
S U P P L E M E N T

No. 1

===== To =====

SCIENCE OF SURVIVAL

Part I

All Possible Aberrations	1
L. Ron Hubbard	

Part II

Editor's Note	15
Examiner Theory and Techniques	17
Eugene Altman	

Part III

Editor's Note	43
Letters to the Foundation	44



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This is the first in a series of twelve supplements to **SCIENCE OF SURVIVAL: *Simplified, Faster Dianetic Techniques*** by L. Ron Hubbard, to be issued by The Hubbard Dianetic Foundation, Inc., in the months following publication of the textbook. These supplements will be devoted to the dissemination of theories, techniques and corresponding evaluations of Dianetics by contributors in the field, and as near as practicable to the printing of a representative group of letters to the Foundation concerning these respective techniques. Further, each supplement will contain up-to-date material either written by L. Ron Hubbard, the founder of Dianetics, or edited from his lectures to the classes at the Foundation.

The techniques presented by those other than Mr. Hubbard may be controversial, untried or unproven. The Foundation therefore wishes it understood that unless otherwise stated the Foundation does not endorse such techniques for general use.

NOTE: Procedures set forth herein should not be applied until the auditor is familiar with the textbook **SCIENCE OF SURVIVAL: *Simplified, Faster, Dianetic Techniques***.

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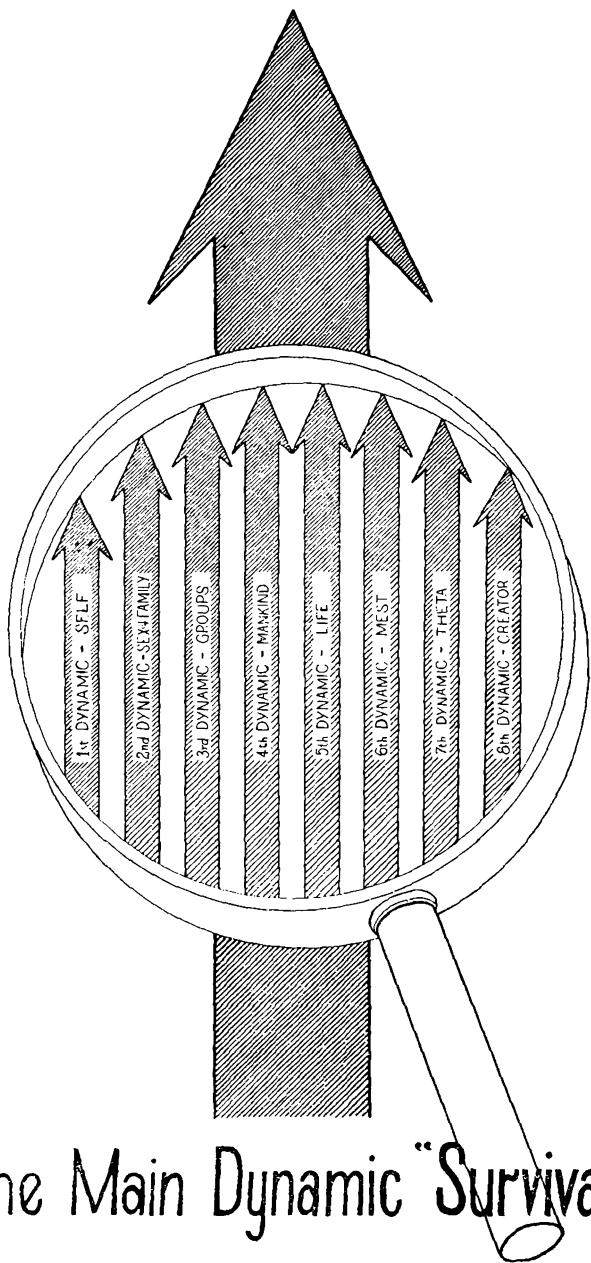
I

NEW DEVELOPMENTS FROM THE FOUNDATION

ALL POSSIBLE ABERRATIONS

From A Lecture

by L. Ron Hubbard



The Main Dynamic "Survival"

The Central Dynamic of the individual is the urge toward survival. As the urge is influenced by outside forces it either becomes suppressed or alloyed with the purposes of other persons who are forcing their wills upon it, thus becoming, to some degree, enturbulated.

A large vertical arrow serves to represent this Central Dynamic. As the dynamic is cut back or entered upon by suppressing influences such as the lack of the necessities of life—food, clothing and shelter—the arrow becomes more and more bent and warped until it is headed toward succumb, in the opposite direction. This is the direction of death. When the arrow points toward death it does so in the same ratio that the dynamic is enturbulated, and when it points toward survival it does so in the ratio that the dynamic is clean and clear. When pointing toward survival it reaches up into the high ranges of the Tone Scale.

Suppose we inspect this dynamic through a “magnifying glass.” We find that the arrow is in reality composed of eight arrows, that the Central Dynamic is sub-divided into eight parts; that is, SURVIVAL may be considered in terms of (1) Self, (2) Sex and Future Generations, (3) Groups, (4) Man as a Species, (5) Life, (in any of its many forms), (6) MEST, the Physical Universe, (7) Theta, (thought), and (8) The Creator.

The First Dynamic is man's urge for survival for himself as an individual organism. Past philosophies were worked out on the basis that each man was a separate entity and that everything was done by him out of motives of selfishness, and that this First Dynamic was the only dynamic. Arranging everything in terms of receiving an individual reward for helping groups, mankind and life is a clumsy and unnecessary procedure.

The Second Dynamic is man's urge toward survival as a future generation. Through sex he creates other individuals, expressing through children the urge to survive. Past therapies and philosophies dealt exclusively with the Second Dynamic, attributing every motive man had solely to sex.

These philosophies and therapies decayed with the passage of time. Because they attributed all evil to sex and declared sex to be evil, their proponents did not procreate and so are not with us any more.

Then Marx propounded a theory that the only important thing is the group. Entire nations operate on this one dynamic alone. They do a thorough job of working out everything in terms of the Third Dynamic, but it leads to a rather unbalanced situation, wherein the individual has no importance and the family is absorbed by the state. Mankind is scheduled for annexation by the state. Life and MEST belong to the state, spirituality is denied by the state, and the Supreme Being is replaced by the state.

Currently there is in California a philosophy which teaches that everything is attributable to man as a species, the Fourth Dynamic. It advocates that nations, groups and sub-groups should not exist as such—only man should exist. It stresses that the only urge man has to survive is as a species.

Man's urge to survive as Life and to cause all life to survive may be considered the Fifth Dynamic. He may erect bird havens, raise Pekinese dogs, or go to extraordinary lengths such as a certain cult in India which lives by the idea that the Fifth Dynamic is the only one. The members of this cult would never step on a cockroach because they believe the cockroach is Life, and that Life should never be sub-divided into anything smaller.

The Sixth Dynamic embraces the urge to survive for the physical universe, or MEST. The "Cartoon Capitalist" falls into the category of a group believing that the most important thing in the universe is MEST. "Can I see it? Can I feel it? Can it be measured? Well, then it exists." He holds that man exists solely by virtue of mud having one day become animated. Such a materialist is often found in the scientific laboratory. He uses Boyle's Law, and can make tractors and atomic bombs and can even control the atomic bombs so precisely that when he pushes a button they go **BANG!** but somehow he has never learned how to control

the thumb that pushes the button. The mud-to-man theory has been applicable solely to mud. The idea that structure controls function has failed to predict or control any function.

The postulate that function controls structure brings us to the Seventh Dynamic. This is the urge of the individual to survive as thought, or theta. Some day man may be able to start a flow of theta from one point to another, but even now it works well as a theory. Through use of the theta postulate human beings can be rather rapidly de-aberrated. Theta plus MEST equals life. Theta energy, whether from a divine Creator or from a battery somewhere in the sky, is not physical universe energy.

For a long time people have been talking about and fighting for and dying because of the Eighth Dynamic. Every Sunday morning people go to church to express their belief that the universe was created. Two or three thousand years ago the Greeks were talking about the Prime Mover, Unmoved. Everytime the problem of the origin of the physical universe comes up we have to postulate a Creator or else have no answer to give.

These eight dynamics are all part of the Main Dynamic. The same thing can happen to each one of the divisions that can happen to the Main Dynamic. Just as the Main Dynamic can be hit, interfered with and suppressed until it changes polarity and goes toward Succumb, so may any one of the eight divisions be enturbulated and have less survival value. The eight dynamics are usually selectively aberrated. One's Second Dynamic can be pretty well out and his Fourth Dynamic practically non-existent (but the rest of them functioning all right) and he'll get by. He could even have half of the First, Second, and Third and all of the Fourth gone, and still pass for normal.

An individual has the urge to survive along each one of these lines. Life suppresses one after the other, and a changed pattern of overall survival appears. For example, suppose someone suddenly becomes afraid to own anything: he has had the Sixth Dynamic selectively suppressed. Another per-

son believes that there is no divine Creator, and that life is just an accident: he is selectively blocked on the Eighth Dynamic.

Any of the dynamics may be suppressed in two ways. The first is the suppression which says "No!" A person who has been told since he was a child that he was worth nothing, that he was no good and that he would never be able to do anything is likely to have little or no First Dynamic. The First Dynamic changes polarity and starts pointing toward death. This person is capable of committing suicide, unless he is very strong on the Third Dynamic and can live for the group. He may, however, needlessly sacrifice his life for the group. This represents a suppression of the dynamic—the survival urge of the First Dynamic is not sublimated over into the Third; the Third is only more visible because the First has been suppressed toward death.

The second way of suppressing a dynamic is by **enforcement**: "You've got to be a good girl! You have to amount to something! We expect you to be a credit to your family!" After a few years of such commanding the girl who has been forced to be a great credit to her family is unable to do anything. She has been interfered with. Mama has entered her own dynamics into the dynamics of the child, with the resultant blunting of the child's dynamics. If any dynamic is inhibited, it enturbulates, and if it is enforced, it enturbulates. Either way, it is pushed toward death.

The principle of self-determinism, to be workable, dictates that a dynamic should neither be suppressed nor too thoroughly enforced. On a spectrum from **shut off completely** to **center** to **maximum enforcement**, self-determinism would be found at the center. The individual who is surviving best is exercising all possible rational self-determinism in an environment which allows a maximum of self-determinism. In Europe, for instance, there is much talk of liberty, but the environment has been for so long so suppressive on both the First and Third Dynamics that the European's idea of liber-

ty is not nearly so expansive and all-inclusive as is ours. Self-determinism is a relative state of being—the more rational an individual is, the more self-determinism he will be able to exert and the more he must be allowed to exert within the limits of his environment. Of course, the more rational he is, the easier he will be to get along with and the better he will handle MEST. An individual whose dynamic has not been enturbulated is in full agreement and affinity with the world, and is in good communication with the MEST universe (sight, sound, smell, touch, etc.).

Anything that aberrates the individual's urge toward survival will aberrate his self-determinism. This is the basic form of aberration. But how many manifestations does the basic aberration have? To answer this it is necessary to examine the component parts of theta: **affinity, communication, and reality**. Theta must remain in affinity with, communicate with, and have agreement with other theta in its vicinity. All three together make for understanding. Computation, understanding, thought and education all depend on affinity, reality and communication.

A graphic representation of aberration would be particularly valuable if it could be seen to contain all possible aberrations. To provide this representation a chart, based on the eight dynamics, is drawn with an A-R-C triangle below, floating at some point on the tone scale, and the eight dynamics with their A-R-C relationships listed above. Lines connect the lower triangle with the dynamics above, representing suppressions of the lower triangle down the tone scale.

By use of this chart, and by following the line of reasoning suggested by the statement that **both "inhibition" and "enforcement" suppress a dynamic on the tone scale**, the auditor can predict any possible aberration that a pre-clear might have. Any seven of the dynamics may suppress or enforce the remaining one in an individual. The technique which has

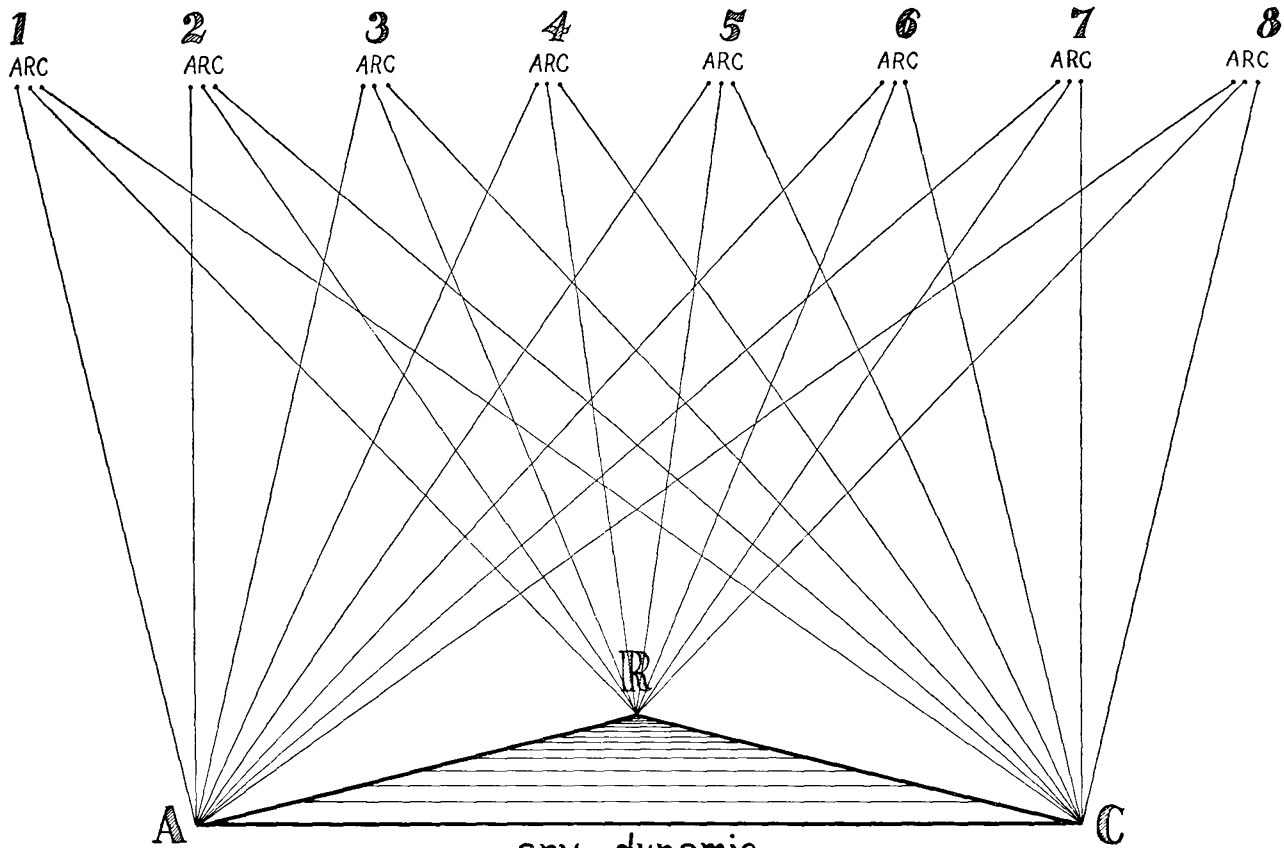
evolved from the use of the chart is called Dynamic Straight Wire.*

Consider the suppression of the Second Dynamic by the Third Dynamic: what does the group think about sex? The first group which might come to mind is the family. The family's affinity on the Second Dynamic, when measured by the basic aberration that plagues society at the present time, is very low. Sex is not quite nice and certainly not to be considered as a communicable subject. Agreement within the family concerning attitude toward sex is rare indeed. What is it for? What is it like? When is it proper? Without agreement there can be little basis for reality.

If an individual has been or is a member of a church group which is selectively "thumbs down" on sex, he has been suppressed on the Second Dynamic by the Third. The auditor is interested in finding how a group affected this individual's Second Dynamic. He seeks to find incidents which enforced the dynamic, and incidents which inhibited it. "What did your family think about children?" It is not always necessary that an attack be made against an individual for aberration to manifest—the statements and attitudes of the persons around the pre-clear might easily have upset him, even though they were not directly aimed at him.

If the pre-clear has served a term in the army the auditor will have a broad field for exploration of aberration along the Second Dynamic. "What did the army think about sex?" This one is always productive of results. "Did you ever go on a three-day pass and find an 'off limits' sign in the choicest section of the city?" There are few occupied cities which do not contain a rash of "off limits" signs. "Did you ever attend an army lecture about venereal disease?" Of course he did, and if the usual gentle and genteel service communications on venereal disease were given, the pre-clear will have many locks on the subject.

* This is the next advance over Hurdy-Gurdy Straight-Wire, which is outlined in **SCIENCE OF SURVIVAL: Simplified, Faster, Dianetic Techniques.**



DYNAMIC STRAIGHT WIRE

One case was opened by working with the Second Dynamic as it related to the group in this way: A young man had been raised in a very self-righteous family, and attended church from earliest childhood. As he grew older a very likeable preacher became the man he most wanted to emulate, and one of this preacher's pet sermons was to call hell-fire and damnation down upon the head of anyone who would think or talk about sex. When the young man went into the army he began to hear and see as a common occurrence those very things which his preacher had called down. The general attitude on sex in the army was so radically different from what he had been used to that the difference between the inhibition of one group and the enforcement of the other made him almost psychotic. The auditor used straight wire on both the enforcements and inhibitions on sex, and rapidly raised the young man's reality and general tone.

Sometimes a girl tells her auditor how nice her dear little pussy-cats are, but that men and women are awfully nasty. She says that if men and women were only as nice and considerate as her little pets everything would be all right. Somebody in this girl's vicinity has been talking about how bad people are, and demanding her agreement on the subject. Straight wire in search of such locks will soon relegate her pussy-cat to its rightful place in her life.

What of the suppressing effect of the First Dynamic on the Second? If an individual has been told that he doesn't love anybody and can't love anybody, he will have a hard time with his affinity for his children. If he has been told that he has to be right all the time and that he has to make other people do the right thing, his agreement with his children will come chronically down to 1.5 on the tone scale. He will dominate the children, or try to. If he has been told that he must talk, his children will have a hard time attracting his attention to their ideas. In considering the things in general that the pre-clear thinks about children and sex, the auditor is considering the suppressing effect of the en-

theta of the Second Dynamic on the theta of the Second Dynamic. He can in this way determine that the Second Dynamic is suppressing the Second Dynamic. With this in mind, the auditor immediately sees a set of questions to ask.

Suppression of the Second by the Fourth Dynamic is found in the teaching of sections of biology about man; what man is and what sex is in relation to man. Anthropological studies and the disagreements about children and sex in the societies studied may cause enturbulation.

As to the suppression of the Second by the Fifth Dynamic, a pre-clear from the farm has the subject of animal husbandry. One little girl had been standing unnoticed while her father was talking to a neighbor about breeding a prize cow. He was describing the procedure in great detail, when suddenly mama discovered that the little girl was there, listening. Mama violently scolded papa and sent the girl to bed. The girl was taken completely by surprise and utterly bewildered. Why should she be scolded and suddenly sent to bed and mama and papa have a fight? She worried over this for a long time, eventually becoming thoroughly frightened of animals. It was a relatively simple matter for the auditor to get considerable grief off the case concerning this one incident alone.

Suppression by the Sixth Dynamic is usually heavy because it is caused by MEST, producing engrams of physical pain, the basic cause of aberration. An engram is a break between Dynamic Seven and Dynamic Six, or theta hitting MEST too hard. Or it is a separation of Seven and Six, causing grief due to loss.

How does MEST influence the Second Dynamic? Many wealthy individuals have a prodigious amount of MEST under their control. The pretty girls who tag along with them advertise that MEST has an effect on the Second Dynamic. One of these individuals takes his beautiful admirers for rides in his automobile and has a wonderful time, but one day the automobile is stolen. There will be grief from this break between Six and Two. Or perhaps the same fellow

wants children, but has lost his property and home. He feels that he can't support children without MEST, causing a break on the Second Dynamic. Physical injury affecting the Second Dynamic also comes in this category.

Communication comes in for a share of the breaks on Dynamic Two. One just doesn't talk about religion and sex in the same breath, for instance. Actually, in this society, communication about sex is inhibited in relation to every dynamic. Anyone who does not talk naturally and easily about sex has been inhibited, even if only by the general social aberrations on the subject. The use of Dynamic Straightwire on the times a person has been cautioned not to speak of sex will uncover many suppressions of communication.

There are suppressions of the First Dynamic by the Third; for example the fellow who is self-conscious, who won't join a group because he feels uncomfortable in a group. This also works the other way, by suppressing his normal Third Dynamic by his First. Find out what this type of pre-clear has been told about groups. It might be that he had to form a group before he could even look at a woman. "You have to be married before you can go around with a woman," is a common example of the Third blocking the First.

The Third Dynamic may be blocked by the Third because other baseball teams beat the pre-clear's baseball team. Each time his ball team is defeated when he is a member of the team his Third Dynamic is enturbulated.

On the Fourth Dynamic, there are races in the world today which consider themselves suppressed by man. Somebody who had something to gain has convinced these groups that they are minorities, and as a consequence their ideas about the Fourth Dynamic are aberrating the Fourth.

An auditor processed a young Jewish boy by straight wire just on the basis of locks on the Third, Fourth and Fifth Dynamics. He came up the tone scale very markedly after running a few locks and secondaries from childhood in which somebody said, "I can lick you—you're a Jew, and Jews can't fight, and you don't belong to this club anyhow." His moth-

er had taught him that he must get along with the rest of the human race, and that he must learn to be nice to people, and yet they delighted in kicking him around.

The Dynamic Straight-wire chart indicates every possible type of aberration that a human being can have. Each Dynamic can selectively aberrate every other Dynamic. Select each Dynamic in turn and place it at the bottom of the chart, and question the affinity, communication, and reality of each of the Dynamics in relation to the one at the bottom.

What would an auditor do about a pre-clear who is aberrated on the Eighth Dynamic? He would place Dynamic Eight at the bottom of the chart and find out how each of the dynamics has acted to influence the Eighth. To begin with, he inquires as to the affinity enforcement between One and Eight, the reality enforcement, and the communication enforcement; and then the affinity inhibition, reality inhibition, and the communication inhibition.

An auditor asks: "What is God going to do to you?" Answers appear such as, "God's going to take my soul."

Mama has said to him, "You know, dear, an angel will come to you in your sleep."

"He will?" the child answers. "Well . . . I don't know if I want to see an angel. What's this angel liable to do?"

"Oh, nothing, dear. All angels are good, except the ones that give you bad dreams."

"But I thought you said angels were good."

"Well, most angels are good, but some of them are bad," mama continues. "You **know** that angels exist."

"But Tommy says there aren't any angels, and Grandpa Dooley says there aren't any."

It is little wonder that there is considerable confusion between Dynamics Eight and One.

By using Dynamic Straight-wire a case may be unburdened of irrationalities and miscomputations which are aberrative, and be put into shape to run secondaries and engrams. It is a system for predicting all possible aberrations caused

by the suppression of the Dynamics. Any Dynamic is capable of suppressing any other Dynamic. Many auditors have been restricting themselves to the effect of the First Dynamic aberrations on the First Dynamic, or the effect of the Third Dynamic aberrations on the First Dynamic, but these are only a small fraction of the aberrations which the pre-clear can have. All of the Dynamics in all of their combinations of aberration should be considered. Find entheta wherever it is and convert it to theta. What papa and mama have said around baby is very important, but it is very very far from being the only thing in the case. The pre-clear has gone to school, has belonged to the Boy Scouts or been in the army; he has belonged to a church and he has suffered through a summer camp. And often he has been hammered by some cynical atheistic fellow who tried to convince him that his religious beliefs are all wrong. All these things are discovered when using Dynamic Straight-wire. By using Dynamic Straight-wire an auditor can question a pre-clear on a much broader, more thorough basis than before.

II

Theories and Techniques from the Field

The accompanying article is the first of those to be published in supplements giving techniques which have been developed in the field.

According to a statement of a friend of the writer of this article, a paragraph in **DIANETICS: The Evolution of a Science*** was responsible for the technique developed. It was stated in that article that a positive suggestion could be installed which would remove the analyzer into a cleared area so that it could be examined. Actually this was for experimental purposes only and was intended only for research. Only in this way could one get an accurate picture of what a person might be like if cleared, before the person were cleared.

This technique was first developed by Mr. Kitselman of Hawaii. To it was added a technique which was developed at the Foundation to resolve the very special case of the author of the article, who could do nothing but boil-off, such being the state of his track.

Actually this technique is considerably outdated. It has achieved its intended result—it permits a great deal of boil-off to be taken from a case. But it has been found to leave the pre-clear static on the tone scale at best and has even lowered a pre-clear's tone.

A report by Mr. Stephen Lee of Hawaii stated that the Foundation there once had its hands full cleaning up cases which had been "loused up by E-Therapy." Only expert auditing by standard procedure could straighten them out.

Foundation auditors have reported this technique as being

* Astounding Science Fiction: May, 1950.

very dangerous, sometimes producing results but sometimes bringing the pre-clear near a psychotic break.

Reports from the field on this technique confirm earlier reports, that it is spotty in results, sometimes spectacular, but sometimes very harmful.

Mr. Hubbard would like it to be known that while he was responsible for the basis of this technique, he did not intend the mechanisms involved to be used for therapy but only for laboratory research.

No technique of "self-auditing" has yet been successful. In fact, "self-auditing" is a neurosis peculiar to Dianetics. Validation Processing was originated by L. Ron Hubbard in order to rescue pre-clears who had begun to descend the dwindling spiral of "self-auditing." It may be that "self-auditing" has helped some. But it leaves the pre-clear static on the tone scale or lowers him. One case of self-auditing, started two and a half years ago, is still self-auditing without much more to show for it than a few chronic somatics.

The danger of all self-auditing is that the pre-clear will strike a grouper. Then, in the absence of an auditor, his track may appear to collapse. This is very disturbing and very hard to resolve.

The only relatively safe processing one can do alone is the use of the book, SELF ANALYSIS. This is light processing. And it is not "self-auditing." Actually, in SELF ANALYSIS, the author processes the reader.

Deep dianetic processing, as on engrams and secondaries, can only be done safely with a skilled auditor.

Mr. Altman's work is greatly appreciated as an example of good independent organization. No comment concerning this work should be construed to lessen the thanks due to Mr. Altman for brilliant independent thought and activity for the cause of Dianetics.

—THE EDITOR.

NOTE: Mr. Altman's paper has been set in type *verbatim*, including any and all capitalization and use of bold-face type.

EXAMINER THEORY AND TECHNIQUES

By Eugene Altman

This paper presents:

1. A set of techniques and instructions which should enable a good dianetic auditor to OPEN ANY CASE WHATSOEVER WITHIN TEN (10) HOURS, and most cases within TWO (2) HOURS, and many cases within TWENTY MINUTES. This includes PSYCHOTICS with whom communication may be established.

2. A statement of a radical, and much needed, modification of the going theories and practices of Dianetics. The new theory is extremely economical of assumption, very simple, and seemingly adequate at the moment for the explanation to so-far-observed phenomena, **including the apparent failures of Dianetics to date.** This theory will be presented via the convenient analogical device of the computing machine, in language which the author feels does not require background other than a working knowledge of standard dianetic theory and practice. The practices can be rapidly absorbed and used by any good dianetic auditor.

3. A set of remarks concerning quite general problems of therapies, and associated phenomena, including "positive suggestion," "hypnosis" and "conditioned reflex." We will DEFINE these terms operationally (perhaps the first time this has been done). We will also define operationally many other terms hitherto used by dianeticists, not overmeaningfully.

4. Announce the forming of the nucleus of a genuine research group in the field of dianetic-examiner therapy, and offer facilities for the collection and collation of all developments in the field, and offer facilities for the publication on

a national scale of any and all papers dealing with the field, and with the field in relation to Cybernetics, Physiology, General Semantics, Medicine, and the like.

If this booklet meets with approval, we shall probably present, among the next papers in this series, the following:

- A. A presentation of our thoughts concerning this therapy in VERY SIMPLE, NON-TECHNICAL, NON-DIANETIC LANGUAGE, THE VERY READING OF WHICH SHOULD, IN MANY CASES, BE ADEQUATE TO PRODUCE IPSO FACTO THE BEGINNINGS OF THE THERAPY PROCESS IN TOTALLY UNTUTORED PERSONS.
- B. A presentation, which now seems feasible, of a MATHEMATICAL, and QUANTIZED, theory of therapy, containing relationships expressed by the equations originally developed by those working in Cybernetics for the explanation of phenomena in that field. We do **not** refer to "equations" such as $PV=(\text{something})^z$, but rather to an actual mathematicization of the theory.

To commence: We shall begin by relating some of our experiences in standard Dianetics (we shall use the term **first-stage Dianetics** to mean this), and outline some of the problems encountered, which will be similar to your own experiences. We will indicate the direction in which we worked, and some of the conclusions to which we came. We will then outline in a fairly formal way our modified theory, and we will reserve making our **definitions** until this point. Therefore, when using certain words **before** we have defined them, we will be content to have you read into them whatever meanings you now ascribe to them, and we will indicate that we are thus engaging in loose semantics by putting quotation marks around such words. We will also use quotes around other words to indicate that they must be used in a non-rigid way, as for example, the word "mind."

During the practice of first-stage Dianetics for several thousands of hours, and during discussions with other pro-

fessional auditors concerning their activities, the associates of this organization observed that:

1. A small percentage of pre-clears can almost immediately "return" to incidents, which for them have a very considerable feeling of reality, and can and will "reduce" these incidents. That is, they yawn as the incident is recounted, and upon subsequent recountings the perceptics and somatics fade away, further yawns are emitted, the incident is suddenly "forgotten," and off they go to the next incident. (Grief is also "contacted" with crying, etc). Such cases are the "pianoias" of Dianetics, and offer few problems to the auditor. They show startlingly rapid response to processing. Their psycho-somatic difficulties quickly disappear, their tone rises, and stays up, and their general "efficiency" and "state of happiness" shows very marked and rapid improvement after 30 to 50 hours of the good auditing. This achievement of Dianetics alone justifies it, in the opinion of the writer.

2. Another class of pre-clears starts processing with no sonic, few if any somatics, and some visio, perhaps even good visio. The first 10 or 15 hours of work generally gets them to the point where they are having somatics regularly, and are beginning to feel that there might, after all, be some reality to the incidents encountered (not very vividly). They have begun to show some signs of "reduction," yawning occasionally, although not in a "classic" manner. They have "boil-off," and "dope-off," etc. There is generally some "tone rise." The process of realizing gains in their everyday life is slow, but after a hundred hours or so, they note some very pleasant changes in themselves, and their friends and relatives have already begun to comment with favor. Probably the majority of people fit into this category.

3. A small percentage of people make almost no response visible to the naked (and by this time bleary) eye of the auditor, after dozens and dozens of hours, beyond an occasional yawn. These pre-clears assure the auditor that "nothing is happening," although they keep coming back session

after session. However, they have "boil-off" and "dope-off" quite often, in many cases, and often a "fall asleep" in session. After hundreds of hours they are running in a very similar fashion, with a perceptic or two, and an occasional somatic thrown in. Usually, professional auditors prefer not to even mention such cases, thinking about them most often at three or four a.m., after waking in a cold sweat. These pre-clears are politely referred to as the "circuitry" cases, as if this statement were self-explanatory.

Of course, not every pre-clear can be placed neatly into one of the above three categories. There are many shadings of the above, but we began to think of our pre-clears in roughly the terms of class 1, 2 and 3, above. All our early attempts to predict accurately the class into which a new pre-clear would fall, failed. (That is, predict on a basis other than giving the pre-clear a test-run). We could not correlate this behavior in processing with other things, like "intelligence," "personality," "occupation," etc.

We noticed many other things as well. We noted that some "file clerks" gave information via a ticker-tape on the pre-clear's visual field, or via a printed card, or via a "little voice in my ear." We had been taught that this was "demon circuitry," and that such things must be stopped. We did our best to stop them, and often succeeded. What we did not realize at the time was that many of those infested with "demon circuits" soon became our "pianolas." Another thing we noticed was that when we got yawns or tears from people, we also got "nervous trembling," tingling sensations all over, heat flushes, and other things which we took to be plain and fancy "somatics." Again we were wrong.

Well, because our organization is built around a professional office, most of our pre-clears fell into classes 2 and 3 (the easy cases usually co-audit). And many of our pre-clears were of class 3. We decided that the thing to do was to emphasize techniques which would turn on perceptics and would get the classic signs of "reduction," yawns and "tone rise," if no more, at least yawns. We managed to work out

some quicker methods of turning on perceptics. However, in many cases, we found that we simply **couldn't** turn on perceptics. So, we began to work with these people just trying to get yawns. And we got yawns. And, as we got yawns, **PERCEPTICS TURNED ON!**

We took another look at the techniques which we were now using. They didn't look much like standard Dianetics. We were skipping around, all over the "bank." We weren't sticking to any one incident, but would jump from experience to idea to opinion to this, that, and the other thing. But yawns came off. Perceptics turned on. "Tone" came up. Pre-clears began to believe that Dianetics worked. And, we found that we were "accomplishing a good deal more" than most other auditors with comparably difficult pre-clears.

At about this time, A. L. Kitselman's little paper on a new gadget, "E-therapy," came out and was promptly placed on the "dangerous, false, and heathen doctrine" list. We tried it, and got some interesting results. This paper outlined approximately the following (quotes and underscoring are ours):

1. E (short for "Examiner") therapy consists of "creating" a "special circuit" in the pre-clear's "mind" which is designed to "clear" him.

2. The E has better access to information and better "understanding of the case" than any auditor.

3. Say to the pre-clear (here one reads to the pre-clear from Kitselman's sheet) effectively the following: "The wisest and best part of your mind is appointed to be your E. You assign to him the job of clearing you. The E is in full control of this therapy. He knows exactly what to do at all times. He can take you into any incident. He can and will set you free from the controlling effects of past pain and incidents. Etc., etc."

4. Several very interesting phenomena, which Kitselman calls "fire" (we shall retain this name for our own use later on) are noted.

5. Kitselman makes a few comments about auditor stra-

tegy, and then remarks to the effect that the future of therapy lies in the making of better "circuits" called Examiners.

Now, we are going to find that Kitselman was not quite right about a very great deal that he has said in this paper. For instance, he has used many terms so loosely, and with such lack of definition, that many important meanings and significances are lost. He shows that he conceives of the Examiner as something "artificial," which the auditor "sets up" by "positive suggestion." ("Positive suggestion" is a particularly meaningless phrase, until the PROCESS for which it stands is explained). He has not seemed to understand the significance of "fire" and certain other phenomena. Nevertheless, this was a pioneering paper of the first rank, and it has led to the development of a fairly complete theory and practice of Examiner therapy, which is, in the opinion of the writer, as far a step forward from Dianetics as Dianetics was from what preceded it.

When we, in our office and in private non-professional practice, read this paper to people, many of whom knew nothing of dianetic theory or practice, and many of whom did, most interesting things began to happen. People would yawn and laugh and cry and twist and turn and get peculiar sensations all over their bodies. They would also leave the session "feeling a great deal better" than they did when they came in. Their "efficiency as human beings" (a difficult thing for us to measure, admittedly) seemed to us and to them to be rapidly and markedly improved. "Tone" rose, etc. Some pre-clears of class 1, who were balls of fire in first-stage Dianetics, suddenly turned into meteoric streaks of light, doubling and tripling the rate at which they would proceed through what otherwise seemed normal auditing, except for the fact that the auditor would just sit there, keeping his mouth shut. Others, with good perceptics, would, after a session or two of this sort, suddenly LOSE all or some of their perceptics and would thereafter "not know what was going on," although they continued to show all the signs of "reduction," and feel fine. Still others, of class 2 and es-

pecially of class 3, would quite suddenly GET all or some perceptics, in a rather miraculous fashion. And yet others, a very very few, would do absolutely nothing at all except one weak yawn every second session. These were invariably from the worst section of class 3. ALL those from class 1 immediately responded well, however. Incidentally, much "dope-off" and "boil-off," as well as some periods of apparent "inactivity" were noted in each class, although more of it in class 2, and still more in class 3.

To our way of thinking, the term "positive suggestion," even as used in a vague, all-inclusive sense, cannot cover these phenomena, for although people were told to "have an Examiner," they were NOT told to laugh, cry, yawn, have sensations, etc., and those who knew nothing of Dianetics, and who had this Kitzelman sheet read off (paraphrased) to them, reacted in the same fashion as those who knew Dianetics.

After about a month and a half of E-auditing with the third ear, a la Kitzelman's sheet, and with a mass of data on hand not yet correlated, we knew very little more than that we were giving the "fastest" and most "efficacious" auditing in these parts, with the exception of those other experienced auditors who were also using Kitzelman's sheet. We still had no organized idea of what was happening. We had no theory to explain the things we were finding out about Examiners, or to correlate Examiners with the failures of Dianetics. We didn't know how to answer the questions of pre-clears concerning what the E really was, or the questions of other auditors about how to use E methods.

It was then that we discovered and developed the "charge-blowing" concept, and found out what "charge on an incident" means; that one of us (K.S.) discovered the basic idea of a set of techniques for IMPROVING A NATURAL CLEARING FUNCTION OF THE MIND, THE EXAMINER, which set of techniques, as developed, we call Examiner Rectifier, or ER; and that we developed an *ad hoc* explanation, or theory, for what was going on. We now have a very

good idea of what we want to accomplish in a session, and how to accomplish it with enormous rapidity. We are now in a position to tie up most of the loose ends.

We here present this theory, and a set of simple definitions. This will be followed by a definition of "positive suggestion" and a definition of hypnotism. This will be followed by an explanation of techniques, and especially ER, and further comments on the nature of Examiners. We will lastly outline our suggestions for keeping each other informed about developments in this and related fields.

THEORY

We are not going to need the postulates of either a "Reactive Mind" or a "Somatic Mind." We shall, however, make

Postulate 1—There is an **Analyzer**, or "Analytical Mind," which is the Ego, or "me;" or I-function, and which we shall think of as a great "computing machine."

Postulate 2—There exist complete memory storage facilities (memory bank); this is complete in the usual dianetic sense—pain, visio, sonic, tactile, etc. to which the Analyzer has access.

Memories filed in the bank during a time when the Analyzer is shut down (partly or completely) (ie: when **anaten** is present), are reactive memories. The set of reactive memories belonging to a time when pain etc. (read "pain etc." as **one** word, to mean: "pain, grief, or unpleasant sensation, if an unpleasant sensation, should turn out to be a form of pain") is present, and is the cause of the anaten, is the content of an **engram**. The set of reactive memories belonging to a time when the **restimulation** (to be defined) of an already extant engram is the cause of the anaten, is the content of a **lock**.

Postulate 3—The Analyzer is organized as follows: the Analyzer consists of a very large (although finite) number of basic, non-differentiated (all-the-same) computing-machine UNITS, a number of which may be connected together, or linked up, in an enormous variety of ways, to form larger

computing machines, which **do** have differentiated functions. (**Note:** there are available upon the open market today man-made basic computing machine units, which the purchaser may connect together in a variety of ways, in order to build himself just the type of computer he needs).

The above postulate immediately enables us to define two important terms:

- A. **Attention unit**—a single basic non-differentiated computing-machine unit as above.
- B. **Circuit**—A particular link-up of attention units, set up to actuate a particular response, or set of responses. Examples: A circuit to say “Hello!” to people you know without “thinking.”

A circuit to light your cigarette without “thinking.”

Postulate 4—The Analyzer sets up “at will” any circuits it needs. When the Analyzer is finished with a circuit, the circuit is torn down (easily, in the “healthy mind”), and the attention units of which the circuit was organized are returned to the “pool” of unused attention units, available for the construction of new circuits.

On the basis of Postulate 4, we define:

- C. **Attention units in present time**—attention units available from the pool for the forming of circuits by stimuli arising in present time.

Postulate 5—Circuits may also be formed during **anaten**. Hence, circuits are formed by phrases in engrams and locks. If formed during an **engram**, the existence of the circuit is **enforced** by the pain, etc. If formed during a **lock**, the existence of the circuit is enforced by a **RE-RECORDING OF THE PAIN ETC. IN THE ORIGINAL ENGRAM**, which **re-recording** carries a different time-of-recording notation than the original pain recording. (It is because the pain of an engram is **re-recorded** during a lock that **EVERY LOCK MUST BE “RUN OUT”**). In either the case of the engram or the lock, **anaten** was present, and hence the analytical mind does not “know” about this circuit.

We define:

- D. **Demon circuit**—a circuit set up by a phrase (etc.) in an engram or lock, and whose continued existence is enforced by the pain, etc., as outlined above.
- E. **Restimulation**—The production of anaten and actuation of previously installed demon circuitry by the presentation of some stimulus, or **restimulator**, in present time.
- F. **Aberrated behavior, aberration**—Reaction patterns actuated wholly or partly by demon circuitry.
- G. A **“clear”**—is a person all of whose demon circuits have been torn down. (and all of whose non-reactive, or non-demon, or “at-will” circuits have been re-evaluated in terms of the present reality, up to the present moment). The writer is fairly well convinced that as of the present writing this is the original **rara avis**.
- H. **The “Unconscious Mind”**—As used in text books of psychiatry, this term can generally be taken to mean “the set of all demon circuits.”

It is existence of demon circuits within the Analyzer which makes impossible the effective and continued re-evaluation of non-demon circuits, which causes fixed ideas and reaction patterns, aberrations, and the general lack of “mental flexibility,” which mark un-sanity.

Postulate 6-or-Theorem 1—There exists at birth in every physiologically intact person the POTENTIAL FOR THE CONSTRUCTION OF A SET OF ESPECIALLY DESIGNED CIRCUITS whose functions will be deduced below, and which set of circuits we shall call the EXAMINER. We can deduce the existence of such a potential from Postulates 1 through 5, so that Postulate 6 is really a **theorem**. However, we do not wish to press this point at the moment; thus, the very cautious may think of this section as Postulate 6, while others may think of it as Theorem 1. However, let us list some of the implications of Postulates 1 through 5:

The Analyzer would seem to need a device for the purposes of:

1. Constantly evaluating the present utility of non-demon circuits already in existence.
2. Tearing down non-demon circuits after the expiration of their utility in order to return attention units to the pool, making available more attention units in present time.
3. Guarding against the setting up of demon circuits by evaluating reactive memories, else the analyzer become un-sane.
4. Getting rid of, or "discharging" the pain, etc., which enforces the existence of demon circuits, and tearing down these demon circuits, hence removing unsanity, and, combined with (3) above, preventing restimulation.

We shall now proceed to deduce the needed functions of a device capable of doing the above job well, i.e., a good Examiner.

1. **The File-clerk Function**—The E would have to have access to **all** memories in the bank, reactive and otherwise, in order to have data for evaluation, etc.
2. **The Evaluation - Awareness Function**—The E would have to have comparing and computing circuits, and communication circuits to and from the Analyzer.
3. **The "Charge-Blowing" Function**—In order for the E to tear down pain, etc., enforced circuits, and to prevent restimulation, the E must be able to **remove** recordings of pain, etc., from the memory bank, and "throw it away" down the body's "drain."

We define:

- I. **Charge**—A recording of pain, and more loosely, the manifestations of the process of removing recordings of pain and "discharging" this pain in the ways described below. ("To blow charge" or "to discharge," means to cause this removal and these manifestations).

We have discovered that the body's "drain," the method by which pain is thrown away, is the following: **Charge may be blown by any use of the autonomic (involuntary) nervous system, or any involuntary use of the voluntary**

nervous system. That is, the body gets rid of recordings of pain, etc., by “diverting” these recordings, somehow, into this sort of nervous activity. What we have found to be the more important examples of this follow:

Examples:

A—Laughing

B—Crying

C—Yawning

D—Hyperventilation (deep, slow breathing, reaching in some cases the proportions of powerful sobbing breaths, and sometimes seeming to be merely panting, or shortness of breath, or sighs. You will see many variations.)

E—Tremolo (Trembling, uncontrollable shivering, etc.).

F—Various forms of “fire.” Some of the manifestations of fire are as follows:

1. Hot “chills”

2. Cold chills

3. Goose pimples

4. Electrical tinglings

5. Heat flushes

6. Pulsing of skin and viscera

7. Feeling of being immersed in carbonated water

8. Similar feelings

9. Numbers (1) through (8) above, all at once. The pre-clear may state “I feel as though I had been struck by lightning.”

Fire is usually experienced all over the body, although it may be experienced in limited regions of the body. It must NOT be confused with a SOMATIC (remembered pain). Fire is NOT painful, and is not unpleasant, unless the pre-clear is unaware that fire may occur, and is frightened by its sudden appearance.

According to the mass of data given to the writer by good examiners, examples (C) through (F) above are listed in the order of increasing efficiency of charge-blowing, although a particular Examiner may use **all**, or any **one** of, or **some** of these for **all** charge-blowing. About the efficiency of

laughter, we have no information. **Crying** seems to be reserved in most cases for the blowing of grief.

4. **The Integrating, or Planning, Function**—The E must be able to plan a course of action—to decide which circuits to tear down first, etc. This function might be logically included under the Awareness-Evaluation Function above, but in view of the importance of this function in practical therapy problems, we prefer to make an emphasis, and give a separate listing here.

Let us review some aspects of first-stage Dianetics in light of the foregoing. We observe that in most people the File-Clerk Function of the E is already in existence. When we ask for an age-flash, or a yes-or-no flash, we are making use of this function. However, when we ask the file-clerk to please hand out “the next incident we need to resolve this case,” we see that the process through which the file-clerk must now go is an entirely different one. Our file-clerk must sit down in the little cubicle wherein this anthropomorphic concept dwells, and pore over a mass of data, and **FIGURE OUT** an answer. Here is the Integrating Function of the E, and as you know from your own experience, it, too, is already in existence in most pre-clears.

A moment’s reflection will serve to show that in most people the Charge-Blowing and Awareness-Evaluation Functions of the E are also already in existence. In fact, any pre-clear making nice progress in first-stage Dianetics **ALREADY HAS A GOOD EXAMINER**, and that is precisely **WHY** he is making nice progress in first-stage Dianetics. We propose that the problem of opening cases is the problem of **IMPROVING THE ALREADY EXISTING EXAMINER IN THE PRE-CLEAR**, and experience shows us that every person already has an Examiner operating on one level of efficiency or another since the age of approximately **TWO YEARS**. (Direct questioning of pre-clears who have become aware of the existence of their own examiners elicits answers to the question: “When did your E first start working?” which center closely around the age of 2). Questioning of people about charge will show that people have been blowing locks,

with the attendant phenomena of discharge, for years, by recounting them to friends. Most everyone has experienced chills and flushes upon thinking about an unpleasant "emotional" or pain experience, which chills and flushes are forms of fire. These instances may be multiplied **ad infinitum**. The opinion of our group is that those who are accounted geniuses are those who had the good fortune to have had their Examiners improved accidentally at an early age, or who had the good fortune NOT to have received the sorts of experiences and training which ruins Examiners.

We shall pause here to make two definitions, so that people will not read the next sections while muttering to themselves "positive suggestion" or "hypnotism."

J. **Positive suggestion**—Any statement whatsoever, expressed or implied. If the hearer (or reader) of this statement has **no anaten** at the moment of impact of the statement, we are not concerned. If **anaten** is present, however, then the statement may set up a circuit which will be designed to carry out, or attempt to carry out, the literal meaning of the statement (as in any lock situation). Under such circumstances, the circuit can be said to be the result of positive suggestion. It is generally observable that unless the **anaten** is great, and unless the suggestion is made repeatedly, the ability of such a statement to set up circuitry is very limited indeed.

K. **Hypnotism**—Any process whereby **anaten** is deliberately **evoked** (generally by means of restimulating a batch of "go to sleep" engrams and locks); this **anaten** is then utilized to set up circuitry by the continued repetition of command phrases. (Note, incidentally, that this same approach explains **all** the phenomena of what has been called "conditioned reflex").

The question of "belief" may also be discussed here, briefly. A person may "believe" something because a demon circuit has been set up to make him "believe it." He may also "believe it" because a computing circuit set up in a non-re-

active fashion comes to the conclusion that he ought to "believe it" because the conclusion agrees well with reality. The very fact that a person holds a belief is not a **priori** evidence that the belief is false. If we give certain data to an individual, claiming that this data is true data (compares well with the real world), he does not necessarily "believe" this, even if it is to his obvious self-interest to "believe" it, and he himself recognizes that it is to his self-interest to "believe" it. In other words, telling a person that he has an Examiner does not constitute the same thing as hypnotizing him and then telling him that he has an Examiner.

Let us now take up the question of techniques.

TECHNIQUES

We see from our theory that what we have to do to remove demon circuits is to blow the charge on the incidents causing the circuitry. (The Analyzer should also be made aware of what is happening, if possible, to at least the extent of having the pre-clear have some vague concept of whence came the charge, but we see that this is **trivial** compared with the main business of removal of charge. Once the pain, etc., which enforces the existence of demon circuitry is removed, the circuit itself may be torn down. We must remove not only the pain of engrams, but also, the re-recorded pain, etc., of locks.

From working with pre-clears in both first-stage Dianetics and E therapy, we learn about the existence of a **Principle of Accessibility**. This states essentially that you can't rush in and just grab any old lock or engram. This batch of locks and engrams is "piled up" in the memory banks in helter-skelter fashion, and does not appear to act as a unit (old concept of the "reactive mind"), but nevertheless, these incidents appear to be tied together in a very interesting fashion: **Fractions of any one incident may contain restimulators for many other incidents**. It is rare indeed that a single incident may be found which is "all by itself," so to speak; that is, which will not restimulate or be tied up within others,

wherein is any number. Hence, most of the time we **CANNOT SIMPLY POUND AWAY AT A SINGLE INCIDENT, WITHOUT RESTIMULATING THE PRE-CLEAR.** We soon stop getting a discharge. If the pre-clear being run in first stage Dianetics **HAS A VERY GOOD EXAMINER,** however, the E is often able to hand up isolated incidents, and then go about its "organizational" and "nudging" work **BETWEEN SESSIONS,** in order to prepare some new "isolated" incidents. (Good E's work 24 hours a day). What the Principle of Accessibility demands is that some charge be taken off **this,** then let's skip to **that,** and nudge that incident, then jump over **here** and poke this, then reach down and take a little charge off **this,** then run **that** chain of late-life locks (at the rate of as much as several hundred a minute) and discharge **those.** And then, pause for a while, during which time the E will "take a look around," and having its integrating function plan, the next stage of the campaign (this pause has been named "turn-off;" we keep this name from the Kitselman paper). And this is exactly what happens when a good E is running. (An incident may be contacted hundreds of times before the E is finally finished with it, and the circuits caused by that incident are completely torn down. And often the pre-clear does not know what is being "contacted." He does not need to know immediately. He will realize what was contacted hours, days, or weeks later.)

In order to accomplish this selection of incidents from which to remove charge, the auditor has to do absolutely nothing. This is done by the pre-clear's E. And the pre-clear's E, having access to the memory bank, knows "where" and what these incidents are, as no auditor can know.

Moreover, **ABSOLUTELY NO PERCEPTICS OR SOMATICS ARE NECESSARY TO THIS JOB.** Many persons have visio, or sonic, or somatic shut-offs, or circuits preventing the **ANALYZER FROM CONTACTING THE MEMORY BANK.** These shut-offs seem to have very little, or no effect upon the E, as far as preventing the E from contacting the memory banks is concerned. They DO, however, help

prevent the E from contacting and communicating with the Analyzer, or ego, or, in other words, the pre-clear. The auditor, then, need not worry about not getting perceptics or somatics. What he **HAS TO GET**, the **SINE QUO NON**, is **DISCHARGE**.

It is up to the auditor to **IMPROVE** the pre-clear's E. And the E will cooperate with the auditor in remarkable ways to get this job done. How well the auditor can do this job depends primarily upon how well the auditor understands how Examiners function, and he can have a good understanding of this study if he himself **HAS A GOOD E**.

Before explaining how the auditor and the E cooperate to improve the E, we need a few words about communication between E and Analyzer, or ego, or pre-clear. E's can communicate conceptually. The auditor says, "Ask your Examiner to what age he is taking you." The pre-clear gets a conceptual answer, "six years old." The E can also communicate via "smoke writing" or "ticker tape," or "moving-light signs" (like advertising signs), or "printed cards" on the visual field. These are all **visio** methods, and the pre-clear with a mess of visio shut-offs generally can't go into this sort of communication with the E. If he can, he and the auditor are in luck. The E can also communicate aurally (sonically). The pre-clear gets his answers from "a little artificial voice in my ear." Some pre-clears talk with their E's during session exactly as though the E were an auditor. Wonderful for the pre-clear who can do this. One of the writer's pre-clears gets her only communication with the E (at the moment) as follows: the E answers only yes-or-no questions by giving a burst of fire (one of the most efficient of discharge methods) for "yes," and no burst of fire for "no."

THESE are **not** demon circuits; this is communication, E to Analyzer. Of course, the particular **methods** by which the E communicates may be **dictated** by demon circuits, but that is not to the point. The good E, one which has been good for a long time, or which has been built up with the

auditor's help, can communicate by means of all of these methods, and many more.

We come now to ER, short for Examiner Rectifier, or the set of techniques for improving, rendering more efficient, the E. (The essential idea of ER was invented by a member of our group, Karl Schuman).

The first step in ER is to give the pre-clear knowledge of the fact that his Examiner exists, and to give his E all the knowledge about Examiners which is extant. We believe that this paper contains almost all of this sort of knowledge at the time of the present writing, and we intend to publish all newer information as soon as we get hold of it, whether we find it ourselves, or whether papers containing new knowledge are sent to us for publication (more of this later). So, as the first step, either give your pre-clear this booklet to read and study, or, if it is a child, or a psychotic or other person who cannot or will not read this, get as much as possible of the information this booklet contains into his head. A pre-clear's Examiner will work well in proportion to the pre-clear's understanding of how E's work. If he does not understand how E's work (and plan), his E will STILL work, but not one fraction as efficiently as it could work if properly informed. You do not have to present the ideas in terms of computing machines, either. Present them in terms of religion, if you wish, but keep the basic ideas intact.

THE READING OF A PAPER LIKE THIS IS IN ITSELF, ALONE, SUFFICIENT IN MANY MANY CASES FOR THE PRODUCTION OF VERY MUCH BETTER EXAMINERS. THIS INFORMATION-GIVING IS PART OF ER. RE-READING IT, AND FOLLOWING AND THINKING OUT EVERY TURN OF THE ARGUMENT IS INVALUABLE.

Now for the part that takes skill, and an Examiner of your own. You are going to do something which at first will feel very much like playing a game of solitaire handball, in a pitch-dark room, with no handball. After a while, you will know you have a handball, and still later you will learn to see in the dark.

In order to "run out" incidents, cause discharge, and tear down circuits, the E generally needs NO AUDITOR ASSISTANCE, and THE GREATEST PART OF THE JOB WILL BE DONE BY THE PRE-CLEAR HIMSELF, AT ODD HOURS OF EVERY DAY. GOOD EXAMINERS RUN 24 HOURS A DAY. As a matter of fact, there is almost no need for anything BUT auto-therapy. The job of the auditor is **not** the giving of therapy, **per se**, but is rather the giving of ER; that is, improving the pre-clear's E. Well then, what is there that needs improving? What are we **trying** to do before we worry about how to do it?

1. There are demon circuits (set up by engrams and locks) which ACT DIRECTLY TO INHIBIT THE ACTION OF THE E. THESE ARE THE TARGET OF ER. For instance, the file-clerk function of the E may be inhibited by commands which say "You can't remember . . .", or "Forget it . . .", etc.
2. There are demon circuits which inhibit the action of the Awareness-Evaluation Function of the E. For instance, "You can't think . . .", etc., and of course commands which tend to shut off communication between the E and the Analyzer, or pre-clear. All sonic and visio shut-offs are of this sort. Besides, a person is "insane" or "schizoid" if he has communication via "a little voice in my ear," etc.
3. There are demon circuits which tend to inhibit the Charge-blowing functions of the as "Don't yawn," etc. Social attitudes, sure to be embodied in locks, say that a person is "sick" if he has cold or hot chills, electric tingles, etc. (fire), or trembles, or laughs for "no reason," or cries for "no reason."
4. The Integrating Function of the E may be fouled up by demon circuits about "looking ahead" or planning in general. But what is much more important is that the Integrating Function may be using a very inefficient plan. The E may be running just any old incident which is accessible at the moment, instead of running

out **first** THOSE AVAILABLE INCIDENTS WHICH ENFORCE DEMON CIRCUITS WHICH DIRECTLY INHIBIT THE EFFICIENCY OF THE E. The auditor **must** offer **this** plan to the E, instead. Usually the E grasps the idea, and **immediately** begins to apply it.

We see then, that what we want to do is **FIRST GET DISCHARGE ON INCIDENTS WHICH HAVE SET UP DEMON CIRCUITS WHICH DIRECTLY LOWER THE EFFICIENCY OF THE E, AND TEAR DOWN THESE CIRCUITS.**

The basic method for accomplishing this is to first inform the pre-clear's E about the **plan** to do this, and ask the E to accept this plan, and then use what is essentially **EXAMINER-CONTROLLED FREE-ASSOCIATION**. ("Free association" is a bug-a-boo phrase among many people using Dianetics. Don't let it frighten **you**. We are using the term in a special sense, which sense will shortly emerge from the following). With the pre-clear comfortable, and "in present time," and having explained to him **ALL** about Examiners, and having explained to him the "plan" (ie: the first thing to do is "get" the circuits which lower the efficiency of the E), **ASK HIM TO ALLOW HIS E TO CONTROL HIS THOUGHTS AND REMARKS, AND TO BRING UP THE THINGS WHICH ARE DISTURBING THE FUNCTIONING-AT-MAXIMUM-EFFICIENCY OF THE E.**

This request may produce a dead silence, or a continuing flow of verbiage, or anything in between. **LISTEN WITH UTMOST CAREFULNESS** to what he says, and **WATCH HIS FACE AND BODY AND MANNERISMS WITH UTMOST ATTENTION**. Your job is to **KEEP HIM TALKING**, and to keep him talking **AROUND AND ABOUT (IN FAIRLY BROAD CIRCLES) EXAMINERS, AND WHAT EXAMINERS DO, AND WHAT'S WRONG WITH EXAMINERS, AND WHAT PEOPLE HAVE SAID ABOUT EXAMINERS, AND WHAT HE THINKS ABOUT EXAMINERS, AND ABOUT EXAMINERS IN GENERAL.** These conversational circles must be broad enough to include all

the things which are bothering his Examiner. You keep the conversation going by asking questions.

You ask questions like these:

“What is the relationship between your Analyzer and your Ego?”

“What is the relationship between your E and your Analyzer?”

“How do you visualize your E?”

“Can your E communicate with you via ticker tape on your visual field (or smoke writing, or moving light signs, etc.)? Can it communicate with you by **any** visual method? By a sonic method? By a burst of discharge for yes, no discharge for no? (These questions are designed to find out what impedes communication).

“What are E’s good for?”

ETC, ETC, ETC. (Don’t ask questions while the pre-clear is talking).

This accomplishes two things:

1. Tells you when the pre-clear has not properly understood how E’s work (by means of QUESTIONING, you gently force the pre-clear into a correct understanding), and,
2. Improves E’s by means of a **NEW KIND OF LOCK-BLOWING**. The pre-clear will start to say something like, “They told me at _____ that examiners make people psychotic . . .” By the time he has half the sentence out of his mouth, in many cases, **HE LAUGHS, OR YAWNS, OR BOTH, OR HAS A BURST OF FIRE, AND HE IS NO LONGER WORRIED ABOUT HIS E MAKING HIM PSYCHOTIC**. He has blown a lock on Examiners. Or he may say, “I don’t like E; it splits my minds into two parts.” You are about to ask him a question about this when he giggles, or yawns, or has fire, or both, and is no longer worried about **that**. The efficacy of this method is unbelievable until you have seen it done.

HOWEVER, suppose he does NOT discharge upon making this remark. WRITE DOWN OR REMEMBER THIS REMARK. (You will find that most of the time this process goes so fast that you don't have time to write it down; you have to remember it). If when making this remark the pre-clear seems disturbed, SOMEWHERE IN THIS REMARK, OR IN THE NEXT WORDS OF THE PRE-CLEAR THERE IS GOING TO BE FOUND A SYMBOL. YOUR SKILL AS AN E-AUDITOR DEPENDS UPON YOUR ABILITY TO "CATCH" THIS SYMBOL, AND THROW IT BACK TO THE PRE-CLEAR'S E. THIS IS THE SOLO HANDBALL GAME IN THE PITCHDARK ROOM WITH NO HANDBALL.

What has happened is this: The pre-clear's E has tossed out a signal to the auditor: "We've got something here." For some reason it doesn't "want" the pre-clear to know this. You spot this symbol, and a few minutes later embody it in a pointless question and ask the pre-clear this pointless question. IF IT IS THE RIGHT SYMBOL THE PRE-CLEAR WILL GIVE YOU A BRIGHT, OR CHEERFUL, OR INTERESTED, OR LAUGHING, OR YAWNING REACTION. If it is the WRONG symbol, the pre-clear will say, "Huh?" or "What does that mean?" or "I didn't hear you . . . what did you say?" Then you know that you missed something. If you tossed back the **correct** symbol, you are moving in the right direction. Now the pre-clear will say something else, **which may seem far afield**. Or he may not immediately start talking, and seem to be thinking; let him think. He will now come up with something very very close to a **something** bothering the E. He may say also, "You know, something was bothering me, and I can't remember what it was!" (He laughs, yawns, etc.). Count two points for a field goal and start the process again.

Let's take an example: (We will use A for Auditor, and P for Pre-clear).

A. "How do you visualize your E?"

- P. "Gosh, he looks like Uncle Harry! He's wearing a blue suit with a dark grey tie."
- A. And what is the relationship between this E and your Analytical mind?"
- P. (Yak-yak-yak about this relationship).
- A. "What sort of a man is Uncle Harry?"
- P. "A swell guy; I can remember once when I got hurt, he (here P trails off into thought, or even short "dope-off" or "boil-off," and comes up laughing and yawning. He will now make no note at all of the fact that the auditor's next question has **nothing to do with Uncle Harry**; but instead is: "How do you feel about **your E**?" You have taken your two points because you have scored a field goal, and you are starting around again).

Sometimes the **pre-clear** catches on to the symbol himself, and bursts out laughing, and that's that. Also, sometimes the pre-clear doesn't burst out laughing, after he catches the symbol, and then the E is going to toss out (very soon) another symbol (which the pre-clear will **not** catch), a symbol for the first symbol. For instance:

- P. (talking about some relationship between E and Ego)
 "Say, I see a cabbage. Hmn, that's a symbol my E is using to say that something is grouped up here (group-er). Well, so what? OK, so the relationship between E and Ego goes like this . . . yak-yak-yak . . . what's that? Oh, I see, it's a radish. I see a radish." (He continues to talk about the relationship between E and Ego). The E has given a symbol that something is grouped up. The pre-clear has recognized it. There was no DISCHARGE. The E then tossed out a symbol for the symbol, namely, the radish, to stand for the cabbage. This symbol the pre-clear doesn't catch on to. He doesn't see the relationship between radishes and cabbages. Two or three sentences later the auditor asks, "How do you feel about radishes?" Bang!!

P. "Who, me? I love radishes! (grins from ear to ear, and is all attention). Suddenly he is getting visios and off we go to an incident which had to do in some more or less remote way with cabbages, radishes, or what-not, and which incident was inhibiting the efficiency of the E. Your score is now four points, and you go around again.

Sometimes the E will "put one right across the plate" and you get fooled by your own cleverness. One of our pre-clears, when asked what was bothering her E, said "Blocks." Now, before we developed the techniques described here, we had often asked her, "What's blocking your E?" so that any "blocks" had come to mean "things blocking the working of her E." After much searching for puns, and frantic computations on what "blocks" could be symbolizing, we finally found a kindergarten incident in which she had been traumatized by having her pile of wooden blocks pushed over by a little boy. She had cried and screamed, saying, "Don't you knock over my blocks!" (Auditors should accept only **one** point for a field goal of this sort).

That is ER. It works, and works well, and after a few well-handled ER sessions, you should be getting lots of discharge, and your case is opened and running.

Here are a few comments which may prove helpful:

1. Never **tell** the E what to do, or what not to do. First ask and find out what it is presently able to do, and what it wants to do. E's can turn on sonic in an hour, more or less, depending on the particular case, but **THIS IS A WASTE OF TIME, GENERALLY. ASK** the E if it **wants** sonic **now**. If yes, ask if it is **ABLE** to turn sonic on **now**. If yes, say, "OK, let's turn sonic on." If the pre-clear now seems to want to talk to you, some ER is indicated to help the E turn on sonic. Generally, ER will not be needed at just this point. The pre-clear will simply spew forth all his sonic shut-offs, and will then have sonic.

2. Sometimes E's will turn perceptics OFF. The E knows what it's doing. If the E turns perceptics off, THOSE PERCEPTICS WERE IN THE WAY. The E will turn them on again when the time comes.
3. If a pre-clear is running with painful somatics, very often the following can be done: Ask the E if it is willing and able to REPLACE the somatics with fire, in the same regions of the body. If it says yes, fine; ask the E to do it (if it hasn't already done so before you can phrase the request). In this fashion, a person can often have his own E instantly turn off a headache, etc., at any time.
4. Ask the E if it wants to discharge stuff 24 hours a day. We have never yet gotten a no, nor have we ever gotten such enthusiastic yeses. BUT, be sure to ask the E to do this in a way which will not interfere with the pre-clear's usual routine of living. E's have a way of "suggesting" that people should go take a month off and lie on a warm beach somewhere and do absolutely nothing but have a pleasant time, and get plenty of rest, and give their attention to their Examiner, and clear themselves. Which shows, in the opinion of the writer, nothing so much as the very good sense of the E.
5. Do not "yak" at the pre-clear during a session. If the pre-clear starts to "dope-off" or go to sleep, let him do so. Sometimes E's put people to sleep, in order to do what has to be done. Stand by, observe, and keep quiet. Be ready to converse whenever the pre-clear seems ready to, always remembering that any comments the pre-clear makes to you may easily be the E requesting some additional ER. And remember: It makes no difference whether the pre-clear knows what is happening or not—just keep him discharging.
6. Try to schedule all sessions in advance. E's have a **plan** (Integrating Function), and like to know when the auditor is going to be there. Keep your appoint-

ments. NEVER argue about **anything** with the pre-clear. Use gentle questioning techniques, instead.

7. The ending of the formal E session is important, although the E is working all the time by the time it has become a good E. Try to agree with the pre-clear **in advance** concerning what time the session is to end. The E is almost always going to end the session at the agreed-upon time. If for some reason **THE E IS UNWILLING TO END THE SESSION AT THE APPOINTED TIME, SIT THERE WITH THE PRE-CLEAR UNTIL SUCH TIME AS THE E ANNOUNCES** (via one of its communication methods) **THAT THE E IS SATISFIED TO END THE SESSION NOW.** This delay rarely happens, but if it does **stick with it.** **THE PRE-CLEAR SHOULD ALWAYS LEAVE THE SESSION FEELING AT LEAST AS GOOD AS HE DID WHEN HE CAME IN, AND WE MEAN ALWAYS.** If the pre-clear is NOT in this condition when he says his Examiner says the session is over, then **THE SESSION IS NOT OVER.** Ask his E if there is a command phrase about "being finished," or "lets get it over with" or "go home," etc.

Supplement No. 2 will contain the sequel to the foregoing paper, entitled: *More On Examiner Methods*. It will be accompanied by AN ANALYSIS OF E-THERAPY by Alan Englehardt.

—The Editor.

III

LETTERS TO THE FOUNDATION

The Supplement welcomes viewpoints—concerns—new data—reactions. Whether they're pro or con, won't you share them? Letters. That's what we mean. Powerful tools for validation, lock-blowing, sharing, moving dianetically together. Many have written already as the following pages indicate—but, did you? We'd like to know what it is **you** are thinking. Remember a time you shared ideas and enjoyed it?

. . . The Editor.

Hubbard Dianetic Foundation
211 W. Douglas, Wichita Kansas

Gentlemen: We were a bit confused for awhile because Ron gave us permission to use his May 15th New York message in our publication and wished us all good luck—and then the Foundation publishes notices like the one on the back of the June Bulletin. But we just got a sample of the type of thing you are trying to fight in the mail today—from the Dianetic Consultants in New York. They are actively promoting E-therapy and are fighting Standard Procedure and in addition take swipes at Foundation policy. You can be assured that our publication will join you in being at odds with that sort of thing. And it isn't that we think we can do better than you do; we feel that much needs to be done and the more people who pitch in and help the Foundation, the better

Signed, Donald C. Maier, Secretary,
Central Penn. Dianetics Group

Hubbard Dianetic Foundation
211 W. Douglas,
Wichita, Kansas

Gentlemen:

. . . . I undertook a rather intensive investigation of Examiner Rectifier technique over a period of six weeks or so, covering the subject, as pre-clear, auditor and observer. My deductions (there are no conclusions in science) are at present not over-enthusiastic. The case that could not be opened in the early days of S.O.P. cannot be opened by E.R. at this time. I've seen the founders of this system work a case for hours without getting so much as a sigh of discouragement from the PC. After weeks of the same, the poor PC was just as dianetically constipated as ever. The first issue of the E.R. publication claimed ten hours as minimum. The second invalidates this by introducing techniques for those who just won't run, thereby admitting there are sacks of wheat in their own barn after all. I happen to have witnessed the in-

auguration of this new analyzer breakdown technique. Two long hours of it. All it did was to get some yawns off my own case. Since it would be unscientific to say that analyzer breakdown technique is all wet, let's just say it's rather moist.

However, there are many whose examiners are in pretty good shape, and these lucky people are actually running off charge. Lucky because they have an advantage in being able to run solo, which enables them to blow off a charge any time they feel like it without bothering to engage the services of someone else. This of course results in a great deal of charge-blowing. But the paucity of these charges makes necessary many times the number of hours-of-directed-auditing to equal anything near the same degree of progress. "Forty years to clear" might be an appropriate slogan. And in some cases the examiners run anaten round the clock.

In coming off, charge usually converts itself into one or more of a variety of forms (it's claimed), like tremolo, fire hyperventilation, and any new and equally startling phenomena which even the more educated examiners may be withholding at this time purely for their surprise value. Even old-fashioned tears are acceptable. If you can get them.

OK then, hyperventilation (sighing, heavy breathing) is a release of charge all right, but it's a release which proceeds an actual discharge of grief (tears), which grief discharge should be run right now. Tremolo is the manifestation of several things. One is emotional shut-off. I was running a case on S.O.P. which had an examiner running one of these (somebody'd turned it on, not me). I sent him through the area till I got the emotion. Another cause of tremolo is pain shut-off. In this case you simply find the denyer. Still another type of tremolo is just plain old kinesthesia. Try it. Experiencing this subjectively as a pre-clear in E.R., I later got hold of an HDA who wasn't doing anything at the time, turned it on for him and asked him as a favor to send me to where it was going on. And there, just as I'd suspected, I was running the identical pattern of bodily motions, but this time with a doctor and nurse manhandling me right af-

ter birth. Oh—one more thing. My advice to anyone whose pre-clear turns on “fire” is to find out **when** he was laid up with that bad fever, **when** he was severely sunburned, **when** he got that caustic douche all over him. And my advice to those now being run on Examiner Rectifier technique is to stop being run on Examiner Rectifier Technique, first thing in the morning.

Signed, Jim Bartley

Hubbard Dianetic Foundation
Wichita, Kansas
Gentlemen:

Please disregard the aberrative content of my previous letter. I just received my book yesterday and find it quite instructive. I happen to be quite impulsive and impatient in my desire to see things moving.

R. V. Haggard
1501 Thirty-Third Avenue
Seattle 22, Washington

L. Ron Hubbard
The Hubbard Dianetic Foundation, Inc.
211 W. Douglas,
Wichita, Kansas
Dear Mr. Hubbard:

I have just read my copy of “Science of Survival” and offer my congratulations for a courageous, clear forthright work. You will, inevitably and rightly, be recorded in history as an outstanding benefactor of mankind.

Implicit in your postulate of theta’s mission—joining with MEST, enturbulating with MEST, and withdrawal from MEST—is an explanation of the function of sleep and the occurrence of dreams. Even on a clear basis it may be assumed that in one day some enturbulation occurs—temporary of course. Sleep would then become the withdrawal mechanism which allows theta to disenturbulate. Dreaming on a clear basis would be for problem-solving—a high form

of disentanglement. Evidence of this problem-solving by dream is too numerous to question. Nightmares and other destructive dreams can be considered attempts on the part of theta to disengage "permanently" captured theta—in short, the attempted running of engrams. There is, of course, the physiological aspect of sleep which allows the functions of repair and rest to occur.

Since you have so courageously reported the data about possible individual recurrences, and since you have courageously postulated, in the teeth of most authorities, the theta universe, I would like to pass on to you for what it's worth the results of some personal experiments.

In recent years I became interested in Taoism, especially its tenets as set forth in the Book of Tao. I undertook some experiments similar to those practiced by mystics—namely, the practice of concentration or meditation. The effort, as far as I am concerned, involves maintaining a high level of awareness while withdrawing the awareness from sense perceptions. Shortly after I began these experiments there occurred certain subjective phenomena. These are of three kinds. First, there is the perception of what in Taoism is called the yin and the yang. You are no doubt familiar with the usual pictorial representation. This perception, or "Vision," varied somewhat. Against the dark background which is perceived with eyes closed and vision shut-down, there appeared a spot of compact luminescence. This spot was followed, after its disappearance within one or two seconds, by the appearance of a spot of compact "darkness." This darkness is difficult to describe, especially as the visual field already is dark. The dark spot appeared to be a tiny "hole of nothingness." Occasionally the light and dark spots occurred together in time and somewhat separated in space. At other times the spots would alternate, appearing to proceed in an orderly path (not a straight line) across the field of vision. As far as I personally am concerned, these phenomena are not hallucinations; their subjective reality I do not question. Occasionally the spots could be seen

with the eyes open while maintaining a degree of abstraction. I have not, however, been able to assign a value to these data—their significance remains unexplained.

The second of three subjective phenomena involves a sudden ascension of the tone scale. There occurred what felt like a very pleasurable vibration through a part, or all, of the body. Following this came a vast sense of relief, often accompanied by a few tears, and always accompanied by an almost instantaneous rise up the tone scale to a high degree of cheerfulness. This phenomena was very fleeting, lasting probably less than a second. This, too, I have not evaluated.

The third phenomenon involves the actual visual perception of a field apparently emanating from the head. This occurred with far less frequency, and was not at all controllable. There appeared, emanating from the forehead, a faintly visible wave front (perhaps two—one on each side) which seemed to contain within itself fairly rapid motion. It was as if Huygen's theory of wave fronts being formed by a great many waves emanating from point sources and uniting to form a front, had become visible. I once was able to test this wave-motion for objectivity by observing it in a mirror. Though extremely faint, the reflection could be seen. It has not, so far, occurred in the presence of a second person who could augment its reality. I have as yet assigned no value to this phenomenon.

Shortly before the advent of Dianetics in the summer of 1950, I abandoned these experiments, as the periods of withdrawal were beginning to carry over into daily life and caused some difficulties. I hope these observations may be of some value to your researches.

Sincerely yours,
John H. Trapp,
1500-B Elm,
Amarillo, Texas.

Dear Mr. Hubbard:

I have read your new book with great interest. My first reaction is that you have made a number of significant ad-

ditional contributions to Dianetics. The most important of these, in my opinion, was the simple act of "setting the sights higher" by introducing the concept of the theta clear. I realize that this is at present, only a theoretical development. So was Maxwell's electromagnetic field theory.

In connection with positive processing, I have a suggestion to make. The running of ARC "breaks" and of past ARC "makes," are promising developments. This suggests to me the possibility of a scientific application of the Golden Rule: the deliberate and conscious practice in the daily life of the pre-clear of producing ARC "makes."

My feeling is that this is not quite as simple as it may sound: that it must be done intelligently and not blindly. It has been my general observation in the past that whenever I have done something genuinely useful for somebody else, without expectation of reward, and which results, vaguely, in a closer tie with that individual, there is produced in me a feeling of happiness and satisfaction. Whether this is actually an increase of my own theta I do not know. I would like to propose the term "ARC-making" for this technique.

Some preliminary suggestions:

1. The pre-clear's tone should be sufficiently high to begin . . . In a low tone it would degenerate into flattery and insincere actions.

2. The "make" should take into consideration all three corners of the ARC triangle.

3. The "make" should . . . be sincere and genuine.

4. The "make" is a two-way affair. The "maker" should observe the "makee" for signs of a real tone rise in him. Theoretically, it should produce a rise in both "maker" and "makee." In this technique, it should be as blessed to receive as it is to give.

5. The "makee," if conscious that the other is attempting to produce an ARC "make" can facilitate the process willingly and graciously. No obligation of the makee for reciprocation in kind should be implied. At a later time, should an opportunity arise, the "makee" can become a "maker"

if he wishes, but this should be an entirely separate affair. Generally, the "makee" will naturally want to reciprocate—which is an indication that theta has been created. But a narrow sense of "quid pro quo" can spoil the process. We are interested purely in the creation of more theta.

6. A daily plot of number of ARC "makes" versus pre-clear tone should be interesting in evaluating this procedure.

7. The technique could be employed in auditor-pre-clear contacts but is really a daily-life technique which the pre-clear should himself learn to utilize. It will require an alertness to detect opportunities for ARC "makes."

8. The potentialities of ARC "makes" as a weapon might be explored. I do not believe in war but sometimes survival is directly threatened. The dianetic movement has been subjected to inimical activities, I understand.

I suspect that ARC "makes" might be a very keen-edged sword, if properly used . . .

N. A. Coulter, Jr., M.D.
2632 North Charles
Baltimore 18, Maryland

The Hubbard Dianetic Foundation, Inc.
211 West Douglas Avenue
Wichita 2, Kansas

. . . I have been shown a copy of your photographed type-script of "Science of Survival," but was unable to retain it. However, I saw enough of it to have been greatly impressed by the developments. A form of therapy that develops so comparatively rapidly has evidently immense vitality within it

Derricke Ridgway
1 Ladbrooke Road
Notting Hill Gate, London

Mr. L. Ron Hubbard
Hubbard Dianetic Research Foundation
Dear Mr. Hubbard:

For some time I have been anxious to read your book,

"Dianetics." Recently I was able to borrow a copy, and read it with great interest. Frankly, I was rather disappointed, especially after the buildup it was given in ASF. Perhaps a judgment from a literary standpoint is out of place here; but to my mind, your stories were better written than "Dianetics." I enjoyed "The End Is Not Yet," and "To The Stars." I did not enjoy "Dianetics." It was rambling and repetitious; the book could have been cut to half its present length, and all the essential material could have been included.

Of course, relative enjoyment is not criterion for judgment. Scientists are not noted for the lucidity of their styles. It is what they say that counts. So:

First of all, I find your terminology confusing. You pick certain terms arbitrarily and use them all through the book without ever justifying them. Basic personalty, for instance. You say that it is good; that it is inherent in everybody; and that we can find it only if all engrams are cleared. The precise meaning of this eludes me. What exactly makes you think your definition of good will applies in every case? And as for people having a basic personality, it would seem that since personality must of necessity be formed from our experiences (good or bad) that removal of these perceptions would leave the individual curled up in the foetal position. (Incidentally, did it ever occur to you that "good" or "bad" experiences might be solely in the individual's own judgment?)

There is a contradiction in your approach. You place a lot of emphasis on the Scientific Method, and yet your book could hardly be called scientific. "**Mucho Cacalar, pero poco huevos.**" There are no case histories; rather a few vague examples. There is nothing said about the methods used to arrive at your conclusions. I, for one, would be interested in the research techniques employed. There are a lot of meandering generalizations about life, people, etc. . . , boiling down to doubtful therapy, which reeks decidedly of hypnosis.

Assuming that this technique works, there is one question I would like to ask. Did you come across the dianetic reverie first, and then set up a system to explain and justify it? Or was it actually the result of years of research, testing, and synthesizing of other schools of psychology? Frankly, Mr. Hubbard, I am inclined to the former view, especially since the commercial value of Dianetics is considerably enhanced by the label of "School" or "Science."

As for the reverie itself, there are several things which caught my eye. The procedure of putting a patient in reverie resembles hypnotism too closely for comfort. The fact that he knows everything that goes on around him makes no difference; a subject under hypnosis may know everything occurring **at the suggestion of the operator**. There, Mr. Hubbard, is the nub of the matter. You say that hypnotism is dangerous because the subject is too open to suggestion; that he may invent rather than remember. And yet, almost in the same breath, you say that he will be fully conscious of what is happening; that, immediately after the condition of reverie is established, the operator must install a cancellor, which removes all accidental suggestion which might have occurred during reverie. In spite of your almost hysterical denial of hypnotism, "Thy speech betrayeth thee."

Dianetics, then, is a refinement of hypnotherapy, whether good or bad remains to be seen. It is not actually a "Modern Science of Mental Health," nor will it render obsolete all existing schools of psychology. And **really**, Mr. Hubbard, it is not comparable to the discovery of fire and superior to the inventions of the wheel and the arch.

I would be glad to meet or correspond with anyone interested.

Robert L. Smith
50 Rockefeller Plaza
New York 20, New York

Hubbard Dianetic Foundation
211 W. Douglas,
Wichita, Kansas
Gentlemen:

I have observed Dianetics with perhaps more interest than I have observed anything else in my lifetime of aiding man. I have tried to see wherein Dianetics fitted with the other sciences of man, and have become convinced that L. Ron Hubbard has opened new avenues of thinking and has taken an important step in aiding man in his struggle to understand himself.

There are many things already known about the nervous mechanism of man from the gross and microscopic study of anatomy, and much negative information has been gained by destroying parts and observing the results. The negative approach to understanding seems to dominate thinking and study, and as a result man's relationship with his fellows tends to pile up more on a negative basis than positive. Medicine begins with the study of the dead and, except for rare instances that do not seem to survive very long in medical training, has a negative approach to all of its problems. It is strange how quickly positive approaches are discarded by a disillusioned mankind. Dianetics is a positive approach. Let us keep it free from discord.

If I knew I could keep my present body form, energy and intelligence for the next thousand years, I would with the tool of Dianetics, project a long range program of study that might bid fair to solve a few of man's problems.

We have the tool with which to begin a great study, but it takes any one man too long to correlate all the factors necessary to a problem. We must therefore do everything we can with what MEST we can now control, and leave our results in as lucid form as possible for those who are younger and will carry the study forward.

Suppose someone invented a microscope so arranged that X-rays could be used as the light source. It would take years of patient effort merely to catalogue what one would see with

a practical working device of this nature, but he might find that living tissues have characteristics never before suspected when studied in their isolated, lifeless state. I wonder what new and enlightening knowledge we might gain from a study of the brain cells, and the fiber tracts of the central and sympathetic nervous systems, using our new device? What new outlook might we gain from a study of the circulation of the blood under conditions wherein the life of the organism is not disturbed while so studying? It might even be that lymphatic flow is much more important than blood flow.

Have you ever considered the masterful feat of engineering performed by the embryonic duplication of the species? The embryo encompasses in its plans for the species structure, form, and necessary changes for better conquest of the environment it is likely to encounter. What might man learn if he could observe the master engineer working *in situ*? Why doesn't the embryo make more mistakes than it does in laying its concrete for the skeletal structure? It seems to have some master plan which affords it an intelligence for knowing just when to solidify the concrete, and just where to make eminences for attachments of structures, and holes and tunnels for the ingress and egress of vessels and nerves. Has it occurred to you that there must be some mechanism for keeping tabs on this great engineering project?

As the embryo develops, nerves become attached to its every structure, and though they may become twisted, bunched, and separated, they maintain an orderly arrangement extending into the central nervous system where fiber tracts take over and connect to higher nuclei and cortical areas. Why do these things happen?

What happens when the sperm pierces the egg? What physical and chemical stimuli then begin functioning? What taught the embryo mineral chemistry and enabled it to create a liquid iron product to which a dash of crimson color was added, (perhaps for the purpose of causing a keener appre-

ciation of the injuries the adult form of the embryo inflicted upon similar forms) ?

After the sperm-ovum union has taken place, what determines the succeeding steps, the separation into endoderm, mesoderm and ectoderm? What determines which of these cells will develop into which structure? Why is it so essential for the nerves to keep up with this construction job?

What factors enter in when certain segments of the central nervous system become more proliferate than others? Why do specific behaviour patterns follow certain body structure and certain central nervous system structure?

What is, exactly, the role of germs? Why does the body tolerate them under some conditions, even to its own degeneration and destruction?

What chemistry is involved throughout the life-cycle of an individual, and why this particular chemistry and no other?

What is it about life that is common to all living structures?

Are we properly identifying what we observe with the tools we use for observation?

Through Dianetics we will find many of these answers. It is time we began to learn from the living, and Dianetics is a science for just this kind of observation. Practically all of man's difficulties on this planet can be traced to the lack of knowledge of himself, but we have now been presented with a tool for a further look behind the curtain of self.

To KNOW THYSELF is the greatest knowledge of all.

. . . J. S. Douglas, M.D.

Mr. L. Ron Hubbard
211 West Douglas
Wichita 2, Kansas

Dear Mr. Hubbard,

"Self Analysis" arrived yesterday. Read through all the text twice, plus. Highlighted the questions. Made out the graph—tone 2.5!!! Not sure I believe that. Not sure I don't, either. Just not sure.

Then I started processing. Five questions, and then the tingle of fear set in. I don't know why. Stopped. Had trouble getting to sleep. ("Things that go bloomp in the night.")

Felt fair this morning. Felt better as the day progressed. Felt darn good this afternoon.

Resumed processing this evening. First thirty-five questions. Visio's beginning to improve. (Our mis-co-auditing had turned on enough visio for occasional use in my work.) Feel pretty good except for slight head somatic like a tight head band. This is fairly common now, though I don't remember it pre-Dianetics. It appears to be associated with visio.

Other recalls very sporadic.

Current opinion of "Self Analysis":

EUREKA!

Many thanks. Will write later about further results.

Very truly yours,
F. R. J.

L. Ron Hubbard
211 West Douglas Avenue
Wichita 2, Kansas

Dear Mr. Hubbard:

I have been a great admirer of yours. Finding Dianetics was to me a new hope, a stairway from the mud, a future boundless. It must have been as much to many. Are you now to take this hope from women? Will Dianetics become a monastic order with robes, retreats and much confession? Or perhaps fraternal, with green plumes and swirling capes? Perhaps the women will be allowed to form Ladies' Auxiliaries and raise funds by raffles and bake sales.

I must take your paragraph in the new book about the position of women in society in relation to the decadence of a nation as an indication of your attitude towards women as a whole; this of course will be the dianetic attitude. Many other women will also assume this and be deeply wounded and withdraw from Dianetics. Perhaps this is what you

wish. I think you are mistaken.

Women are, in this period of upheaval, in a position analogous to the Jew, the Catholic, the Negro; and perhaps more nearly Labour. After the abuse of power by Capital we have the abuse of power by Labour. Both are wrong, but both are real. A readjustment is necessary for justice to obtain. An evil of long standing requires a long period of adjustment. New generations must arise, and the lion will lie down with the lamb.

No one can sincerely say that men and women are exactly alike. The difference exists and always will. Should not each sex be raised to respect the dignity of the others? Instead of which each seems jealous of its own dignity and denies that the other is worthy of respect. This can, and must be corrected if we are to have peace. Peace in the world necessitates peace at home. To raise an intelligent child it must have an intelligent mother.

I, myself, am not disheartened by your blow; but I do not like to think upon what would have happened had it fallen earlier. I think it will do harm to Dianetics. I beg of you to reconsider.

You have my admiration and my thanks for what you have done for me and for others.

Mrs. Norcott S. Henriquez
Post Office Box 2003
Hollywood, Florida.

Hubbard Dianetic Foundation
211 W. Douglas Ave.,
Wichita, Kansas
Gentlemen:

Ever since April of 1950 I have been cautiously and carefully examining the theories and claims of Hubbard. In July of the same year I put them to practical test, since I believe that no one can claim to adhere to the principle of scientific investigation if he does not make the practical tests which are indicated for experimental proof.

There was I, a man versed in electronics, giving mental therapy to a psychotic! Who would have dared such a thing before Dianetics?—And when even the greatest “authorities” in the cure of psychosis had tried their brand of therapy on this same girl and failed, who but the most audacious would set himself up to disprove their long-held but apparently unworkable theories? But the girl improved. She continued to improve. And for 400 hours I used the old Standard Procedure as outlined in the first Bulletin. She became a girl at whom no one could point a finger and say “She’s crazy:” She resumed working for a living, relieved of migraine headaches, voices in her ears, and phobias about everything imaginable.

It makes me a little sick when I read the blasts which have been leveled not only at Hubbard himself, but at Dianetics in general. Who are these people to blast something that works as well as does this science? Have they tried the experiment themselves? Have they taken just one little trip down their own time track? My guess is that they have not!

And it makes me even more ill to hear some of the talk that circulates among those within Dianetics (or are they actually on the fringes, hangers-on?). They say that Standard Procedure is not so hot; they say this and they say that. But I notice that the quiet ones are the busy ones, like the fellow up in Washington State who has a very successful dianetic clinic in operation. The noisy ones are just making a lot of noise.

The last one hundred years have been remarkable years, the last twenty perhaps the most remarkable of all. Men are becoming more aware of the absence of limits to their individual and collective capabilities, and as they gain the knowledge the wonders they perform become greater and greater. Dianetics has joined the ranks of these wonders. As we adopt the Baha'i principle of **Independent Investigation of Truth** there is, I am sure, no limit to the knowledge we shall uncover.

Dianetics seems to have something to offer us, whether we are sick or in good health. Why don't we all look and see if we can discover what it is, and if we find something, share it, and if we find nothing, wish those who do the best of luck and success and keep our mouths shut while they succeed?

SCIENCE OF SURVIVAL is clear, concise, and very easy reading. While you read it you suddenly find you are learning, painlessly. If only our school textbooks had been written half so well!!

Wishing Dianetics the best of success in the future which I feel is assured for it, I remain,

Very respectfully yours,
Robert K. Parker

DIANETIC PUBLICATIONS

SCIENCE OF SURVIVAL: Simpler Faster Techniques of Dianetic Processing. The basic text. All tested co-auditing techniques. A full description of each of the 43 columns of the HUBBARD CHART OF HUMAN EVALUATION AND DIANETIC PROCESSING. Many plates. A full chart. 570 pages. \$5.00.

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SUPPLEMENT

No. 2

===== To =====

SCIENCE OF SURVIVAL

Part I

Validation Processing, L. Ron Hubbard 1

Part II

More on Examiner Methods, Eugene Altman 7
An Analysis of "E" Therapy, Alan Engelhardt 37

Part III

Letters to the Foundation 49

Part IV

Hubbard Dianetic Foundation Services 59



THE HUBBARD DIANETIC FOUNDATION, INC.,
Wichita, Kansas

This is the second in a series of twelve supplements to **SCIENCE OF SURVIVAL: *Simplified, Faster Dianetic Techniques*** by L. Ron Hubbard, to be issued by The Hubbard Dianetic Foundation, Inc., in the months following publication of the textbook. These supplements are devoted to the dissemination of theories, techniques and corresponding evaluations of Dianetics by contributors in the field, and as near as practicable to the printing of a representative group of letters to the Foundation concerning these respective techniques. Further, each supplement will contain up-to-date material either written by L. Ron Hubbard, the founder of Dianetics, or edited from his lectures to the classes at the Foundation.

The techniques presented by those other than Mr. Hubbard may be controversial, untried or unproven. The Foundation therefore wishes it understood that unless otherwise stated the Foundation does not endorse such techniques for general use.

NOTE: Procedures set forth herein should not be applied until the auditor is familiar with the textbook **SCIENCE OF SURVIVAL: *Simplified, Faster, Dianetic Techniques***.

WALDO T. BOYD
Editor

GENEVIEVE CRIST
Associate Editor

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I

NEW DEVELOPMENTS FROM THE FOUNDATION

VALIDATION PROCESSING

L. Ron Hubbard

Past history of Dianetics has found too many auditors too often addressing the entheta or frozen theta on a case. Processing which should have been directed solidly toward the invalidation of aberrative experiences many times primarily validated them. As a matter of course the auditor neglected the analytical moments during the processing because he felt they were not important, that they would continue to exist. True, but by validating engrams and secondaries constantly the pre-clear sometimes becomes so introverted on the subject of engrams that he tries to run himself; he thinks about this phrase and that phrase, this enturbulating experience and that enturbulating experience until he is thoroughly restimulated. This is especially true of the low-tone case. Attacking entheta with too much entheta simply enturbulates, and nothing positive happens.

Theta has a peculiar characteristic of trying to attack enturbulated theta and disenturbulating it. The individual best survives when pleasureable experiences and pro-survival entities are brought into view. Hence tone rises for pre-clears and cases move along more rapidly as theta moments are validated.

Let's suppose that for awhile, without paying any attention to engrams and secondaries, the auditor addresses only the theta side of a lock chain. Can this make the pre-clear more reasonable and rational on a subject about which he is severely reactive? Could this validate his analytical mind?

As we know, an engram accumulates locks and secondaries which form in chains in the reactive mind. Before the engram was received the organism was potentially analytical on the subject of the content of the engram, and remained so even then until the engram was keyed in. Finally, however, after

the addition of lock after lock piled on top of the secondary, the engram gained a greater force on behavior than the organism could reason around. Reason then became relatively impossible on the subject. How can we go about restoring reason on the subject contained in the engram without removing these locks and without running the engram?

Suppose the pre-clear has a certain chain of locks on the subject of women: one girl left without saying good-bye, another stabbed him in the back, and another ran off with his best friend, while another told him to his face that he didn't amount to anything. These locks all charge up the chain of engrams at the bottom which say bluntly: "Women are no good." Perhaps this pre-clear is very occluded, or the time available is simply not enough to enable running all the engrams on the subject, or the pre-clear is very low-toned. How could he be made analytical on the subject of women?

The key lies on the same lock chain. Validate the analytical side of the ledger and neglect the reactive side. Run the subject of women as a chain of analytical moments and keep away from the reactive material.

"Do you remember anyone who gave you cookies?"

"Oh, yes. There was an old lady in our block that gave me cookies." (Aha, here is a woman who is some good!)

"Do you remember a teacher that you liked?"

"Yes, I remember a teacher who was pretty nice."

"Do you remember a girl you went with who was lots of fun?"

"Yes, there was one. I don't remember her name now and I don't know what she looked like, but I'm sure there was one."

Then go back over the same material again, picking up the old lady who lived down the block, the nice teacher and the times he had fun with the girl he liked, and contact these moments.

As the pre-clear is calmly restrained from attacking the entheta, he may begin to experience a somatic. The more pleasure or analytical moments he hits, the worse the somatic

may become. It is demanding attention. The somatic is actually at least one of the engrams on the track having to do with "Women are no good." The auditor finds it difficult to resist the temptation of dropping down the track and running it. The auditor, too, is theta trying to attack entheta, but he must restrain himself. He must continue to run only the analytical moments on the subject, and suddenly the somatic will turn off again. There have not been sufficient number of cases observed to date to see the permanency of the release, whether the somatic stays off permanently or merely goes out of stimulation. In the course of processing, however, the pre-clear becomes analytical on that chain; so there is some stability connected with this type of processing.

Some pre-clears go through two or three locks all right with validation technique, but suddenly dive into a reactive incident. The analytical mind when asked to be analytical about a subject, begins to discharge the reactive mind. Keeping the pre-clear out of entheta on the chain may be illustrated by the conversation which occurred while running one case on validation:

"Oh, yes, I remember the nice old lady, and I remember my teacher. Gee, that first grade teacher—I certainly hated her. . . oh, she was terrible."

"Did you like your second grade teacher?"

"Oh, she was all right. I didn't have too bad a time."

"Did you ever go on a picnic with one of your teachers?"

"Sure, we went to a picnic, and we had lots of fun; but do you know, that darned eighth-grade teacher was there and she was such an old cross-eye . . ."

"Now, what did you have to eat at the picnic?"

It isn't easy to keep the pre-clear from dropping off into entheta; but what must be done is to validate the analytical mind. That thing which is validated grows stronger. Did you ever talk to a demon circuit while processing? If so, you know that after a short time the demon gets stronger.

Sometimes a chronic aberration is turned off by rote. Suppose this chronic aberration or somatic is wearing of glasses:

"How many lock chains are there connected with eyes?"

"Five."

"Can you give me the names of these chains?"

"Yes."

"Give me the name of the first chain."

The pre-clear gives the name of each chain in turn. The auditor then starts with the first chain named and asks the pre-clear to scan vocally the analytical moments on that chain, unless the pre-clear is too far down the scale. If he is unable to scan, use straight wire or repetitive straight wire. Repetitive straight wire is done simply by remembering incident after incident on a chain, one at a time, and then doing the same thing again and again in the same order). After he has run the first chain as long as he can on the analytical side of the ledger until he drops off into entheta, the auditor asks for the second chain. Although the chains are usually given out in the sequence that they should be run, the auditor might ask, instead of for the second chain, for the next chain necessary to resolve the chronic somatic.

Validation naturally makes vital use of present time also. The alert auditor will arrange plenty of present-time theta moments, particularly with the low tone pre-clear; if not too many theta moments seem available in the past, these present-time moments can be reviewed. Environment for processing can be made pleasurable by perhaps a walk, coffee, sessions in the park. Also the auditor can draw out the pre-clear to feel he is making a contribution to the auditor as a person, even in eager ways as asking advice about purchasing a toy for his child or even taking the pre-clear along on the shopping tour. Living good present day is valid processing!

Validation technique seems to be of definite value as a tool for the auditor. It takes skill and ingenuity to use as does any tool, but you will enjoy its use.

II

TECHNIQUES FROM THE FIELD

Two more articles on "E" Therapy appear herein as sequels to the one published in Supplement No. 1, EXAMINER THEORY AND TECHNIQUE, which came from the pen and the independent study of Eugene Altman. The paper, MORE ON EXAMINER METHODS, is a second Altman paper; the other comes from Alan Engelhardt, and was first presented as a lecture to a group interested in examining the Examiner theory. These papers are published to give further research data for laboratory use and are not intended for suggested therapy.

The Editor

NOTE: These papers have been set in type **verbatim**, including any and all capitalization and use of bold-face type.

MORE ON EXAMINER METHODS

Eugene Altman

This paper is a sequel to Publication No. 1 of the Co-ordinated Information Series, "Examiner Theory and Technique." It will present what the writer is able to present of a set of ideas about, and techniques of, Examiner-dianetic Therapy, beyond what has already appeared in Publication No. 1. These ideas and techniques result from the work of Dianetic Consultants, and others, and are in **no** sense official. They merely follow from research done by the above-mentioned.

Now, in order to facilitate the understanding of the reader, who is familiar with Dianetics a la Hubbard, and with our Publication No. 1, we must commence with a brief section intended to make clear that the point of view of E therapy is different from the point of view of the Hubbardians in several ways, but that the most essential differences are twofold, namely:

1. The Hubbardians say that auto-therapy, or "self-running," is not merely not practical, but is dangerous; whereas, the E-therapists say that self-running is not merely practical, but is **necessary**, and moreover, the E-therapists **are doing it**, have hundreds and hundreds of cases "successfully" doing it. (What we mean by "successfully" will be taken up in a later section).
2. The Hubbardians place their emphasis in processing upon the "running of engrams" (and more and more, some "locks" also, of various scanning techniques, etc.), by which they seem to mean, the "entering" of incidents, which are "returned to" with PERCEPTICS (as many as possible), and gone over and over, until they "reduce" which means until some yawn

appear, and perceptics fade out; whereas, the E-therapists say that perceptics are things that some few pre-clears seem to have, but that most people don't have, and which are anyway **TOTALLY UNNECESSARY TO THERAPY**. What is important, they say, is that little yawn at the end of the definition of "reduction," and similar phenomena, codified under the heading of **DISCHARGE** (See Pub. No. 1), and that when one is getting **discharge** from the pre-clear, then therapy is going forth, and that all techniques should be directed to the aim of **getting discharge**, and that any time spent trying to "turn on perceptics" represents a waste of time, and, in short, that a case is "open and running" when the PC is discharging much and often, and that with all and every perceptic imaginable turned on, but with **NO** discharge, the case is **closed**, and **NOT** running.

We will hasten to say that we do not feel that we are going to be able to present here the last word about therapy, nor do we think that no important discoveries will ever be made again after us, but we **do** feel that the emphasis in processing must be taken **off** perceptics and engrams, and placed upon the **DISCHARGING** of **anything that will yield charge**. We are going to present, further on in this paper, those techniques for initiating and maintaining this **DISCHARGE**, which we presently have at our disposal, for the use of the auditor in helping his PC to start discharging, and for the PC, to **maintain**, via auto-therapy techniques, his own discharging.

We will also have something to say about how long it takes to get results, and what the results are, and about the question of **validation**.

Let us discuss numbers 1 and 2 above, in numerical order.

Our publication No. 1 roused considerable interest, and over 1800 copies have been distributed to the date of this writing, and over 1000 names are in our mailing list. We

receive dozens of letters per day, asking questions about E, etc. We know from these letters of hundreds of cases running with apparent "success" on E, as well as some cases where the simple, and single, technique given in Pub. No. 1 was, alone, inadequate for the production of results. NOT A SINGLE COMMUNICATION HAS EVER REACHED THIS OFFICE REPORTING ANY SERIOUS DIFFICULTY OR TROUBLE RESULTING FROM THE USE OF E TECHNIQUES OF AUTO-THERAPY, OR SELF-RUNNING. No psychotic breaks. No case where the auditor or PC, or anybody else, was "stuck" or "caught" or "held" or anything else. Not one. We ourselves at our office, and in our private non-professional contacts with therapy, know of over 200 cases, with some intimacy. No trouble, and all are on auto. Therefore, we feel that statements by anyone, to the effect that either E-therapy or auto-running on or with E is dangerous, are probably misleading. We are very interested to hear of any verified case of difficulty, and should wish to know what technique or techniques caused what trouble, and how these techniques were applied, etc. It seems to us that E therapy is no more dangerous than any discussion which might be going on in your parlor.

The above indicates why we state that E and auto-therapy are not dangerous. We should like to discuss their **practicality** ("Does it work?", "How many clears have you made?", "How long does it take to get results?"), and their **necessity** ("Why bother with auto-running?" "Why use E for easy, pianola cases? Maybe it's a good idea to **open** the hard cases with E, but then why not standard procedure?"), together with No. 2 above, the "perceptics versus discharge" matter.

Here is why we think E is practical: The writer graduated from one of the first courses, at Elizabeth, and has

had an H.D.A. for some time. He has been involved in Dianetics since before the book was published, and has had thousands and thousands of hours of auditing experience. The experience of his associate, Norman Pinsker, is comparable. The members of this office have received, and given, a good deal of therapy, and have seen a good deal of Dianetics in action, and they feel that their judgment, while not flawless by a long shot, is expert, in the technical sense of that word. And what we have seen, very simply, is this: When the PC has spent time in processing, and during that time the PC has exhibited those manifestations which we have designated as discharge, certain other things seem to happen; and, when discharge has **not** been manifested, those certain other things do **not** seem to happen. And, what we mean by the word "therapy" is precisely the appearance of these "certain other things," which we shall shortly elaborate.

Further, and to the point, we know how to initiate this discharge, and to maintain it, and we have observed in many many cases (how many has been indicated above) that this discharge, and the resultant "certain other things," seem to be **independent** of the presence of perceptics. People **without** perceptics can get the discharge we refer to, and the resultant "certain other things;" and people who **have** perceptics get the discharge, etc.; and people in between also get this discharge, with the resultant "certain other things."

Therefore, it seems to us that the only important thing is **discharge**, and so we direct our efforts toward getting and maintaining it, and we find that when we get it, we get THERAPY (the "certain other things"), and of course, it is exactly for the purpose of getting these things that pre-clears come to Dianetics.

What are these "certain other things?", or, in other words, "What is therapy?" Our answer is this:

People exhibit two general types of behaviour, with which the therapist is concerned, namely, A—Psychosoma, and B—Fixed behaviour-reaction patterns which we judge to be irrational, or non-survival, etc.

We think that an example or two will suffice to make clear our meanings: When a PC exhibits some physiological malfunctioning, such as, say, ulcers, or, a rash on his arm, which malfunction responds to (is healed by) treatment which does **not** involve giving him drugs, or x-rays, or any other medicine, internal or external, nor any physiological treatment; i.e., is healed by talking to him, or changing the personnel of his environment, or by reassuring him about some of his worries, etc., or, summarizing, is healed by some procedure which, operationally, seems clearly **not** to be the application of the arts and techniques of medicine, surgery, obstetrics, homeopathy, etc., as distinguished from the sorts of things that psychiatrists attempt to do, then this malfunctioning, this ulcer, this rash, is said to be an example of a psychosomatic difficulty, an example of psychosoma.

On the other hand, when a PC is known for his tendency to beat his wife whenever he returns from a visit with his mother, or, when a PC exhibits a reaction of fury to any suggestion that he might be in error, or when a PC condemns as dangerous and false this or that doctrine, while he remains ignorant of the content of the doctrine, and does this again and again, then in these cases he exhibits what we refer to as a **fixed** reaction or behaviour pattern; i.e., a pattern of reaction which is the fairly inevitable and predictable reaction to a specific stimulus or set of stimuli and which pattern we judge to be “irrational” and/or “non-survival,” by virtue of the fact that it is **fixed**. (Psychotic behaviour, of course, comes under this heading). By therapy, finally, we mean, the permanent removal of both of these sorts of behaviour, A and B, above, and when we said above that “certain other things happen” we meant: “we observe the disappearance of these two sorts of behaviour.”

(Further comment: When B disappears, we seem to observe that the individual no longer reacts "compulsively," is no longer "push-buttoned," and is able to, and does, react in a fashion which we judge to be more "rational," and in a manner making for "better survival," i.e., **more appropriate to the circumstances**. It is also certainly **not** trivial to say that an almost immediate rise of tone is noted, very often amazing in quantity, as soon as therapy has been proceeding for some time.)

If, as we say, continuing discharge will produce these results, then what we have here is of first importance. We now explicitly state that everything we do and think about Dianetics is based (to the best of our knowledge and belief) upon the idea that continuing discharge does indeed produce these results, which is simply a statement of what we have observed. (In our Pub. No. 1 we offered a simple theory of **WHY** discharge is so intimately connected with psychosoma and fixed reaction patterns).

Well, then, how many clears do we have to present to the public? The answer, of course, is **none**. As far as we can tell, this concept of "clear" is meaningless, or at best, if it is not meaningless, it is surely without practical significance for us. (The writer, as a personal matter, purely, holds the opinion that **nobody** has ever seen such a thing, and seriously doubts the existence of any such). In any event, our office is not a place where people come to have their memories made eidetic, nor do we wish to put the record-manufacturers out of business by developing "perfect sonic recall." We want to accomplish **therapy**, by our definition above. We don't care about the matter of "clear," which we consider to be nonsense talk.

We see people losing their compulsions, and their psychosoma, and we hear these people tell us that they are leading happier lives, and that they feel good more of the time, and that the process is continuing. This is what is important to us. And, we see that E-therapy makes this possible with

just a relatively few hours of professional auditing, and the rest of it done by the PC **himself** with NO auditing, on his OWN time, and at NO expense; and, moreover, after an auditor unfamiliar with E-techniques has had his own E "turned on," and then watches a good E man work awhile, he learns how to audit, himself. This will very soon eliminate the need for training courses (as it spreads) and also the need for professional auditors, which elimination we should like to see. This, in turn, should help to eliminate the existence of organizations which could be in a position to make hundreds of thousands of dollars of profit out of the need for Dianetics.

This indicates the **practicality** of E. Now of its **necessity**. Our experience, and the experiences reported to us by hundreds in the field, indicates the following: Psychosoma disappears under E processing very very rapidly, often within a few days, but so does it with first-stage Dianetics, in those cases where first-stage Dianetics reaches the PC, and gets him "open." Then, there is no real necessity for E in the treatment of psychosoma, except for those 50% or more of individuals whose cases do not open for dozen upon dozens, and very often, hundreds of hours of standard procedure, or first-stage Dianetics.

BUT, in the matter of **fixed reaction patterns**, or (B) above, it seems that hundreds and hundreds of hours of first-stage Dianetics produce very little noticeable change in those (aberrated) fixed reaction patterns which may characterize the personality of a particular individual. In other words, for the great majority of individuals, first-stage Dianetics does not seem to do the job, after several hundred hours.

Now, do not misunderstand. We are not saying that these hundreds of hours have been **wasted**, nor are we saying that no benefits were received, because we know better than that. But, certainly the benefits received were (in the great majority of cases) not commensurate with the promised bene-

fits, nor, in most cases, do these behaviour patterns which Joe's friends say are most characteristic of Joe's aberration disappear. Superficial difficulties have begun to disappear, all right, after several hundred hours of auditing, but that takes time at, say, four hours per week, and if you want the best, at the hands of a good professional auditor, that costs big money. So maybe we need something better and faster.

We observe the following: To clear up (not to "clear," but to "clear up") these major difficulties is going to take HUNDREDS AND HUNDREDS, PERHAPS THOUSANDS OF HOURS, FOR MOST PEOPLE. Doesn't this mean that by the time we're healthy we're dead of old age? No, because: On auto-therapy you discharge for hours and hours per day, even when you are **not** lying down for a session, perhaps as much as 24 hours per day, and, after you have been discharging heavily (say three or more hours per day) for several months, you have begun to feel deep-seated benefits, and after a year you can say, like the writer, and some of his PC's, "I have already achieved a miracle, and it continues at faster-than-ever pace, and won't I feel good by **next** year, if I feel this good now," etc. In other words, after you start discharging, your tone rises almost immediately (often after first good session), and stays up, and from then on. It is a continuing process which will probably go on for years and years (we don't know); and already, after the passage of some months, you feel your new and tremendous improvements. Incidentally, your guilts and fears drop off like rotten fruit, and other benefits, such as the following, accrue; The writer was smoking up to four packs of cigarettes a day, plus occasional cigars and pipes, and one day some months ago, he stopped, just like that, and **painlessly**, almost totally without effort. Whenever he would see someone light up, and thus be reminded of tobacco, he would get an automatic burst of discharge, and the need for tobacco would be gone, almost within the instant. Quite a few such cases are reported to us.

We see, then, that the process seems to continue. If someday it stops at some end point, then we will have "a clear." We think that the definitions of "clear" given in a certain well known handbook are without comfort, and are unimportant to us. What is important is to **keep discharging**, and see what happens. And since this process can be started in a few hours, and maintained for hours each day, effortlessly, so that we can, without expense, get huge amounts of very effective self-auditing, and thus run up huge numbers of hours of discharge per annum, and since apparently much discharge is needed for deep-seated results, we feel we have indicated the **necessity** of some such technique as E.

We turn now to the question of **validation**. In a word, we have no evidence to present, none whatsoever, that a trained sceptic would have difficulty refuting. That is, we have no **proof** of Dianetics, or any important aspect thereof. All we have is this: We can prove that a good many people have come to this office and when they arrived they were **not** exhibiting the signs of discharge in any considerable quantity, and that, without exception, they **now do**. We can also state (write up a case history) that after they started to discharge, certain (apparent) psychosoma disappeared and hasn't come back yet, and we can also state that in so many and so many cases, such and such a sort of behaviour pattern seemed to the auditor and to the pre-clear, and to the PC's friends and acquaintances, and to the PC, to have disappeared; we know of no tests which can be taken twice (before and after) to show the disappearance of a fixed reaction pattern, or wait. We can write up such case histories, and some of our next efforts will be bent toward the production of many such case histories from our own records, and these will be presented when we can get them prepared, but at this time we can't validate anything. If you want to try what we outline here, try it (it costs very little). Please note, also, that the only reason why we, in Dianetics, are asked to validate anything, is because such extraordinary and immodest claims have been made for Dianetics, by Dianetics. The

members of this office want to claim no more than this, essentially: When we get people discharging, via the techniques we shall present, they seem to feel better, seem to act differently, seem to lose their psychosoma, and everybody concerned seems happier. We cure nothing. We initiate discharge. Or something.

We come, then, to the section of this paper which deals with techniques. What we presented in our first paper as ER, is just a facet of the many aspects of ER, is, in fact, just one of several techniques now available. We go on to present, and in considerably more detail, various ways of initiating discharge, and getting the Examiner "organized" to this end. When a "good" E has been established, the rest can be done, and in many many cases is being done, on auto-therapy, no auditor being required.

Techniques:

The first thing we shall want to do under the heading of techniques is to enlarge upon ER, which we consider the fundamental method. In order to do this we feel that it is necessary to discuss the matter of SYMBOLS, and SYMBOLISM. (Before defining what we mean by a symbol, let us hasten to point out that in Pub. No. 1, page 15, second paragraph, we used the word "symbol" with considerably less understanding than we now have, and in fact, we confused, there, three separate types of phenomena, the one: what we shall think of as "true" use of symbolism; another, the word or phrase bearing charge ("loaded phrase"); and, blowing locks on Examiners. Clarification follows.

The usual, everyday meaning of the word "symbol" is "something which stands for something else." We shall not use the word precisely in this sense but rather we shall mean: "any concept, picture (visio), sound (audio), word or phrase, idea, etc. had by the PC which is NOT a 'memory' or perceptic of, or concept of, some actual incident that really occurred, but which is rather something 'dreamed up,' 'created,' by the PC, and which he, the PC, thinks of as 'symbolic, rather than real'."

Example 1: The PC has his eyes closed, and gets a visio of a man's face. The auditor asks, "Is this a real, or a symbolic, picture?" The PC may answer something like, "Real. It's my uncle, and he's standing in the hall." Or the PC may answer, "Symbolic—there's just this face, floating in the air."

Example 2: (Also of a visio symbol) PC 'sees' three colored triangles moving on his visual field (eyes closed).

Example 3: PC—"The moon is made of green cheese" A—"What's the significance of that?" PC—"Don't know—it sort of came to mind." A—"Is it a real phrase in an incident, or is it symbolic?" PC—"Symbolic."

Example 4: PC—"Dianetics doesn't work for me. All that ever happens in any session I've tried is that the auditor talks and asks questions, and all I do is keep seeing this tiger sitting in the streets." (PC goes on to say that he sees this visio very often, in full color, and is quite sure that it is not a "real" tiger but is symbolic in nature, and further investigation shows that he is correct).

Now, the existence of this sort of phenomena, i.e., symbolic ideas, concepts, pictures, audios, etc., is known to any widely experienced auditor. These symbols keep popping up, and **THEY OFFER A MOST POWERFUL METHOD OF CASE OPENING**, and in fact, the experience of the writer is that given any case, no matter how "tightly closed," which case "presents symbols" (that is, the PC keeps having such symbolic representations), well, that case is a lead-pipe cinch, and we will undertake to have that case running, with an excellent Examiner, in very few hours. (Our motto on such a case is "Four minutes or four hours," since we find that about half the time it takes four minutes to have the case running like a basket of lit Roman Candles, and the other half of the time it takes four hours of hard work, although we feel that success is assured within the four hours). **Symbols, then, are of extreme importance.**

Before we continue with our ideas concerning the **why** of symbols, we must give several examples of the **how** of symbols. What follows are some examples of one of the most important methods we have for getting Examiners operating:

Case 1: This pre-clear came into the office, saying that he was from out of town, had heard about a mysterious something called E, and what was it all about? We gave him our first paper and asked him to read it; we started work with him that night. The following, while not an accurate transcription, represents excerpts of the proceeding.

A—"Well, do **you** have an Examiner?" PC—(Thoughtfully) "I'm not sure. What I read in your booklet seems reasonable—I guess I do; but I'm not sure." A—"Well, how about—" PC—(Interrupting) "I see something,—I see this scene—I'm up in the balcony of a building—it's a theatre—Let's see,—yes, I'm looking at this balcony, sort of up in this balcony. There's the projection booth." A—"Is this a real theatre? That is, is this a real incident, or a symbolic one?" PC—"It's symbolic—it's like dreaming while awake . . . but I can see it clearly." A—"OK. Now, what's happening in this scene, what's going on?" PC—"Oh, oh!—There's the File Clerk . . . sitting in the front row, tearing up paper strips." A—(Making a shrewd guess, from the PC's tone of voice) "Is the File Clerk in the way here? Do we have to get rid of the File Clerk?" PC—"Yes, that's it, we have to get rid of the File Clerk." A—"OK, how should we do this?" PC—"Don't know." A—"Well, how should we do this?" PC—"Don't know." A—"Well, how about throwing him off the balcony?" (Here auditor suggests action which would accomplish the desired symbolic end, and which is appropriate to the symbolic situation. The auditor is often called upon to do this. More of this later) PC—"I can't, I'm afraid, afraid . . ." (The

PC bursts into tears, and sobs and shakes, and trembles, and generally evinces terror.) This continues for a few minutes. When he stops this violent discharge, or when it eases off greatly, the Auditor asks, "What are you scared of, Joe? What's happening?" PC—"A monkey,—no, it's an ape . . ." (More sobbing, shaking, etc). "Hey!" (PC is suddenly alert, and very interested in what's happening to him. It is remarkable to observe the rapid mood changes) "I'm in a real theatre now, downstairs in the orchestra, and there—there's—there's that ape . . ." (Trails off into fear, sobs, shaking, etc). "I'm a little boy, and I'm seeing a movie, with apes (almost screaming, now), and I'm scared, scared, scared . ." (More of the same sort of violent discharge. Suddenly, with an instantaneous rise of tone, PC says): "I'm back up in the balcony, and I've thrown the File Clerk over the side" (PC seems very pleased about this) "Everything's OK now" (He laughs). A—"Well, where's your Examiner in this picture?" PC—"Oh, he's locked in the projection booth." A—"Well, what say we get him out?" PC—"Can't—he's being kept in there by the Super-File Clerk." (Further conversation elicits information that in the part of the country from which the PC comes, they are using a "Super File Clerk" to compute, since Hubbard says that the ordinary, everyday, File Clerk cannot compute). A—(Knowing that he has to get rid of the Super File Clerk symbol if he wants to get the Examiner out of the projection booth, and wanting more information about this symbolic SFC): "What does the Super File Clerk look like?" PC—"I can't tell—but he's saying something . . . , he's saying something about being trapped . . ." (PC begins to shake, cry, and again manifest terror and states that he is again in the orchestra of a real theatre, seeing another movie, and is scared by the picture. Also, he proceeds to touch three or four other charged incidents from childhood, containing fear, on which he discharges a good deal.

Suddenly, we are back in the symbolic balcony. He reports that the Super File Clerk is gone, and states that the SFC will not be back. His ability to dispose of the SFC appears to be connected with the terror that he has just discharged) PC—"I don't know how we'll get Examiner out of that projection booth. The door is locked, and it has no keyhole, and it's all steel." A—"Why don't we get a burning torch, and burn the hinges off the door?" PC—"OK" (reaches to one side for symbolic torch) "But I'm scared, I'm scared . . ." (More discharge as before for several minutes. Then:) "OK, I've cut the door off, here he comes . . ." (PC is quiet for a while, then he says): "Why, he's a great big man, dressed in coveralls, and he picks me up, and sets me in his lap. I'm a little boy, and he's reassuring me, patting my head. He makes me feel good . . . Say." (PC is now suddenly very excited), "this button on his coveralls is marked 'FIRE' . . . I'm gonna push it!" (Pushes the button, and then describes to the Auditor the sensations of fire, which he is now running, intensely. PC continues to discharge for a while, and then his expression becomes very sad). A—(Making a good guess) "Who does he look like?" PC—It's funny you mention that. He looks like my grandfather—the one that's dead" (There follows, with no prompting by the auditor, an enormous grief discharge, 15 to 20 minutes in duration. Then, we are suddenly back in the symbolic balcony, and just as suddenly, we find that the PC's concept of the E as this big man in coveralls, who just **accidentally happens to be the PC's dead and beloved grandfather**, collapses, literally. This figure turns out to be a dummy, a mock-up, a hollow arrangement of canvas and wire, and it sinks to the ground, deflated, while out of the folds of canvas slips a beautiful, shining, computing machine—the PC is an engineer — which computing machine, the PC tells us, is (a symbol for) the **real Examiner**. This 'computing machine,' which has various

attachments like ticker tape, etc., for communication purposes, now proceeds to direct the attention of the PC to certain past incidents, and discharge proceeds apace. The PC now feels quite sure that he has an Examiner, and is able to run auto-therapy, although he will occasionally see an auditor, when his E tells him to).

Case 2: The case of the PC, before mentioned, to whose mind came the phrase, "the moon is made of green cheese." (PC gave this response in a session, when the auditor, after some minutes of silence had been going on in the session, had asked, "What are you thinking about?" PC then had said, "The moon is made of green cheese." Asked by the auditor if this were "a real phrase," PC said "No, symbolic"). A—"All right . . . now, what about green cheese?" (Auditor uses easy, relaxed tone, and is, in fact, relaxed. This tends to let the PC relax also, and ease into symbolic responses. The auditor doesn't leap on the PC, pound, and yell, with pointed finger, "Give us something about green cheese, and moons, or else you are a failure as a PC") PC—(Laughing)—"The moon is made of green cheese" (PC laughs, and carefully explains to auditor why this is a silly thing to say. Auditor lets him run on at the mouth. Then, as the flow begins to dry up:) A—"Well, what about the moon being made of green cheese? Is there something about moons . . . or about green cheese, . . . or cheese . . . that interests us here?" (Same easy, gentle tone of voice). PC—"Moon . . . moon . . . moon . . ." PC's mouth twitches, and he bursts into tears, discharges for a few minutes, then reports that he "touched" an incident where he was riding in a train, as a small child, and was badly frightened by the sudden entrance of the train into a tunnel, with an enormous roaring sound, and subsequent emergencies, with another roar, from the tunnel. As the train had entered the tunnel, the moon was suddenly 'turned off,' and again

suddenly 'turned on' as the train exited. Further questions about "the moon" led to several other incidents in which a moon figured, and one in which 'cheese' figured, all these incidents apparently related to the symbolic phrase which came up, and which phrase led to these incidents, via a little symbol chasing.

Case 3: This PC had read our Pub. No. 1, and was very skeptical of it, and in fact, of all dianetic procedures, and of everything and everyone associated with Dianetics, since he himself possessed an HDA, had had unpleasant personal contact with various aberrated individuals in the process of obtaining same, had seen little benefit accrue (he said) to anyone in Dianetics, and as for his own case, well, nothing had happened. (PC on couch during this discussion). PC had done practically NO discharging in all his time in Dianetics. Over an hour was spent with the PC (the opening hour of our work together) in a sharp and critical discussion of the scientific, and other, aspects of Dianetics, the people and organizations involved in it, etc., at the end of which time, the PC apparently felt that his auditor could be trusted not to be over-enthusiastic about something he (the PC) wasn't any too sure about, and that the auditor had a cold scientific attitude to the subject, and a warm human attitude towards the PC. PC, reassured about these things, and perhaps others of which the writer is not aware (the important thing being that by this time we liked each other), IMMEDIATELY BEGAN TO PRESENT SYMBOLS. PC—(Amused with himself, and still a little cynical) "Hah! I see a radio tube." A—"OK, what's happening to it, what's going on?" PC—"Well, it's smashed, now . . . you smashed it!" A—"I?" PC—"Yes." A—"OK, . . . now, what do you suppose this means, if anything?" PC—"Seems to mean, I don't know why, but I get the feeling that you've lowered my resistance" (here laughs at pun on

electronic meaning of word 'resistence') "to E techniques." A—"Good! What seems to be happening now? What do you see?" PC—"See a flower growing, seems to mean rebirth (laughs) . . . or death" (tone of voice suddenly sad. There is a pause). A—"Continue, please, what happens?" (Auditor's tone is gentle, not demanding, not prodding, simply quietly interested, and expresses idea that the auditor is here if the PC needs him). PC—"Someone's dead . . . dead . . . dead . . ." (PC slips into a grief discharge. **Discharge has not been begun in this case.** We continue with this symbol chasing, until discharge is commonplace to this PC, and then we will again bring up the question of his Examiner, and try to get discharge on things that will directly improve the Examiner, by asking such questions as "How do you visualize your Examiner?" "Where does your Examiner fit into this symbolic scene?" "Can your Examiner give you a symbol for something which is inhibiting the function of the Examiner?" etc. When that has proceeded nicely for a while, and this PC has come to the point where he knows he has an Examiner, and is no longer 'taking the Auditor's word for it,' the Auditor begins to ask questions like, "Is your Examiner ready to direct your auto-therapy?" etc. If the answer is "no," try to find out why "no," and troubleshoot the things that prevent the readiness of the E to run auto-therapy).

Case 4: The PC sees coloured geometric figures on his visual field (with his eyes closed, of course, and PC on the couch). He reports these to the Auditor. A—"All right, now, what seems to be happening to these figures?" PC—"They're receding, going away." A—(Always striving in any symbolic situation, to keep the symbolic action going, to keep things happening symbolically) "Does the Examiner want you to follow them?"

(If the PC does not yet feel that he has an E, modify such a question to read something like "Do you think we ought to follow . . ." In other words, if the PC isn't happy about, or sure about, the existence of such a thing as his own Examiner, the auditor should not **insist** upon the Examiner's existence). PC—"Yes, let's follow." A—"OK, what's happening?" PC—"We're moving over a field, over grass. There's rocks, and lots of abandoned farm machinery all around . . . Now I'm falling down a shaftway . . . its scary, I feel like I'm falling . . . I'm in a hallway. It's very dark (There is a long pause. PC starts to laugh shakily saying "I guess this is the end of the line." (His shaking gets more pronounced, he trembles, and laughs, and goes on in this fashion, discharging for several minutes).

Now, what is happening in these examples? Experience seems to indicate that if the Auditor puts a PC on the couch, and if he is that sort of PC who presents symbolic material, and if the Auditor keeps the symbolic action happening, and moves the PC thru this symbolic action (by means of adroit questioning), then, one of two things is observed to happen nearly every time: (1) The PC sooner or later shifts OUT of the symbolic situation INTO a **related real situation** (remembered incident), **on which real incident he discharges** (eg: The PC who went from the symbolic theatre balcony to the real theatre orchestra), or, (2) the PC proceeds thru what is a purely symbolic incident (as far as the PC and/or Auditor can tell), either discharging as he goes, or discharging when he reaches the END of a series of symbolic moves (generally, discharge occurs at the end), (eg: the last example above).

(In this connection: the late David Carey, HDA, invented the idea of a type of processing called Archenetics,* which has been further developed by Morris Kamman, of Wichita, Kansas. This remarkable piece of work is worthy of your

* The latest paper on this subject will be presented in a forthcoming Supplement. —Ed.

closest attention, since it utilizes symbols for the purposes of therapy in a way that was unique, before E methods. The techniques of Archenetics bear a close resemblance to some of the above described techniques of E. The PC is asked, essentially, to produce, or to "trace down a series of related symbols, and, as he does this, **he discharges**, and moreover, it is reported by the workers in Archenetics, that **he will continue to discharge on self-presented symbolic material for hours, days, or weeks, after a session:** in other words, here is further evidence for the practicality of self-running.

We offer the following thoughts in partial explanation of the two phenomena (1) and (2) noted above, and of aspects of Archenetics: The things that are wrong with people, that make them behave in aberrated fashion, are **1st order things** (Korzybski). That is, they are events on a **non-verbal or non-symbolic level**, events which cannot be described verbally or pictorially, or symbolically, but can only be **felt, or perceived**, by the individual to whom these events happen. They are **pains**, recorded impressions, memories of sights, sounds, "wounds to the spirit," etc.

ANY ATTEMPT TO COMMUNICATE THESE FIRST ORDER EFFECTS TO ANYONE INVOLVES THE USE OF SYMBOLS, such as words, or some **other symbolic system**. Now, we are used to dealing in words, and when a PC spots one of his troubles (a first order event, an engram, a lock, etc.), and attempts to communicate this to us in words, we are not alarmed, and we go ahead and audit him. BUT, when the PC, using (perhaps) more subtle facilities, starts to communicate his troubles via a more complicated symbology, as for instance, **visual symbols**, we get all excited, and we jump up and down and yell "Demon Circuits, the demons are after us," and some of us, reverting to techniques well established in the Middle Ages, will attempt to exorcise these demons with magic words and spells, such as "straight-

line," "ARC," "MEST," and other well known incantations. We have preferred to USE these channels of communication, (symbolic, as all communication channels are), **in addition to** the more usual verbal channels. We have had considerable success in so doing, and have, in fact, found that the almost invariable result of following up these symbols, of attempting this symbolic communication, via aural, verbal, visual, conceptual symbols, is DISCHARGE, and we further find that in most cases, after a session or two, the PC can continue to explore these symbolic channels of communication, **all by himself**, with no observable danger, and with much observing discharge.

To summarize: If the PC offers ANY symbolic material, ANY, ask him questions intended to "keep things happening" in the symbolic situation, and have him follow along with the symbolic action (cf. the foregoing examples), using, if needed, symbolic tools for opening doors, symbolic means of transportation to get the PC wherever he has to go in the symbolic situation (A—"Well, let's get on a train, which will take us there"), etc. Discharge will be initiated, and that is our **first** requirement. After discharge is something the PC gets lots of, swing the session over to discussions of E functions, and direct improvement of the E. What we have tried to show above is one of our most important technique-ideas for the initiation of discharge. We are much more concerned that the PC should get discharge, than that he should think that E therapy is a good idea. Many PC's will go for several months, or more, with **no feeling of any direct communication with an E and no feeling that they are sure they have an E**. But, this does not matter at all, if, during that time, the PC is discharging nicely. When the reader has had several dozens of hours of experience with this single technique-idea, he will be amazed at its power.

Now it is important to the auditor, as well as to the PC, to distinguish between a response to a **symbolic** situation, or

phrase, and a response to what we shall hereafter refer to as a "loaded phrase." By a loaded phrase we shall mean: any word, or combination of words, which, when repeated once or twice or three times (**NOT** over and over again) will produce discharge. In very many cases, use of such a phrase **once**, even in normal conversation (non-therapy, everyday situation) will yield yawns, or fire, or other discharge (to a PC whose discharge has been initiated, and who is used to running **auto**). For some PC's, for instance, entire songs, lullabies, poems, fairy tales, etc., are loaded phrases. Many aberrative puns and phrases, etc., are in this category. (It is this response to the loaded phrase which the writer confused with the response to a symbolic situation or phrase, in our Pub. No. 5, page 15, et. seq.)

Whenever the PC encounters and notes, or the Auditor notes during session, a loaded phrase (look for one every time PC evinces discharge), the PC should "milk" this phrase of all the charge that will come off at the moment. This is done by repeating, and thinking about, and considering the implications of this phrase, which will of course produce immediate discharge, until the discharge seems to have ceased, and no more will come off the phrase at the time. The discharge may be a few minutes in duration, a few moments, or a half hour, and sometimes will lead to a complete incident, with attendant **hours** of discharge. The PC can do this by himself, without an auditor, and must be roundly encouraged to do so, continually.

This technique forms the basis of an excellent paper by Mr. and Mrs. Marcel Sylvain, of % H. M. Jaquays, R.R. 2, Sutton, Brome County, Quebec, Canada, entitled, "The Homework Method." This paper, advocates a (limited) amount of self-auditing, expands specifically the list of discharge mechanisms (the general test for discharge being, we think:—"any use of the involuntary nervous system, and/or any involuntary use of the voluntary nervous system"), and indi-

cates the results of six months of work, with an attempt at using a control group for validity's sake. Since this paper has already been distributed to all HDA's, we see no point in reproducing it here (again, this would jack up the cost of this publication), but we urge you to obtain a copy at the above-given address, if you have not already seen it.*

We come now to the matter of the **genuinely difficult case**, who does not seem to respond to any reasonable amount of ER as presented in our Pub. No. 1, nor to the techniques spelled out above. This PC offers no loaded phrases. He presents **no** symbols. He has no perceptics. He answers the questions you ask him, and nothing happens, no discharge.

This PC, represents, as far as we can tell, less than 10% of the PC's we meet. And, through our own ignorance, and haste to get the first paper into the field, he was ignored in Pub. No. 1. Therefore, allow us to apologize for saying that the techniques in that paper could open ANY case in ten hours. These cases, when we isolated them, and had come to realize better what was happening, took as much as 40 hours to open. (We can cut this to 30 hours or less, now, with our greater experience, and better techniques). What, then, do we do about such a PC?

What we do about this PC, we used to call AR, for Analyzer Rectifier, saying "the analyzer is in the way of therapy" (we mention this for the sake of those with whom we communicated by mail about this matter). Now, however, we prefer to call the procedures IR, for Ideo-Rectifier, ("The PC's analyzer isn't in the way—it's the PC's attitude toward people and things, the PC's fixed ideas, which are in the way").

We feel that there is something about this PC's attitude toward people, towards therapy, towards the auditor, towards something or everything, that prevents, or seems to prevent, the initiation of the therapy process. The PC may WANT therapy, or at least, he certainly **says** he does, and

*This paper will be printed in a forthcoming issue of the Supplement.

acts as if he did, but somehow or other discharge doesn't get initiated. The PC returns to no incident in standard procedure. **Nothing** is accessible. **No** perceptics. The more you pound away at him, the less happens. And, if you don't pound at him, nothing happens. Whatever you do or don't do, the same "nothing" happens.

Now, in our experience, this PC is going to be intelligent, male and logical. At least, he generally strives (in session) to be logical. He always gives a careful, hedged-about answer. He covers his answers with the qualifications that befit a cautious man of science. He has the scientific attitude, and in fact, he is encased in it. He would be almost offended at the idea that he had arrived at a conclusion intuitively. He doesn't know how to give an imaginative, or "fairy-tale" sort of response to a question, and he presents no symbolic or illogical material. His every response is carefully screened and he doesn't like to give flash answers. He has always depended upon his intelligence to carry him through any situation, and he is, in this sense, an intellectual. He is a rough case, and a real challenge to the auditor.

We have used three separate and distinct approaches to this sort of case, as follows. (We assume that the PC has read and understood our Pub. No. 1, or has had the equivalent fully explained to him):

(1) Talk with the PC (for several hours, if needed) about his philosophy of life, discussing his approaches (keep your own approaches out of it as much as possible) to art-forms, science, people, cosmology, and anything and everything else that may arise, until he feels at ease with you, and known to you and accepted by you, and until the background for intellectual understanding between you is fairly well established, and then swing the conversation around to Examiner therapy, and thrash out thoroughly all the objections to or dislike for E and/or Dianetics, and/or therapy in general, which the PC may have, and thrash out any dislikes

for the personalities who are well-known in Dianetics, which the PC may have. (Sometimes the Auditor, as a sort of representative of all the dianetic forces, must apologize, in a round-about way, to the PC for the behaviour of this or that Dianetic group or organization, whose behaviour has outraged the PC, etc.) When this thrashing out and discussion seems complete, and the PC seems more at ease about the whole thing, attempt reapplication of previously described techniques, asking for symbolic material, with questions like, "What can you see on your visual field?" (hoping that he sees a symbol, of course), or, "What comes to mind?" or "Just let some concept drift to mind," etc. (It should be obvious that one doesn't attempt this technique, (1), above, until one has exhausted the simpler possibilities heretofore described, and thus discovered that the PC is indeed a very difficult case).

It will sometimes happen that after a two (or more) hour session, as above (we have worked them for as much as five hours), the PC, formerly closed like a clam, will, after the session (sometimes as long as a week after), begin to present some symbolic material, or some loaded phrases, and the first inroads on his case can be made. He starts to discharge!! However, it will often happen that the PC responds to (1) above as though it had never happened, so we proceed to:

(2) Have the PC lie on the couch, ask him to maintain an attitude of **alert passivity** (explain that he's **not** taking an examination—all he has to do is lie there comfortably as a sort of observer, and relax and report what happens in his 'mind'), and ask the PC to "present a symbol." The Auditor says: "Now, let's ask the Examiner" (or, if the PC doesn't like, or isn't sure about, the Examiner idea: "let's just see if we can't have presented . . ."), "to present a symbol,—any phrase, concept, picture, idea, and so forth, . . . anything in the way of a symbol, that he may care to present: just let it come to mind."

The PC may say "I see a cone," or, "I'm thinking of a cow," or, "Nothing happens," etc. If he says "nothing happens," or something to that effect, ask again, emphasizing the idea that the PC is **not** to lie there, straining at a mental leash, but is to **relax**, and play a game with you. He should have **alert passivity**, which, by the way, **we cannot stress too much**. The proper "set" or "attitude" for the PC entering a session, with the auditor or with himself, is alert passivity. Let him lie there, and think about whatever drifts to mind, toying with it mentally).

Once the PC has the idea, in a remarkable number of such cases a most interesting phenomenon occurs, namely: As the symbol comes to the PC's mind (and it may be totally meaningless to him), he **YAWNS**, or has a flash of fire. Ask for another symbol. He discharges again. Another symbol. Again discharge. **And this can go on, regular as clockwork, for hours**. This is one of the most interesting phenomena that the writer has encountered in Dianetics. Be satisfied to sit with him thus for many sessions, getting discharge, and urge him to attempt doing the same at home, by himself **for as many hours a day as is possible**. Every now and then, in such a case, the auditor should attempt to "follow up" such a symbolic response, seeking to start a series of symbols which will lead to a real incident, or which will lead to a sequence of symbolic events, as mentioned earlier. Generally, however, this doesn't happen; but rather, each little symbol yields its little bit of discharge, and seems to lead nowhere, for the first few hours at least. However, keep asking for the symbols, and keep getting discharge. It will open the case, which will then slowly become amenable to the simpler procedures already discussed. (1) and/or (2) above have worked for us in almost all of the really tough cases, but several times we have gone to:

(3) We have stated above that we think that in these cases, it is something in the attitudes of the PC which prevents the initiation of therapy. We reasoned, "Change the

attitudes, and maybe they'll respond to therapy attempts." We tried it, and it seems to work.

Now, it is not the scientific approach to life (observable in all such cases, in our experience) that is wrong with these people. We think that the scientific method, and approach, is not merely a good thing, but a necessary one. However, these individuals seem to use a (psuedo) scientific approach as a **defense against a hostile world**, rather than using the scientific method as a tool for an investigation of the real world. Holding fast to a semi-perverted logical system, to whose internal contradictions they are blind, they are able to defend their own fixed ideas against **any** proposition; and this, we think, is their main defensive technique, and the real "reason" for their attitudes.

We, (a team of two or three of us, sometimes), will sit down, and ask the PC questions of logic, and using every dirty trick of logic and semantics that we know how to employ, will so confuse and shake his logical system, and so injure his confidence in his defense (only momentarily, for such a defense is never breached in depth from without), that he will get **rattled**. He then will begin to talk patent nonsense, and defend ridiculous propositions which would have made him blush a few minutes before, and, very often, **he will now begin symbolic responses, and give discharge**. If asked to present a symbol ("let it come to mind") **he may do so now**, where before he would, or could, not. He may then recover his aplomb after a moment of confusion, and you'll have to shake him again. We have sat in session for **hours** with such a PC, and the Auditor sweats. It's hard work. But it has opened for us several cases which we thought to be uncrackable before that, cases who had gone through hundreds and hundreds of hours, with **nothing** happening. It is the hardest auditing work we know, and requires that the auditor be clever, and know some logic and some semantics, and be a tricky lawyer at that, but the results, when gotten, are gratifying.

Of course, in addition to those techniques outlined above, we have also the old original method of approach, that special sort of lock-blowing and symbol-using described in Pub. No. 1, as ER.

To make sure that our basic idea of how therapy proceeds is understood, let us now state it again, explicitly. The techniques outlined and explained above (and any others which may be discovered, and found workable), are brought to bear to INITIATE DISCHARGE. When the PC is able to discharge, and is presenting and becoming aware of loaded phrases, and/or symbolic material which will lead to discharge, the auditor's job is about finished. The auditor encourages the PC to apply to himself those techniques which have produced, and continue to produce, discharge. The PC may wish to continue having sessions with the Auditor. These sessions may be devoted to ER, or to symbol chasing, or what-not, depending upon the PC: If the PC is that sort who immediately is able to contact and become aware of his own Examiner, these further sessions will be spent mostly in doing ER, and the Examiner rapidly becomes a very powerful and efficient thing, and auto-therapy proceeds in a most organized fashion, directed by this Examiner. If, on the other hand, the PC is one in whom discharge is relatively difficult to initiate, it is very possible that the PC will not be sure of the existence of his own Examiner for many months. In such a case, sessions will be devoted to symbol chasing or other discharge-provoking means, and loaded phrases also will receive Auditor attention to a large degree. Here the Auditor will not attempt much trouble-shooting of the PC's Examiner, will not use ER very much, for the first several months, but will instead do everything within his power to get more and more discharge, and to see to it that the PC spends as much of his time as is humanly possible in a prone position, taking an attitude of relaxed anticipation, or what we have called "alert passivity," and getting discharge, and the auditor will encourage the PC to watch his own conversation and social in-

tercourse for the loaded phrase. Eventually, this PC will get to know that he has an Examiner, and will get to understand its nature.

The rest of the job will take months, or years, and the PC will be the one who does it. As his daily routine of life proceeds, he will be discharging, ever alert for the loaded phrase, the symbol that flashes to mind at the unguarded moment, and always, always discharging, and looking inward toward the operation of his Examiner. As this process proceeds, the PC feels himself growing stronger, emotionally. This phrase, "stronger, emotionally," is certainly vague, but seems to have great significance for PC's going thru the above process). His tone rises. Situations that would have thrown the PC for a loss months before, he now seems able to handle with relatively little disturbance. Etc. etc. What the end result of this process is, if it is indeed finite, we do not know. We like the direction in which the process seems to move, however.

A few notes: The PC is able, without assistance, to enter and run engrams, almost exactly in the fashion of first-stage Dianetics, without an auditor present, when such incidents are "ready." When they are ready, the PC simply contacts them, in the same fashion as he would contact a loaded phrase, or any other material. No one has to force him into such an incident, it simply happens. When it does he runs it; sometimes once, sometimes several times, and sometimes with perceptics and/or somatics, and sometimes without. Sometimes the entire incident is run, sometimes a fragment; and sometimes related fragments of related incidents. WE HAVE NEVER SEEN A HOLDER, BOUNCER, DENYER, OR ANY SUCH WORD FUNCTION AS SUCH, AND THUS POSSIBLY ENDANGER THE PC, WHEN THE PC WAS NOT **FORCED** INTO THE INCIDENT BY AN AUDITOR. These command phrases seem to be removed, or at least, their effects removed, before the incident in question "just happens" to the PC. Once a case is running nicely,

and discharging easily, the auditor really has no business being there, unless specifically asked by the PC to be there, and then, the quieter he is the better. His purpose there is to supply his presence, or whatever the PC seems to need, and perhaps a well placed word or two, but he is **NOT TO DIRECT THE THERAPY PROCESS.**

TO ALL DIANETICISTS WHO MAY READ THE FOLLOWING TEXT: AN ANALYSIS OF "E" THERAPY

It is not to be construed that any of the opinions set down in the text are any but my own. They do not represent the official view of the Society of Professional Dianeticists or the Hubbard Dianetic Foundation. It should be noted that the Hubbard Foundation does not recognize or utilize "E" Therapy as such.

It should be further explained that if a total of five percent of the members of the Society of Professional Dianeticists are engaged in the practice of "E" Therapy the number is high. Perhaps if another ten percent have experimented with it, it has been on fellow members, not regular pre-clears. It was only because of the positive attitude that certain members of the group adopted toward "E" Therapy that the chairman requested some other member gather material so as to present the other side of the picture to the group as a whole.

This talk was presented to the group on Sunday, March 18, 1951.

Signed,
ALAN A. ENGELHARDT

AN ANALYSIS OF "E" THERAPY

Alan A. Engelhardt

The purpose of this lecture is to give you some additional data that should prove useful in your own evaluation of the worth of "E" Therapy. I further want to bring to your attention some apparent dangers in its practice as it is being conducted at present.

It is necessary for us to digress at this point from "E" Therapy and get a short, clear and concise picture of what Individual Dianetics consists of. Individual Dianetics is that portion of psychology that is termed, and I quote,* "The Science of the Activities of the Individual" further defined as being concerned with "the mental activities of the individual such as learning, remembering, thinking, planning observing wishing loving and hating." Surely this is Individual Dianetics as presented by L. Ron Hubbard.

Now before Individual Dianetics was evolved and absorbed this portion of psychology unto itself, psychology had evolved its own method of scientific evaluation and the gathering of objective and/or empirical evidence. This scientific method, and again I quote,** is stated as follows: "To arrange conditions in a certain known way (what we could call a set of techniques or Standard Operating Procedure) and by direct observation record what occurs to prove or disprove a definite hypothesis. These records are the overt, external behavior of "X" (The individual upon whom the hypothesis is being tested) and these records are considered by psychologists to constitute objective evidence."

Apply this definition to the auditor at work when he is using Standard Operating Procedure and indeed he is testing Hubbard's hypothesis and his case histories are objec-

* Psychology, Robert S. Woodworth—Revised, 1947, A College Text.
** Ibid.

tive data. For S.O.P. is that certain known way as described in psychology's own definition of its scientific method and these methods and these techniques can be duplicated by any other auditor, exactly.

The "E" Therapist applying Examiner Therapy, however, is far afield here. He has no certain known way; for interpreting "Symbols" cannot be set down as a technique to be duplicated by another and the Examiner himself would appear to be merely another form of introspection, not generally accepted by psychologists as a method of obtaining objective evidence.

The basic fallacy of "E" Therapy, however, really becomes apparent when we analyze the Examiner himself as against Hubbard's Theory. We must discuss theory and its purpose before we dissect the Examiner. You may not like Hubbard's theory at all, and you may tell me that it is not necessary to have the theory in order to understand function and that Hubbard's theory is probably all wrong anyway. I disagree with this view for we had been observing function all our lives and, with the exception of some of our more learned psycho-analytical colleagues who may have grasped an understanding, in part, of function, we generally never understood this function. When Hubbard presented his theory describing what causes us to act the way we do, things suddenly fitted into a very fine, whole picture.

Since "E" Therapists have not brought forth a theory, I cannot evaluate the Examiner against it and too, if Hubbard's theory is a good theory, it should be able to explain all the functions of "E" therapy and have every function of it fit that theory. Where does the Examiner fit Hubbard's theory and which portions of the mind does he constitute? It is explained by "E" Therapists when installing the Examiner that "The Examiner is the most intelligent part of your mind and he has all the data necessary to resolve your case as he knows all your past history and can contact it."

Anyone with any analyzer on at all should certainly want to agree that the most intelligent part of his mind is his con-

scious or analytical mind. Now let's see; this Examiner then seems to be the analytical mind, the somatic strip (or time track) and the file clerk hooked up together and labeled "Examiner." But we've always had them hooked up together and we weren't self-clearing individuals. Well, is there anything else we can hook up with these three? Only the **reactive mind** is left and, I'm sure we'll all agree, we certainly couldn't construe our reactive mind as intelligent or could we further hope that it would aid in any way in releasing its false survival data, its engrams. Thus is the fallacy of "E" Therapy exposed, for if the most intelligent part of our mind, the analytical or conscious mind, did have that data and could reach that data, we would be self-clearing, which we certainly are not.

Let us now examine another basic tenet of Individual Diagnostics that the "E" Therapist has "thrown out the window." That tenet is stated as follows: "It is the computing ability of the auditor's analytical mind plus the pre-clear's analytical mind and file clerk all computing together and only this combination that can resolve the engrams that compose the pre-clear's reactive mind." The auditor uses a set of specific techniques to contact and reduce engrams and it is his mind that computes as to how to use those techniques. This is Standard Operating Procedure.

The "E" Therapist, to all intent and purposes, has discarded the use of the auditor's mind and is allowing the pre-clear to run his own case. To evaluate this properly allow me to give you **my** conception of what occurs when we are running an engram by S.O.P. The file clerk hands up the incident, the auditor orders the somatic strip to it and the pre-clear turns all his attention units to it. These attention units divide and as many as necessary are given the job of holding down the somatic to avoid restimulation and the remaining attention units feed the phrases in the incident to the auditor through the file clerk. If there aren't enough attention units to handle the incident the pre-clear slips into boilloff (this is

the mind's self-protecting fuse) and reduces the somatics and unconsciousness in the incident so that it can be run.

What occurs then in "E" Therapy without the help of the auditor's mind? Well, we have divided the attention units in half. Half have been set up by positive suggestion as an Examiner and/or Integrator and the other half are left to contact and reduce engrams. What occurs when we run then is that the file clerk and/or suggested Examiner starts scanning the bank looking for an incident. He picks an incident on the somatic strip that is demanding attention but finds the incident cannot be contacted without the auditor's help because half the attention units that are free to reduce aren't enough to handle it. He vocalizes the key phrase seeking the auditor's help. The auditor then asks, "Is the Examiner blocked?" Well, no, he isn't blocked; this is the key phrase to contact the incident. The file clerk and/or suggested Examiner answers, "No, not blocked." In reality this is a smart file clerk. At this point the auditor really delivers the knife in the back for he very glibly tells the pre-clear's struggling file clerk, "The Examiner knows what to do!!" There is too much charge on this incident for only half the attention units of the analyzer to handle it **and** act as auditor so our file clerk has no other choice but to act on its own. It does and our misapplied file clerk starts scanning up this topic chain that constitutes the secondary engrams and locks of this incident looking for something that he can run without the auditor's help. This is the reason that so many of the same type of phrases will appear when a pre-clear is running in "E" Therapy. Finding a late lock or grief (secondary) engram that it can handle, it may run it in part, taking charge off it (yawns and tears) which accounts for the rise in tone observed in some "E" pre-clears. However the auditor has no way of knowing where on the track the pre-clear is or has been and cannot definitely say he has run out pre-natals, which I, personally, doubt can be done in "E."

The file clerk even hands out imaginative visios, if the pre-clear has visio, to give the auditor a real clue as to what

the command phrase is that is blocking the running of the lock or secondary engram that it has decided to run near the top of this chain.* The "E" Therapist, however, interprets this as a symbol and tells the pre-clear to break it down with an axe or something similar borrowed from past schools.

Now all this scanning wouldn't be bad if there wasn't some danger in it, for it seems off hand a swell way to get clues to key phrases and reduce and break locks. However, the file clerk, during this scanning up and down the bank, contacts engrams and vocalizes command phrases from these engrams including holders, groupers and callbacks. This is the Examiner when he's blocked; he's really caught in an engram. It's really amazing how desperately the mind is looking for help and how wonderfully quick it is to try and use whatever tools are placed in its hands no matter how slight the help is that it can derive from those tools. Now suppose our file clerk is scanning the bank and he hits a grouper (as he did with one of our colleagues and the "E" Therapist tells the pre-clear: "The Examiner knows what to do" because the pre-clear's circuitry for one reason or another didn't allow the proper data vocalized. This pre-clear may have "can't talk" circuitry so he doesn't repeat the phrase and take the charge off it. The "E" Therapist certainly isn't doing anything at this point in therapy and the pre-clear gets so restimulated he has to be carted off to the Foundation to be straightened out by S.O.P.

Another pre-clear on which I saw the case history was a woman who was neurotic, it is true, but nevertheless was run on "E" Therapy in Hawaii by Mr. A. L. Kitselman. This woman fell into this sort of difficulty but also had a callback restimulated. This meant out of present time and a psychotic break. This woman, too, had to be straightened out by S.O.P. by the Foundation.

I have talked to a number of other auditors who have been run on "E" and they all report similar restimulation, al-

* See Bulletin No. 7 for further explanation of "symbols" in the article on Hypnosis.

though fortunately not as severe as the two cases previously cited. Of course some breaks have occurred in S.O.P. and cases of severe restimulation, too, but for the number of cases run the ratio seems a little high in "E" at the present time.

Mr. Kitselman also stated last Sunday at our meeting that he hoped some day a really fast technique could be evolved combining "E" Therapy and S.O.P., and that while he hoped psychotic breaks would not occur, even if we lost ten percent (changed to five percent in Wednesday's lecture) of our cases that way the results would justify the means. Now it is strange, but I have a definite affinity for my fellow man and don't want to be in any way that I can avoid it responsible for a five percent (using the smaller figure) loss of population due to using "E" Therapy or variations thereof when S.O.P. is definitely proportionately safer. Besides I am liable to be one of the five percent.

Let me give you now a few more conclusions I have drawn from my observations and computations as to what occurs when the "Examiner" is installed. Let's take a well running case on S.O.P. who decides to try "E." The "E" Therapist discovers after installing the Examiner that although the pre-clear appears to run, his "Integrator" is not working. So he has to spend an hour or two convincing the pre-clear that he has one and tells him how to hook it up (by explaining its amazing powers in positive speech form) so it can "be used." It is my contention that the "E" Therapist has installed in this pre-clear by positive suggestion a "demon" control circuit. Have you ever really seen a normal with a **welded** in "I can't be wrong" demon in full restimulation? It's really pitiful to see his analytical mind try to justify his engramic acts when he's proved wrong. He spends more than half his waking day proving he's right or justifying his wrong acts. It is not only possible the Examiner demon might become soldered in but due to repeated installations

this had already occurred! There have been and are pre-clears who run all day with the “unbreakable” entity, the “Examiner” talking to them and working on them while they try to go about their daily tasks of earning a living. It is feasible that when in this state they could hit an occluded chain and without any auditor present—well, who knows how re-stimulated they may get?

Now let's see how this “Examiner demon” might become welded in. Have you ever run a pre-clear for the first time to discover he was a “trance” case as described on page 204 of “DIANETICS: the Modern Science of Mental Health”? (You know it's amazing how Hubbard seems to have data pertinent to every type of case you might run into in that book). Well, I have. It takes a full twenty to thirty seconds for a flash answer to break through and although the pre-clear has excellent perceptics of visio and sonic while running, he comes up to present time and complains, “I just didn't do anything or go anywhere.” He has so few attention units in present time when running that it is difficult for him to recall what occurred after the session without exhaustive straight wire on the part of the auditor. Installing an Examiner in this type of case is, to my computing, practicing “Black Dianetics.” Fortunately not all cases are trance cases as was this pre-clear, but I am sure you will agree that during a session, whether S.O.P. or “E,” the pre-clear does go anaten or partially so a few times. If you mention the Examiner at these moments you are building up solder on this circuit, and eventually it is going to key in. Keyed in, you have all, not half, the attention units of the analyzer set up as an “Examiner demon.”

Now let's examine the not-so-well-running case on S.O.P. If he is an auditor, he may have computed that he is a circuitry case or he may not. If he is not an auditor, he does not know why but he's just not running. Both of these cases have seen other pre-clears make good progress and they realize they are not running so good. They hear about a thirty-hour release after “E” Therapy has been applied (this

thirty-hour release is claimed by Mr. Kitselman but no case histories have as yet been presented) and the miracle cure seems like "It." They have the "Examiner" installed and their control circuits have a field day. After one two-hour session the control circuits immediately start pushing the analyzer towards making fantastic claims of results and in some cases even flatly stating "auto-control" is here. Now my computing is not so inflexible as not to include the possibility of an auto-control method some day being evolved, but to date and to my knowledge there have been no recall clears produced by any other method than S.O.P. dianetic auditing. The Quakers and the Yogis may through meditation have keyed out most of their engrams, but I doubt that they ever reached the point of audited clear. The mind naturally avoids restimulation and if an individual, no matter what kind of auto-control he has used, were to contact severe restimulation, he would slip into anaten, boil-off or worse; if he could force himself analytically to contact it. People do die from psycho-somatic restimulation, you know.

In brief, then, it would appear that auto-control has been tried in various forms for thousands of years without providing any method that could be construed as equaling audited clear or that could be duplicated by one person when explained by another. And further, the only recall clears that were recorded were probably "lucky normals." Unfortunately, when you dramatize even a phrase from an engram, the analytical mind is not conscious of it. To analyze your own case and auto-control then you'd have to project your mind out of your body (astral projection) and then observe yourself and your aberrations, a sort of running out of valence in present time (but one hundred percent), a neat trick if you could do it.

Before drawing conclusions I should like to pose a few questions to "E" Therapists:

1. Do you have facilities to handle a pre-clear if a break occurs in one while you are giving "E" Therapy? It is doubtful, if you are not an H.D.A. particularly, that the Founda-

tion will continue indefinitely straightening out badly restimulated cases.

2. Do you explain to your pre-clears that you are experimenting and do you obtain a release from them absolving you in case you run into difficulty?

3. Since "E" is supposed to work better and faster in all cases, explain how you would install the "Examiner" and run an "out of present time" psychotic in "E" Therapy.

In summarizing, then, it appears that there is no standard procedure in "E" Therapy for I, at least, have not seen any set of techniques that were set down as a guide for the auditor to use while running pre-clears.

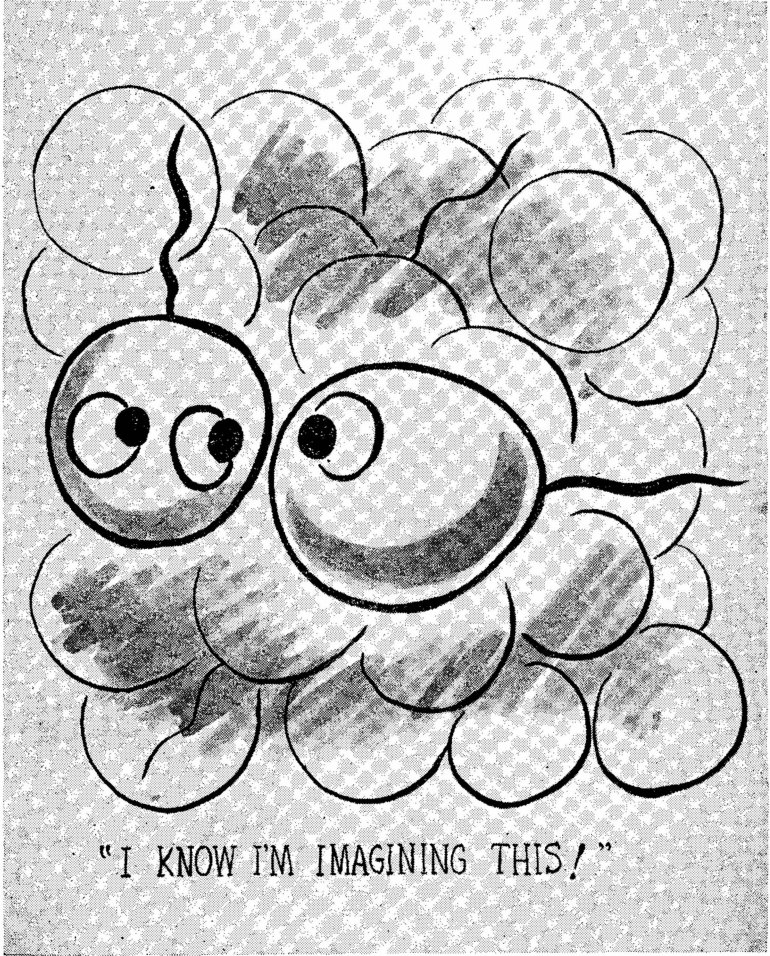
It also appears that interpreting symbols can vary widely, the nature of a symbol could have one meaning for one auditor and the opposite for another. As a technique then "symbolic" interpretation as used in "E" Therapy is very weak.

It allows circuitry cases to dodge auditing by handing the pre-clear control of his own case. It allows him to run out of valence and dodge heavy restimulation without the auditor realizing it or having any control of the situation.

It seems feasible that there is the ever present possibility of the "Examiner" hitting an occluded chain with disastrous results to the pre-clear.

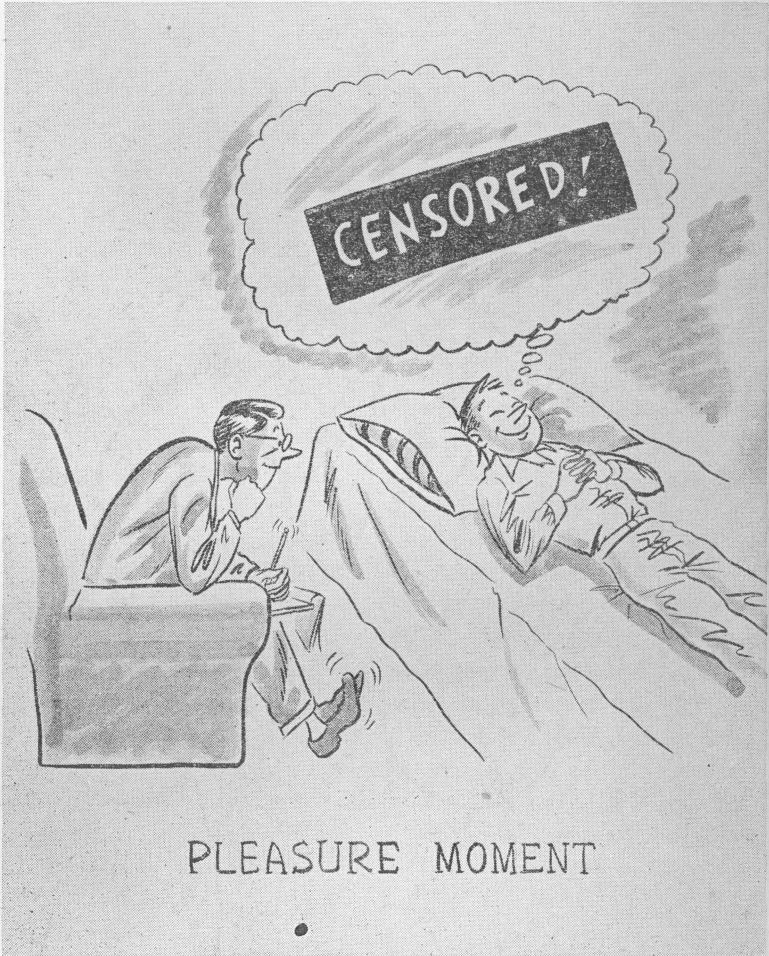
There is the possibility of creating a demon circuit through positive suggestion and, if it is has been installed often enough, each installation session may have to be run out the same as each hypnotic session has to be run out before the demon circuit could be broken.

FINAL CONCLUSION: "Examiner" Therapy is a wild variable, uncontrolled by the auditor and should be classed as an experimental technique utilized by those interested in and having the facilities for research. It would appear that the auditor has less control than the hypnotist, for at least the hypnotist has control of the subject's somatic mind and file clerk.



"I KNOW I'M IMAGINING THIS!"

R. K. Murphy



R. K. Murphy

III

LETTERS TO THE FOUNDATION

Dear Readers,

Affinity!

Reality!

Communication!

Yes, that's the famous triangle—basic for growth and survival, not only for individuals but for groups as well. Even the dianetic group! How better build affinity, nurture agreement among ourselves and grow in concepts than through communication? In other words, these pages are yours. This Supplement is yours—Dianetics'— evolution's. Can we use this bit of MEST space in the optimum manner for conquering MEST?

Toward a stronger triangle—

The Editor

3145 Ardenridge Drive
Sacramento 19, California

Hubbard Dianetic Foundation,
Sirs:

The new book is excellent! Give Ron three huzzahs from a guy who's been with him since "The Dangerous Dimension," or does he remember Professor Mudge? I am particularly fond of the theta-MEST theory since it ties in so closely with my own "more-or-less philosophy" concerning mankind and his curious ways. It also explains much that was quite nebulous even while opening up a field for research that is exceedingly fascinating.

Wonderful stuff—Dianetics! It brings together the most terrific people! In the Fair Oaks group we have two first-class electronic engineers, two M. D.'s, one psychologist, two top-flight mechanics, a zoologist, a chemist, a professional philosopher, an ex-army nurse, and an assortment of teachers, writers and other interesting people. We also number in our group two mediums, one of whom has been assured by the "spirits"—(theta perceptics or circuits, I wonder?)—that "Dianetics is quite all right—we're very much interested"—hmmm—"free" theta taking an interest, I wonder?

Our regular Sunday night imbroglis are all things of terrifically interesting content. Our group is different, however. Instead of merely reading "The Books" and talking about things in general, our membership is active—I mean *really* active! Admittedly, we're all book auditors but with a difference! We were—and are—book auditors who were not afraid to toss the book out the window if we were presented with a pre-clear whose aberrations were not "right out of the book." We developed independently and used, without any proof that they were right—except by the one yardstick of workability—about eight of the newer techniques. Our idea was: "If, doggonnit, the Book doesn't give the clue you need, use your own brain—wotthell is it there for if you don't?" So we developed lock scanning under the name of "deep straight wire,"

for instance, long before Kitzelman came out with his paper on Automatic Scan Clearing—which, is in my opinion, even though we gave it a whirl with some success, a poor technique on the face of it, for since when can a circuit do a better job on the case than the entire mind?

Ours has not been a bed of roses, either. We have had some rough cases, and we've learned a lot from them. Our prize is a pre-clear who has come from 0.5 to 3.0. in something under two hundred hours, and in the process has lost his arthritis, diabetes, multiple myocarditis, and hypertension. We have eliminated the whole catalog of psycho-somatic ills now—arthritis (two cases of complete alleviation; one only partial thus far, but it's been going on for twenty-three years now), burstitis (only one; but the gentleman in one afternoon went from inability to lift his right arm to pitching a baseball), catarrh (blew out a six-year-old engram containing pneumonia and assorted holders), diabetes (only one thus far but we haven't gotten our hands on any others yet), chronic back-aches, hay fever (my own and several others), chronic rhinitis, migraines by the half-dozen, hypertension, and on and on. I am currently working on a case with a history of polio dating back seventeen years. Her allergy to acid fruits is gone, but I note no great increase in mobility; however, I haven't had sufficient time to do much—you expect miracles in twenty-four hours? We have kept a borderline psychotic from the breaking point; one we snatched from the yawning jaws of a psychiatrist who was talking institution. Six months later she took Ron's brief Oakland course and is now a capable auditor in her own right

In the second book, Ron asks for material on which to think—all right, I have—and have had—a lot of thoughts on the subject, and am not the least bit backward about voicing them.

I am no H.D.A., although some day I intend to be. One must eat, you know, and a family of four tends to keep one's nose well to the grindstone. However I have been assured by an

H. D. A. that I am working at or near professional level, so I feel my thoughts may have value in this business. I had one a while back which I communicated to Mr. Rogers concerning the use of honeybee venom as a sort of chemical assist; has anything been done with it yet? I am quite interested in the outcome, if any.

At any rate I shall periodically send in any brainstorms I may have in order that you can think them over and try them out if you think them worthwhile.

A HUNCH ABOUT BOIL-OFF

If it's right, heaven help us all!

It seems to be generally agreed that boil-off is a mechanism for the release of anaten occurring in the case, usually caused by circuitry. However, on working on several pre-clears, I find that the deepest, longest boil-off's come, *for no apparent reason*, on the migraine headache, dermatitis, hay fever and asthma sufferers.

I further find that, uniformly, the worst offenders (if such a term can be used) are those who were:

1. Under heavy sedation.
2. Taking aspirin or other "pain killers."
3. Taking antihistamines (the worst of all!)

Therefore, I make the blanket statement that *anything* of an exterior nature used to suppress the functional attention units for a greater or lesser period of time must come off as boil-off! Visualize, if you will, the horrible necessity of boiling-off every aspirin tablet you ever took!

I hope I'm wrong—but if I'm right, deep boil-off's can be expected in every single case! What do you think?

May all the Foundation and, of course, the Foundation itself prosper; and may our severest critics become our staunchest converts and best friends!

Yours for a more agreeable Reality,
E. G. Robles

128 Marlborough Avenue
Broomhill, Glasgow, W. 1
Scotland

Dear friends,

...If I had enough money and could drop work for six months, I'd be over to Kansas as fast as I could go. With branches in Honolulu, New York, etc., Dianetics must be spreading like wildfire, which is not really surprizing when you consider what it can do, and which looks very encouraging for the future for a world worried sick by atom bombs and all the rest of it. I am looking forward to the day when you open a branch in Scotland, and hope the date will not be too far distant I can't say very much about the spread of Dianetics in Britain on the professional psychologist's level, but my brother and I wasted no time in getting our hands on DIANETICS after we heard about it in the (British) June issue of ASTOUNDING SCIENCE FICTION. The sales of the magazine went up sharply when we bought half a dozen copies to spread the good news to our friends. Since the beginning of June my brother and I have been processing each other, making rather slow progress but after about fifty hours processing I know there's not much stunting or ballyhoo about Dianetics.

Incidentally, the book shops were sold out of their quotas of the book in less than a week, and have just received a second supply. Personally, I would say that the book is the best value I ever got for money My brother and I think the book is a masterpiece of understatement, and think we can see some inkling of just how vast and far-reaching Dianetics is in its scope. If you have had a good background of reading about Zen Buddhism, the works of Duspensky, Eastern philosophies and Western psychology, from a practical point of view, you don't waste any time quibbling when a thing like Dianetics appears on the scene. Dianetics is one of these cases when, after you have grasped the main idea, so many things which previously were problems to you drop into place with a satis-

factory click that you know there's something practicable and basically correct in it. It explains too many previously inexplicable things to be false.

. . . We wish Dianetics and the Foundation every success in the future.

Sincerely,
Ian M. Logan

6900 Grandon Avenue
Chicago 49, Illinois

Hubbard Dianetic Foundation,
Attn: Ross Lamoreaux,
Dear Mr. Lamoreaux,

I have just completed a first reading of the new book, **SCIENCE OF SURVIVAL**, and would like to forward some comments, questions and suggestions. The major reaction is one you should like: processing evidently has come a long way since "*Astounding's*" article. The second one is unfavorable toward the book as a mechanical production. I would place the typography, design and layout on about a 2.0 to 2.5 level of tone, with the proof reading at the lower figure for book one, at the higher figure for book two All of these shortcomings create anaten in your readers who are 2.5 or less on the tone scale. Any thesis or instruction (especially that which desires itself to be accepted as "authority" but not "authoritarian") should be so attractive that pleasure should accrue to the reader's aesthetic mind without reference to the thought content. Only researchers, true searchers after knowledge, data, materia, are willing to wade through alluvial messes to gain the precious end The author or Foundation believed it necessary to do most of the job internally to save money, without which neither can function; acted as editors where qualifications were as auditors; neglected to remember one of the statements in the book to the effect that even being clear

will not give to men a skill or knowledge omitted from training or education.

These same flaws will take John Q. Public (or the one to whom I loan my book, hoping to create another person interested in Dianetics) and throw him, where sense is wrong, and soon bore him into quitting the task of reading because these distractions make the reading a task. When Hubbard speaks with his friends, his equally well-educated contemporaries, format and presentation mean little, for thought is all they are considering. It is vital to reach more than these, and the best possible package is a large part of the approach. Please, let the cobbler make the shoes, the dianetician audit, search, process and write his results, but let experts, professional editors and publishers, take on the job of getting those writings into print.

Well, in an obsolete sort of way, let's say "cancelled" and get on with more personal phases. Book one excited me rarely, kept me in a 2.5 state most of the way through it, often boring me, inducing yawns, and forcing me to read many parts dutifully rather than avidly. Book two had no such effect, and I will not know why until it is read for the second time. (It is loaned out now and will be as much as I can get people to read it; many will buy their own copies after such reading on loan basis, for if they are like me, second readings and more are a "must.") It was in Book two that I began to feel challenged, that answers to many questions were vital to me and to the many thousands like me, who stand in greatest need of this new science. The lower on the tone scale one estimates himself to be, the more his sense of urgency soars to be processed soon, lest he slip farther and farther down the scale until apathy gets in and he is no longer concerned with attempting to erase his aberrations.

Certain of Hubbard's postulates would seem to invalidate this urgent desire or resolve of the pre-clear to be cleared or released. It is reiterated many times that a 1.1 cannot be trusted in his statements in or out of processing, that even

his wish to be raised on the tone scale may be false, that he should be confined, is criminal, dangerous. If everything said of this level is true it would seem utterly hopeless for the 1.1 to do anything but pray that he will soon reach 0.5 and be unaware of his condition, to be quickly followed by death. This, regardless of his PV, which might be worth developing, could be the only conclusion for any 1.1 who did not have several thousand dollars and the free time to insure intensive run after intensive run, until he has reached a safe 2.5 (Two hundred hours are mentioned as the time in some occluded cases just to blow enough locks to get to work on engrams and secondaries which are the basic causes of his aberrations.) I received one intensive run in the old Chicago Foundation with no effect apparent to me; yet the book creates in me this sense of urgency I have mentioned and drops me into a slough of despond as to the means and when.

Since I am one of thousands who may be similarly affected, it would be manifestly unfair for me to ask or expect a personal reply from you, for the deluge of mail should start shortly after distribution of the book. Rather, I would request that you use such matter or questions as you find of general interest in your Foundation round table discussions and include in the booklets which Hubbard promises in exchange for the coupons inserted in the book. Chapter, page and paragraph are referred to at the head of each of the following questions

I hope that some of this may be usable for the booklets; that this long letter hasn't cost you any theta. (I think it has released some for me.) I enjoy getting all I do from the Foundation and try to pass the word on Dianetics where I can. I know that if I ever reach release or clear stage, many people will want to know "what, where, when and how," and then I will be a much better salesman than is possible now.

Sincerely,
H. L. R.

13637 Golfview Avenue
Homewood, Illinois

Dear Sirs:

Enclosed is my check for SELF ANALYSIS. I heartily approve of the project for which the money is intended. I hope it is carried out. To my mind, it is imperative that Dianetics be supported by evidence of the type usually required of scientific theories. Apparently, from the story of Dianetics printed in the book, the usual avenues of approach were tried and found closed; hence the reason for giving Dianetics to the public rather than to "science." A good reason, surely. This second attempt may fail, too. However, I can't help believing that the data that will be accumulated for this project will be useful to Dianetics, even if it doesn't convince the "knowers." So go ahead with it.

By now you've probably received my "hot" letter. It's merely one more validation of Dianetics that, as soon as I received the July Bulletin and this book with considerable data on the history of Dianetics in it, affinity was restored

I hope SELF ANALYSIS will do what you claim. The first book was pretty pessimistic on auto-control. I object to some of the things said in the publisher's synopsis. I think Dianetics is a genuinely great new idea, but to speak of Hubbard's "vast and complete understanding of the human mind" is not only bad taste; it's untrue. Even the most universally acknowledged scientific genius, Newton, didn't possess a complete understanding of the motions of the planets. Also, I would be very much interested in knowing how Hubbard's training in the field of atomic and molecular phenomena applies to the field of human thought.

I wonder how many associate members renewed their membership? If my experience is worth anything, they should be the wheat. After the beating Dianetics has taken, only those who think for themselves should be left. Good luck!

Sincerely,
Harry F. Hopp, Jr.

136 East Canter Street
Midland Park, New Jersey

Dear Ron,

Thanks for the lift! SCIENCE OF SURVIVAL has lifted me a full unit on the tone scale by establishing reality.

I have also run out a long series of locks on the Foundation staff. (This will have to be done on almost all the people who have had contact.)

I'm sure that Dianetics is now starting to build some pretty sturdy bridges, still crude but solid.

Here is a minor suggestion that may prove valuable to others as it has for me: If recall of pleasure moments is not available, suggest that the pre-clear look for present-time pleasure in the things he likes. At this point he will say he doesn't like anything, but some questioning will uncover a type of food or drink or some little thing which can be used as a starter. Tell him the next time he does this thing to notice how nice an experience it is. He will recall it quite well the next session, and pleasure moments will begin to unfold.

My very best wishes,
Al Lindsay

IV

HUBBARD DIANETIC FOUNDATION SERVICES

The Foundation acts as a coordinating center of all Dianetic activity. It seeks to acquaint all members and all interested persons with the theory and technique of Dianetics. For those who do not wish to undergo a full Professional Course it arranges shorter periods of lectures and demonstrations. Full cooperation with all agencies or persons desiring to test or use the tenets of Dianetics is the basic desire of the Foundation.

A limited number of persons can be accepted for Dianetic processing at the Foundation. Of particular interest to those who are able to stay near the Foundation for only a short time is thirty-six hours of Intensive Processing in one week. For conditions of admission and other particulars please communicate with the Foundation.

Professional Certification is granted only on successful completion of the Professional Course at the Foundation. A professional dianeticist is a Hubbard Dianetic Auditor and must comply with the regulations and ethics of his regional and state dianetic associations. In addition to other privileges and services, he receives THE DIANETIC AUDITOR'S BULLETIN so long as his professional standing is maintained. Arrangements for beginning the Professional Course may be made by contacting Foundation Headquarters, Wichita, Kansas. The fee for the Professional Course is \$500.00.

An Associate Member receives THE DIANETIC AUDITOR'S BULLETIN and is entitled to a question and answer service from the Foundation and a discount on all Foundation publications. No Professional Course is required of Associate Members. Associate Membership is open to anyone interested in the science of Dianetics. Membership may be applied for at any time. The annual fee for Associate Membership is \$15.00.

DIANETIC PUBLICATIONS

SCIENCE OF SURVIVAL: Simplified, Faster Dianetic Techniques, by L. Ron Hubbard. The basic text. All tested co-auditing techniques. A full description of each of the 13 columns of the HUBBARD CHART OF HUMAN EVALUATION AND DIANETIC PROCESSING. Many plates. A 1 chart. 570 pages. \$5.00.

DIANETICS: The Modern Science of Mental Health, by L. Hubbard. The first popular book on Dianetics, 1950. Contains much not covered in later volumes. 483 pages. \$4.00.

CHILD DIANETICS: Dianetic Processing for Children, from the notes and lectures of L. Ron Hubbard. Staff written. How to live happily with your child and how to make your child happy with life. \$2.75.

NOTES AND LECTURES of L. Ron Hubbard, Containing many valuable tips on processing. \$2.75.

SELF ANALYSIS. A self-help book with which the author, L. Ron Hubbard, straight wires the reader. Sure to become another "best seller." \$2.50.

PREVENTIVE DIANETICS: From a Lecture by L. Ron Hubbard. 35c.

THE DIANETIC AUDITOR'S BULLETIN — The monthly Foundation Publication, available only to H.D.A.'s and Associate Members.

SUPPLEMENT TO SCIENCE OF SURVIVAL, No's. 1 and 2. The first two in a series of twelve supplements issued in the months following the publication of the textbook. Contain up-to-date material written by L. Ron Hubbard, also theories, techniques and correspondence from field contributors. Each 50c.

SUPPLEMENT

No. 3

===== To =====

SCIENCE OF SURVIVAL

Part I	
MEST Processing, L. Ron Hubbard	2
Part II	
Archenetics, Virginia and Morris Kammann	17
Stray Somatics and Exotic Theories, Arthur Closter	35
A Concept of Time, Roby W. La Marche	39
Part III	
Dianetic Centers	42
Part IV	
Letters to the Foundation	45
Part V	
Current Dianetic Publications	57



THE HUBBARD DIANETIC FOUNDATION, INC.,
Wichita, Kansas

This is the third in a series of twelve supplements to SCIENCE OF SURVIVAL: *Simplified, Faster Dianetic Techniques* by L. Ron Hubbard, to be issued by The Hubbard Dianetic Foundation, Inc., in the months following publication of the textbook. These supplements are devoted to the dissemination of theories, techniques and corresponding evaluations of Dianetics by contributors in the field, and as near as practicable to the printing of a representative group of letters to the Foundation concerning these respective techniques. Further, each supplement will contain up-to-date material either written by L. Ron Hubbard, the founder of Dianetics, or edited from his lectures to the classes at the Foundation.

The techniques presented by those other than Mr. Hubbard may be controversial, untried or unproven. The Foundation therefore wishes it understood that unless otherwise stated the Foundation does not endorse such techniques for general use.

NOTE: Procedures set forth herein should not be applied until the auditor is familiar with the textbook SCIENCE OF SURVIVAL: *Simplified, Faster Dianetic Techniques*.

WALDO T. BOYD
Editor

GENEVIEVE CRIST
Associate Editor

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I

**New Developments
from the Foundation**

MEST Processing

L. RON HUBBARD

The fundamental axiom underlying MEST processing concerns itself with theta or life force impinging upon the physical universe and attempting the conquest of that universe. In its conquest it attempts to create, conserve, maintain, acquire, destroy, change, occupy, group and disperse matter, energy, space and time—or MEST. The basic purpose of theta is survival and one of its methods toward survival is this conquest.

THE CYCLE OF CONQUEST

Survival is promoted by the proximity of MEST favorable to survival and by the absence of MEST inhibitive to survival. Theta is engaged upon a cycle of conquest of MEST which begins with an initial uniting, is followed by growth, which is followed by death so that the theta can separate from the MEST with its knowledge about MEST and return for a re-conquest and another cycle. Death could, then, be considered a necessary part of the activity of theta. Death occurs to the organism, but not to the theta and not to the MEST, although alteration takes place in mobility and form. The organism, then, avoids death by avoiding contra-survival matters, energies, spaces and times and by acquiring matters, energies, spaces and times which promote survival. Succumbing to death is a gradient scale as outlined above and as displayed on the tone scale. The loss of a small amount of pro-survival MEST, then, inhibits survival by just that much. The acquisition of contra-survival MEST or collision with it inhibits survival and promotes death by just that much.

Theta comes into harmonious conquest of MEST and remains there as long as it can maintain its own self-determin-

ism in regard to what it is doing with MEST. When any particular unit of theta is forced by MEST or any other theta unit in its creation, conservation, maintenance, destruction, acquisition, occupation and dispersal of MEST, it is disturbed in its conquest; when it is inhibited by some other theta unit, some life organism or MEST itself from creating, conserving, maintaining, acquiring, destroying, altering, occupying, grouping and dispersing MEST, it is failing in its mission. When it is being forced to do what it would naturally do, when it is being inhibited from doing what it would naturally do, it is driven down the tone scale and finally to separation.

Observe human beings around you, particularly children, and you will see them going through this cycle. A child comes in and asks for a nickel. He can't have the nickel. He asks again for a nickel, this time rather antagonistically. He can't have the nickel. So he gets angry; has a tantrum; beats his heels on the floor. He still can't have the nickel. He becomes covert about wanting it; goes into grief, apathy, withdrawal. In other words, he goes through the whole cycle of the tone scale about one nickel. This is theta trying to acquire a piece of MEST. Or consider theta in an attempt to destroy MEST as a part of its conquest: A little boy wants to blow up a tin can with a fire cracker. Papa says no. So the boy says, "I am going to blow up this tin can with a fire cracker." "No." Tantrum. "Be still," says papa; "that won't do you any good; it won't do you a bit of good." When papa isn't looking, he tries to light that fire cracker anyway. If he fails, all the way down the scale he goes into apathy: "I don't want to light that fire cracker. I don't like fire crackers." Then a simple example of theta endeavoring to occupy space: A fellow wants to open the back of his car but the key will not move in the lock. He goes down the tone scale, eventually kicks the car. He is furious with anybody in it too (including his wife when she offers, "But, dear, if you will just operate it smoothly; Junior and I have no trouble.") He may even get a crowbar and—when the car isn't

looking—try to apply it. That failing, he goes down further in tone about the whole thing, and, although he will not manifest grief (because men in this society don't cry), he will walk away and say, "I didn't want to get in the back of that car anyway." As a matter of fact, he did. All his clothes are in there. Theta has failed in its survival attempt to conquer MEST.

THETA'S TENDENCY TO OWN OR BE OWNED

There is an additional theory underlying MEST processing. Theta has a tendency not only to extend itself but also to be extended over; that is, it is able to manifest itself as theta over the organisms around it or not able to manifest itself as theta over the organisms and MEST around it. An individual then is either self-determined, which is to say, theta-controlled in his own right (in which case he is healthy and sane) or is controlled by organisms and MEST in his environment to the point where he himself is MEST. The individual, in other words, could be said to own or be owned. (When one starts owning MEST, the MEST starts owning him. Did you ever have to mow a lawn?) Ability to own and control and fulfill the various efforts of theta indicates self-determinism.

INTERPERSONAL RELATIONS

Ordinarily persons below 2.0 regard the organisms in their vicinity as MEST and this initiates the battle of the weak and the strong. Here is the general at 1.5 who treats Private Jones as MEST: "Stand at attention! Sit down! Stand up! Salute! About face! To the rear march! To the rear march! To the rear march!!" MEST! In other words, the attempt to dominate by nullification is to treat individuals as though they were MEST. And at some point on the tone scale individuals react to this domination as MEST. Above 2.0 a person tries to understand people, what they are thinking, what they are talking about, to reason with them in spite of the

difficulty in trying to maintain a level of agreement with those below the 2.0 band.

Human relations are often worked out in this society on a 2.0 basis; worked out almost exclusively on a MEST basis with little attention to theta. It is a matter of who dominates whom. Not too long ago women were regarded as MEST, chattel. Racial prejudice is another fresh patch of blood on the nation's history. In husband-wife relationships often one or the other considers the companion MEST; one is made to function as a physical universe entity and ARC is lost. Children too fall into the category of MEST, except for a few rare cases raised in high-tone environment. "My child," is often the parent's fond manner of alluding to his offspring. But that isn't "my child." That is Bobby—a person in his own right. Socialism sounds logical but seems never to attain its principles in practice because, low on the tone scale, it becomes a fine mechanism for the few to take everything away from the many. So we have the concept of interpersonal relations on a MEST basis, which is not at all a solid basis for survival. No one succeeds in owning another organism. It cannot be done.

Parents rarely give children a chance. To get angry with a child that is angry is rather unfair. The parent is a giant who, compared with the child, is about twelve feet high. The child acts in a "Little David" fashion in order to impress the giant and to hold his own against it, but the huge monster slaps back at him, saying, "Get mad at me, will you?" The child's will is quickly suppressed.

Perhaps a child will say, "I want to go swimming, daddy."

The parent answers, "No, you can't go swimming today."

"But Jimmy Jones goes swimming all the time."

"I said you can't go swimming."

The child drops rapidly down the tone scale into grief, and from there into apathy. Finally he says, "I didn't want to go swimming anyway."

After this cycle of events has happened a number of times, he no longer goes through the anger band, but drops instantly into apathy, becoming an automatic reaction pattern. Eventually when the subject of swimming is brought up he merely says that he doesn't like to go swimming, giving as an excuse that the water hurts his ears or eyes. Unless a child is growing up in a 3.0 or higher environ, he will encounter this negation reaction pattern.

Individuals in the 3.0 band operate by using data and by exchanging ideas; and children understand and use data as well as their parents.

Parents are likely to wonder what should be done about allowing a child to run around tearing up his room and breaking things. The answer, of course, is contained in the question: What is the child doing in a room containing expensive MEST? Such a room is certainly not a match for his limited data. See that he has a room in which there are toys that are *his*; and if he breaks the toys, remember that they are his to break or care for as he chooses.

ATTACKING SELF

As an individual follows the dwindling spiral downward in regard to MEST, he attacks smaller and smaller spheres of activity or MEST. If he fails on a large sphere, he attacks a smaller one, and failing that then attacks yet a smaller sphere until finally there is but the last sphere available for attack: His own body. Psychosomatic illnesses then become chronic and the individual slides downward toward death. Thus we see that when the theta of the individual is unable to extend itself over the organisms and MEST in the environ, it begins to attack the organism itself, for it seems to be inimical to theta to be owned or to be considered MEST. The attack on the organism of self is an attack on the only MEST available to the theta of the organism, and, more importantly, seems to be an effort on the part of that theta to remove

the organism from the living so as to begin a new cycle with another organism where it may have a better chance to survive at optimum.

SYMBOLY OF LANGUAGE

Words are symbols for MEST action. They take on meaning as they are related to actual physical events. The definition of language is in terms of the physical universe and all communication of ideas is accomplished in terms of MEST communication. Language then becomes simply a symbol for MEST reality or MEST imaginery objects offered as reality.

Language itself is not so aberrative as has been previously validated; the aberrative factor is the MEST action underlying it. True enough, language has some aberrative elements (as is evidenced in the sentence, "He *rowed* the horse"), and the reactive mind has a glorious time with it. But these words are only symbols of reality. In the warning, "The tiger is biting you," the words are not the danger but the fact of the tiger's biting you—not the language but the MEST action involved. Symbols compared to the actual MEST actions are unimportant in MEST processing.

A child of ten months gets into the sewing box. Mother can say, "Get out," but what she says is not important. It is what she does. She forcefully drags him out of the sewing box. The baby has learned the meaning of a bit of language; hereafter "get out" means being pulled out of the sewing box. Later baby observes papa being pushed away while mamma says, "Leave baby alone and get out." And baby suddenly gets the idea of leaving. How does he get this idea when the words are nothing but vibrations in air? They are not painful. True, but they tie up with something that was painful, that had reality—MEST action: Being pulled out of a sewing box. Baby goes on growing up, seeing, smelling, tasting, hearing, feeling, and somehow or other all the combinations of

physical contacts with the material universe add up eventually into language. He learns by observing or experiencing with regard to matter, energy, space and time. Later on the actions become translated into symbols but the actions themselves are basic on MEST chains.

Underneath all the action phrases which give most trouble in processing—phrases which hold the pre-clear on the track, which misdirect him, which deny him information, which cause information to be forced upon him, which up-bounce and down-bounce him and group his time—are MEST observations. Meanings for these phrases are learned, after the pre-natal bank has been filled with engrams, by the pre-clear's observation of MEST. The action phrase is only a phrase, so many syllables in the air, so many marks on a piece of paper. The MEST action is actual and real, having to do with motions. Each and every action phrase has its MEST counterpart. Recovering a chain of MEST action locks is more important than recovering a chain of action-phrase locks. Furthermore, every circuit in the case, however it is stated, has its MEST counterpart.

A person has the feeling of going through space when he moves on the time track. He thinks in terms of going up, down, sidewise; in reality, he is only moving through time. He has come to think in terms of motion when he is actually going through time because all the words that have been used to describe this are actually in terms of MEST motion: Matter, energy, space and time. To go up means to go up, so he is on the time track and hits a phrase "go up," and he moves into present time. Stupid reactive mind! It isn't the words "go up" that make him go up; it is the translation of the phrase re-interpreted by all the times he observed *going up* or was forced to *go up* physically. The swiftest method of causing the pre-clear to recover from obedience to action phrases is to clear him on MEST action locks, not on chains of phrases.

AIMS OF MEST PROCESSING

MEST processing deals with this root of aberration and physical condition by calling for physical manifestation rather than words. In the past the symbology of language was too often over-stressed to the neglect of the force behind those words. MEST processing reaches into that strata underlying language and processes the individual in the physical universe. It processes his communication lines directed toward matter, energy, space and time. With it words are used somewhat as dreams are used in psychoanalysis, to demonstrate where the actual lock lies.

PROCEDURE

Several approaches can be used in MEST processing procedure. We might begin by asking for a time when the pre-clear had an object taken away from him; we are interested in the actual departure of the object, not in the words which accompany the departure. Or we may find times when he drew his hand away from objects. One simple act like this may have collected hundreds of locks when the pre-clear drew his hand away from an object. A phrase describing the drawing away of the hand is not nearly so important and is not even considered to be a part of this chain.

We might ask the pre-clear, "Is there an action phrase in restimulation?"

"Yes."

"Could you give me the phrase?"

"Get up."

"All right. Do you remember a time when anyone made you get up?"

"Yah, my mother used to say that all the time."

The auditor doesn't want the phrase; it is just a shadow. What he wants to dig out is the time mother pulled the pre-clear out of bed. Or when brother booted him out. That is the lock desired. Mother could have boosted him out while

saying, "Abracadabra. Baby needs a new pair of shoes." It makes no difference what she said. You want his actual actions of having had to get up.

Aberration on getting up could proceed either from being inhibited from getting up or sitting down, or on being enforced in either. The auditor and pre-clear seek for these. They search for the times the pre-clear watched somebody get up; the times he had to get up every morning at six; the times mother took him by the feet, threw cold water in his face and got him downstairs, got some breakfast into him and off to school. Trace down such a "getting up" chain to the basic MEST action on the chain.

When a pre-clear is responding to too many holders, find the times he was held and made to stay in one place. More important, find when he was stopped. Who used to stop him? Who forced him into motion? What put him in motion? The objective is to find what the words stand for.

When the pre-clear has remembered an incident called for by the question asked, the auditor may request another such incident and yet another and another as called for by the one question. In other words, each question can designate a chain of locks to be scanned, a subject for repetitive straight-wire. For example, the auditor asks, "Can you remember a time when you were forced to stay in one place?"

"Yes."

"Is there an earlier time when you were forced to stay in one place?"

"Yes."

"Now, can you recall an earlier time," and so on to the earliest incident on the chain.

The auditor should take particular care that he does not send the pre-clear into major engrams or secondaries. If he does so, he must be prepared to run out the incident as an engram or as a secondary, but only if the pre-clear's position on the tone scale warrants it.

PRO-SURVIVAL CONTRA-SURVIVAL PROCESSING

It will be noted that MEST processing can be divided into two portions. One is devoted to pro-survival objects or actions; the other to contra-survival objects. The difference between the pro-survival object and the contra-survival object is as follows: Harmony exists for the individual when a pro-survival object is near at hand and when the contra-survival object is absent. A point of indecision is reached by the individual, which is to say anxiety, when either a pro-survival object or a contra-survival object is at an uncomfortable distance from him. The tone scale for this purpose on the pro-survival object is, broadly: 4.0 when the pro-survival object is in comfortable proximity; and on down the tone scale to 0.0 as the pro-survival object, energy, space or time recedes and finally disappears. In the matter of the contra-survival object: 4.0 represents the absence of the contra-survival object, energy, space or time; and so on down the tone scale to the point of 0.0 when the object engulfs by proximity. The whole gamut of emotion is run in either case.

The validation technique, then, can be used in MEST processing by straight-wiring times when pro-survival objects, energies, spaces and times are in harmonious proximity, at least, not threatening to depart from the pre-clear, and when contra-survival objects, energies, spaces and times are entirely absent or, if in view at all, have no bearing on the pre-clear.

It might be noted that the period before the known approach of a pro-survival object, energy, space or time may contain more theta than the actual arrival, since this is anticipation toward a goal, and that the period immediately after the recession or departure of a contra-survival object, energy, space or time may contain theta. The achievement of bringing pro-survival objects, energy, space or time into proximity and the achievement of banishing contra-survival objects, energies, spaces and times are apt to be high analytical moments

containing considerable free theta which is just idle after a long period of hard computation.

It should be mentioned again that the pre-clear must be impressed with the fact that he is being asked for MEST activity and not the word symbols describing activity. One of the ways to demonstrate this to the pre-clear is to ask him for actual departures and arrivals rather than the stated news that a departure or arrival has taken place.

It should be particularly noted by the auditor who is doing MEST processing that he is most in danger of getting grief into restimulation when a pro-survival object, energy, space or time has departed from the pre-clear too closely to be rejected. Similarly, he will find the anxiety of fear or terror manifesting itself when a pro-survival object is on the verge of becoming absent or when a contra-survival object has come almost, but not quite, to the point where it cannot be rejected. The auditor will find lying, deceit and covert hostility where a pro-survival object, energy, space or time appears to be on the verge of departing but has not decisively departed and when a contra-survival object, energy, space or time has demonstrated its force but still may be rejected. The auditor will find hate, anger and destruction manifesting themselves when a pro-survival object, energy, space or time is not actually departing but is not easily recalled and has already receded and where a contra-survival object, energy, space or time is not yet imminent enough to elicit fear but may still be destroyed. The auditor will find antagonism exerted by the pre-clear toward pro-survival objects when they are still in close proximity but are not quite under the control of the individual and toward contra-survival objects when they appear to be a threat but not yet a fixed threat to the individual. Boredom will be manifested when pro-survival objects, energies, spaces or times have become too distant to be in harmony but not distant enough to threaten actual departure and when contra-survival objects are in sight but pose no real threat to the individual. Happiness and cheerfulness will be

found to manifest when the pro-survival object is in comfortable proximity or commingled with the individual and when the contra-survival objects, energies, spaces and times are either absent or very distant.

PROCESSING MEMORY RECALLS

It is one of the primary axioms of MEST processing that what the individual will do with MEST he will do with his own thoughts and ideas. Thus, if he has been forced to leave alone a great deal of MEST, he will leave alone a great many of his thoughts or perceptions or recalls. If he is forced to accept MEST, he is compelled to remember, and obsessive behavior will result. In other words, to improve the memory of this pre-clear, it is necessary to bring into view all the MEST, or much of it, which he has been forced to leave alone and to de-intensify the MEST which has been forced upon him. Forgetting and remembering are the basic abstract phrases of thought, so far as can be established at this time, for here the names of things as things and spaces as spaces grow into the complexity of the handling or rejecting of these objects and spaces.

Further the same object, energy, space or time can be both pro-survival and contra-survival. A knife can be pro-survival when working for the individual and contra-survival when working against him. This engenders an indecision in the pre-clear which is highly destructive of his ability to reason and make decisions and is a specialized source of anxiety. Mother, for instance, may be and generally is a source of considerable pain and restimulation and in this guise is contra-survival. However, the natural love of a child for a parent and the meaning the parent has in terms of food, clothing, shelter and care make this object a pro-survival one. Hence, there is an indecisiveness and a lack of resolution on the subject of mother. The same may be true of father or the grandparents. Evidently the reason allies disappear from

memory can be found in the axiom that an individual approximates with his thoughts and memories his handling of MEST and the handling by MEST of him. The departed ally is fulfilling the basic definition of "forget" and departs in the thoughts as well. The mind can set aside and refuse to consider an item which contains too much indecision, with resulting occlusion. Here is the case of the mind compartmenting itself, recognizing that to stay sane it must lay aside insane subjects. Irrationality and indecision are, more or less, synonymous.

MEST processing, then, is of basic importance because it underlies thought and all symbols and communication representing thought. It dives into the vital area of theta conquering MEST, attempting to rehabilitate the individual's control and ownership of the organism and MEST in his environ. By releasing charge on MEST action, it establishes self-determinism in direct ratio to increased ability to handle MEST. Thus processing an individual in the physical universe and his communication lines directed toward matter, energy, space and time can raise him to a level where theta can continue successfully in its mission of creating, conserving, maintaining, acquiring, destroying, changing, occupying, grouping and dispersing MEST.

II

**Techniques
From The Field**

Archenetics seems to be rather close to the techniques practiced by old-school therapists, in that the use of symbols is given priority consideration. As mentioned in SCIENCE OF SURVIVAL, Archenetics was originated by the late David Carey. Morris Kammann has worked with the technique, and has extracted what he believes to be the underlying theory. However, neither Mr. Kammann nor the Foundation in publishing this article mean to endorse it as approved procedure for general processing use.

The chief value of this technique would seem to be research along theta lines. It is highly improbable that theta in "pure" form would use communication as slow and awkward as language. Communication might well be in a form and manner translated to finite beings only through symbols. Because of its nature, Archenetics must be carefully tested and evaluated from many points of view; statistical testing and evaluation should be a full time job for some time to come.

The Foundation will be interested to receive communications from auditors experimenting with this technique (suggestion: use regular postal service!). A word of caution: when any experimental techniques such as Archenetics are used on a pre-clear that a written release be obtained from him, demonstrating that he understands fully that the technique *is* experimental, and absolving the auditor from consequences of unfortunate results which might accrue. This is not to frighten prospective experimentors or pre-clears, but simply a legal consideration which anyone is well-advised to follow.

A few letters arriving at the editor's desk following publication of the papers on E-Therapy indicated that the readers considered the publication an endorsement by the Foundation of the techniques. May we risk becoming monotonous by stating once again that no endorsement of these various techniques is intended or implied unless otherwise specifically stated.

—The Editor

Archenetics

VIRGINIA AND MORRIS KAMMANN

The original techniques for Archenetic processing were developed by the late David Carey, H.D.A. He left no written or stated theoretical basis for those techniques; the theory in this paper is derived from using and revising the techniques he employed. We believe that Archenetics is a valuable tool in the body of dianetic procedures, and are grateful to Dave Carey for his unique contribution. —M. K.

THEORY

While Archenetics can conceivably stand as an independent technique for producing general improvement in an individual's mental tone, we feel that it is best used as a supplementary technique *with* standard dianetic procedures. Theory and techniques will, therefore, be approached from within the framework of existing dianetic theory.

The ability to make and use symbols is one of man's distinguishing characteristics. Words are our most familiar symbolic product. In philosophy, religion and magic we have used more general symbolism in order to convey complex ideas, many less understood than felt. It is clear, from the phenomena encountered in Archenetics, that even more complex symbolism is available to anyone from within himself.

Thought creates in the MEST universe. The thought itself is "timeless" and therefore motionless. Its impingement upon MEST is creative in terms of motion. But thought follows physical action in terms of time, producing new physical

action, in turn. In Archenetics theta communicates with the pre-clear's awareness level by means of symbols which are then translated into words in order to communicate them in terms of standard symbols. Word descriptions of theta symbols are clumsy approximations at best. Do not expect your pre-clear to be able to explain fully "what he means" because he will often find nothing in his vocabulary with which to communicate his "thought" to the auditor.

This symbolism may deal with almost anything of importance to the pre-clear. At its lowest and least complex level, it impinges upon circuitry, and is familiar to dianetic auditors as circuitry "dub-in." (More of this later; it is useful material to the auditor who knows what to look for.)

At its higher levels the symbolism deals with concepts concerning space, time, motion, the relationship of theta and MEST, the structure of life forms, and the structure and function of basic personality.

At this writing it appears that all of the symbols encountered represent entheta problems, which can be ordered, understood, and resolved. Self-awareness should be direct and immediate. In Archenetics we encounter a *mediate* awareness of entheta areas which, until Self-determined Effort Processing* was developed, were apparently entirely overlooked in standard procedure.

In general the symbolic material is visual, but need not necessarily be so. It is more convenient for the pre-clear to "see" symbols and describe them than to describe a non-visual symbol. The descriptions of non-visual symbols will be almost identical with those produced by pre-clears having visual material. The desirability of visual symbols is largely a matter of increased reality and enjoyment by the pre-clear. Recall

*Self-determined Effort Processing, derived by L. Ron Hubbard by extrapolation from the axioms of Dianetics. The latest technique from the Foundation, which speeds the resolution of chronic somatics and aberration. The relationship of Archenetics to these new techniques will not be discussed in this paper, as most auditors in the field will not be familiar with Effort processing. Experience with Archenetics will make its application and usefulness in Effort processing obvious.

visio on the time track seems to have no relationship to the ability to produce symbolism in visual terms. Occluded and open cases alike produce similar symbols, ordinarily in full color.

The symbols are not "imagined" but are spontaneously produced from the sub-awareness levels of the mind for inspection and understanding. By working with these symbols the pre-clear integrates ideas about his own structure and function, and his relationship to the theta-MEST universes. All data and evaluations are produced by the pre-clear. This knowledge of structure and function seems to be inherent, but occluded. We recover it in Archenetic processing.

It emerges as awareness of the matrix of the organism but in terms of the level of thought available to the individual. The apparent structure of the matrix will shift, develop and be better understood as more enttheta areas are entered and cleared out.

The similarity in specific symbols presented among a series of cases is striking. The approach to the structure of basic personality follows a pattern that is almost constant from case to case. Note here that the complexity and richness of symbolic material does not depend upon background, education or age. A child of seven produces similar material but does not, of course, offer as much interpretation.

Concepts which seasoned philosophers might like to be capable of producing are derived by pre-clears with no philosophical background. The reality of the material can only be understood by experiencing it. In Archenetics we experience concepts in terms of symbols; interpretation yields rich results.

The pre-clear's type of symbolic material and his method of handling it will reflect the major occlusion on his case. If his problem is inability to handle MEST, he will toss MEST symbols about with abandon. If he has too little motion, his Archenetic runs will be motionful. If he is unable to under-

stand ideas, he will produce ideas far beyond his usual depth. If he is incapable of artistic or aesthetic understanding, he will experience beauty and symmetry in his runs. If his major problem is of a specific physical or emotional nature, the symbolism will delineate the problem from the outset of the case, and work will begin immediately.

Two of the most important problems attacked are those of valence and internal physical communication lines. It must be understood that neither the auditor nor the pre-clear selects such material; it arises spontaneously.

The way in which the symbolism is dealt with is entirely up to the pre-clear. The auditor's role is extremely permissive, but far from passive. Primarily, the auditor seeks to direct the pre-clear's attention to what is important in the material at hand, and to encourage the pre-clear to do something about the problem presented. His ability to do so will depend upon experience with these techniques both as pre-clear and auditor. A knowledge of traditional symbolism will be of little help; a dependence upon traditional interpretation of any symbols will be a definite hindrance to the pre-clear.

Archenetics falls within the real meaning of the word *educate*—or to bring out that which is within. As far as the pre-clear is concerned, the highest level material contacted is not learned but is a part of his innate being, discerned through a symbolic presentation of theta knowing.

Paradoxical material will be contacted. Geometrical patterns, for example, which the pre-clear *knows* to be of such-and-such a structure, may be patterns impossible to construct within the framework of geometry as we know it. Similarly, paradoxical ideas will occur; expect the paradox to be valid, even though the limitations of language will tend to occlude the real meaning.

The pre-clear will normally go through a cycle of "separate-in-order-to-integrate." He will dissect and destroy only to

find himself utilizing the symbols to create a more understandable and useful symbol.

It is clear that time is not a factor in dealing with the symbolism on its higher levels. (As we descend toward circuitry material and MEST or motion validation, time becomes more and more apparent.) Interestingly enough, the utilization of space on a grand scale appears to substitute for the time factor, it being necessary to present the symbols in ordered sequence for understanding. The closer to perception of theta we come, the less time is involved.

Motion is seen as change in time, with either too swift a change or too little change resulting in destruction for life.

It is clear, then, that the source of the entire symbol structure is without time—a static.

Occluded cases will tend toward extensive handling of MEST symbols. Theta symbolism will usually be referred back to a physiological base. Much of the material will have to do with personal motion and the overcoming of obstacles in terms of MEST symbols.

Open cases tend more toward ideas, concepts and aesthetic evaluations.

In either case, the pre-clear heads toward the area of greatest aberration and inability. Because he is dealing with symbols, many of which are entirely unfamiliar to him, basic material can be contacted almost without his awareness. The auditor finds a great deal of information that can be used in standard procedure runs.

TYPES OF SYMBOLIC MATERIAL

The majority of cases from whom this data was derived received *no* preliminary data whatever—not even to the extent of being told that symbolic material might be expected.

The types of symbols presented in Archenetic runs vary

markedly from case to case. All cases worked with so far have presented certain sets of symbols which appear to be constants. These symbols deal with structure and function, with the nature of life, and with problems of integration.

There are relatively constant types of symbols referring to valence, MEST invalidation and ARC, although greater individual variation will be encountered here. These symbols which seem to be relatively constant from case to case are apparently not concepts built up from current experience. A child of seven experiences similar symbols with greater clarity and brilliance than most adults.

The key inquiry in Archenetics is "Can we go to the earliest time?" as a flash question. The earliest time seems to represent a theta concept of free life force, universal awareness, and so on. The pre-clear usually makes it clear, once he has started, that time is not involved and that the terminology is unimportant. Low order symbolism for the earliest time is of this general type (but not necessarily so limited) : Threaded needles, large headed nails, a line leading to a circle, etc. The end symbol may be a sun-like disc, a planet-like sphere, a sort of cosmic egg. Conception is also a low order symbol on this line.

Communication symbols are common and rather obvious: telegraph poles, wires, radio towers, and so forth. This may include complex electronic apparatus as symbols for the nervous system.

Symbols having to do with what we have called basic personality are also easy to recognize: Pine trees, mountains, pyramids, icebergs, lighthouses, windmills, towers (particularly on a bridge) and other similar symbols. A pyramid with a light or eye at the top is quite high-order on this line.

Awareness has two types of symbolism: Fire or light as awareness source, and running water as awareness communication. Candle flames and fountains are typical.

Integration symbols vary markedly. The entire process is one of integration. Some typical symbols are the helix, opposing motions combining, and conventionally opposed symbols (e.g., sphere and cube) being combined.

Structural integration is usually indicated by a set of six being monitored by a seventh. Hexagons, six sheets on a line, a man in a boat with six oars, two sets of three wires feeding into a central plug, an anchor with three sets of hooks are typical here. These have to do with integration of theta awareness of physical structure.

Valence symbols are often of such nature as artichokes, cabbages, pincushions, peacock tails (many I's), many-spoked wheels. Here, however, the pre-clear's own valence problem enters in. If he encounters symbolic situations involving certain kinds of people, look for valence indications. Statues will often be "frozen valence characteristics," and robots, monsters and animals are often valences. If the pre-clear is afraid of these symbols, it is almost certainly an indicator of a valence problem.

Dams are serious communication blocks or indicators of heavy circuitry. If the pre-clear wants to blow up the dam, he is moving well. If he wants to save it, as a power source for example, his circuitry structure is heavy and very pro-survival.

ESP functions will often be represented by radio towers, telescopes, cameras, and such. The symbol will usually have odd properties, location, etc.

These are but a few of the kinds of symbols presented. The richness and variety of material is quite fantastic. The objective is for the pre-clear to solve the problems presented in the symbols by manipulating or changing the symbol, or by moving through a series of symbols until he reaches a *source* (See section on techniques).

Other than these standard types of symbols, the pre-clear may experience highly individualized material from which he

will derive *ideas*, such as information about space, time and the nature of learning. At lower levels he will get symbols for circuitry computations and even individual circuit phrases. On a badly occluded case, a clever auditor can pull out hypnosis with these symbols to work with.

Observe carefully your pre-clear's verbal comments on whatever he is contacting. He will often go through what is obviously a prenatal engram phrase by phrase without experiencing the slightest restimulation. By straight-wire at the end of the session he may recognize this content for what it is. At the level of these circuitry symbols (a tendency to dope will indicate low-level activity), it is often advisable to go to standard procedure if the pre-clear is agreeable. It is also possible, in most cases, to ask the pre-clear to go to "a higher level" (toward theta).

Never insist on the pre-clear interpreting a symbol, or attempt to interpret it for him, even though you may be quite certain of the meaning. Invalidation here is very serious, especially in the early runs.

APPLICATION OF ARCHENETICS

Archenetics definitely assists standard procedure processing. A session can be started on Archenetics with the understanding that a switch to standard procedure be made when indicated. The tendency is for the pre-clear to head for very important basic computations: The stage is set symbolically and he finds himself in heavily protected material without quite knowing how he got there. Note that the auditor should not suggest material to be worked upon unless the pre-clear is agreeable. The core of the case will be one of the first things to be contacted symbolically.

RESTIMULATION AND DANGERS

Two types of restimulation have been observed, and rarely. The pre-clear may, at the outset of Archenetic processing,

have nightmares during sleep. If so, he will have a tendency to repeat variations on the theme until he will fully understand the underlying computation from the later dreams. He may also be perturbed by concepts which challenge his learned data, although this problem is slight.

Once a flow of symbols has begun, it is well to validate the pre-clear's full control over the processes through which he is working. While the material is spontaneous, the pre-clear can halt at any time he chooses. Two cases are known in which the pre-clear began running at awareness level twenty-four hours a day because his ability to stop the processes had not been validated. Aside from extreme introspection during this auto-running, no ill effects were noted.

N.B. The reader may be interested in knowing that, aside from the one question "Can we now go to the earliest time?", *all* Archenetic theory and terminology has been derived from pre-clears who have had Archenetic processing through their gradual understanding of the spontaneous, symbolically presented concepts.

TECHNIQUES

In utilizing Archenetics as "Theta processing" it should be borne in mind that the technique is 100 percent non-directive. There is no arbitrary selection of material by the auditor, nor should he attempt interpretation of the pre-clear's symbols, either directly or by implication.

To start a session, ask your pre-clear if he wants to try something. If he is willing, ask him to contact the earliest time. Results are various. He may get nothing. He may come up with an actual incident which will stand as a symbol for the earliest time. He may describe to you a scene, pattern or object which he has never seen before to his knowledge.

DEFINITION: The earliest time is intended to mean the beginning of the theta line; the source of life force; the decision of the individual to be; the combining of theta with MEST; or, in general, the inception of the individual's self-determinism or "awareness of awareness."

If nothing happens, or if he asks "What do you mean?" ask him if he has any impression as to what the earliest time would be, or change your terminology to suit his understanding. If nothing happens at all, do not be discouraged; treat it as an experiment, as if you had had an idea and wanted to see if it would work. Then try again at a later session when affinity is high and his tone (for him!) is good. If nothing happens after several attempts, he may start to question you about your idea. This is progress, and an excellent point at which to use validation processing of his own ideas. Use leading questions to show such things as (a) The difference between a living organism and MEST; (b) The fact that ideas change MEST; (c) That ideas come from experience; (d) How time is a measurement of change in MEST; (e) That in thought there is no time involved. Use the type of questioning which would tend to show the division between theta and MEST, and that the pre-clear is both. Then try for the earliest time again. You will probably find that the difficulty he has in following the lines of logical reasoning about time, thought, etc., will be expressed in postulates which can be tracked down on straight-wire. In this way you will eventually get a response which can be used as follows:

If he comes up with an actual incident, this is fine. Work with it by asking him what stands out in it, what he decides about the different things in it. Try to work back from here to the very earliest time. The pre-clear will sometimes suggest changes in terminology either through analytical decision, or by flash answer if he just disagrees with the auditor's semantics but has no alternatives to offer.

Also, it can be left to the pre-clear when to end the session, as there is no time track restimulation. There is a tendency toward shorter sessions than in standard procedure; and a session within the pre-clear's usual running range can be agreed upon at the outset, the pre-clear ordinarily ending the session on schedule.

It is quite unfeasible to outline all possible results and suggest a procedure to reach. Some pre-clears receive a symbolic representation of the time track; the pre-clear may be directed by symbols to switch to SOP. If the pre-clear is low on the tone scale, he may occasionally dope off. Let him. He may also experience brief grief discharges on symbols alone, usually understanding the nature of the grief. He may be aware that there is fear here, but will not ordinarily react to the fear. If he does, he may still work through the problem on a symbolic level, or he may indicate SOP.

If he gets, as a response to the question "Can you contact the earliest time?" a symbol (generally visual, but occasionally sonic or just an idea), work with it. Ask him if it seems to be the way he wants it; if there is something he should do with it, or what he thinks about it generally. The first response may be a triangle, cube, sphere, etc.; a scene not in real life with full color (although he may have poor visio with no color in contacting late life incidents); isolated objects; animals, or even people.

DEFINITION: Source*—The culminating point of a line of inquiry or accomplishment, referring, apparently, to a part of structure, function or evolution of the organ-

*The source symbol represents a specific part of the body. The Theory of Epicenters, presented by LRH, further defines the source as a symbol for an epicenter. The following steps will be useful in working with a pre-clear who works on both effort and Archenetics: (1) On reaching a source, ask the pre-clear to go to the center of the symbol; (2) try to obtain the basic postulates related to the source; (3) run the effort to agree with the postulates, and then the efforts of the source to communicate, agree, and so on, with the rest of the body. Also, have the pre-clear try to locate the source or epicenter physiologically.

ism. The symbols which stand for these points are generally quite abstract.

DEFINITION: Mission—The manipulation of symbols by the pre-clear when he feels that something has to be accomplished before continuing along a line of inquiry toward a source. This may be by changing the construction, place or arrangement of already presented material, or searching for some new object or place.

In working with these preliminary symbols the pre-clear will not often go easily and swiftly from his starting point to a source symbol. But, by continuing along the presented line of inquiry, a source will be contacted, a mission will be accomplished, or sufficient understanding of the material presented will be gained.

The pre-clear, especially at the outset, may wander about for some little time, following clues and indicators, without seeming to accomplish much. Occasionally he will abandon a particular quest as being unattainable at this time. On other occasions he will reach a source after contacting only three or four symbols. And sometimes he will leave one source and go directly to another.

Although it may sound unproductive, the pre-clear has a definite sense of accomplishment in going through the process of following a related series to a source, and the attempt to do this should be borne in mind by the auditor, who may ask "Can we now contact the source?" at the completion of a mission, or on recognition of the significance of a symbol by the pre-clear, or after he has successfully manipulated some idea.

While the symbols vary from pre-clear to pre-clear, there is an underlying pattern which is undeniable. After running one or two pre-clears for a few sessions, the auditor will be-

gin to recognize both the pattern and type of material to be expected from each pre-clear for certain things.

TYPES OF SYMBOLS

The kind of material which has already been encountered falls under the following headings, which have been given them only as a convenient means of communicating about them.

REPLICA—A symbol for a symbol, generally a lower abstraction for a source symbol, and giving an indication of the kind of inquiry to be followed, without the full detail of simplicity and high degree of abstraction found in a source symbol.

PHASE—If visual symbols are at a slant, upside down or confused, we can sometimes set things right by checking on whether or not the pre-clear is “in phase.” This seems to mean “properly aligned for the continuation of the current line of approach.” Description by the pre-clear of the way in which things are “out of phase” seems to indicate circuitry interference of the analytical confusion type, and the pre-clear can usually align his direction of inquiry after having described the trouble to the auditor.

Certain types of symbols are reference points which give a picture of progress—sometimes quite amusingly. A ring of flowers, perhaps with a tree in the center, may be a recurrent symbol following each completed mission or contact with a source symbol. The pre-clear will sometimes pick a flower from the circle at the start of each line of inquiry. As he returns, the circle will ordinarily improve in nature—the grass will be greener, brighter flowers will replace the ones he picked, or a different aspect of some kind will manifest itself.

Words and phrases are also contacted—as concepts, sonic impressions, or as words spelled out. It is interesting that

puns, anagrams and hyperbole sometimes appear in an effort to get a point across.

PROCESS—A procedure to be carried on a subliminal level, as indicated by the pre-clear through impressions from his symbols. The process seems to set itself up automatically upon contact with the symbol suggesting it, and will continue until the problem has been solved, at which time the individual symbol disappears or is integrated into a more complex process during subsequent contact in session. The process symbols generally are spontaneously recurrent, but the auditor can ask the pre-clear at the beginning of the session if it would be best to check processes first. It is important that the pre-clear understand that the process, along with the rest of his thinking and experience, is *his* activity and his material, and that he can stop and start it as he chooses.

The symbols for processes show a progressive “cleaning up.” A heap of slag will gradually metamorphose into a shining pyramid with a sunburst at the top; a pile of rusty scrap metal will develop into a shining pattern of three dimensional angles in tracings of light; or a progression will be made through inert, mechanical, electronic and finally brilliant structural movement with a great deal of implied meaning. These changes may occur in a matter of minutes, or may be shown by recurring contact over a period of weeks.

A valence problem sometimes occurs, usually represented in the form of a mass of similar objects—a number of different colored blocks, or even an artichoke, the pre-clear seemingly having to find which one is his, or what color it should be.

Some sources cannot be contacted and some missions cannot be completed. There appears to be a maturing process involved which prevents the completion of certain approaches until others have been brought up to a certain level. In these cases “recognition” by the pre-clear is sought, along with the

request that the symbol be presented again when it is possible to utilize it. This may happen most frequently at the beginning of Archenetic processing, and, although the pre-clear may be unable to explain exactly what it is that he has recognized, the significance of these apparently unrelated visios will begin to occur to him—sometimes in conversation with the auditor after the session, sometimes weeks later.

Progress from replica to source can be considered as vertical activity. Ideally, the pre-clear should be able to move from source to source horizontally, with an awareness of each source and their integration, becoming aware of total structure, function and evolution. Malfunction and damage are reflected in occluding material which must be worked through on a symbolic level until the sources manifest themselves.

The pre-clear works with the symbols presented. He may be unable to decide what to do. The auditor may offer several possible approaches to the problem, from which the pre-clear may select one or determine a still different course. He will ordinarily be aware of having made an incorrect choice of action and can correct the error. If he cannot determine what should be done, he can continue. The symbol will present itself later for action.

Some of the material is in terms of standard religious and philosophical symbolism. Both pre-clear and auditor should avoid giving traditional interpretations. The understanding of the symbol will grow as processing continues. The interpretation may or may not agree with traditional views. Accept the pre-clear's notions as valid. The auditor's code applies rigorously.

The pre-clear has a remarkable freedom in handling MEST symbols. To pass an obstacle will require action. He may decide to take it apart piece by piece, dynamite it, fly over it, think his way through it, or what have you.

To get from one point to another may require arduous walking, the acquisition of a parachute, a horse, or flying,

floating or whatever means seem useful to the pre-clear. The early replicas seem to exhibit a preponderance of MEST, with more and more abstraction in design and more understanding of the ideas represented by them as theta is approached.

In this way, the whole Archenetic picture begins to look like a jig-saw puzzle, the finished picture being a blueprint of the human organism, its structure, function and evolution. Gradually the pieces are fitted together, and those which are damaged or deformed are mended, cleaned up or replaced.

These techniques of processing are best demonstrated by examples. The auditor who attempts to use them would do well to be run on them himself, and to try to run several cases for a few hours each in order to validate for himself the constancy of the symbols.

The auditor must also avoid interfering too much with the pre-clear. There will be periods of several minutes when the pre-clear is very busy and requires no help. The auditor must be patient, requiring no more data from the pre-clear than is necessary to check progress and assist the pre-clear in keeping moving. The pre-clear will often have floods of material which he cannot possibly take time to describe without interfering with the process. He will tell you when he needs help in deciding what to do next. The briefest description of the material is all the auditor needs. Many of the symbols are in motion or changing rapidly, and require constant attention from the pre-clear. Don't heckle him too much unless he asks you to. Encourage him, guide him when you are quite sure what he's trying to do, and offer possible solutions when he is puzzled or stymied. Flash answers can be obtained, generally without using the finger snap, but do not expect yes or no answers to everything. The pre-clear will often give you a "Well, no, not exactly. It's more like —." He's going to be up against some new ideas, some of which he will have no words for, and for which he will have to find understanding and description as he goes along.

Some of the symbols will be of such complexity, in motion and full color, that the pre-clear will be unable to describe them in any event.

One seven-year-old child was run on these techniques. The standard source symbols occurred, in greater brilliance and clarity than in most adult cases, and the child understood some of the symbols better than do most adults at first contact. This run was made to validate the notion that this knowledge is innate, and not a series of built up concepts based upon the data of this life.

It would seem that the mechanism or quality of the mind which produces these symbols is nothing other than a fuller concept of the file clerk, whose nature was one of the Big Questions in the mind of auditors who started using his abilities in a limited fashion back in May, 1950. This observation is validated by the fact that, at the outset of Archenetic processing, the pre-clear is often directed by symbols to a specific incident, to be run on SOP, and that, when this occurs, a high degree of reduction is obtained, generally with good reality for the pre-clear. For this reason, as well as other observations, it does not appear feasible to auto-run Archenetics.

Very early in the run, the major computations on the case will be indicated by symbols. The recognition and handling of these symbols requires some experience, but once the view is gained that *nothing* the pre-clear says is without meaning, the work becomes easier.

No conflict has been observed between Archenetics and SOP. A case which responds slowly, or for only brief periods to Archenetics can profitably be run on both techniques during a single session.

The results gained from this type of processing are best observed subjectively, or through observation of your pre-

clears. A case which is able to work reasonably well on Archenetics exhibits a marked tone rise. Unfortunately, thus far only one case has had before and after psychometry. Some rise in I.Q. was noted, and changes were marked, both on Bernreuter and Roerschach tests.

Stray Somatics and Exotic Theories

ARTHUR CLOSTER

There is an automatic self-clearing function of the mind which will produce a MEST clear without any auditing. The pre-clear does not have to know anything about it, and there does not have to be any attention given to the process beyond what is given spontaneously.

ONLY TWO REQUIREMENTS EXIST FOR THE OPERATION OF THE AUTOMATIC SELF-CLEARING FUNCTION: (1) a period of twenty to thirty years for the process to take place, and (2) a perfect 4.0-or-higher environment.

All one has to do is arrange this perfect 4.0 environment for the pre-clear and maintain it flawlessly for twenty to thirty years (only an estimate, of course), and the results are bound to please.

Now, the reader may think that the writer is being facetious or poking fun or just being downright nasty. But the writer is perfectly serious in postulating that if the above requirements were fulfilled, the wonderful result would follow. The writer realizes, alas, that some people may have trouble fulfilling these conditions—that they are, in fact, totally impossible—but it is still a useful idea. It is such a useful idea that other people have had it, too, and it has led to some interesting complications.

Auditors here and there have noticed various forms of “discharge” and various manifestations which seem to occur automatically and to be beneficial. (Some of these auditors say that these are not “somatics” since they are not unpleasant, but this appears to be merely a matter of language.) The point is that they occur at odd moments and that, unless the pre-clear worries about them, he may feel better afterwards. E-therapy, Naylor technique, E-R therapy, Archeletics, and numerous others have sprung from observations of spontaneous manifestations. The systems and theories which have been so prompted need not concern us. Many of the prompting observations are already being used in approved procedure, and more will be. But what is the principle which underlies all this?

The mind wants to disenturbulate itself. Given the slightest opportunity, it will blow a lock, reduce a somatic, or get rid of a dope-off. All it needs is a pleasant environment. This procedure, however, is not very rapid—possibly because of educational aberrations concerning mind function—even when the environment is excellent. When the environment is poor, the procedure hardly works at all. Therefore, an auditor seems to be necessary to hasten it and to improve the environment.

Another principle enters now, however. **Any auditing at all is, in some measure, an interference with the self-determinism of the pre-clear.**

There is, then, a fine balance to be maintained between helping the pre-clear not enough and “helping” the pre-clear too much. As Dianetics has been refined, it has moved more and more toward finesse and gentleness on the part of the auditor. SCIENCE OF SURVIVAL tells us that the file clerk knows what should be run next, and that if the file clerk won’t talk, the pre-clear should be consulted. This is a great improvement over the heavy-handed methods which were once used—not by the reader or the writer, of course, but by nameless others. This approach was explicit in Dianetics, but somewhere in the course of training it got lost amid more spectacular methods.

Spontaneous manifestations of discharge have been much observed by some auditors and bravely overlooked by others. Eventually, the practicalities of their use and control (if any is needed), will come to light. The building of magnificent theories around them may be amusing and of service to the observer, but it will very probably be of smaller value than the observations themselves.

The principle that auditing is an interference with self-determinism, though a necessary one, is recognized in SCIENCE OF SURVIVAL. The principle that the mind wants to disinturbulate the organism and, given a chance, will do so is also recognized therein. These things are not and have not been “lacking” in Dianetics. They have been there all the time, and right now they are ripe for further development.

The writer, were he not a mild-mannered person, would hurl venomous invective at persons who split off from Dianetics just because they find that the pre-clear laughs if he is tickled. Granted, there is no statement anywhere in DIANETICS or in SCIENCE OF SURVIVAL which says that the pre-clear laughs if he is tickled. There is no “Scale of Ticklishness” column on the Chart. This is not sufficient reason, however, to set up a “new school” based on the glorious discovery of ticklishness.

Any manifestation during processing, or out of it, is a useful entity. The more of these the auditor can recognize and use **successfully** (producing a tone rise in his pre-clear—in the 1951 sense of the words “tone rise”), the more he will be able to help his pre-clear and avoid interfering with his pre-clear’s self-determinism.

Everything about mind function is part of Dianetics, and every manifestation, whether “fire” or symbol or excretion or

motor action will eventually have a recognized, specific function in Approved Procedure.*

The AUDITOR'S BULLETIN prints articles on human thought. There are supplements to SCIENCE OF SURVIVAL which do the same. If articles are submitted and not used, it may be, once in a while, that they are just not good articles, that they are vastly long and say beastly little. Any idea can be expressed briefly and clearly. Briefly and clearly expressed ideas sometimes see print even in the publications of organizations which do not agree with them completely.

Furthermore, the observations upon which new and wonderful theories are based may be presented without the theories themselves, or the theories may be presented after the observations have caught the reader's eye. Anyone can make up a theory. Not everyone can observe.

This writer feels that one who is determined to communicate an idea can find some way to communicate it.

* Investigators in the field seem sometimes to feel that their discovery will never be accepted or that they will be old and grey before this happens. They may react by taking the Foundation off their mailing list and reorganizing dianetic theory, top to bottom and side to side, out of sheer pique. There is another way. At least, so it appears to this writer.

A Concept of Time

ROBY W. La MARCHE

Time is not a fixed quantity available to all in equal amounts. Some people have a very large amount available to them and can accomplish a great deal within a lifetime, while to others a lifetime is gone before they are aware of it.

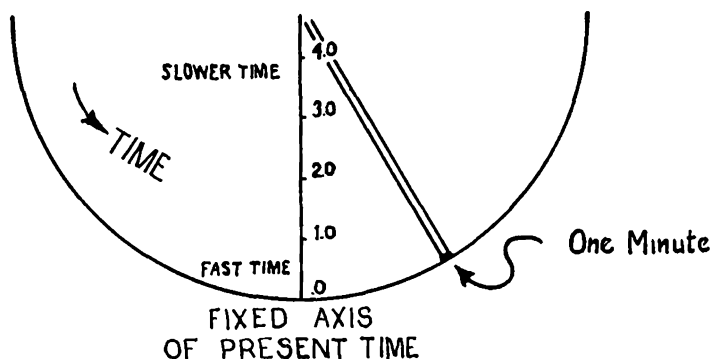
Most people can remember the long, long days of childhood, and they can be made to agree that, as they grow older, time goes faster. Thus we see that growing old, not necessarily physically but in ideas and action, is tied up inseparably with time. It can be proven by observation and questioning that those who are old in ideas and action, regardless of physical age, live in a faster time than those who are young in ideas and action. The people living in faster time will invariably accomplish less toward a goal than those living in a slower time in the same number of days or years.

Before Dianetics everyone had to judge the time available for accomplishment according to the speed of the time he lived in. Thus, to some people everybody seems to be in a great rush while to others everyone seems to be dragging his feet. Those of us involved in Dianetics have had a strange and wonderful thing happen to us that has never before been seen by man. We have seen *time slow down*. Oh, yes we have! How long was a day before Dianetics? How long is one now?

The prime factor in the apparent speed in AWARENESS. A loss of youth, pep, energy and ability is accomplished by loss of AWARENESS. Awareness can be plotted on the

Hubbard tone scale as follows: Ability for complete awareness, 4.0; complete loss of all ability for awareness, 0 or death.

I have conceived of time as encompassed on a spiral which is revolving past a fixed axis of present time. The fixed axis of present time is forced to move along the axis of the spiral (out of the paper toward the reader). The type of time encompassed by travel along the axis of the spiral is not conceivable at the present time by the author. The time in which we are interested and which is observable and classifiable we find on the face of the spiral which covers the area of time around present time.



Since we are only sure of one point on the present-time axis, death at the edge of the spiral (where the tone scale coincides correctly with our spiral), the tone scale is arbitrarily laid out on the present-time axis to come a little more than halfway to the center of the spiral at 4.0. Also a minute, although this could be represented as a month or year, is arbitrarily laid out to occupy a portion of the spiral face. Using this analogy of time as operating against the fixed axis of present time, we find that any designated portion of time flashes by someone at 1.0 on the tone scale much faster than it does for a person at 3.0.

The following facts form proof, for me, of the correctness of this concept:

Ron Hubbard says that the reaction time of a clear is about half of that of the ordinary man. Since time goes

twice as slow for the clear as the ordinary man, his reaction time should be about half of that required by the ordinary man.

Auditors have had the experience of having a pre-clear in an apathy tone say the words contained in an engram minutes apart. When asked about this after the session, the pre-clear will say that he thought he was speaking about normally.

When TIME stood still Any moment of extreme danger that threatens survival brings increased awareness and slows down the apparent speed of time.

Concentration on a task withdraws awareness from present time, making time seem to speed up.

Who has the use of the endless amount of time at the center of the spiral? It would almost seem that persons with this much time could create a world in seven days!

III

Dianetic Centers

A number of dianetic groups have officially organized and affiliated with the Foundation for carrying on dianetic practice through such avenues as individual processing, co-auditing instruction, adult education classes, lectures, sale of literature. Some of those groups are listed herein. Addresses and programs of new centers will be published as they open and as they keep the Publications Department posted.

HUMAN DEVELOPMENT SERVICE

2 West Oaks South Drive, Houston 19, Texas

Dianetic Lectures, Doris Graffam, H.D.A.

Dianetic Co-Audit Instruction, Donald T. Graffam, Ed.D.

Psychometrics, Educational Psychologist

Physician Supervised Intensives

Correlated Adult Education Classes

HUBBARD DIANETICS, INC.

Bryce and Lees

241 Central Park West

New York, New York

THE DIANETIC CENTER

Moritz Nappe

38 Central Park South

New York, New York

ADELE AND ROMAN MAZUREK

855 North Dearborn

Chicago 10, Illinois

CINCINNATI DIANETICS

230 West Fourth Street, Cincinnati 2, Ohio

MAin 0138, SYcamore 7702, KIRby 3692

A licensed Hubbard Dianetic Center

HUBBARD DIANETIC SERVICE CENTER

2663 East Foothill Boulevard
Pasadena 8, California
Telephone SY-6-8556

Auditors:

Paul Beaver	Idella Stone
Lewis Jordan	Stanley Waldrop
	Harden Walsh

Book Auditor's Clinic: First and Third Thursdays
Pasadena Dianetic Group: Every other Saturday

MINNEAPOLIS DIANETICS CENTER

800 Washington Avenue, SE
Minneapolis 14, Minnesota
Telephone: Gladstone 2348

Ronald B. Howes, President	Sadah Field, H.D.A.
John J. Robinson, Treasurer	Donald Schuster, H.D.A.
Thomas Carey, Secretary	Milton Carland, Editor

Thomas Rother, Promotion and Auditing Secretary

DIANETIC INSTITUTE OF SEATTLE

202 Columbus Building, 1516 Second Street
Seattle, Washington

HUBBARD DIANETIC CENTER

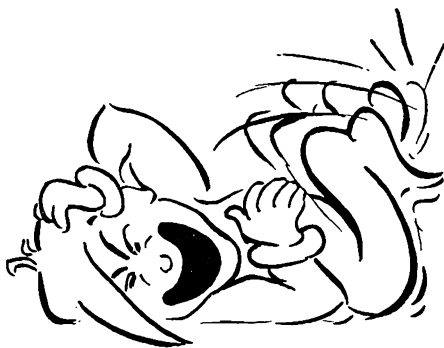
7175 Sunset Boulevard
Los Angeles, California

IV

**Letters
to the Foundation**

Dianetically speaking, the SUPPLEMENT supports viewpoints all up and down the full gamut of the tone scale, from latest understandings to dianetic locks on procedures and policy. There's a place for all of them, even grief on the SUPPLEMENT itself. Running out grief charges lifts your tone and so the tone of the group. Equally emphatically and more fervently the SUPPLEMENT invites support in return. Theta seeks both to extend and to receive affinity and communication. Supporting each other in spite of and because of group randomness, in the search for and the experiencing of unknowns, durable structures can be and are being built. Your share in pooled dianetic thought is essential.

—The Editor



Don Newby

October 15, 1951

The Hubbard Dianetic Foundation, Inc.
211 W. Douglas Ave.
Wichita, Kansas

Open Letter to the Supplement Editor:

Dear Editor:

"Dianetics is dying, but is not yet dead." These are the words of one S. I. Hayakawa, editor of a magazine entitled **ETC: A Review of General Semantics**,* in an article cleverly entitled "From Science-fiction to Fiction-science."

If the reader is unfamiliar with General Semantics, it may suffice to say here that it is a system of thought leading (in some cases) to a more precise relationship between facts and the language which is used to describe them. It might also be added that a truly semantic thought process is a natural function of the mind that is operating at a high level on the tone scale. In other words, he who preaches semantics should be just a little careful of what he says.

It is the opinion of this writer (Edward Domber, October, 1951) that Dianetics (as promulgated by L. Ron Hubbard, October, 1951) is not (Not) dying. This writer is pleased to agree with S. I. Hayakawa that Dianetics is not yet dead.

Mr. Hayakawa should be warned that he has made an unsemantic statement. He did not say, "In my opinion, Dianetics is dying," or "Up to a point, Dianetics is dying," or "In some cases, Dianetics is dying," or "In the infinitesimal number of observations I have made (granting my normal failings as an observer) Dianetics appears to me (S. I. Hayakawa, Summer, 1951) to be dying (figuratively speaking)." He just said, "Dianetics is dying . . ."

* Official organ of the International Society for General Semantics, Summer, 1951. General Semantics was developed by Count Alfred Korzybski, whom L. Ron Hubbard has acknowledged as one of those who particularly aided his search for knowledge of the energy of thought.—Ed.

He also said, "Hubbard's hatred and contempt of women is quite intense."

This, alas, is another unsemantic statement. The only evidence presented in its support is something about "a remarkable obsession with 'AA' and female adultery." Possibly, in an unsemantic fit of haste and Aristotelian exclusiveness of purpose, Mr. Hayakawa (S. I.) overlooked the following passage:

"The woman has to some degree become considered less valuable in this society than in other societies and times. She is expected to be in competition with men. Such a thing is nonsense. A woman has as high a plane of activity as a man. He cannot compete with her any more than she can compete with him in the fields of structure and vigorous activity. Much of the social maelstrom now in existence has as its hub the failure to recognize the important role of the woman as a woman and the separation of the fields of women and men."*

This writer has known men who had a hatred and contempt of women—if such can be called men. They did not speak so. Mr. Hayakawa's statement suggests to this writer that his frame of reference on the subject of women must be a strange one, unless he did, carelessly or otherwise, ignore the above passage.

The only other statement which will be quoted is: ". . . there are some true statements in the book. But separating truth from error in Dianetics is like trying to get the vanilla extract back in the bottle after it has already been mixed into the cake batter."

This writer is happy, again, to agree with Mr. Hayakawa that there are some true statements in the book. This writer would even go so far as to say that some true statements have been uttered by Mr. Hayakawa, but compliments are not to the point. The point is, where is the greater truth?

* **DIANETICS: The Modern Science of Mental Health**, by L. Ron Hubbard, Hermitage House, 1950, of which Mr. Hayakawa's article is a book review.

In the opinion of this writer: The greater truth is in the writings of the greater man. Mr. Hayakawa's article is fourteen closely printed pages of peevish inconsequentiality. Mr. Hayakawa might better devote his talents (and they exist) to sincere study, being particularly careful not to stray from the principles laid down by his mentor, the late Count Korzybski.

Sincerely,

Edward Domber

1523 Clayton Drive
Charlotte, North Carolina

Mr. L. Ron Hubbard
211 West Douglas Avenue
Wichita, Kansas

Dear Mr. Hubbard,

"The success of Dianetics is built on co-auditing teams" (Page 352, SCIENCE OF SURVIVAL). "Tone level of auditor necessary to handle case" (column AQ Hubbard Chart). Lowest shown is 3.0 Why then is 80 percent of SCIENCE OF SURVIVAL devoted to tone levels below 3.0?

You are not being fair to yourself, to Dianetics or to your readers when you go out of your way to make it as difficult as possible for 3.0 co-auditing teams to obtain the data they need to function. A concise pocket-sized handbook for 3.0 co-auditing teams would do more to advance Dianetics than both of your long books which are really written solely for professional auditors.*

Very truly yours

Joel Pomerene

*A similar book to the one you request is now in production. In case you do not otherwise hear about it, or about publication date, the name is to be "Advanced Procedure and Axioms," and will sell for \$2.50. The size, however, is about the same as SELF ANALYSIS.—Ed.

205 Fifteenth Avenue
South St. Petersburg, Florida

Dear Mr. Hubbard,

Thank you for Dianetics and for enabling me to get help at the Foundation. I thought for a long time that I'd wait until I was 4.0 and could write a masterpiece to you, but I realize now that what I have to say is more important than when or how. I have gained greatly with Dianetics and am learning new things all the time. I hope you will keep on with your work and remember that you have some very loyal followers. I am one of them

Wishing you lots of joy in living, and thank you for being truly a friend in time of need.

Sincerely

Phoebe Inman

18 Kauffman St.
El Monte, California

Hubbard Dianetic Foundation, Inc.

Dear Editor,

I acknowledge receipt of all the BULLETINS, newsletters, and books you have mailed to me. They are all welcome newcomers to my home.

I may or may not know what all the shooting is about in the field. As I once read, the old Chinese said, "Man cannot undertake anything without taking into consideration the cus-sidness of man." I often wonder!

I am playing Dianetics to win because of the cooperative efforts of mankind now participating and those who will eventually become part of this living net: DIANETICS. It seems that our greatest task lies ahead. Millions of Americans do not know that opportunity for them lies at their door and it seems our biggest job right now is to get the written word into their hands so they can become dianetically educated

and trained How many of us know the approximated number of interested people in Dianetics in our own area? We can imagine it will be greater tomorrow than it is today. If not, why not? I'm willing to settle for nothing short of this!

I would like to know everything right to the last minute, but know that "slow" will have to be the answer. When finer techniques are thoroughly established, we will be given a full knowledge of the results. There should be a vertical alignment of all functional capacities in any functional endeavor. If the qualifications of the job are known, then proper assignments can be made. The ones who are at the top of Dianetics arrived there through their abilities I'm not sitting on the sidelines to criticize, but working to find my place. The old saying is, "In an army where every private is a general, it's a mob."

Sincerely

Lester B. Mull

142 Fourth St.
South Naples, Florida

L. Ron Hubbard
Wichita, Kansas

Dear Mr. Hubbard

This afternoon I received your new book that I ordered about the first of this month and have read thus far only the first three or four pages in it. Those pages are themselves a considerable improvement over the insights furnished by its predecessor and I am very happy to discover that your view has gone so much further. The first volume's dynamics are good, but they certainly were considerably short of the full range of human dynamics

I am sincerely,

Rev. O. Sewell Palmer

Port Byron, Illinois

Hubbard Dianetic Foundation, Inc.
Wichita, Kansas

Dear Sir,

Have received my copy of SELF ANALYSIS and have read and scored myself on the first chart. I will send a remittance soon In the meantime I am going to try to interest others in the book. It was a bit unfair to send it to me at this time. It is exactly what I need and having seen it I would not part with it short of superior force. You wouldn't even buy it back if I couldn't get another.

Most of the people I associate with are fairly well up on the tone scale. Nowhere near where they should or could be but at least they're above 2.0. What then makes them so set against spending a little time or money to improve themselves? Is it my approach? I'm usually a bit enthusiastic, eager to explain how they can better themselves. While I can't point out how it has helped me in particular, it is no fault of Dianetics. With SELF-ANALYSIS *this will be corrected.*

Sincerely,

Delbert C. Boecher

1262 Sheridan Street
Camden, New Jersey

Dear Ron,

WOW!! That's all I can say at the moment. I have just been going through the SCIENCE OF SURVIVAL and the *impact* has been terrific.

Two weeks ago after I had read DIANETICS, I immediately wrote you asking for more information. Since then I have joined the Philadelphia Dianetic Association, got books, pamphlets, data, and have zoomed on my merry way.

Your work has enabled me to coordinate and evaluate all the experience and learning in my life. Many of my conclusions about this world and the universe have been validated by you so well that my metabolic rate of activity has risen notably in the past few weeks. All I can do right now is to try to express to you my feelings of debt and gratitude for not only what you have done but for the rapid advances the Hubbard Foundation has made in such a short time.

All my life I have been searching for some higher type of activity, the nature of which I was never sure. I went from engineering to law plus some teaching at the Philadelphia Ethical Society. Now I feel that I may have a new career ahead for me.

Thank you again,
Alfred W. Kozak

ADDENDUM

Dear Ron,

What can I say now??? one week later . . . Well, do you do much sleeping anymore? Well . . . is sleep necessary anymore??? If you don't feel tired, then why should you sleep?? I don't feel tired so I don't sleep much anymore; two to three hours a night seems to be enough. Do you validate me??

During the night while lying in bed, my "I" seems to be doing a self-analysis job on me. Every time I hit a lock, I can feel a zzzz and most of them seem to be blowing off . . .

During this past week at the office and at home, I have raised so many people's tone that they sense I am not the same person. I'm not the same person. Well, as you said, "May you never be the same again" . . . Oh, brother!

I have never laughed so much about Life as I have in this past week.

I got up about 4:20 A.M. this morning as a result of some computations my "I" had worked out. I put them on paper and here they are:

Existence (reality) is the meaning of a thing.

A thing has existence only in so far as it has meaning.

Now, what is meaning? Meaning is not a valid concept. We have to express the concept as "meaning to or for whom (the individual X)."

Whether or not anything exists for you depends on whether it has any meaning for you.

Thus everything is relative to the individual except those things upon which a group of individuals can agree. These latter things are commonly called "principles" or (heh!) eternal truths.

I will sign off with an advertizing man's dream phrase:

Thank God for Hubbard: Thank Hubbard for God

I say this with all humility since how can anyone understand the nature of GOD unless he understands what Hubbard is driving at.

For GOD'S sake, let's get busy!!!

Al Kozak

Middletown
Pennsylvania

Editor, Bulletin
The Hubbard Dianetic Foundation, Inc.

Dear Sir:

Recently the Foundation has been showing that Group Dianetics *works*. I sincerely hope that this fine performance

can continue and become even better. I refer specifically to the last two AUDITOR'S BULLETINS and the first SUPPLEMENT to SCIENCE OF SURVIVAL. High tone level and excellent ARC simply burst forth at the seams and radiate from all these efforts. If this sort of thing will be continued in forthcoming publications, it will amply make up for any delays we have suffered.

Of course, to make things even better, the delays should be (1) avoided and (2) explained, in that order of importance.

The plan of gradually catching up with the publication dates on BULLETINS should be well received. After all, the date on the front of a publication is not nearly so important as the fact that the information contained herein is communicated. The Associate Members got a rather raw deal on the first year, since they got only ten for the price of twelve. But we can quite rationally blame forces outside the Foundation's control for that matter, and indeed be very happy that a Foundation still is in existence

Affinity,

Donald C. Maier, Secretary
Central Pennsylvania Dianetics Group

2825 Pacific Ave.
Hoquaim, Washington

The Hubbard Dianetic Foundation, Inc.
211 West Douglas Avenue
Wichita, Kansas

Gentlemen,

Having just received and read SUPPLEMENT No. 1 to SCIENCE OF SURVIVAL, I am enclosing the remaining ten coupons and my personal check for \$5.00 so that I may not miss a single SUPPLEMENT. I appreciate your practice

of Group Dianetics in publishing other independent thinking into the theory of Dianetics even though current evidence may or may not be in agreement with this independent thinking. I refer to the Examiner theory.

My congratulations to the Foundation as currently set up at Wichita. From all outward appearances it lacks the confusion previously so pronounced in the original set-up. The plans for publication of a scientific text on Dianetics meet with my hearty approval.

Having observed the great change from comparatively short time processing as a result of running Basic Line Charge, I cannot help but feel that there might be the clue to the fastest conceivable therapy, could BLC be somehow induced in every pre-clear. There is without doubt a great amount of work to be done on this subject and the fact that it appears to be relatively rare does not, of course, lend to the study of the subject. To my knowledge, this case of which I mention was the first BLC case contacted by the Seattle Clinic and I have observed the before and after change in this pre-clear.

Sincerely yours,
Chas. A. Spoon

1402 John Adams St.
Oregon City, Oregon

The Hubbard Dianetic Foundation, Inc.
Attention: Editor

Dear Sir:

Thanks for sending SELF ANALYSIS. Send me another copy. For the last ten months Dianetic computations have become No. 1 in relative importance and I find that attention units are hard to direct to anything else. (This isn't a mild understatement). This is an opinion: Mr. Hubbard should have a medal for "master of the understatement." More power to him

Cordially yours,
H. H. Stephens

Current Dianetic Publications

Books

SCIENCE OF SURVIVAL: *Simplified, Faster Dianetic Techniques*, by L. Ron Hubbard. A new handbook for the layman and a must for every dianetic auditor. Based on and containing the Hubbard Chart of Human Evaluation and Dianetic Processing. A study of this text will enable the lay reader accurately to evaluate his associates, employees or superiors or his family and so understand them and accurately predict what they will do as individuals or groups in any given situation. Dianetics extends to the reader of this volume precise and simple techniques for the handling of grief and pain and for materially increasing his own happiness.

\$5.00

SELF ANALYSIS, by L. Ron Hubbard. A self-help book which introduces the new reader to Dianetics, increases his mental abilities and reduces many psychosomatic difficulties. On the way to becoming another best seller.

\$2.50

CHILD DIANETICS: *Dianetic Processing for Children*, Foundation Staff-written. New dianetic techniques for the young. A book for every parent and another must for every professional and worker who deals with formative minds, particularly the retarded mentality and the juvenile problem case. Especially applicable to children from the ages of 5 to 13. Documented with case histories.

\$2.75

DIANETICS: *The Modern Science of Mental Health*, by L. Ron Hubbard. The standard original source book on Dianetics. Over 100,000 copies sold.

\$4.00

NOTES AND LECTURES. Popular title of a book containing notes on ten of L. Ron Hubbard's lectures to students in California during the first year of Dianetics. Contains

much not included in other publications, particularly concerning work with psychotics.

\$2.75

ADVANCED PROCEDURE AND AXIOMS. Newest approved procedure presented in fifteen steps for processing pre-clears, with full presentation of theory back of each step. Mimeographed.

\$2.50

Booklets

SUPPLEMENTS to the book **SCIENCE OF SURVIVAL**.

Sent in return for coupons found in or with the dianetic textbook, or sold individually. A booklet presenting new Foundation techniques, dianetic or relevant techniques from professional members or others working with Dianetics and a section devoted to representative letters at the Foundation. Published monthly; numbers 1, 2 and 3 available.

50c

PREVENTIVE DIANETICS. The first of a proposed series of the edited lectures of L. Ron Hubbard to the classes at the Foundation. Reprinted from the Dianetic Auditor's Bulletin.

35c

EDUCATION AND THE AUDITOR. A lecture by L. Ron Hubbard to the classes at the Foundation.

35c

DIANETICS: WHAT IT IS AND HOW IT WORKS. An introduction to the science of Dianetics with tests and charts on a few cases.

20c

THE DIANETIC AUDITOR'S BULLETIN. Available only to Professional and Associate Members of the Foundation. Monthly.

Leaflets*

WHAT IS DIANETIC PROCESSING? A brief and simple introduction to dianetic processing.

5c

LANGUAGE AND DIANETICS. A discussion on the relative unimportance of the symbology of language as against the reality of the MEST universe and its activity.

5c

HISTORY OF DIANETICS. The story of the beginning and development of Dianetics.

5c

EFFORT PROCESSING. A brief presentation of effort processing techniques.

5c

*Quantity discounts available.

Miscellaneous

CHECK SHEETS for Human Evaluation Chart. A quick means of keeping case progress records, and for plotting individual's tone levels from the Chart.

dozen 60c

Pads of 25 \$1.00

THE AUDITOR'S LOG. Complete set of forms for opening and running a case. Contains case inventory, time track and standard procedure forms, four progress reports and twenty-five engram record sheets punched for loose-leaf binding. Ensures adequate records.

\$1.00

ENGRAM SHEETS. As above, except three filler pads of engram record sheets only.

\$1.00

DESK BLOTTERS. 19 by 24 inches, printed with Hubbard Chart of Human Evaluation and Dianetic Processing. Green or White.

50c

ASSOCIATE MEMBERSHIP. Associate Members of the Foundation receive the DIANETIC AUDITOR'S BULLETIN, technical information service, and a 10% discount on Foundation publications. Associate Memberships start July First and are current for one year. Open to any interested person, per year,

\$15.00

