communications get scarce and they are the most intimate form of havingness and not havingness. People don't want communications or they want communications or they must inhibit communications - DEI. What is a communication? A communication is a meaningful particle, and we go into immediately, the fact they are symbolical postulates. So we handle a lot of symbolical postulates and we will stop this self-auditing. That breaks down that easily. There's an enormous number of things that get cared for without your worrying about them too much. You can care for the preclear about ... you can care for the effects which have accrued over a thousand different civilizations on one individual. You can just care for it, that's all. You don't have to take knowledge of these to do so.

And there's this enormous randomness. How many things he can do, how many things he could be capable of. There's only a few of them in which we're interested and they go back again to evaluation, invalidation, and location in general. That's all they go to. And when they simmer down to ... oops (something with the microphone)... makes good sense. Invalidation, that's arrival of particles. He doesn't want to be cause. That means he doesn't want to dispatch particles. So, that's not starting particles. He doesn't want to be effect, well that's not arriving particles. He'll symbolize this in hundreds of ways. He's just not arriving. You tell him put something out on something, he doesn't arrive. You have to ask him sharply a few times, if he's got any doubt about his case, he isn't arriving. That's the main thing that's wrong with his case, he's just not getting there, and there are many ways to make him do that, but they're all right here.

Tell him be close to it for a while and then tell him be closer to it and finally let him arrive at it. Another thing the ... a communication has to start and it has to arrive. You're essentially dealing with a communication system when you're dealing with a preclear postulates, symbols, and aberrations. So, the study of the communication systems brings us right around, however, to these seven steps again and we still got the factors which we need to have to handle the communication system.

Now, when we say a fellow is not there by location, you know, where is he not, why he'll be happily not in lots of places, see. That's what he's happiest about. It'll finally pin him down so he is some place but it isn't up to the auditor to put him any place, because if he announces where he is, then he has arrived. So, we're up against the

powerful can't arrive, the fellow who mustn't depart. Now the reason people mustn't depart is because they have to know before they go.

And the reason they can't arrive is, the MEST universe cycle is that people who are at the point of arrival of a communication line are hit by a particle. You wonder what, what's happened to this man's perception, what's happened to this preclear's perception. How can it be so far out. Well, he just never bothers to be at the point where it's being received. He'd just rather set up something else.

So, we have people using all sorts of shifty methods of not being at the point where the particles are arriving and they use, what you may call it, a remote viewpoint system. Remote viewpoints are put around and they catch the particles incoming. Therefore the person's, the person's vision is pretty poor, pretty poor, and what they look at is not always what they are looking at because they'd just as soon be discharged at by a facsimile as by a MEST wall, I mean they're both very dischargeable things. MEST walls, everybody knows, continually shoot people. Now you'd think so, the way people dodge off 'em.

So you have a communication difficulty, a perception difficulty, you're right back here on barriers. But remember that the Thetan considers himself a barrier if the Thetan has to have barriers. The Thetan himself cannot be hit, but if he thinks in terms of barriers all the time, he thinks of himself as a barrier. He wants to stop other people's intention. You know, he wants to get at himself, therefore, to put up something to catch it. He won't let it go on through and then he gets afraid of it after a while because he's put up too many things. Using a body as a bullet proof vest is not successful. It doesn't work well.

So, as we go through this and look at various parts of this, we discover that perception comes under the heading .. perception is as good as the person that isn't afraid of being invalidated. A person is afraid of being invalidated just as much as they're scared of being hit by particles or afraid they'll hit particles, of course. Well, the main puzzler on that line is invisible barriers. Now, we've got invisible barriers in Step four and of course invisible barriers belongs, very definitely, in Step seven. I notice that it's not written in Step seven. You ought to make a note ... a motion of it there, invisible barriers are far more important to some preclears than others.

A preclear will sit there and he can run a mockup with his eyes open but he can't run a mockup with his eyes shut. In other words, he's got to look at a mockup through an invisible barrier. He must be reassured that he has an invisible barrier up before he dares put a piece of energy up. You'll find other preclears that'll sit and look out the window. The invisible barrier has such magnetic attraction for them that they can do nothing but face an invisible barrier.

The air screen of earth is an invisible barrier. It's nice, a cushiony invisible barrier. If you've ever been up on the moon, you know that about thirty thousand meteors a day hit the moon. Boom, boom boom, boom, boom, boom - crash, crash, crash, crash, crash. It's very, very meteororous in outer space, very. And if you object to being hit, why there's no sense in you standing some place between here and the sun because we occasionally see them at night when they come in and hit the outer atmosphere

and come in far enough. The earth is a very, very thoughtful ... boy, the modus operandi, the way that some of these planets are set up to operate. Some of them are trickier than others. The earth is just wonderful. I mean, it's got this big screen and that filters the heat of the sun very nicely, and of course, radio engineers think it's put up there exclusively to turn the radio waves back, but that's not true. It was set up there originally to catch meteors. The meteors come in and they burn up before they hit because just ... many more meteors would hit earth than are currently hitting the moon if you didn't have an air screen. So you have this terrific invisible barrier in which you're utterly dependent. Nobody ever pays any attentions to it and then somebody comes along and wonders why he has asthma, you see, air, air. And the body's got to have a big reason for everything, terrific reason, you know. So they have to breathe the air and that gives them energy, or does it. See, I mean there's a big reason but the point is that air is an invisible and necessary barrier.

Now, we get sound being very aberrative to people, terrifically aberrative, and sound goes through space and hits and ... objects. It's the motion of an air particle - ba ba ba ba, that's all sound is. It's motion of an air particle going rapity rap rap rap on somebody's body. You can get a concussion off of sound. The reason preclears get scared of sound is very amusing.

Very early on the track the only time they ever heard a sound when it was contained in an electronic blast. It took particles in the electronic blast to convey to them the sound wave, otherwise, everything was completely silent. The silence of a vacuum, and then somebody would set off one of these big electronic blasts, which is only possible in vacuums. Big enough with that little current and of course, when they'd be hit by the electronic blast, they would get a sound. So, earth here kind of backfires, you see. It restimulates electronic blasts on the track. You don't have to worry about that, though. Because you start turning on perceptions, and as you cure a person's fear of being hit, you cure his fear of sound. See, it's ba ba ba, the invisible barrier. The invisible vibration.

Now you can have a person move a sound around, by the way, if you can make him get any kind of a sound no matter how light or how imaginary or anything else and make him move it around positively and make it arrive in various places. You'll turn on his sound because sound always has moved him around, he's never moved sound around very much. You are a big competition in the MEST universe on the subject of sound. You go out here and listen to these diesel trucks and you listen to ferry boat whistles and all this sort of thing. Now, that's big sound and then you go out and you decide you're gone yell out loud, when you're a kid, and you don't. And you go around and you say, well, why can't I have a siren on my bicycle. You go down and maybe you find one, maybe you buy one.

The police, the police are more aberrated than you are and they are very conscious of the fact that nobody must get into competition with them and if there's any way, probably the only way to get into trouble in a police state, is to imitate the government or the police. That's the only way really to get into trouble when justice begins to deteriorate. In other words, collect taxes or extort money and if you do either of these two things, you're in real trouble with the cops. Furthermore you mustn't use

any force against somebody. That's strictly police prerogative. So, competition is what they're most afraid of.

Well actually, that's what a Thetan is terribly afraid of. He's afraid of competition and superiority like mad. Now he'd love to stay in one place if he could, but he can't because the place would get too bombardive. That's true too, by the way, I mean, if you stayed in one place consistently being hit by every wave that came in and receiving every wave that came in and letting no waves go through, you would soon have considerable mass.

You see what an awful lot of data there is here? Are you getting kind of snowed under? Huh? There could just be thousands and thousands and thousands of reasons why, couldn't there? Well we've boiled it all down, this tremendously complicated object known as the Thetan, we've narrowed it all down to certain definite things that he must be able to do. When he can't do them, we remedy the fact that he can't do them and make it possible for him to do them and after we've done that, why the rest of it works out of its own accord. That's what it amounts to. So, we make it possible for him to do things. These are the things, these seven steps, that you ordinarily not find him being able to do. One or the other of them will be poor. We will improve these abilities and you've got a good guy, you got a good girl in your hands. That follows.

This has been following through now for a year. This we find 8-C, which you see here, is after a lot of study of an awful lot of people working on something. It is an introduction of a lot of new material, it's new organization. Organization isn't terribly important to a Thetan but it's terribly important in a modus operandi. It's harder to organize data than to originate it any day of the week because organization is the thing people agree with. They don't agree with the postulates, they agree with the way the postulates are organized, hence you have symbols being so heavy.

Now taking up here all these things. Your own patter, conversation with regard to them then should minimize reaching for significances, trying to find out something that lies beyond the something. You know, the invisible barrier of something you look beyond that's into the future, and so forth. Looking beyond is looking for significance. The physical action of trying to find deep significance is looking beyond an invisible barrier, see, they're synonymous.

Therefore, you cut your patter down to a point where you're dealing with just this material on these two sheets and trying to find out what he isn't doing and what he is doing and making it possible for him to do it. The thinkingness and knowingness and lookingness which you apply then is consistently, should be delivered toward relocating, reestablishing, for the preclear, his ability to do these things. The only thing that will interrupt you in this, if you yourself are being hit by one of these dunce caps which has inverted, which has got to fail. If you've got to fail, why, you're just being hit by the fact you've gone into too many heads and you're carrying too many cords of stuff. Now it isn't that you ... there aren't lots of things that you could know with profit, believe me, you always know something with profit and by storing you under here with lots of data and lots of --I Just love to give you a big broad view and maybe many of you right now think you're looking at this big broad view of all of the

Thetan's adventures and potentialities and what he can do, and you have to know all about this, and gee whiz, gee whiz, my gosh. No sir!

It's just these things that's important and whatever adventures he's ever had it's just these importances, one after the other that , which we comb through and we find out and we remedy these importances as we go through. Your individual is able then to function much, much better. He can function because this is generally what's wrong with him that has to be right with him. Now when you discover something he can't do - yes, it has a significance for you. It means you've hit a step which has to be gone over. You probably have to go over it with a gradient scale and there's where your side knowledge comes in. You don't make him lose all the time. You make him win.

So, you keep your patter real simple. You ask him to do real simple things. You don't have to ask him to do anything complicated. If your imagination suddenly dictates that you should do something complicated, always ask yourself, is this too much for the Thetan that we're trying to do to him, because if we give him something that's terribly complex and he gets lost - that's all.

There's another one to remember, is don't give him two things to do before he's executed one. That's always a good one. You give him one thing to do and when he has done that, give him the next thing to do. You might know the next thing for him to do a long time before he does but if you give him two consecutive things to do, or three consecutive things to do, one right after the other, it's kind of poor and if they're contradictory, it is murder. He isn't tracking with you. In other words, you've gone out of communication with him, which is going out of agreement with him.

No, no matter how many factors have been gone through in all of this material here in the last twenty-five years that I have handled, it has always gone through a boil down of this material. And where the material which you're holding right in your hands ran through rather cleanly any piece of information, the information would hold good and would work. Getting rid of information on the subject itself was more important. Now this is actually an action. This is a piece of doingness, this 8-C, it's action.

You'll find out, oddly enough, that 8-C will handle anything that's been proposed here in the last three years in the public eye. It will, it'll handle anything , and just for your own edification, you ought to go back and get a hold of a copy, and take your old copy and ... we can get it now, by the way, of Dianetics Modern Science of Mental Health. Shortly should have, or we have now, Science of Survival.

Very interesting! It proposes an awful lot of things. 8-C handles them. Take, "*What To Audit*" (History of Man - ed), very interesting book. There's a lot of preclears, by the way, a lot of preclears have startled very non-believing auditors into What To Audit fans. These auditors have become What To Audit fans after they've seen somebody in the tumbler. Somebody in one of these engrams - they've seen 'em. They didn't have to look very hard to see 'em either.

Take old Fac One, that's the most viscous of them all, even yet. You find more people caved in with Fac One. It's kind of a relief to a preclear after he's been in a Fac



One and has had some kind of a compulsion toward cameras that he couldn't do anything about, you see, he didn't really take a picture, he just had a camera, to be out of Fac One and interested in photography and taking pictures. It's a lot of fun, taking pictures, but it's no fun to be in Fac One taking pictures.

And there's all sorts of bric-a-brac around in terms of information there in What To Audit. It's just fascinating. It explains many of the things which you could possibly see in a preclear. Look at 8-80, old 8-80. Good material. It's a better material at this moment than it was when it was written and we look over 16-G, that becomes very important. And when we handle most of the Doctorate material, it is in Scientology 8-8008. We have that now. You know, printed edition. But Scientology 8-8008 contains background theory for most of this stuff and contains the background theory of the Doctorate Course.

Well, that's a tremendous amount of data, isn't it? It's really true that a person feels he should go over it just so that he can take a look at it and he should before knowing his preclear well and a lot of other things because there's a lot of high adventure in it. There isn't a lot of things wrong. It really opens the door to what you can do. What's important for you right now, important for you right now to recognize that an apt, brief, in good communication use of just this, SOP-8C, and these steps remedy anything that has been mentioned for three years and remedy it better and faster than any earlier technique used in this order.

Now I've gone and gotten you all upset on a couple of loads of data and I hope at the same time, I have given you a bit more confidence. You don't have to know all that. It's darned interesting. What you have to know, and know how to do, is 8-C and you'll get results if you do it. The only bad results I have found and had reported in this unit, had been from actually flagrant breaches of 8-C. Very flagrant, and just wild, and nobody could do this. Okay?

(end of lecture)