

# AUDITING SESSION: PRELIMINARY STEPS OF R3R PART II

An auditing demonstration given on  
10 July 1963

LRH: Okay, the session is resumed. All right.

PC: Hm-mm.

LRH: Anything you care to say about these levels or this situation?

PC: No. Uh-uh. Not at the moment.

LRH: You're protesting this, you told me.

PC: Yes, I think it's staying in because I can't remember what it was we assessed out on "dislike" on the 3D Criss Cross line. I keep racking my brains and I can't think of it. I remember the list...

LRH: Did you ever null it?

PC: Yes, I think we did. We got something off of it.

LRH: Hm. All right. Now let's check these two levels, again, huh?

PC: Mm-hm.

LRH: All right, in this lifetime, have you mainly not communicated? All right. Now, on not communicated, has anything been suppressed?

PC: Yes, I thought when we were on it, I thought well, this one will probably go out. And uh – that will be that. I'm not plugging for it, either way, you know.

LRH: Hm-mm.

PC: But I thought, well that will probably go out, you know. I always end up protesting the level.

LRH: All right. On not communicated, anything been suppressed? All right. On not communicated, has anything been invalidated? All right. On this assessment, has anything been invalidated? All right, has anything been protested? Yes?

PC: The level.

LRH: All right. On this assessment, has anything been protested?

PC: Just protested having to do mid ruds when the needle was dirty and when some of the items were staying in. And I hope that some of the items just didn't go out because I sort of went on a suppress to get a clean needle.

LRH: All right. On this assessment, has anything been protested? All right, on this assessment, has anything been invalidated? On this assessment, is there anything you have been anxious about? All right. On this assessment, has a mistake been made? On this assessment, has anything been decided? All right.

All right. In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? All right. Didn't read. In this lifetime, have you mainly not liked? In this lifetime, have you mainly not liked? All right. In this lifetime, have you mainly not liked? All right. In this lifetime, have you mainly disliked? Disliked? What's that dislike tick?

PC: It always restimulates – well, well – what was that thing that we assessed out? You know? I've done a “dislike” list and I already have it, you know?

LRH: Hm-mm. All right.

PC: I remember I had all sorts of murderers and criminals and thieves and crooks and you know?

LRH: Hm.

PC: Soldiers...

LRH: All right. In this lifetime, have you – what have you mainly disliked? Just as a question. Well, it would list, because the question reads!

PC: Oh!

LRH: But you told me you were out of luck. You haven't mentioned that and that you were out of luck, that you always get a level that you don't care anything about, so forth.

PC: Hm.

LRH: You still feel that way? You still feel apathetic about this?

PC: Uh...

LRH: Yes, what's that?

PC: Well, I must say, dislike is a sort of a mild, pasty emotion. You know. I mean, it sort of just – my antipathies are not strong, so I can't sort of – you know, it's sort of a bland distaste, more or less.

LRH: Hm.

PC: And so, I sort of can imagine something – some very weak watered chain – being run on this. Except perhaps on the track, I might have expressed my dislike more violently. But uh – just thinking of the chain, that's all, you know.

LRH: Mm. All right. In this lifetime – lifetime, reading an awful lot – in this lifetime, what have you mainly disliked?

What have you mainly disliked? All right. In this lifetime, what have you mainly not liked? What have you mainly not liked? In this lifetime, what have you mainly disliked? All right, there are neither of them reading now, anything wrong? What's the matter?

PC: Nothing.

LRH: All right. In this lifetime, what have you mainly disliked? All right. In this lifetime, what have you mainly not liked? All right. In this lifetime, have you mainly not liked? In this lifetime, have you mainly disliked? All right. Neither of them reading. In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? All right. On not communicated, has anything been suppressed? Yes?

PC: Oh, I was wondering a little bit what the question would be, in this lifetime, what have you not communicated, I guess.

LRH: Mm. Mm. In this lifetime – on this level, not communicated, has anything been suppressed? Yes? There.

PC: Rudiments.

LRH: All right. On this level has anything been suppressed? Yes?

PC: I always have the fear that when the mid ruds are dragged out, that's going to knock out a level, you know.

LRH: Hm.

PC: A bit.

LRH: All right. In this lifetime, have you mainly not communicated? All right. On this level, has anything been suppressed? Yes?

PC: Communication, I suppose.

LRH: All right. In this lifetime, have you mainly not communicated? All right, on this level has anything been suppressed? Yes? We've left suppressed hot on it before, so we might as well clean it up.

PC: Hm.

LRH: I told you it was a kind of a suppressed if you...

PC: Communicating. Communication tends to run one's havingness down. Knowing that is a factor, and I do know that times when I have communicated, sometimes I will feel, you know, exhausted from having done so.

LRH: Mm-hm.

PC: Um, I don't particularly like writing letters, I've suppressed writing letters...

LRH: Mm-hm.

PC: And I'm always in a continual state of feeling guilty because I haven't written my mother or my family or my – you know.

LRH: Mm.

PC: Or my friends, for that matter!

LRH: All right. On this level, has anything been suppressed? Yes?

PC: Well, I just was thinking, I've lost contact with a lot of my – a lot of friends I – I knew, you know, at the university, and around and about. Mainly through my own noncommunication.

LRH: Yeah, all right.

PC: And they simply got tired of writing, or something, and getting no – no answer.

LRH: All right. On this level, has anything been suppressed? Tick.

PC: Well, sometimes in an auditing session, I suppress, uh – communicating, trying to find out what's happening. I don't understand what's going on. But I feel that uh – if I do, simply say well, you know, look, um – I don't dig this, I'll put the – take the pc's attention off of his case and put it on the auditor, you see. So I'll sort of – won't step in when I myself get confused about something, you know?

LRH: Mm-hm.

PC: As long as the pc is not confused, you see, I won't sort of step in and unconfuse myself.

LRH: All right, very good. Now on the level “not communicated,” has anything been suppressed? Oh, yes. This thing has now dev – it's now developed tone arm action and read.

PC: It has?

LRH: There.

PC: Well, I don't communicate about things that I feel are – are possibly embarrassing to other people.

LRH: Mm-hm.

PC: In other words like um – you know, sort of chiefly on the basis of the fact as the – uh – you know, like you have a box of candy and you walk into the room and the maid has just finished stuffing two of your pieces of candy down her throat, you see. Well, I prefer not to notice or communicate about the fact that she has, you know, has my candy box in her hands and sort of chocolate dribbling out of the corners of her mouth. I sort of, well, totally not-is it, because I – I feel that she will feel dreadfully embarrassed if I say, you know.

LRH: Mm-hm.

- PC: ... you know, if you want some of – some candy, why don't you ask for it, or something like that. You know it's sort of – sort of like uh – I think uh – I can walk into a room where someone has just stabbed someone, you see, and the knife is dripping blood, and I will sort of, in order not to embarrass the murderer, I'll sort of – I will just sort of not-is the whole thing and ask him the – the time of day, you know.
- LRH: Well, all right, very good.
- PC: I sort of don't like to make people guilty.
- LRH: All right. On the level "not communicated", has anything been suppressed? Seems to be clean now. All right. On this level, has anything been protested?
- PC: No. That it went out.
- LRH: All right. On the level "not communicated," has anything been protested? Seems to be another protest.
- PC: That the other level was in.
- LRH: All right. On the level "not communicated," has anything been protested? All right. Has anything been decided? All right. Very good. Is there anything you have been anxious about? All right, very good. Let me ask the question now. In this lifetime, have you mainly not communicated? All right. In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? All right, any question about this? You wondering if it's in?
- PC: Yeah, I'm wondering if it's in or out, or what.
- LRH: All right, in this lifetime, have you mainly not communicated? Well, that's in. We didn't clean all the suppress off of it.
- PC: Oh.
- LRH: I noticed that. But I wasn't going to harass you – early. Now, let's take a look at this other level.
- PC: Mm-hm.
- LRH: In this lifetime, have you mainly not liked? All right. On this level, has anything been suppressed? All right, no reaction. In this lifetime, have you mainly not liked? Have you mainly not liked? All right. Now on this level has anything been protested?
- PC: I suppose I've protested things I haven't liked. You know. Uh, I don't like the behavior – I don't really not like people, but I don't like sometimes their behavior. And there's a lot of food as a child I didn't like. And I protested things I haven't liked. I haven't particularly liked the government or governments. And I've protested things I've disliked about them. And I dislike some peoples reality – hum!
- LRH: All right. On this level "not liked," has anything been protested?

PC: Oh, I suddenly remembered another thing is I dislike some kind of certain beingnesses, you know, you know – that people assume, like murderers and criminals and thieves and – and robbers and that sort of thing.

LRH: Mm. All right. On this level has anything been protested? Think of anything else?

PC: Mm-mm.

LRH: On this level, is there anything you've been anxious about? On this level, has there anything been invalidated? On this level has anything been suggested? On this level is there anything you've failed to reveal? All right. On this level is there anything you have been careful of? Okay. In this lifetime, have you mainly not liked? In this lifetime, have you mainly not liked? All right. On this level, has anything been suppressed? Yes?

PC: Oh, I am suppressing sort of thinking of things I'm not – I've not liked, in order to sort of clean the – the rudiments on it, you know. Um

LRH: What's that?

PC: Well, I suddenly thought of another sort of thing is, that uh – certain types of books and literature and things I've not liked. And I've not liked certain causes, you know.

LRH: Mm-hm.

PC: And at times I've deliberately decided to not like some things so that I could sort of – um – you know, have something to not like! I sort of decided well, simply gotten up in the morning and suddenly decided, well, today I'm going to um – not like um – something or another, you know.

LRH: Hm.

PC: Hm! And um – particularly on the subject of food. I used to, uh – I used to – to go into, certain, sort of fits and starts on that. At one time I had the – all – practically all of the food, various kinds of food were all in the category of “not liked,” and we were – I was totally down to ice cream. Then I ate nothing but ice cream for about – you know, half a year or something and didn't eat anything else but ice cream.

LRH: Well, all right. On this level “not liked,” has anything been suppressed? Think of anything else? I haven't got a read here.

PC: Uh-uh.

LRH: All right. In this lifetime, have you mainly not liked? In this lifetime, have you mainly not liked? In this lifetime, have you mainly not liked? All right, that level's not now reading. On “not liked,” has anything been suppressed? All right, I've got no reads there. In this lifetime, have you mainly not communicated? All right, on this level – on this level, has anything been suppressed? Yes?

PC: Yes, well, while I was doing this level I sort of got interested in not liked. I sort of felt, oh! You know? I guess there are a lot of interesting things I've not liked, you

know? And uh – I had decided – deliberately decided to not like. And I sort of found myself getting interested in it. You know, I sort of get interested in one and then the other. It's sort of a – you know.

LRH: All right, very good.

PC: I'm afraid the E-Meter will have to make the choice! You start getting the rudiments in, you've persuaded me of the interesting qualities of both of them!

LRH: All right. On "not communicated," has anything been suppressed? All right. In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? All right. On this level, has anything been protested? Yes?

PC: Well, I have protested – uh – I remember this, I've protested, um – communication being forced upon me when I did not personally want to communicate with someone. You know. And uh – of course, communication being such an important factor in Scientology, why, quite a few Scientologists forget this – what the Code of Honor is, you know – one can communicate with whom one wishes to communicate. And so they go into a factor of, well, you've got to communicate, you know. And uh – sort of overwhelming one's power of choice.

LRH: Yeah, all right. Very good. On this item, has anything been protested? All right, in this lifetime, have you mainly not communicated? All right. On this item, has anything been suppressed? All right, think of a trifle? Something been suppressed?

PC: I just had the thought that I – sometimes I failed to not communicate. You see? You know?

LRH: All right.

PC: Like I've decided that I'm going to – I used to decide that I was going to uh – go home and stud you see. And I was going to – I was going to the library or something like that and – uh – to do my work or something like that, and on the way to the library, why, I would meet some friends and that would be the end of that and I never would arrive at the library and never would get my homework done or something like that, you see?

LRH: Hm.

PC: Hm.

LRH: Well, all right. In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? All right. On this item, has anything been suppressed? Yes, this is another suppression.

PC: Oh, I'm getting worried, we – well, my two items both going out on me.

LRH: Hm.

PC: You know? And I thought, oh dear, it's all like – like, you know, you get a bit of understanding of the le – of the level and you begin to sort of look at it and it goes! Which is unfortunate.

LRH: Well, all right.

PC: I don't want them to disappear, you see.

LRH: Oh!

PC: I want something to read, so I can get a chain on something, so I can be run on en-grams.

LRH: All right. On “not communicated,” has anything been suppressed? Okay. Didn't read. In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? In this lifetime, have you mainly not communicated? All right. On this level, has anything been suppressed? In this session, has anything been suppressed? You're suppressing something on it. Has anything not been suppressed? What's the matter?

PC: Nothing. I can't think of anything that's not been suppressed.

LRH: All right. In this lifetime, have you mainly not communicated? All right. On this level, has anything been suppressed? On this level, has anything been suppressed? All right. That's out. In this lifetime, what have you mainly not liked? What have you mainly not liked?

PC: I had a thought – uh – I had a thought about um – felt bad. I felt bad on “felt bad,” and suppressed telling you I felt bad on “felt bad,” and just the thought came up.

LRH: Is that so?

PC: Hm!

LRH: All right. All right. Let me read this again. In this lifetime, have you mainly not liked? Have you mainly not liked? All right. On this level, has anything been suppressed? On this level, has anything been protested? On this level, is there anything you have failed to reveal? All right. In this lifetime, have you mainly not liked? Well that is ghostily in.

PC: Hm!

LRH: What's the matter? It's had an alter-is, and it's had a this and it's had a that and it's had a lot of other things.

PC: Hm!

LRH: In this lifetime, have you mainly not liked? Now you've got something else going here, what?

PC: I was just thinking about “felt bad” a bit.



LRH: All right. Good. In this lifetime, have you mainly not liked? No, it's more than that. All of a sudden this is reading like crazy and it wasn't before. Did it upset you when "not communicated" went out?

PC: Originally it did.

LRH: What?

PC: Originally it did. Doesn't anymore.

LRH: All right. In this lifetime, have you mainly not liked? It's reading.

PC: I'm suppressing "felt bad," you know.

LRH: Hm?

PC: I'm – keep suppressing "felt bad."

LRH: Yeah. As you were going down this column, you know, you had an arm somatic.

PC: Hm.

LRH: Remember? Right in this area.

PC: No, it was much earlier when my arm somatic turned on.

LRH: Huh?

PC: It was much earlier when my arm somatic turned on.

LRH: Much earlier?

PC: It was earlier than this.

LRH: Well, I marked this column when you told me.

PC: Hm.

LRH: All right. Felt bad. Felt bad. Well, that sure bangs! Felt bad. Felt bad. On this item has anything been suppressed?

PC: Yes! When the – when you first hit it. You know, I was just suddenly thinking, you know, what I – what came up there is the pc sort of, you know, uh – has an emotional reaction or something like that ' you know, mark it carefully and go back over those. And I suddenly reali – remembered that on "felt bad" I felt tremendously bad! And I forgot to say anything about it. But I had a sort of a gloominess come over me, you know?

LRH: Hm-hm.

PC: On "Felt bad."

LRH: Well, it was one of the last ones out, and I'm going to have to shake all of this down here, in a minute.

PC: Hm.

- LRH: All right, very good. On “felt bad,” has anything been suppressed? Yes? There. There. There.
- PC: Well, I feel bad, right now, in the auditing session you know, sore throat, ohhhh, somatics, and so forth.
- LRH: All right. Felt bad. All right, well our favorites went out. Both of them. They’re gone.
- PC: Oh!
- LRH: And uh – we will now rapidly review the remaining ones that was – stayed in, last out...
- PC: Hm, hm.
- LRH: All right, and the one that stayed in quite a while here... We only had about four that stayed in quite a while.
- PC: Oh yes, okay.
- LRH: So, let’s check these rapidly, shall we?
- PC: Mm-hm.
- LRH: I must have missed something here. In this lifetime – in this lifetime, have you mainly protested? Have you mainly protested? Have you mainly protested? All right, on that level, has anything been suppressed? I didn’t get a read. All right, in this lifetime, have you mainly protested? That’s still out. In this lifetime, have you mainly failed to reveal? Failed to reveal? In this lifetime, have you mainly failed to reveal? All right, on this level, has anything been suppressed? Anything been suppressed? Yes, something has been suppressed.
- PC: Yes, I thought about uh – Jenny’s goal, you know, “to not be found out.”
- LRH: All right. On this level “failed to reveal,” has anything been suppressed? I think there’s another suppression on it.
- PC: Well, it certainly would be one way to clean up all of one’s missed withholds or something or another, or withholds as just the list – that! You know?
- LRH: Hm!
- PC: And list it and list it and list it. That’s all.
- LRH: Very good. In this lifetime, have you mainly failed to reveal? On this level has anything been suppressed? In this lifetime, is there anything you have failed to reveal? That is now reading. Or is it “failed” reading? In this lifetime, is there anything you have failed to reveal? All right. On this level, has anything been suppressed? On this level, has anything been protested? On this level, has anything been decided? All right. Thought of any answers to that?

- PC: No, but I felt a bit sort of uh – of a very dreadful monotony, of some of the things people fail to reveal. Having – uh – and uh – it gets a bit monotonous. They're mostly only interesting to the person who's failed to reveal them. And very rarely interesting to someone else.
- LRH: All right. On this level – on this level has anything been suppressed? All right. In this lifetime, have you mainly failed to reveal? All right, that's out. I'm taking notice of the last ones out, here.
- PC: Hm.
- LRH: All right, in this lifetime – in this lifetime, have you mainly withdrawn? Now on this level, has anything been suppressed? Do you think of anything?
- PC: Well, it's uh – at the moment we are using it for my havingness command. Yeah.
- LRH: Hm. Yeah. All right. On this level, has anything been suppressed? Yes? It's just ~~dar-~~ing around like mad!
- PC: I thought you were going to ask the one at the top. And I was surprised that you asked that one.
- LRH: Oh, I see. On this level, has anything been suppressed? Yes?
- PC: Well, it would have limited answers, I thought.
- LRH: Hm?
- PC: I would have a limited number of answers.
- LRH: All right. On this item – on this item, has anything been suppressed? Yes? Withdrawn? Suppressed?
- PC: Oh, I was just thinking that uh – a person would have. to be sort of um – a joiner, you know, in order to be a withdrawer. You know? And the person who is withdrawn, they wouldn't be – that level wouldn't read on the person because they – they're – it would be – they're so completely withdrawn, they aren't withdrawn. You know what I mean?
- LRH: Well, all right. All right. Very good. All right. On the level withdrawn, has anything been suppressed? I didn't get a read that time. In this lifetime, have you mainly withdrawn? All right. On this item, has anything been invalidated? On this level, has anything been invalidated? On this level, is there anything you have failed to reveal? All right. On this level “withdrawn,” has anything been suppressed? You got a suppression?
- PC: Yes, it was – as I told you it was found on a student. And they listed on it. And they got “spending money.” And I told the auditor, said, ‘All right, now we want the first incident – um – involving your withdrawing from spending money.’ And that sort of was the end of that chain. The pc up and had an ARC break. And that was that. So I sort of view that level with sort of a – a cold eye.

LRH: All right. On this level, has anything been suppressed? All right. In this lifetime, have you mainly withdrawn? All right. In this lifetime, have you mainly withdrawn? In this lifetime, have you mainly withdrawn? On this level, has anything been suppressed? All right. That is out.

I'm sorry, I've missed this one up here. Let me get these two lower ones.

PC: Mm-hm.

LRH: In this lifetime – this lifetime, have you mainly attacked? On this level, has anything been suppressed? Okay. Out. In this lifetime, have you mainly not attacked? On this level, has anything been suppressed?

PC: No, not that I can think of.

LRH: All right. In this lifetime, have you mainly not attacked? On this level, has anything been suppressed? Have you mainly not attacked? Some disagreement with this level?

PC: Uh...

LRH: What's that?

PC: Well, that's just sort of just thinking there, thinking about attack and not – not attack. And uh – sort of my tendency has been not to attack, you know, until provoked to the extreme, and then attack, you see. But um – I wouldn't say it's sort of a particular characteristic, but...

LRH: All right. Very good. In this lifetime, have you mainly not attacked? What – what else – what's the matter now?

PC: I was just sort of thinking about – um – that sort of reminds me of – sort of passive resisters and – um – and – um, you know, what are those fellows that won't fight? Who won't fight, you know – conscientious objectors, yes.

LRH: Hm!

PC: I've hardly been one of those! That's all I thought of.

LRH: All right, very good. In this lifetime, have you mainly not attacked? All right.

In this lifetime, have you mainly not attacked? In this lifetime, have you mainly not attacked? On this level, has anything been suppressed? All right, that's out.

Okay, now let's take a look at this top one up here. In this lifetime, have you mainly felt bad? On this level has anything been suppressed?

PC: I come into it. I may be selling it. Just so I can have a level.

LRH: All right. On this level, has anything been suppressed?

PC: I felt bad on it. When you said "felt bad."

- LRH: All right. On this level has anything been suppressed? Okay. In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? All right. In this lifetime, have you mainly felt bad? I had a read on one out of three there.
- PC: Mm-hm.
- LRH: All right. This been invalidated in some way? Yes.
- PC: Um. I feel that I might have suppressed a wee bit of grief on it. You know?
- LRH: Well, yeah. Reads here.
- PC: Not that I particularly felt grievous, but I think I might have suppressed feeling that way. Not – not crying, but grief, you know what I mean?
- LRH: Mm-hm.
- PC: Hm.
- LRH: All right. In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? All right. Two reads out of three. On this level, has anything been suppressed? Got a read here.
- PC: Well, feel bad, and – or felt bad, and it sort of goes into two characteristics – to me means physically to feel bad and it means uh – to be somewhat morose or gloomy about something, you know.
- LRH: Hm, hm.
- PC: Hm.
- LRH: All right, very good. On this level, has anything been suppressed? On this level, has anything been invalidated? Yes?
- PC: Oh, I suppose when it went out...
- LRH: Hm?
- PC: ... invalidate – it was vali – invalidated. It went out and so was invalidated.
- LRH: All right. On this level, has anything been invalidated? All right. On this level, has anything been suppressed? Yes, there's a suppress.
- PC: Somatics.
- LRH: You got a somatic on this level?
- PC: Hm.
- LRH: All right. On this level, has anything been suppressed? Yes?
- PC: The body feels worsen and worsen and worsen, as we do it.
- LRH: Mm-hm. All right. On this level, has anything been suppressed? Did you think of anything? All right. You got a dirty needle now, you thinking about something?
- PC: No, just noticing my somatics, feeling them.

LRH: Oh yeah?

PC: Hm.

LRH: All right. In this lifetime, have you mainly felt bad? All right. On this level, has anything been suppressed? In this lifetime, have you mainly felt bad? What's going on here? I got a real rackety needle here, suddenly.

PC: Wondering if it was reading or what. Wondering about it.

LRH: All right. In this lifetime, have you mainly felt bad? Yeah. But I got a dirty needle going along with it. All right. Anything been suppressed here, in the session? Anything you're upset about in the session?

PC: I sort of feel I have a dizziness coming on from this, you see? I'm a little bit suppressing that. It's in the back of my head and it's sort of...

LRH: Does this match any of the somatics which you had there, at the beginning of session?

PC: Yes.

LRH: Hm?

PC: Mm-hm, yeah. Yes.

LRH: All right. In this session, has anything been invalidated? Is there anything you've failed to reveal? Yes, what have you failed to reveal?

PC: I suppose I'm getting a bit tired.

LRH: All right. Very good. In this session, is there anything you've failed to reveal? All right. Has anything been protested? Yes, something's been protested.

PC: Well, I'd like to get a level.

LRH: All right. In this session, has anything been protested? In this session is there anything you suppressed? Perhaps.

PC: Somatics.

LRH: All right. In this session, has anything been suppressed? Yes ma'am!

PC: Uh, I want to get a level. You know, I'm suppressing – goodness! You know.

LRH: All right. Very good. In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? All right. On this level, has anything been suppressed? Yes?

PC: Feeling bad!

LRH: All right. Very good. In this lifetime, has anything been suppressed? Yes? I'm sorry!

PC: I'm – Yes. Yeaah!

LRH: Hitting me too! All right. On this level – on this level, has anything been suppressed? Yes'm!

- PC: I just had the thought that – uh – since when we used to do, you know, uh – Problems Intensives and this sort of thing, and uh – you know, and Prepchecks on auditing and so forth, but no one ever sort of did an eighteen-button Prepcheck “in this lifetime,” you know...
- LRH: Hm!
- PC: I thought that was interesting.
- LRH: All right. On this level felt bad, has anything been suppressed? All right, I didn't get anything. In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? Now, you sure suppressed something between the moment that I started – huh?
- PC: Wondering if it was reading. Wonder if it was reading and what was happening on the meter.
- LRH: All right. In this lifetime, have you mainly felt bad? There it is! In this lifetime, you mainly felt bad? There it is. In this lifetime, you mainly felt bad? All right, you got somatics on this?
- PC: Hm!
- LRH: All these...
- PC: Do we have any other levels that stayed in? That's it?
- LRH: No. On all these levels tonight do you – this is the only one you've had somatics on, correct?
- PC: “Dislike” I had a bit on; “not like” I had a bit on.
- LRH: What?
- PC: “Not like” I had a bit of a somatic on.
- LRH: All right, what – what was the somatic?
- PC: Oh sort of um – not really somatic, sort of a bit of dizziness, um...
- LRH: It wasn't somatics?
- PC: No, oh, I'm sorry.
- LRH: All right. Then – what – what somatic, too, but what's going on with this one, “felt bad”?
- PC: Well, it's been my head and it's been my throat.
- LRH: And you've had somatics off of this thing.
- PC: Hm.
- LRH: Well, you've had some tone arm action with this level. You probably wonder where this level had come from.

PC: I said it and you wrote it down.

LRH: Yes. Did you know that – and so on?

PC: Hm.

LRH: Doesn't make any difference about it – as a level?

PC: No.

LRH: All right. Let me try something else here. In this lifetime, what have you mainly felt bad about? In this lifetime, what has felt bad? In this lifetime, how have you felt bad? How have you felt bad? Hm?

PC: That's unanswerable to me.

LRH: Hm?

PC: That's unanswerable. If I knew how, I certainly wouldn't!

LRH: All right, I'm just kicking it around here, to see what it is, because that isn't what we have to have anyhow.

PC: Hm.

LRH: All right. That was just balderdash. Okay. Felt bad. Felt bad. Now on this level has anything been suppressed? In this session, has anything been suppressed? All right, something suppressed in the session?

PC: Hm. How I felt bad. Hm.

LRH: Oh, all right. That's kind of – gave you a heavy suppression?

PC: I suppressed that. I thought, goodness, if I knew, I wouldn't feel bad!

LRH: Oh, all right. Okay. In this session, has anything been suppressed? Think of something? All right. In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? All right. On "felt bad," has anything been suppressed? All right. Anything been protested? Anything you've failed to reveal? All right. Something you've failed to reveal? There.

PC: Getting all exhausted.

LRH: Hm?

PC: Getting exhausted.

LRH: All right. In this session, is there anything you failed to reveal? All right. In this lifetime, have you mainly felt bad? In this lifetime, have you mainly felt bad? On this level, is there anything you have been careful of? Anything been suppressed? Got anything else to say about it? We had it reading!

PC: Hm?

LRH: Why would it stop reading? Because I alter-ised it?



PC: I don't know.

LRH: Felt bad about? Asked you a question? Wrong question?

PC: Could be.

LRH: Hm?

PC: Could be.

LRH: Anything like that? All right. In this lifetime, have you mainly felt bad? All right. In this lifetime, have you mainly felt bad? Felt bad? Felt bad? Something has happened here. When I varied that question around, you must have done something, you must have protested my asking that question – yes! There it is. There it is. There it is!

PC: What I thought then, is I had one of the students who listed “In this lifetime, how...?” rather than “In this lifetime, what...?” You see? And “how” goes into doingnesses, and uh – so one gets a level which is a doingness...

LRH: Mm-hm.

PC: And one gets a doingness of a doingness, and it's impossible to get a chain, you see, with, and – and there was a bit of a confusion with regard to what he had done. And anyway, I told, you know, Herbie about this and then – to watch it, you see. And I thought he had changed from “what” to “how,” and instead he had changed from “how” to “what.” You know? He'd started out with “how.” And some – so I told him, gave him an infraction for having changed, you see, when I thought he'd changed from “what” to “how”. “And he'd changed really from “how” to “what.” So this made a terrible confusion. But I told Herbie that now he'd done this, you see, and the “how” wouldn't run and he'd better stand over him and see that he got this... Anyway, Herbie read my directions and because the auditor writes very tinily and I didn't see what he'd done, which he'd listed first. But he had a real terrific long list there, you see, of “how.” And I thought that he had tried the first one, “what,” and then changed to the second, you see.

LRH: Mm.

PC: So anyway, it made a dreadful mess-up. And then – then Herbie read my directions and then he followed the written directions and not my spoken directions, were – which were “how” won't run. You know?

LRH: Mm. Hm. Very good. Let's take a look at this now. In this lifetime, have you mainly felt bad? On this level, has anything been suppressed? In this lifetime, what have you felt bad about? In this lifetime, what have you felt bad about? How is this dizziness which you had a moment ago?

PC: It's eased off, I don't have it at the moment.

LRH: You don't have it? Did you suppress it?

PC: No.

- LRH: All right. In this lifetime, what have you felt bad about? In this lifetime, have you mainly felt bad? Felt bad? And that is the end of that level.
- PC: Wasn't there some on another page that stayed in?
- LRH: Hm?
- PC: Wasn't there some on the other...
- LRH: Well, we did a tremendous one on you on the early Prehav, and I happened to remember the level. Ordinarily I would simply cook up a – from the other scales I would cook up an extended list here, because...
- PC: Hm.
- LRH: ... we haven't got where you live. But I'm going to take one that we had on another level that we never really ran.
- PC: Mm-hm.
- LRH: And that was "prevent knowing."
- PC: I knew you'd drag that cat out! I've said to myself, "I bet you he brings up..." We did run that and it didn't go anywhere.
- LRH: Didn't, huh?
- PC: Mm-hm.
- LRH: All right. Let's see how that combines. In this lifetime, have you mainly prevented knowing? In this lifetime, have you mainly prevented knowing? All right, we only had one in here, that would have done a duck-out of any kind of thing. And that might have been suppressed, by reason of your similarity of level on dislike.
- So, in this lifetime, have you mainly disliked? In this lifetime, have you mainly disliked? Have you mainly disliked? All right. On disliked, has anything been suppressed? Yes.
- PC: Not communicate.
- LRH: All right. On dislike has anything been suppressed? All right. Check it again, on the meter. What did you think of?
- PC: I thought noncommunicate – not communicate being a suppressive type of thing, would be the one that would suppress.
- LRH: All right. In this lifetime, have you mainly not liked? All right. What did you think of?
- PC: Get tired.
- LRH: All right. In this lifetime, have you mainly not liked? All right. On this level, has anything been suppressed? All right. Disliked. Crash! What's that? I had a half-a-dial fall!

PC: I thought of tired. Maybe my level is “ In this lifetime, what have you been tired of Ooch! Aach! That’s what I thought of.

LRH: All right. In this lifetime, have you mainly disliked? All right. On “disliked,” has anything been suppressed? In this lifetime, have you mainly disliked? All right. In this lifetime, have you mainly not liked? All right.

Now, we’ll try this “communicate.” In this lifetime, what have you mainly – have you mainly not communicated? In this lifetime, have you mainly not communicated? On that level, has anything been suppressed? Nothing.

PC: Try tired! In this lifetime, have you mainly been tired – of things? I keep getting this saying, sort of, you know. It used to be sort of an old – sort of – I don’t know – saying, it used to be sort of a joke, you know. When you were tired of something you’d say, “Get down, Albert, Ma’s tired!” you see. And uh...

LRH: All right. In this lifetime, what have you mainly been tired of? In this lifetime, have you mainly been tired? Doesn’t read.

Well, I am very sorry, madam.

PC: Hm!

LRH: I am very sorry, but that is the scoop. Okay?

PC: Hm!

LRH: Give me a Prehav level. I’ll do a short list here.

PC: Mm-hm.

LRH: Give me a Prehav level.

PC: Angry.

LRH: Angry?

PC: Mm-hm.

LRH: All right. Good. Give me a Prehav level.

PC: When you ask me to give you a Prehav level, I can’t think of any! Uh. Fault. Fault.

LRH: I’ll change my question, give me a potential Prehav level.

PC: Potential Prehav level.

LRH: What Prehav level should there be?

PC: Oh, I see.

LRH: Put it that way. What should be a Prehav level? Otherwise you, you educated person, will simply start quoting.

PC: Um – Retired. Distrusted. Smashed.

LRH: Hm?

PC: Smashed.

LRH: I beg your pardon?

PC: Smashed.

LRH: Okay. Give me another potential Prehav level.

PC: Done, done.

LRH: D-o-n-e?

PC: Mm-hm.

LRH: All right. Something that really should be on the Prehav Scale, now. That you think should be.

PC: Mm-hm. Done nothing.

LRH: All right, very good.

PC: Eaten.

LRH: Eating?

PC: Eaten. Eaten, e-a-t-e-n.

LRH: e-n?

PC: E-a-t-e-n! eaten!

LRH: Oh! All right, good, good. Okay. Sorry.

PC: Worshipped. Repulsed. Frightened of. Hasn't existed. Hasn't existed.

LRH: All right, very good.

PC: Considered.

LRH: Okay.

PC: Had opinions about.

LRH: Okay.

PC: Forced.

LRH: F-o-r-c-e?

PC: Hm!

LRH: Right.

PC: F-o-r-c-e-d. Worked.

LRH: W-o-r-k-e-d?

PC: Mm-hm.

LRH: Good.

PC: Struggled – Struggled with.

LRH: Okay.

PC: Given up.

LRH: All right.

PC: Made guilty. Mistreated. Hurt. Rejected. Lied about. Refused. I'm trying to think of a word of "Dug your heels in on," you know, like in just "Got plain stubborn," you know? Been obstinate. Defended. Protected. That's already on.

LRH: That's all right.

PC: Was that on the list we did today?

LRH: Hm?

PC: Was that on the list we did today?

LRH: Mm-hm.

PC: Oh.

LRH: It read, too.

PC: Broken agreement with. Been selfish.

LRH: Been?

PC: Selfish about. Taken away. Is that all?

LRH: All right, how is that?

PC: Mm-hm.

LRH: How are you doing now?

PC: All right.

LRH: Okay. Let's take a rapid fire over these things, all right?

PC: Hm.

LRH: Anything you care to say before I assess these things?

PC: No.

LRH: Okay. Angry. In this lifetime, have you mainly been angry? All right, we've got a needle reacting on "angry."

PC: Hm.

LRH: A bit dirty.

PC: Mm-hm.

LRH: Suppose this list is complete? This list incomplete? You thought of something else to put on this list?

- PC: I thought, oh, how horrible! How could I pick them – I could never complete the list!
- LRH: All right. Okay. In this lifetime, have you mainly thought? In this lifetime, have you mainly retired? Have you mainly retired? You had another thought going here, now. Have you mainly retired? You know, “mainly” reads, reads, reads, reads.
- PC: Is that right?
- LRH: What is the matter with “mainly”?
- PC: I don’t know.
- LRH: That’s...
- PC: The main, you know. That’s the only thing I can say, you know, “mainly speaking,” or “the Main, the Spanish Main,” and all those “mains.” And “Maine” in the United States, the state of Maine.
- LRH: Very good. In this lifetime, have you mainly distrusted? “Mainly” is kicking something, I’m going to change this to “chiefly.”
- PC: All right. Or “mostly”?
- LRH: Hm?
- PC: “Mostly.
- LRH: All right.
- PC: Either one.
- LRH: Mind if I use “chiefly”?
- PC: Fine.
- LRH: It’s all right?
- PC: Mm-hm.
- LRH: In this lifetime, have you chiefly distrusted? In this lifetime, have you chiefly distrusted? In this lifetime, have you chiefly smashed? In this lifetime, have you chiefly done? Have you chiefly done? All right. We’ve got a slow halting, periodic needle, here. You don’t suppose you’ve had an objection or anything here?
- PC: Uh-uh.
- LRH: You got an objection to something?
- PC: I was thinking of “chiefly,” you know. Hope I didn’t start having thoughts about fire chiefs and police chiefs and...
- LRH: Oh God!
- PC: Petty chiefs and chiefs and Indian chiefs and, you know? And chief chefs. Oh!
- LRH: How about “mostly”? As you suggested?

- PC: It's all right! I mean "chiefly" is okay. I just had thought when you said "chiefly," I had a little bit of an automaticity started popping off on it, that's all.
- LRH: All right, let's use "mostly." Okay?
- PC: Hm-hm.
- LRH: Mostly. All right. In this lifetime, have you mostly thought? In this lifetime, have you mostly retired? In this lifetime, have you mostly retired? In this lifetime, have you mostly retired? Okay. In this lifetime, have you mostly distrusted? Okay. In this lifetime, have you mostly smashed? All right. In this lifetime, have you mostly done? Okay. In this lifetime, have you mostly done nothing. All right. In this lifetime, have you mostly eaten? Okay. In this lifetime, have you mostly worshipped? Okay. In this lifetime, have you mostly repulsed? Okay. In this lifetime, have you mostly been frightened of? Have you mostly been frightened of? All right. In this. . . Anything you've got to say?
- PC: Mm-hm.
- LRH: In this lifetime, have you mostly "haven't existed"? Have you mostly "haven't existed"? The level is "hasn't existed." Hasn't existed. Isn't in anyway. Got anything to say about that?
- PC: Mm-hm.
- LRH: All right. Anything been suppressed on this list? This list?
- PC: Well, the thought that if something came out, one would be hoisted by his own petard, you know, that sort of thought occurred. I thought, well, if I come out with a level I don't like, I put it on the list!
- LRH: Oh, I see! All right. All right. In this lifetime, have you mostly considered? All right. In this lifetime, have you mostly had opinions about things? In this lifetime, have you mostly had opinions about things? All right. Have you most – had opinions about? All right. In this lifetime, have you mostly forced? All right. In this lifetime, have you mostly worked? All right. In this lifetime, have you mostly struggled with? Okay. In this lifetime, have you mostly given up? Okay. In this lifetime, have you mostly made guilty? In this lifetime, have you mostly made guilty? Okay. In this lifetime, have you mostly mistreated? You had a thought a moment ago, what was it?
- PC: A sigh.
- LRH: All right. In this lifetime, have you mostly hurt? Okay. In this lifetime, have you mostly rejected? Okay. In this lifetime, have you mostly lied about? Have you mostly lied about? In this lifetime, have you mostly refused? In this lifetime, have you mostly been obstinate? In this lifetime, have you mostly been obstinate? Have you mostly been obstinate? In this lifetime, have you mostly defended? Have you mostly defended? Had another thought?

- PC: No, I wondered if it read.
- LRH: All right. In this lifetime, have you mostly protested? Have you mostly protested?
- PC: That's "protected."
- LRH: Oh, protected. I beg your pardon. In this lifetime, have you mostly protected? Have you mostly protected? Now I've roughed it up. What...
- PC: Well, I thought when – when you said before that – that it was on the other list, and you didn't – you almost didn't write that down, you see. And I thought, well I'm su – thought sure it wasn't on the other – the other list we just did. And then I thought, well, I guess I just didn't notice it, you know, when you said it went out. You see? So, now I see what you wrote down there. You wrote "protected," you see.
- LRH: Oh, I see.
- PC: And I meant protected.
- LRH: Oh, all right. Good enough. Any other thoughts here? Yes'm, yes'm, yes'm?
- PC: Well, that was the one I couldn't ever remember out of the old Prehav Scale. Protect.
- LRH: Oh, yes! That's so, isn't it?
- PC: Hm.
- LRH: All right. Any other thought here on this? Perhaps?
- PC: Well, I notice everything's going out, you know? And I thought, dear! You know? Even my own little list is going. You know?
- LRH: All right. Very good. Okay. Anything else about it? Anxiety setting in here? Anxious about? Protesting? What are you anxious about?
- PC: Just getting the level.
- LRH: All right. In this lifetime. In this lifetime. In this lifetime, have you mainly protected? In this lifetime, have you mainly protected? In this lifetime, have you mainly broken agreement with? Ow. Mainly broken agreement with? In this lifetime, have you mainly been selfish about? Have you mainly been selfish about? In this lifetime, have you mainly taken away? Have you mainly taken away? Well, that's "mainly" I'm using again, I'm very sorry.
- PC: Oh.
- LRH: It fires. In this lifetime, have you mostly broken agreement with? In this lifetime, have you mostly taken away? Mostly taken away? Mostly taken away?
- PC: I'm puzzled about what I meant by it! Mostly taken away?
- LRH: All right. In this lifetime, have you mostly taken away? All right. In this lifetime, have you mainly taken away? All right. On this item has anything been suppressed?
- PC: I don't think so, no.



- LRH: Go ahead!
- PC: Well, just things that I have taken away. You know. Interest, concern, that sort of thing.
- LRH: All right. On this level, has anything been suppressed? Yes?
- PC: I don't think so.
- LRH: What's the matter?
- PC: There's nothing I've suppressed on it. I can't think of anything.
- LRH: All right. On this level, has anything been suppressed? I see a suppress here.
- PC: Oh.
- LRH: A bad one.
- PC: Noncomprehension, for a while. And then the fact that I don't think it can be a very long list. But uh – I could – I could list on it.
- LRH: All right. You got an ARC break here? A little bit of an ARC break? Now what might it be?
- PC: No. Just, uh . . .
- LRH: You don't have to suppress anything. Honey, you don't have to... Say what you please! I don't care!
- PC: No! I don't – I'm not just – suppressing anything! It's just that it – it's a bit weird. I'm suppressing that.
- LRH: Oh! All right. On this level, has anything been suppressed? That's clean. All right, on "taken away," has anything been suppressed? All right. In this lifetime – in this lifetime, have you mostly taken away? All right. On this level, has anything been invalidated? Okay. All right. Do you have an ARC break?
- PC: Uh-um.
- LRH: You upset about anything?
- PC: No.
- LRH: Are you suppressing anything.
- PC: No.
- LRH: All right. In this session has anything been suppressed? All right, are you upset about anything?
- PC: Mm-hm.
- LRH: Okay. Now what are you upset about?
- PC: I'm not. I just want a level.

LRH: All right. Well, we'll have to get your level in the next – well let me check one thing. You told me, during the break, that you had suppressed “not communicated.” Right?

PC: Mm-hm.

LRH: All right. And I checked it, and we've got a – “have we missed your item?” Have we gone over the top of your item? Have we...?

PC: Does that read?

LRH: Have we bypassed your item?

PC: Does that read?

LRH: Hm?

PC: Does that read?

LRH: Well it has read. Have we bypassed your item? Have we bypassed your level? Have we bypassed the proper level here? Have we bypassed the level? That reads. Now, what uh...

PC: What was “taken away”? In or out?

LRH: Let's see if it did: Taken away. Taken away. Taken away – that has not gone out. In this lifetime, have you mostly taken away? That reads.

PC: Hm!

LRH: That reads very heavily.

PC: Hm!

LRH: Okay?

PC: Hm!

LRH: All right?

PC: Hm! I think that's my level.

LRH: All right. Very good. That is your level. Okay, now let me check the question again. All right. In this session – in this session, have we missed your level? In this session, have we gotten a wrong level? In this session, have we missed your level? All right. In this session, have we missed your level? I don't get a read on it now.

PC: Hm!

LRH: All right, very good. Do you feel better suddenly?

PC: Mm-hm!

LRH: Hm?

PC: Hm!

LRH: All right, that is your level. And you also have a large speed drop of your tone arm, on getting that as your level.

PC: Hm.

LRH: Very good?

PC: Hm-hm.

LRH: All right, that's the end of the body of the session.

PC: Mm-hm. All right.

LRH: Okay. Now, have you made any part of your goals for this session? Have a good session?

PC: Yes.

LRH: Yes, all right. Uh, to find an interesting level?

PC: Yes.

LRH: All right. Uh, to have nulling go easily.

PC: Yes, it went all right.

LRH: All right. And to get over this sore throat?

PC: It's much, much, much, much, much less!

LRH: Is that so?

PC: Hm-hm.

LRH: All right, very good. All right, any gains you care to mention?

PC: Well, got rid of some somatics.

LRH: Hm.

PC: Got a level.

LRH: Mm-hm.

PC: I feel I have a level I can uh – run a chain on.

LRH: Mm-hm.

PC: Had some cognitions.

LRH: Mm-hm.

PC: And in general feel...

LRH: Hm?

PC: And in general feel I'm on my way to another run down the bank.

LRH: All right. Anything else you care to mention in the way of gains.

PC: Uh-um.

LRH: All right. Thank you very much for making your goals in this session.

PC: Mm-hm.

LRH: And thank you very much for these gains in this session.

PC: Right.

LRH: Okay. All right. Put your cans in your lap. Squeeze your cans. All right. Once more, squeeze your cans. All right. How do you feel – your havingness?

PC: I feel fine.

LRH: Do you feel it's okay?

PC: Yeah.

LRH: Squeeze the cans again. All right. I'm going to have to run a little bit of havingness.

PC: Mm-hm.

LRH: All right. Withdraw from the desk. That's the first command – withdraw from the desk.

PC: Hm.

LRH: Okay. Withdraw from that post.

PC: Mm-hm.

LRH: Very good. Withdraw from the window.

PC: Mm-hm.

LRH: Very good. Pick up your cans. All right. Squeeze your cans. Once more – squeeze your cans. Squeeze your cans. All right. That's loosened it up a little bit – I'll have to give you a few more. Okay. Withdraw from the ceiling.

PC: Um-hm.

LRH: Very good. Withdraw from the bedspread.

PC: Uh-huh.

LRH: Very good. Withdraw from this table.

PC: Yes.

LRH: Good. Withdraw from the desk.

PC: Mm-hm.

LRH: Very good, pick up your cans.

PC: All right.

LRH: All right. Squeeze the cans. All right. Once more – squeeze the cans. Squeeze the cans.

- Do you feel your havingness is dropping?
- PC: Maybe, why?
- LRH: Because I don't think it's doing anything.
- PC: Oh.
- LRH: All right.
- PC: Can tr – can we try, oh, “feel that?”
- LRH: Hm?
- PC: Can we try “feel that?”
- LRH: Yeah, put your cans down. All right, feel that bedspread. Okay. Feel that post. All right. Feel that desk. All right. Feel the arms of your chair. Okay. Feel your cans. All right. Put your cans in your lap. Squeeze the cans. Hey, your havingness came up. All right, that was the last command.
- PC: Right.
- LRH: Okay, is there anything you care to ask or say before I end this session?
- PC: Thank you very much.
- LRH: All right. Is it all right with you if I end this session now?
- PC: Yes.
- LRH: Okay. End of session.
- PC: Thank you.
- LRH: All right, tell me I'm no longer auditing you. Hm?
- PC: You're not now auditing me.
- LRH: All right, very good.

Meter notes on this session: The session, as you noticed right there at the end, was spliced. Actually I ended the body of the session, the pc looked ARC broke, and I opened the body of the session again and for lack of tape, ran it back over the point where the session had been ended.

Now, the final test on the pc's level was longer than it was actually shown on the tape – two-three minutes longer. But the significant fact is that the meter read practically not at all on any level anywhere, and they all went out, and the needle had to be cleaned up several times. And they would all go out, eventually, when the big mid ruds were put in on the levels. And “no communicate” did produce some tone arm action, but this disappeared when the mid ruds were put in.

The clue to the level “taken away” came with the tremendous reads which were being given which – were gotten there on the mid rud questions. Mid rud questions were reading very tremendously. And when I finally checked it out and told the pc that it was her level, I got an immediate steep tone arm fall and a considerable look of relief on the pc and the level was reading very nicely. Read very, very well. But the clue was that it was reading extremely well on the big mid rud buttons. And so I knew it would eventually clean up and read, and so it did. The pc immediately began self-listing very happily on this level and considerably improved in state of mind, so this is obviously the level.

I’m glad that I recorded this particular session because it exemplifies a problem which many auditors are going to run into. Never be dishonest and give the pc a level which doesn’t read very well and which doesn’t give a tone arm drop.