## APPENDIX

## STANDARD OPERATING PROCEDURE FOR THETA CLEARING by L. Ron Hubbard DEFINITIONS

THETAN: this term designates the beingness of the individual, the awareness of awareness unit, that quantity and identity which is the preclear. One does not speak of "my thetan" any more than he would speak of "my me." Persons referring to the thetan in such a way as to make the thetan a third party to the body and the person are not only incorrect, they betoken by this a bad state of aberration.
AUDITOR: the person who "audits," who computes and listens; a practitioner of Dianetics and Scientology. SOP Theta Clearing is best done by an auditor who has been theta cleared. A V (Roman numeral five) commonly acts to force a preclear to stay in his body even while pretending to free the preclear from his body.

LOCATION: the thetan is an energy unit which is located in the center of the skull. It is conceived to be small, but is as large as the preclear believes it to be.

SELF-DETERMINISM: self-determinism is a relative state of ability to determine location in time and space. If one can locate his facsimiles and ridges in time and space, if one is able to place persons and objects in the past, present and future in time and space, he can be considered to have high self-determinism. If one's facsimiles place him in time and space, if people can easily place one in time and space in the past, present or future, one's selfdeterminism is low. Willingness and unwillingness to locate things in time and space are the key relative states of sanity.

ILLUSION: that which one locates himself, in time and space, on his own determinism.
REALITY: that agreement upon illusion which became the MEST universe.
DELUSION: things not of one's own creation, or of the MEST universe, which locate one in time and space.

CERTAINTY: one is certain on a plus-or-minus basis and one can be equally certain on either. One can be certain a thing is not real or he can be certain it is real. There are three sides to this. One is certain a thing is his own illusion: this is the highest level. One is certain that a thing is a MEST universe reality (illusion). One can be certain that a thing is a delusion.

KNOWINGNESS: knowingness depends upon certainty.
ABERRATION: aberration depends upon uncertainty.
THETA PERCEPTION: that which one perceives by radiating toward an object, and from the reflection, perceiving various characteristics of the object such as size, odor, tactile, sound, color, etc. Certainty of perception is increased by drilling in certainties as above.

MEST PERCEPTION: recordings the thetan takes from the perception organs of the human body as a shortcut to perception (lazy perception). The body records actual wave emanations from the MEST universe; the thetan uses these recordings.

ORIENTATION: determination of location in space and time, and Determination of energy quantity present. This applies to past, present, future.
RIDGES: "solid" accumulations of energy which are suspended in space and time. Ridges can be handled variously. They can also explode.

FACSIMILES: energy reproductions of things in the various universes. They are fixed to ridges.

END OF TERMINAL: a communication line to anything has the pc at one end and something at the other end. When the end of terminal is vacated, flow dams and the pc must fix the vacated end to his own body. This is the mechanics behind the loss which brings about grief.
ASTRAL BODIES: somebody's delusion.
ELECTRONICS: lower and cruder manifestations of the same order of actuality of thought.
TERMINALS: in facsimiles, ridges and electric motors, terminals operate, and current flows, only when they are fixed in time and space. Alternating current becomes possible only because of an overlooked item: the base of the motor, which is fixed in time and space and which keeps the terminals apart by fixing them in time and space.
THE HUMAN SOUL: the pc.
FREEDOM: able to position energy or matter in time and space.
SLAVERY: being positioned in time and space.
THE HUMAN BODY: a carbon-oxygen engine built of complex electronic ridges around the genetic entity, which animates it.

THE HUMAN MIND: the thetan.
STIMULUS RESPONSE: the environment of the thetan activating ridges to make them activate the body.

THE REACTIVE MIND: the ridge automatic-response system.
THE SOMATIC MIND: the genetic entity.
SCIENTOLOGY: the science of knowing how to know.
KNOWING HOW TO KNOW: being the thetan, clear of the body and its ridges, and able to handle illusion, matter, energy, space and time.
THETA CLEAR: a being who is reasonably stable outside the body and does not come back into the body simply because the body is hurt. No other condition is necessary.
CLEARED THETA CLEAR: a thetan who is completely rehabilitated and can do everything a thetan should do, such as move MEST and control others from a distance.

A THETAN EXTERIOR: a thetan who is clear of the body and knows it, but is not yet stable outside.

This process is done in steps. The auditor with every preclear makes no other judgment than to begin with Step I and, failing to accomplish that immediately, to go on to Step II; if he fails to accomplish this immediately, he goes to Step III; and so on. When he is able to accomplish a step he labels the case as that step number, i.e., a III. He then begins working with that step. After a few hours work, he again starts at the top with the pc with Step I and progresses on through. Eventually the pc becomes a Step I.

STEP I - POSITIVE EXTERIORIZING: Ask the preclear to step a foot back of his head. If he does, make him go back further, then up, then down, practising placement in space and time. Then one asks him to see if there are any items in the body he would like to repair, and proceeds to let pc repair them according to pc's own ideas as to how he should do it. Then educate the pc - by making him create and destroy his own illusions - into finally getting a certainty of illusion, and from this, a certainty of perceiving the real universe with all perceptions. (Note: The realest universe is, of course, one's own illusory universe, and it should be completely rehabilitated before one attempts to much perceive or handle or worry about the MEST universe. Rehabilitated, sonic, visio, etc., of the MEST universe are very clear and very certain. Clear perception in early stages is not a test of being outside. The only test is whether the pc knows he is outside.) Failing the first line of this step, go to Step II.

STEP II - NEGATIVE EXTERIORIZING: Ask the preclear not to be a foot back of his head. (See subzero tone scale, where all commands reverse.) Give him commands in the negative which will be obeyed in the positive sense. Then orient him in space and time (the thetan can be out of time badly) and thereafter treat him as a Step I case. Failing this step, go to Step III.

STEP III - BY ORIENTATION: Ask the preclear, still inside, to locate the inside of his forehead. Ask him to put a pressor beam against it and push himself out the back of his head. Supplement this by asking him to reach out through the back of his head and grab the wall with a pulling beam and pull himself out. Ask him to steady himself outside and then, by means of beams, to raise and lower himself while outside and to move to various parts of the room while still outside. By orientation as a thetan, placing himself as a thetan in time and space, he becomes sure of his whereabouts. Have him find these lines wherever they are and attach them to radiators and water taps, as the energy will drain out of him. The III ordinarily has enough lines to cause him to snap back in the head when he releases beams. Failing this, go to Step IV.

STEP IV - RIDGE RUNNING: Ask the preclear to give himself a command to walk. Let him locate the white flow line which results inside his head. When this goes dark, have him locate the tiny inside-the-skull ridge that stopped it. Have him run the flow from this barrier (these barriers - they are tiny ridges - each have a thought with them such as "can't walk" or "too bored to walk") back toward the spot where he told himself to walk. It will run white for a moment, then go black. Have him give himself the command to walk again and "watch" this flow line. It may run through two or three tiny barriers and then stop. Again, have him run the "objection" to walking. Have him watch this "objection" flow until it goes black. Then have him give himself the command to walk again, and so on and so on. He will wind up at some outside point. Now have him give himself the command "listen" and have him run this and its
black flows on "black and white" until he is exterior on the subject of "listen." Then use the command "talk" similarly. Then the command "nod," then the command "move," etc. Give "look" last, for it may "blind" his perception of black and white. He may each time get out to a distance in another quarter. If he can do all this, start with Step I again. Failing this step, failing to "see" black-and-white-energy manifestations, go to Step V.

STEP V - CREATIVE PROCESSING: Audit the preclear very heavily on Creative Processing (Self Analysis, British Edition). Then go through the steps again. If pc is immediately perceived to have little or no reality on any incident, go to Step VI.
STEP VI - ARC STRAIGHTWIRE: Drill, by direct questioning, on locks until the pc can remember something really "real" to him, something which he "really loved," something with which he was in communication. Then drill him on creating illusions until he is certain he has created one which really isn't real, which he is certain he put the emotion and perceptions into. (See Self Analysis, British Edition, with attention to End-of-Session Processing.) Then go through steps again. Failing Step VI, after a quick test, go to Step VII.
STEP VII - PRESENT TIME BODY ORIENTATION: Have preclear locate a part of his body and recognize it as such. Have him locate furniture, fixtures, auditor in room. Have him locate the town and country he is in. Get him to find something in present time which is really real to him, with which he can communicate. Work on this until he can do this. Then go to Step VI. Then go to Step I.

## THE BIBLIOGRAPHY FOR SOP THETA CLEARING IS AS FOLLOWS:

Dianetics: The Modern Science of Mental Health
Science of Survival
Self Analysis (British Edition as revised Fall, 1952)
Course Books of Professional Course
Scientology 8-8008
[Reproduced in ASCII from LRH's handwritten chart]

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Gradient Scale of the Relative Value of Data
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Infinity Valued Logic
Absolute Right or Wrong Unobtainable Dianetics

## GLOSSARY

AA: attempted abortion. - Dianetics: The Modern Science of Mental Health.
ABJECT: lacking self-respect; degraded.
ABSTRACT: an idea or term considered apart from some material basis or object.
AESTHETICS: the subject of beauty. - Scientology 8-80.
ALEUT INDIANS: members of a people native to the Aleutian Islands and the western Alaska Peninsula who are related physically and culturally to the Eskimos.

ALGEBRA: (mathematics) a method of solving practical problems by using symbols, usually letters, for unknown quantities.
ALIGNED: related; going in the same direction. - Lecture of 12 November 1952.
ALTERNATING CURRENT: an electric current that reverses its direction periodically.
ANALOGY: an explaining of something by comparing it point by point with something similar.

AP\&A: abbreviation for the book Advanced Procedure and Axioms, by L. Ron Hubbard.
APATHY: a complete withdrawal from person or people. There is no real attempt to contact oneself and no attempt to contact others. A person in apathy would say, "What's the use? All is lost." - LRH Definition Notes.

APPENDED: attached or affixed.
APPROPRIATED: set aside for a specific use.
AQUA REGIA: a mixture of two types of acids. It literally means kingly water and is so called because it dissolves the "noble metals," gold and platinum.
ARC: a word made from the initial letters of Affinity, Reality and Communication, which together equate to Understanding. It is pronounced by stating its letters, A-R-C. To Scientologists it has come to mean good feeling, love or friendliness, such as, "He was in ARC with his friend." - LRH Definition Notes.
ARCHAEOLOGICALLY: through archaeology, the systematic recovery by scientific methods of material evidence remaining from man's life and culture in past ages, and the detailed study of this evidence.

ARCTURUS: a giant red star; the brightest star in the constellation Boötes, in the northern sky.
ARGENTINE, THE: referring to Argentina, South America.
ARISTOTLE: see Aristotelian logic in this glossary.
ARISTOTELIAN LOGIC: a type of logic where if you do so-and-so, it is wrong; if you do such and such, it is right. This is two-valued logic and depends upon viewpoint. It was
developed by Aristotle (384-322 B.C), Greek teacher and philosopher. - Lecture of 19 September 1951.
ASKS OF: inquires about; seeks by request.
ASSIMILATE: to absorb and incorporate into one's thinking.
ATTENUATION: a weakening or reduction in force, intensity, effect, quantity or value.
AXIOMS: statements of natural laws on the order of those of the physical sciences. Dianetics: The Modern Science of Mental Health.

BAGHDAD: the capital city of Iraq, a country in southwest Asia, at the head of the Persian Gulf.

BALDERDASH: senseless talk or writing; nonsense.
BAND: class, rank or order; range.
BEINGNESS: the assumption or choosing of a category of identity. Beingness is assumed by oneself or given to oneself or is attained. Examples of beingness would be one's own name, one's profession, one's physical characteristics, one's role in a game - each and all of these could be called one's beingness. - Scientology Abridged Dictionary.
BEVEL: to cut to an angle other than a right angle; slope at an angle; slant.
BLACK DIANETICS: any evil, wicked or harmful use of data concerning the mind. This especially includes such things as implanting suggestions in the minds of others by the use of pain, drugs or hypnosis, as done by psychiatrists. - Lecture of 17 September 1951.
BLACK MAGIC: magic with an evil purpose; sorcery.
BLACK OPERATION: an evil, wicked or harmful activity.
BLOTTO: (slang) unconscious (usually because of drinking too much).
BLUE, OUT OF THE: unexpectedly; without warning.
BOOB: (slang) a stupid or foolish person.
BOOLEAN ALGEBRA: a mathematical system used for the analysis of logic. It was devised by George Boole (1815-64), an English mathematician.
BOUNCERS: engramic commands (such as "Leave me alone" or "Get out") which send the preclear up the track toward present time. - Science of Survival.
BOWIE KNIFE: a heavy sheath knife having a long, single-edged blade. Named after American frontiersman James Bowie (1793-1841), for whom the knife was designed, either by James or his brother Rezin P. Bowie.
BRIGANDAGE: plundering by brigands (bandits who usually roamed in bands).
BRITISH THERMAL UNIT: the quantity of heat required to raise the temperature of one pound of water one degree Fahrenheit.
BROOKLYN BRIDGE: a suspension bridge over the East River in New York City, connecting Manhattan with Brooklyn.

BUD, BEAT IT: go away, fellow - a humorous exteriorization command. From the slang terms beat it (go away, leave or depart) and bud (buddy, fellow, friend).

BULLAH/BULL, PRINCE ALI: a made-up name for an Arabian prince.
BULLPEN: technical jargon for an area in early electronic computers where partial solutions were held until new material was fed into the computer, making a complete solution. At that point the data was sent on to the computer's memory bank. - Lecture of 1 December 1952.

BULWARK: a person or thing serving as a strong defense or protection.
BUNK, DOES A: (British slang) runs away or deserts, as a thetan. The body remains where it is, the heart still beating and the lungs still breathing(as the genetic entity runs those), but the thetan goes elsewhere. - Lectures of 3 December 1952; 7 April 1972.

BYWORD: a favorite or pet word or phrase.
CAISSONS: chests for holding ammunition.
CALORIE: the amount of heat needed to raise the temperature of one gram of water one degree centigrade.
CAMEMBERT CHEESE: a partly-ripened, soft, creamy, rich cheese. Named after the village in Normandy, France, where it was first made.
CAP PISTOL: a toy gun which explodes a little paper percussion cap.
CARMINE: a red or purplish-red color; crimson.
CATECHISM: a formal series of questions; close questioning.
C.D.: abbreviation for common denominator. See common denominator in this glossary.

CHAIN: a succession of incidents, occurring at various intervals along the time track, that are related to one another by some similarity of either subject, general location, people or perception. Such a succession of similar incidents may span a brief period or a very long period of time. - Scientology Abridged Dictionary.
CHAIR: the office or position of a professor.
CHAKRA: (yoga) points along the spine supposed to contain certain powers, personified by gods, and able to be released through the proper exercises. Also known as cakra.

CHART OF ATTITUDES: a chart of attitudes toward life, containing the major difficulties people have. It is also a SELF-EVALUATION CHART. One can find a level on it where one agrees and that is his level of reaction toward life. - Handbook for Preclears.

CHOW: (slang) food; a meal.
CHRONOMETER: an instrument for measuring time precisely; a highly accurate kind of clock or watch.

CHRYSANTHEMUMS: plants cultivated for their showy flowers which bloom in the late summer and fall. They come in a variety of colors, most commonly yellow, white, red or purple.

CINCH, LEAD-PIPE: (slang) a doubly sure or a doubly easy thing. The phrase derives from a trick used in tightening down the cinch (saddle strap) on an uncooperative horse, employing a so-called lead pipe to turn the strap like a tourniquet. After the strap was cinched tight, the pipe was then tucked between the strap and the horse's belly, "double-cinching" the horse.

CIRCUITOUS: roundabout; indirect.
CIRRUS: thin, fluffy, white clouds very high in the air.
CLAM, HAPPY AS A: from the phrase happy as a clam at high tide, which comes from the fact that clams are considered a delicacy in America and are gathered only at low tide. In short, it means in a very happy manner.

COCK OF THE WALK: a person who has the most control, power or influence, especially when he is very proud of this. Walk refers to the place where barn-door fowls are fed. If there is more than one cock, they will fight for supremacy of this domain, thus the derivation of this phrase.

COLUMBIA: a large private university in New York City, founded in 1754.
COMMENT?: (French) what?
COMMON DENOMINATOR: a quality, opinion or other attribute shared by all the persons or things in a group.

CONDENSERS: devices for storing electric charge. Also called capacitors.
CONICAL: resembling or shaped like a cone.
COROLLARY: a proposition following so obviously from another that it requires little or no proof.
CORROSIVE: corroding or causing corrosion, which is an eating or wearing away gradually, as by rusting or by the action of chemicals.

COURSE, IN DUE: in the usual or proper sequence (of events).
CREDIT: believe in the truth, reliability, etc., of; trust.
CROQUET: an outdoor game in which the players use mallets to drive a wooden ball through a series of hoops placed in the ground.

CUBIST-MODERNISTIC IMPRESSIONISMS: a made-up name for art works of a particular kind. It is a humorous reference to the various and ever changing trends in art. Cubist refers to cubism, a movement characterized by separation of the subject into cubes and other geometric forms in abstract arrangements (as opposed to a realistic representation of nature). Modernistic refers to modernism, a deliberate breaking away from the past in favor of more innovative movements and styles. Impressionism is a style of painting whose chief aim is to capture a momentary glimpse of a subject through a distinct style of lighting and use of color - later extended to literature and music as well.

CULT: a group characterized by an obsessive devotion to a particular principle or ideal. (In the lecture, this refers to the cult of anti-enthusiasm.)

CURVE: a curved line or similar graphic representation showing variations occurring or expected to occur.
CUSSEDNESS: stubbornness; hardheadedness.
CYCLOTRON: a large device for giving such high speed to atomic particles that they will break into other atoms and cause changes in the central parts of atoms.

DARWINIAN THEORY: the theory that man is an animal who arose as a result of a spontaneous accident from a "sea of ammonia," and by the stages of development called "evolution," arrived at the proud estate (social status; rank) of a two-legged wog. The "man-from-mud" theory was taken by scientists from Egyptian demonology (study of demons) and foisted off (imposed by fraud) on man as "modern thought." - New Slant On Life.

DEAD DUCK: (slang) a person or thing that is ruined or certain to suffer ruin, failure or death.

DECENTRALIZATION: the breaking up of a concentration of (government authority, industry, population, etc.) in a main center and the distribution of it more widely.
DECIBELS: plural of decibel, a numerical expression of the relative loudness of a sound.
DEDUCED: inferred from a general rule or principle; reached (a conclusion) by reasoning.
DEGENERATE: characterized by deterioration; degraded.
DELUSION: see Standard Operating Procedure For Theta Clearing (Definitions) in the Appendix of this volume.

DEMENTIA PRAECOX: (psychiatry) the name for what was thought to be a common form of insanity, developing usually in late adolescence or early adult life, and characterized by loss of interest in people and things, loss of effective participation in practical or social life, incoherence of thought and action, and blunting of emotion.

DEMONIAC POSSESSION: the condition of being possessed by a demon or demons. Contrary to popular belief, a demon is actually a mechanical mechanism set up by an engram which takes over a portion of the analyzer and acts as an individual being. A bona fide demon is one who gives thoughts voice or echoes the spoken word interiorly or who gives all sorts of complicated advice like a real, live voice exteriorly. - Dianetics: The Modern Science of Mental Health; Lecture of 20 November 1950.

DENYERS: engramic commands (such as "I can't tell you," "It's not here") which deny the existence of phrase or incident. - Science of Survival.
DESPICABLE: deserving to be despised; contemptible.
DIABOLICAL: fiendishly clever or cunning.
DICKENS WITH THIS: the devil with this: used in mild oaths.
DIDACTIC: inclined to teach or lecture others too much.
DIFFERENTIATION: the ability to "tell the difference" between one person and another, one object and another. It indicates a person is sane. As soon as one begins to confuse one's wife
with one's mother, or one's coat with one's father's coat, one is on the road toward insanity. Symbological Processing.
DIGISM: a made-up name for a principle or movement.
DIPHTHERIA: a disease characterized by weakness, high fever and the formation in the air passages of a tough, membrane-like obstruction to breathing.

DISASSOCIATION: a condition wherein an individual sees two things as being different when they are actually the same. - Lecture of 7 August 1963.

DISENTURBULATES: ceases to be turbulent or agitated and disturbed. - Scientology Abridged Dictionary.
DOUBLE-LOGICKED: performed an evasive reversal or shift in logic.
DRAMATIZATION: a repetition in action of what has happened to one in experience. A replaying now of something that happened then. It's a replaying out of its time and period. Lecture of 28 July 1966.

DREAM, LIKE A: (slang) perfectly.
DUTTON'S: a textbook by Commander Benjamin Dutton (1883-1937), prepared for the instruction of midshipmen at the U.S. Naval Academy. It was first published in 1926.

DYNAMICS, EIGHT: eight urges (drives, impulses) in life. These we call the eight dynamics. These are motives or motivations. These are urges for survival as or through (1) self, (2) sex and family, (3) groups, (4) all mankind, (5) living things (plants and animals), (6) the material universe, (7) spirits, and (8) infinity or the Supreme Being. - Scientology: The Fundamentals of Thought.
EINSTEIN: Albert Einstein (1879-1955), American physicist born in Germany.
EISENHOWER: Dwight D. Eisenhower (1890-1969), American general and president (195361).

ELECTRODES: terminals which conduct electric current in or out of something.
ELECTRON: any of the negatively charged particles that form a part of all atoms.
$\mathrm{E}=\mathrm{MC} 2$ : a formula used to convert mass (measured in grams) into energy (measured in ergs, which are simply units of work). E stands for energy, $m$ stands for mass and $c$ is the speed of light. This formula, constructed by Albert Einstein, is based on the theory that mass and energy are the same thing, and that mass units can also be used for expressing quantities of energy. See also Einstein in this glossary.
EMPIRE STATE BUILDING: a skyscraper built in New York City in 1930. For many years the tallest building in the world, it is 1,250 feet high and has 102 stories.

EMPIRICALLY: in a manner that is established by observation, not established by theory or reason. - Lecture of 3 October 1961.

EnMESTified: referring to the degree to which someone has become enMEST (MEST enturbulated by entheta or crushed too hard into theta and rendered less usable). - Science of Survival.

ENTITIES: ridges; automatic-response setups. Entities are created by a basic computation on the part of an individual that he does not want to be bothered monitoring some part of the body any more. He therefore sets up something which operates automatically and which becomes another being. - Lecture of 17 November 1952.
ENTURBULATED: turbulent or agitated and disturbed. - Scientology Abridged Dictionary.
ERASING: the action of recounting an engram until it vanishes entirely. - Dianetics: The Modern Science of Mental Health.

ERUDITE: learned; scholarly.
ESOTERIC: beyond the understanding or knowledge of most people.
ETHNOLOGICALLY: in the manner of ethnology, the science that deals with the varieties of the human race and their traits and characteristics, especially those of primitive cultures.
EVALUATED: judged or determined (the significance, worth or quality of); assessed.
EXTRAPOLATION: (noun) a result or conclusion arrived at through the theoretical addingup of data. - Lecture of 10 November 1952.

FACSIMILES: three-dimensional color pictures with sound and smell and all other perceptions plus the conclusions or speculations of the individual. - Handbook for Preclears.

FAIRWAY: the mowed part of a golf course between the tee and the green.
FASCIST: (adj.) of fascism, a system of government characterized by rigid one-party dictatorship, forcible suppression of opposition, private economic enterprise under centralized governmental control, warlike patriotism, racism, and militarism, etc.

FEUDAL SYSTEM: the name given to an institutional growth in Europe from the time of the decay of the Roman Empire. It arose from the need of the individual and society to gain protection from attack, brought about by internal disorder and external threat. In return for protection from some powerful individual, the dependent offered services or surrendered to a lord his land, which was then held subject to conditions.

FINITE: having definite limits; that can be measured.
FIRE DRILL: a slang term for a confused mess, taken from the fact that fire drills on most ships are usually that bad. - Modern Management Technology Defined.
FIRST DYNAMIC: see dynamics, eight in this glossary.
FLOW: a progress of energy between two points. - HCOB 1 February 1962.
F.O.B.: an abbreviation for free on board. It means without charge to the buyer for goods placed on board a carrier at the point of shipment. For example, the price $\$ 850.00$ F.O.B. Detroit, means that the $\$ 850.00$ includes the cost of putting the article aboard a freight car at Detroit, but does not include freight or other expenses after that point.

FOOT-POUNDS: units of energy, equal to the amount of energy required to raise a weight of one pound a distance of one foot.
FORMALDEHYDE: a colorless gas with a sharp, irritating odor, used in liquid form as a disinfectant and preservative.

FOUNDATION: the Hubbard Dianetics Research Foundation, the basic organization of Dianetics. - Lecture of 8 October 1955.

FOURTH DYNAMIC: see dynamics, eight in this glossary.
FRAME OF REFERENCE: the set of ideas, facts, or circumstances within which something exists.

GAUGE, LIGHTER: gauge is a measurement of the bore of a shotgun in terms of the number of lead balls of the same diameter that would weigh one pound. A twelve-gauge shotgun requires twelve such balls. A lighter-gauge gun, for example, would be a twenty-gauge shotgun, which requires twenty such balls.

GEAR, OUT OF: in or into a condition of disorder or confusion.
GENERAL SEMANTICS: a philosophical approach to language, developed by Alfred Korzybski, exploring the relationship between the form of language and its use, and attempting to improve the capacity to express ideas. See also Korzybski, Count Alfred in this glossary.
GEOMETRY: the branch of mathematics that deals with points, lines, surfaces and solids, and examines their properties, measurement and mutual relations in space.
GILDED: bright and attractive, as if laced with gold.
GIMMEYGAHOODJITS: (verb) performs an unspecified action: a made-up word.
GRADIENT SCALE: a gradual approach to something, taken step by step, level by level, each step or level being, of itself, easily surmountable - so that, finally, quite complicated and difficult activities or high states of being can be achieved with relative ease. This principle is applied to both Dianetics and Scientology processing and training. - Scientology Abridged Dictionary.
GROUPERS: engramic commands (such as "I have no time," "Put them all together," etc.) which collapse the time track and bring many incidents together. - Science of Survival Glossary.
HASHSHASHIN: referring to the Assassins, a secret order of religious fanatics founded in Iran by the Persian al-Hasan ibn-al-Sabbah (died 1124), also known as the "Old Man of the Mountains." (From Arabic hashshashin, which literally means "addicts of the drug hashish.")

HAUL OFF: prepare to deal a blow.
HEGEL: Georg Wilhelm Friedrich Hegel (1770-1831), German philosopher. He was known for his philosophy of the Absolute, which was the leading system of philosophy during the second quarter of the nineteenth century.

HERR DEVIL: "Mr. Devil." Herr is the conventional German title of respect and term of address for a man, corresponding to Mr. or in direct address to sir.
HITHERTO: until this time; to now.
HOMONYMS: words having the same pronunciation, but different meanings. Meat and meet are homonyms.
HOUSE OF LORDS: the upper branch of the lawmaking body of Great Britain and Northern Ireland, composed of nobles and church officials of high rank.

HUBBUB: noisy commotion; uproar.
HUMANITIES: the branches of learning concerned with human thought and relations, as distinguished from the sciences; especially literature, philosophy, history, etc.

HYDROGRAPHIC OFFICE: a bureau of the U.S. Navy Department which is concerned with navigation and the mapping of the world's oceans. - R\&D Vol 6.
IMBIBE: to take into the mind and keep, as ideas, principles, etc.
IMPINGES: strikes, hits or dashes (upon or against).
IMPLANT: an enforced command or series of commands installed in the reactive mind below the awareness level of the individual to cause him to react or behave in a prearranged way without his "knowing it." - HCOB 11 April 1982.

IMPLICITLY: without reservations or doubts; unquestioningly.
INDEX ERROR: the discrepancy (difference) between a true and a recorded reading, especially that of a sextant (an instrument which measures the angular distance between objects). It is normally given as plus or minus, according to whether the observed reading must be increased or decreased.
INDUCED: reasoned in such a way as to produce general laws through known facts.
INEPTLY: in a manner which lacks reason or judgment.
INERTIA: a tendency to remain in a fixed condition without change; disinclination to move or act.

INEXORABLE: unyielding; unalterable.
INFRA: one of the invisible rays of color just beyond the red end of the visible range of light.
INHERENT: existing as an essential ingredient or characteristic.
INSIDIOUS: intended to entrap or outwit.
INTEGRATE: to bring together or incorporate (parts) into a whole.
INTERPOLATION: the introduction of (something additional or extraneous) between other things or parts; an interjection.
"I WILL ARISERS": a made-up name for a group. The phrase comes from the story of the prodigal son in the Bible (Luke 15: 11-32). In this parable the son says, "I will arise and go to my father, and will say unto him, 'Father, I have sinned against heaven, and before thee, and
am no more worthy to be called thy son: make me as one of thy hired servants.'" The good-for-nothing son is welcomed back warmly on his homecoming in repentance.
JUICE: (U.S. slang) electricity.
JUMP OFF: start a campaign, program, etc.; launch an activity, especially of major proportions.
KANTIAN: referring to the ideas or beliefs of Immanuel Kant (1724-1804), German philosopher.

KATAKANA: one of the two styles of writing the Japanese syllabary (the set of written characters representing syllables) of forty-eight letters. The other style is called hiragana.

KEY-IN: the first moment an earlier engram is restimulated. - HCOB 15 May 1963.
KICKS, JUST FOR: only for the sake of pleasure or excitement; for no good reason.
KNOCK YOU OFF: kill or murder (you).
KNOW, IN THE: one of the people who know facts that are secret from others.
KORZYBSKI, COUNT ALFRED: (1879-1950) American scientist and writer; president and director of the Institute of General Semantics, Chicago (from 1938). See also general semantics in this glossary.
LABOR PARTY: a political party organized to protect and further the rights of workers, or one dominated by organized labor.
LAST DITCH: the last place that can be defended.
LAST LEG: the final stretch of a race or journey.
LEY DE FUEGO: (Spanish) a phrase which literally translates as law or rule of fire.
LIBIDO-ICATED: influenced by the libido, a hypothetical form of mental energy said to be sex-motivated and to account for all of the impulses and behavior of man. This nowdiscredited theory was originated in 1894 by Sigmund Freud.

LIMBERS: two-wheeled horse-drawn vehicles that carry ammunition and behind which field guns may be towed.

LINE, DOWN THE: all the way.
LOCK, STOCK AND BARREL: completely; entirely; including every part, item or facet, no matter how small or insignificant.
LOGICS: a method of thinking. They apply to any universe or any thinking process. They are the forms of thought behavior which can, but do not necessarily have to, be used in creating universes. - Lecture of 10 November 1952.

LORENTZ-FITZGERALD EQUATION: a theory independently arrived at by Dutch physicist Hendrik Antoon Lorentz (1853-1928) and Irish physicist George Francis FitzGerald (1851-1901) concerning the contraction of a moving body in the direction of its motion when its speed is comparable to the speed of light. It was contributive to Einstein's work.

LUMBAGO: lower back pain.
MAGNITUDE, ORDER OF: how large or small something is in relation to other things. HCO PL 13 April 1982.

MALAY: referring to a peninsula and a group of islands in southeastern Asia off the southern coast of Thailand.

MANCHESTER: a large city in western England.
MANIC-DEPRESSIVE: (psychiatry) a condition wherein an individual has periods of great excitement and activity immediately followed by a period of deep depression.

MASONIC: of or referring to the Freemasons, a secret order with an international membership whose principles include brotherliness, charity and mutual aid.

MAXWELL, JAMES CLERK: (1831-1879) Scottish physicist who worked on the theory of electromagnetism, advancing the theory that light and electricity are the same in their ultimate nature.

MAYAN: of or pertaining to the Mayas, a race of Indians in southern Mexico and Central America whose civilization reached its height around 1000 A.D.
MEASLEUS: a made-up name for the virus that causes measles.
MEST UNIVERSE: the physical universe; the universe of matter, energy, space and time. Science of Survival.

METICULOUS: taking or showing extreme care about minute details; precise; thorough.
MILLIMETER: a unit of length equal to one thousandth of a meter.
MILS: plural of mil, a unit of angular measure used in adjusting the aim of a piece of artillery.
MINDSZENTY: Jozsef Mindszenty (1892-1975), Hungarian primate (highest ranking bishop in the country) and Roman Catholic cardinal. An opponent of communism, he was arrested by the Hungarian government in 1948. At his trial he pleaded guilty to the charges laid against him. It was widely believed that he had been drugged to obtain a confession.
MOCK UP: (verb) knowingly create a mental picture that is not part of the time track. HCOB 15 May 1963.

MODULATE: to adjust to or keep in proper measure or proportion.
MOGGED DOWN: a humorous combination of the terms mog, to walk slowly (from move and jog), and bogged down, stuck in or mired.

MOONLIGHT SONATA: a piano solo work written in 1801 by German composer Ludwig van Beethoven (1770-1827).
MORSE, INTERNATIONAL: a system of signaling established under the International Code of Signals. It consists of words, phrases, sentences, geographical locations, registered ships, compass points, time zones, and the like, in simple one-, two-, three- and four-letter symbols.
M.P.: abbreviation for Member of Parliament.

MULTIPLICITY: a large number or variety.
MUMBO JUMBO: unintelligible chanting; obscure ritual. (From the African words for "magician who makes the troubled spirits of the ancestors go away.")
MYSTICISM: any of the doctrines or beliefs that assert the possibility of attaining knowledge of spiritual truths through intuition acquired by fixed meditation.
NAILED: made fast or kept firmly in one place or position.
NARCOSYNTHESIS: drug hypnotism; the practice of inducing sleep with drugs and then talking to the patient to draw out buried thoughts. - Dianetics: The Modern Science of Mental Health.

NEWTON'S: referring to Isaac Newton (1642-1727), English mathematician and philosopher, formulator of the laws of gravity and motion.
NIPS: (derogatory) Japanese people.
NON SEQUITUR: in a way which does not follow; in an unrelated or illogical way.
NUCLEAR PHYSICIST: an expert in nuclear physics, the branch of physics which deals with atoms and their nuclear structure. See also physics in this glossary.
OHM'S LAW: (electricity) the law which states that the direct current flowing in an electrical circuit is directly proportional to the voltage applied to the circuit.
1.5: the tone level of anger. - Scientology 0-8: The Book of Basics.

PALDUVIA: a made-up name for an island.
PARING: that piece or part of something cut, clipped or trimmed off.
PARROT: to repeat or imitate, especially without understanding.
PATCH (THAT) UP: to repair or restore (that), especially in a hasty or makeshift way.
PATHETIC FOUNDATION: a made-up name for an organization. Pathetic means pitifully unsuccessful; ineffective.

PERIODIC CHART: a table in which the chemical elements are arranged according to certain characteristics that each holds.

PESTILENCE: any fatal contagious or infectious disease, especially of epidemic proportions. (From the Latin word pestis, or plague.)

PETROL: (British) short for petroleum; gasoline.
PHYSICAL UNIVERSE: see MEST universe in this glossary.
PHYSICS: the science which deals with relationships between matter and energy, including subjects such as force, motion, mechanics, heat, light, sound, electricity, magnetism, radiation and atomic structure.

PIKES: weapons, formerly used by foot soldiers, consisting of metal spearheads on long wooden shafts.

PIN: one of the two slender posts near the base and on either side of the E-Meter needle. These pins act to stop the extreme left or right motion of the needle.
PLUTONIUM: a radioactive chemical element, used in nuclear weapons and reactors.
POINTED UP: indicated; emphasized.
POSTULATE: that self-determined thought which starts, stops or changes past, present or future efforts; a conclusion, decision or resolution made by the individual himself - Advanced Procedure and Axioms; Dianetics Today.

POXES: pimples, marks, or pits on the skin.
PRECIPITATION: the action of a substance being deposited in solid form from a solution.
PREFRONTAL LOBOTOMY: (psychiatry) an operation in which the white fibers joining the prefrontal and frontal lobes (portions of the brain directly behind the forehead) to the interior regions of the brain are severed.
PRENATAL ENGRAM: an engram which is received before birth.
PRESELECTOR: a type of amplifier used to improve radio reception. (Used in a joking manner in the lecture.)
PROTEIN MOLECULES: small particles of the chief substance making up plant and animal bodies.

PSYCHOTIC: an individual who cannot handle himself or his environment well enough to survive and who must be cared for to protect others from him or to protect him from himself Science of Survival.

PUMICE: a light, spongy stone thrown up from volcanoes.
Q: the highest echelon from which all other things are derived. Knowledge is a pyramid and has a common denominator which evaluates all other data below it. At the top point of this pyramid is the Q , or common denominator. It is in common to every other datum in this pyramid full of data. Q comes from quod in Q.E.D. (quod erat demonstrandum) meaning "which was to be shown or demonstrated," used especially in mathematical proofs. The Qs can be found in the book Scientology 0-8: The Book of Basics. - Scientology 0-8: The Book of Basics.

RAILS, OFF THE: out of the proper or standard condition. The phrase implies that there is a correct way to do things and when that way is not used, then it goes "off the rails." - HCO PL 15 May 1984.
RANDOMITIES: amounts of predicted and unpredicted motion a person has, in ratio. There are plus randomities and minus randomities. There can be, from the individual's consideration, too much or too little motion, or enough motion. Enough motion is measured by the consideration of the individual. - Professional Auditor's Bulletin 30; Lecture of 2 November 1955; Ability Magazine 36.
RELATIVE: meaningful only in relationship; not absolute.
RESTIMULATE: trigger; stir up.

REVOLUTE: a coined verb form of the word revolution.
RIDE, LETS IT: allows (it) to go on without change; accepts (a situation or action) for the present.

RIDGES: solid accumulations of old, inactive energy suspended in space and time. They are generated by opposing energy flows which hit one another and continue to exist long after the energy flows have ceased. - Scientology Abridged Dictionary.
RIGGED: fraudulently manipulated.
RING: one of seven shells or energy levels surrounding the nucleus of an atom, in which electrons travel. See also electron in this glossary.
ROBIN HOOD'S BARN, GO AROUND: (slang) to proceed in a roundabout way.
ROGERS, BUCK: a popular American comic-strip and motion-picture hero who lives in the twenty-fifth century.
RUDDY ROD, LEFT HIND: a made-up nonsense term.
RUN (HIM) DOWN: criticize (him) severely.
RUSKOVITCHES: a slang term for "Russians."
SAIPAN: one of the Mariana Islands, located about eight hundred miles south of Japan in the western Pacific Ocean.

SCHIZOPHRENIA: (psychiatry) a mental illness in which an individual is being two people madly inside of himself; he has two violently opposed personalities, both of which are himself.

SCORES: large numbers.
SCREAMER: a person who ordinarily "runs" (undergoes processing) quite noisily. - Science of Survival.

SEACOCKS: valves below the waterline in the hull of a ship, used to control the intake of sea water.

SECONDARY: that part of the time track which contains misemotion (grief, anger, apathy, etc.) based on earlier engramic experience. - HCOB 15 May 1963.

SECOND DYNAMIC: see dynamics, eight in this glossary.
SELF-DETERMINISM: that state of being wherein the individual can or cannot be controlled by his environment according to his own choice. He is confident about any and all abilities or talents he may possess. He is confident in his interpersonal relationships. He reasons but does not need to react. - Advanced Procedure and Axioms.

SEMAPHORE, INTERNATIONAL: a system of signaling established under the International Code of Signals. The semaphore system indicates the letters of the alphabet by the positions in which flags are held by the person sending the message. In flag signaling, special banners representing letters, numerals or symbols are hoisted on ropes.

SEQUITUR: (Latin) following as a consequence or following logically. A person who is being sequitur is being sensible and logical.
SERVOMECHANISM: a mechanism that serves, services or aids something. - Lecture of 15 November 1956.

SEXTANT: an instrument used by navigators, surveyors, etc., to measure the angular distance between two objects.

SHARIF MOHAMMEDAN: a term applied throughout the Muslim world to the descendants of the Prophet Mohammed-Sharif meaning "noble" or "revered."

SHILLING: a British silver coin, equal to five (new) pennies or $1 / 20$ of a pound. This coin was discontinued in 1971.

SHIFLY-SHALLIED: hesitated; acted irresolutely; failed to decide; hence, occupied oneself with trifles.

SHIV: (slang) a knife, especially one with a narrow blade used as a weapon.
SHOOTING GALLERY: a place, as at an amusement park, for practice shooting at enclosed targets.
SHOP, ALL AROUND THE: all over the place.
SHORT CIRCUIT: a side circuit formed when insulation wears off a wire or wires which touch each other or some connecting conductor, so that the main circuit is bypassed.

SHOTGUN, TWELVE-GAUGE: see gauge, lighter - in this glossary.
SIAMESE: of or having to do with Siam, a country in southeast Asia, now called Thailand.
SIMULTANEOUS EQUATIONS: two or more equations used together in the same problem and having unknown quantities of the same value. Equations are statements of equality between two quantities, as shown by the equal sign (=).

SIRIUS: the brightest star in the sky; called the Dog Star.
SLANTED: distorted (information) by rendering it unfaithfully or incompletely, especially in order to reflect a particular viewpoint.
SLIDE, LET IT: to not bother about (it); neglect (it).
SLIPPY: slippery.
SMALLPOX: a highly contagious virus disease characterized by prolonged fever, vomiting and sores that often leave pitted scars or pockmarks when healed.

SNIPE, LOWER THAN A: very low. A snipe is any one of several wading birds that live chiefly in marshy places and is characterized by a long, flexible bill that it uses for digging.
SODIUM: a soft, silver-white, metallic element occurring in nature only in compounds with other elements.

SOLLY: sorry (a play on the Japanese inability to pronounce the letter r).

SOMATIC STRIP: the sequential physical record of pain or discomfort of any kind from conception to present time. - Notes on the Lectures.

SOVEREIGNTY: supreme and independent power or authority in government as possessed or claimed by a state or community.
SPONGE, THROW IN THE: admit defeat; give up. (From the practice by a boxer's second of throwing a sponge into the ring to concede defeat.)

SPRING: (slang) to secure the release of (someone) from confinement, as of jail, military service or the like. Used figuratively in the lecture to mean "to exteriorize from the body."
SQUARE ROOT: a number that produces a given number when multiplied by itself The square root of 16 is 4 . Square root of mice is a nonsense expression used to make a point.

SQUARE (THIS) AROUND: to make (this) straight or right.
STANDARD MEMORY BANK: the part of the mind which consists of recordings of everything perceived throughout the lifetime up to present time by the individual, except physical pain, which is not recorded in the analytical mind but is recorded in the reactive mind. - Science of Survival.
STANDARD OPERATING PROCEDURE 1950: a standard technique which could be gone through by rote to get engrams. The Standard Operating Procedure LRH mentions in the lecture was developed and used in 1950. - Lecture of 10 July 1950.
STATIC: having no motion.
STEEPED IN: filled with; permeated by.
STEPPES: vast, treeless plains.
STEP II, III, IV: referring to three of the seven steps of Standard Operating Procedure. Each of these steps are given in full in Standard Operating Procedure for Theta Clearing in the Appendix of this volume.
STIMULUS-RESPONSE: given a certain stimulus, something will automatically give a certain response. - Dianetics Today.

STRATA: one of a number of portions or divisions likened to layers, levels.
SUBZERO TONE SCALE: that portion of the tone scale which begins below 0.0 (body death) and extends all the way down to -40.0 (total failure). It is applicable only to a thetan. - Scientology 8-8008; HCOB 25 Sept 1971RB.

TECHNIQUE 80: the "to be or not to be" technique which balances out the motivator, the overt act and the DED. It's the anatomy of maybe. It is an entire subject of how to take apart a "maybe"; how to get an indecision, or an evolved, grouped series of incidents apart. It is a mechanical process and has certain, definite, specific mechanics which are applicable to any body of incidents. Symbolically, 80 is infinity and a zero. The symbol of infinity stood upright makes the numeral 8. "To be" is infinity. Zero is "not to be," the decision "not anything" or "no motion." Lectures on Technique 80 can be found in Research and Discovery Series Volume 12. - Lectures 21 May 1952, 23 June 1952 and 26 June 1952.

TEE: a small, pointed holder of wood, plastic, etc., used to hold a golf ball while hitting it. Also, the place at each hole from which a player makes his first stroke.
TENET: a firm belief, principle or doctrine of a person or group.
THEODOLITE: a surveying instrument used to measure precise horizontal and vertical angles. It consists of a telescope mounted to swivel both horizontally and vertically.
THIRD DIMENSION: the dimension of depth in something as distinguished from the two dimensions of any of its flat surfaces (height and width).

TIME IMMEMORIAL, SINCE: since ancient times, beyond memory.
TIME TRACK: the consecutive record of mental image pictures which accumulates through a person's life or lives. It is very exactly dated. - HCOB 23 April 1969.
TRACK: see time track in this glossary.
TRANSCENDENTALISM: any of various philosophies that propose to discover the nature of reality by investigating the process of thought rather than the objects of sense experience.

TRANSCENDS: goes beyond the limits of; exceeds.
TRANSIT: a variety of theodolite that has the telescope mounted in such a way that it can be completely reversed. See also theodolite in this glossary.
TRUCK, HAS NO: has no dealings (with something).
TURKESTAN: a region in west and central Asia. Part belongs to China, part to the Soviet Union and part to Afghanistan.
TWO-DIMENSIONAL: having the dimensions of height and width only.
2.0: the tone level of antagonism. - Scientology 0-8: The Book of Basics.

T 0 : a factor in an equation where t represents time or the fourth dimension, and 0 represents time zero, a point in time which two things have in common, such as a point where two persons synchronize their watches with no time yet elapsed.

UNTRAMMELED: not confined or limited; not hindered.
V: a case classification. A Case V has an uncertainty about everything, has to figure about everything, has to know before he goes, has to hide but can't hide, and depends on logic to serve for all of his predictions because he can't look. - Professional Auditor's Bulletin 2.
VALUATIONS: estimations, usually personal, as of the merit, standing or character of something; judgements of value or relative value.

VECTORS: physical quantities with both magnitude and direction, such as force or velocity.
VEDIC: of or relating to the Vedas (the most ancient sacred writings of the Hindus), the language in which they are written or the period or culture that they represent.
VESTED INTEREST: a special interest in an existing system, arrangement or institution for particular personal reasons.
VIRTUOSITY: virtue; excellence.

VISIO: a recall of something seen, so that it is seen again in the mind in full color, scale, dimension, brightness and detail. - Science of Survival.
VOLTAIRE: François Voltaire (1694-1778), French writer.
VOODOO: a form of religion based on belief in witchcraft and magical rites, practised by some people in the West Indies and America.

VOUCHER: a written evidence of payment; receipt.
WALLA-WALLA: a made-up name for a god.
WAVELENGTH: the relative distance from crest to crest in any flow of energy. In the MEST universe, wavelength is commonly measured by centimeters or meters. - Understanding the E-Meter.

WEMBLEY: a city near London, England.
WHATCHAWUBS: a term for an indefinite object.
WHOLE TRACK: the moment-to-moment record of a person's existence in this universe in picture and impression form. - HCOB 12 July 1965.

YELLOW SEA: a part of the Pacific Ocean between northeastern China and Korea.

